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**Research Article** 

# Evaluation of Antibacterial Activity of *Zataria multiflora* Against the Expression of *icaADB* and *aap* Gene and Biofilm Formation in *Staphylococcus epidermidis*

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### Abstract

**Background:** This study aimed at evaluating the effect of the extract and essential oil of *Zataria multiflora* on reducing phenotypes and genotypes of biofilm formation in clinical isolates of *Staphylococcus epidermidis*.

**Methods:** The ability to produce biofilm was evaluated by microtiter plate (MtP) for phenotype and through the presence of *icaADB* and *aap* by PCR for genotype among the 153 clinical isolates of *Staphylococcus epidermidis*. The impact of ethanol extract and essential oil of *Zataria multiflora* were measured on biofilm formation in phenotypic evaluation based on MtP and on the expression of *ica* operon and *aap* by real time-PCR.

**Results:** The results showed that 71.2% of isolates were able to produce biofilms. The PCR results showed that 52.2% and 88.9% of the isolates had *icaABD* and *aap*, respectively. In addition, the relative mRNA expression of *icaA*, *icaD*, and *aap* genes were significantly reduced compared to the negative control after treating the *Staphylococcus epidermidis* RP62A with subMIC concentration of essential oil and extract (P < 0.001).

**Conclusions:** Given the significant inhibitory effect of the extract and essential oil of *Zataria multiflora* on biofilm formation, it seems that these substances are good options for studies related to controlling biofilm formation in *Staphylococcus epidermidis* 

Keywords: Biofilm, Staphylococcus epidermidis, Zataria multiflora

### 1. Background

Staphylococcus epidermis is the most frequent cause of implanted medical device or catheter-related infections and it has caused an increase in resistance to different types of antibiotics in hospitals through its most significant virulence factor, i.e. biofilm production. Polysaccharide intercellular adhesive (PIA) is a product of the ica operon and is strongly associated with staphylococcal cell surface and the main composition, which mediates cell to cell adhesion. The ica operon contains ica ADBC genes, which are required for PIA synthesis (1). Other pathways also contribute to biofilm formation in *Staphylococcus epidermis* independent of the ica operon, such as the biofilm accumulation associated protein (Aap) forming fibrillary structures on the cell surface (2).

Zataria multiflora is a plant from the Labiatae fam-

ily that grows in Iran, Pakistan, and Afghanistan. The traditional uses of *Zataria multiflora* include antiseptics, anesthetics, and antispasmodic (3). In this plant, the most antibacterial activity is related to essential oil with compounds including thymol and/or carvacrol, phenolic derivatives. The anti-biofilm activity of *Zataria multiflora* was reported against *Pseudomonas aeroginosa* and *Listeria monocytogenes*, and antibacterial activity of *Zataria multiflora* was shown against *Staphylococcus epidermidis* strains, yet there is no study about the role of *Zataria multiflora* on inhibition of biofilm formation in *Staphylococcus epidermidis* isolates (4).

Many studies have investigated the effect of different substances on biofilm production in *Staphylococcus epidermis*, including silver colloidal nanoparticles and *Cassia alata* leaves (5). The effect of *Zataria multiflora* Boiss on biofilm production in *Staphylococcus epidermis* has not

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been addressed in the literature, although its inhibitory effects on growth and biofilm production has been studied in other bacteria (6).

### 2. Objectives

The present study was conducted to examine the invitro effect of Zataria multiflora Boiss extract and essence on biofilm production in Staphylococcus epidermis.

### 3. Methods

### 3.1. Sample Collection

A total of 153 *S. epidermidis* clinical isolates were obtained between April 2014 and January 2015 from Baqiyatallah Hospital, Tehran, Iran. The isolates were from blood, wound, bronchoalveolar lavage, urine, cerebral spinal fluid, tracheal, sputum, throat, and eye samples. Identification included biochemical tests, such as catalase, coagulase, PYR, and urea tests and susceptibility to novobiocin (7). After identification, samples were inoculated in BHI-broth at 37°C for 24 hours. Each sample was stored at -80°C.

### 3.2. Antimicrobial Susceptibility Test

Antimicrobial susceptibility was performed for clindamycin (2  $\mu$ g), cefoxitin (30  $\mu$ g), erythromycin (15  $\mu$ g), tetracycline (30  $\mu$ g), chloramphenicol (30  $\mu$ g), ciprofloxacin (5  $\mu$ g), gentamicin (10  $\mu$ g), rifampicin (5  $\mu$ g), linezolid (30  $\mu$ g), theicoplanin (30  $\mu$ g), amikacin (30  $\mu$ g), and meropenem (10  $\mu$ g) by the disk-diffusion method using antimicrobial disks (MAST) and Muller-Hinton agar medium (Merk, Germany) (8) and interpreted according to CLSI procedures.

### 3.3. Analysis of Biofilm Forming Isolates

To identify the biofilm forming isolate, the microtiter plate test (mpt) was used, with a modification of the method described by Merritt et al. (9) The BHI broth cultures were used to produce a bacterial suspension in Muller-Hinton Broth with a density of 0.5 McFarland, then 200  $\mu$ L from each suspension was added to 96-well microtiter plates. The plates were incubated overnight at 37°C. After incubation, the free floating cells were removed and submerged in a tray full of distilled water. Following the washing, the plates were stained with 125  $\mu$ L of 0.2% (w/v) crystal violet, and then incubated at room temperature for 15 minutes. The dye was rinsed with distilled water three times, and the plates were allowed to air-dry. Then, 200  $\mu$ L of absolute ethanol was added and incubated for a further 15 minutes at room temperature. A total of 200  $\mu$ L from each well was transferred to a fresh microtiter plate well. Finally, the optical density of each suspension was measured at 570 nm. *Staphylococcus epidermidis* RP62A was used as a positive control for the biofilm assay while the negative control consisted of all added reagents with the exception of the bacterial suspension. The test was repeated in triplicates. Mean absorbance at 570 nm  $\pm$  SD was calculated. According to Merritt et al., if the optical density is higher than 0.2, the strain is considered a biofilm producer (10).

### 3.4. Detection of icaABD, IS256 and aap Genes

In order to study the frequency of *icaABD*, *IS256*, and *aap* genes among the tested isolates, the PCR method was used. Total genomic DNA extraction of S. epidermidis isolates was performed using a DNA extraction kit (GenAll Biotechnology, Korea). DNA content was determined by measuring absorbance at 260 nm. Overall, 1  $\mu$ L of each DNA was added to 25  $\mu$ L of mixture reaction including 10X reaction buffer, 2 mM MgCl<sub>2</sub>, 0.1 mM of the deoxynucleoside triphosphates (dNTPs), 10  $\rho$ mol of designed primers, according to Table 1 and 1.5 U of Taq DNA Polymerase (Cinnagen, Tehran, Iran) and was amplified based on PCR conditions in a DNA thermal cycler, including pre-denaturation at 95°C for five minutes, 35 cycles of denaturation at 95°C for one minute, annealing at 59°C for one minute, extension at 72°C for one minute, and final elongation at 72°C for five minutes for icaABD and IS256 genes and pre-denaturation at 94°C for five minutes, 35 cycles of denaturation at 94°C for 45 seconds, annealing at 54°C for 45 seconds, extension at 72°C for one minute, and final elongation at 72°C for five minutes for *aap* gene. In this study, the researchers used the IS256 gene to determine the pathogenicity of S. epidermidis strains and detected *ica* and *aap* genes to analyze the potency of biofilm formation. The PCR products were detected in 1.5% agarose gel with the use of ethidium bromide and visualized by UV trans-illumination.

#### 3.5. Plant Material

During year 2014, fresh plant leaves and seeds of *Zataria multiflora* were purchased from a local herbal medicinal shop in Tehran, Iran.

### 3.6. Preparation of the Essential Oil of Zataria multiflora

Overall 20 g of ground parts of leaves and seeds of *Zataria multiflora* were soaked in 500 mL of sterile distilled water and distillate by Clevenger apparatus for two hours. The yield of essential oil was stored at 4°C.

Primer	Name	Sequence (5'-3')	Amplicon Size (bp)	Ref
icaBD			516	(11)
F	7	TTATCAAT GCCGCAGTTGTC		
F	ι	GTTTAACGCG AGTGCGCTAT		
IS256			1013	( <mark>12</mark> )
I	7	TGAAAAGCGAAGAGATTCAAAGC		
ł	ι	ATGTAGGTCCATAAGAACGGC		
Aap			1100	( <mark>13</mark> )
H	7	ATGGGCAAACGTAGACAAG		
ł	ι	ACCGTAAAAATCGTAATTATCTC		
Gyr			154	( <mark>14</mark> )
I	7	CTTATATGAGAATCCATCTGTAGG		
ł	ι	AGAACAATCTGCCAATTTACC		
IcaD			197	( <mark>15</mark> )
F	7	CCGGAGTATTTTGGATGTATTG		
ŀ	ι	TTGAAACGCGAGACTAAATGTA		
IcaA			186	( <mark>16</mark> )
I	7	TCTCTTGCAGGAGCAATCAA		
F	ર	AGGCACTAACATCCAGCA		
Аар			117	(17)
F	7	AGAAACAAGCTGGTCAAG		
F	ર	CTGCGTAGTTAAGAAAATC		

### 3.7. Determination of MIC and MBC Concentration by the Broth Microdilution Method

The MIC of Zataria multiflora essential oil was determined in LB broth by broth microdilution method to yield concentrations ranging from 0.25 to 10 (%, v/v). Microbial suspension of *Staphylococcus epidermidis* RP62A strain was justified to 0.5 MacFarland. Overall, 40  $\mu$ L of microbial suspension with LB broth medium and essential oil concentration were added to each tube, and tubes were incubated at 37°C for 18 hours. The lowest concentration of essential oil with no visible bacterial growth was determined as the MIC. The MBC of essential oil was reported using the first tube showing no growth on LB agar. Finally, the sub-MIC of essential oil was determined.

### 3.8. Preparation the Ethanol Extract of Zataria multiflora

Leaves and seeds of *Zataria multiflora* were dried, ground in a grinder, and about 100 g of dry powder was extracted with 1500 mL of 70% ethanol for 48 hours. Then the extract was filtered through Wathman no 1 filter paper. The solvent of the extract was evaporated by a vacuum evaporator, and finally residues were dried and used

for the experiment. The major components of *Zataria multiflora* extract were analyzed using a gas chromatographymass spectroscopy (GC-MS).

### 3.9. Determination of MIC and MBC Concentration by Broth Microdilution Method

The MIC of Zataria multiflora extract were determined in LB broth by the microdilution method. The extract was diluted in 80% DMSO to yield concentrations ranging from 0.25 to 10 (%, w/v). Microbial suspension of *Staphylococcus epidermidis* RP62A strain was adjusted to 0.5 MacFarland. Overall, 40  $\mu$ L of suspension bacterial with LB broth medium and extract concentrations were added to each tube and tubes were incubated at 37°C for 18 hours. The lowest concentration of extract with no visible bacterial growth was determined as the MIC. The MBC of the extract was reported using the first tube showing no growth on LB agar. Finally, the subMIC of the extract was determined.

### 3.10. Effect of Sub-Inhibitory Concentration of Essential Oil and Extract on Biofilm Formation

Microbial suspensions of 109 Biofilm positive strains in Muller Hinton Broth medium were adjusted to 0.5 Mac-Farland and 100  $\mu$ L were added to each well of 96-well microtiter plate. Then, 100  $\mu$ L of sub-inhibitory concentration (sub-MIC) of essential oil (9%) and extract (4 mg/mL) were dispensed in each well. Microbial suspensions and Muller Hinton Broth medium without the essential oil and extract were used as the negative control. Microplates were incubated at 37°C for 18 hours. Each assay was repeated in duplicates. Following incubation, biofilm formation was performed as described above (9).

## 3.11. Effect of Sub-Inhibitory Concentration of Essential Oil and Extract on the Expression of icaAD and aap Genes by Use of Real Time-PCR

The microbial suspension of *Staphylococcus epidermidis* RP62A in LB broth medium was adjusted to 0.5 MacFarland. Overall, 20  $\mu$ L of microbial suspension with LB broth medium were separately added to tubes containing sub-MIC concentration of essential oil (9%) and extract (4 mg/mL). The microbial suspension without plant was evaluated as a negative control. After overnight incubation at 37°C, the bacterial pellet was collected using centrifuge at 5000 Xg for 20 minutes and RNA extraction was performed using the Genall kit (GenAll Biotechnology, Korea). The RNA concentration was determined by nano-drop. Complementary DNA (cDNA) was synthesized using the Thermoscientific kit. Quantitative real time PCR was performed for appointment of scale of *icaAD* and *aap* genes expression. The primers that were used in this study are shown

in Table 1. One microliter of each cDNA was amplified in 20  $\mu$ L of mixture reaction containing 2X cyber green mixture reaction and 10  $\rho$ mol of designed primers (Viragene, USA). The expression level of gyr gene was surveyed as an internal control. The PCR protocol was exerted by Corbet 6000 with an initial denaturation step during three minutes at 94°C, 38 cycles of 30 seconds at 94°C, 30 seconds at the desired annealing temperature, and 30 seconds at 72°C. All tests were done in triplicates. The relative fold change alterations in the expression were analyzed by the Rest 2009 software.

### 3.12. Statistical Analysis

The Pearson chi-squared test was performed in order to explore the relationship between biofilm production and the presence of *icaABD* and *aap* genes, the correlation between biofilm formation and drug resistance, and the relationship between the presence of *icaABD*, *aap* genes, and drug resistance. P value was considered significant at < 0.05. Data analysis was performed using SPSS 16.0 (SPSS Inc., IBM, USA).

### 4. Results

### 4.1. Antibiotic Resistance

Antimicrobial susceptibility was determined using the disk diffusion method. *Staphylococcus epidermidis* strains showed various susceptibilities to tested chemotherapeutics (Figure 1). The strains had high resistance to ery-thromycin (86.2%) and lower resistance to linezolid (6.5%) (Figure 1).

### 4.2. Biofilm Formation

The MtP method was used to determine biofilm forming ability of isolates. Overall, 109 (71.2%) of the isolates were biofilm positive and they were used for evaluating the effect of extract and essential oil. Table 2 summarizes the antibiotic resistance pattern among biofilm producer and non-producer isolates. There was no significant discrepancy in antibiotic resistance between isolates with the ability of biofilm production and those without these properties (P > 0.05).

### 4.3. Presence of IS256, icaABD and aap Genes

Genetic analysis of 153 *S. epidermidis* strains showed the presence of *icaABD* in 80 (52.2%) strains (Figure 2A), and the presence of *aap* gene in 136 (88.8%) isolates (Figure 2B), and the presence of *IS256* gene in 139 (90%) isolates (Figure 2C). The pattern of antibiotic susceptibility was not different between the strains carrying the *icaABD* gene and those possessing the *aap* gene (P > 0.05). Additionally, among the strains with *icaABD* genes, only 53 (66.2%) exhibited the

ability to form biofilms, and among the isolates with *aap* gene, 86 (63.2%) were biofilm positive yet there is no significant discrepancy in biofilm formation with the presence of *icaABD* and *aap* genes (P > 0.05). In addition, 27 (17.6%) and 50 (32.7) of non-biofilm producer strains carried the *icaABD* and *aap* genes, respectively.

### 4.4. Major Components of Zataria multiflora Extract

The compositional analysis of *Zataria multiflora* extract by GC/MS is shown in Table 3. The major components were phenol, 2-methyl-5-1-methylethyl (26.9%), Formamide, N-methoxy (21.7%), and thymol (16.4%).

### 4.5. MIC and MBC of Zataria multiflora Essential Oil and Extract

To determine the MIC and MBC of *Zataria multiflora*, the biofilm forming isolates were selected and examined. The MBC and MIC of *Zataria multiflora* essential oil were 10% and sub-MIC concentration was 9%. Furthermore, the MBC and MIC of *Zataria multiflora* extract was 6 mg/mL and 5 mg/mL, respectively.

4.6. Phenotypic and Genotypic Impacts of Sub-Inhibitory Concentration (subMIC) of Essential Oil and Extract on Biofilm Formation

In order to determine the impact of *Zataria multiflora* extract and essential oil on biofilm forming ability and expression of genes involved in biofilm production in selected isolates, the sub-inhibitory concentration (subMIC) of essential oil and extract was tested. Among 109 biofilm positive isolates, the sub-MIC concentration of essential oil and extract reduced biofilm formation ability in 93 (85.3%) and 106 (97.2%), respectively.

In order to determine the effect of *Zataria multiflora* essential oil and extract on the expression of key genes involved in biofilm formation, the real time–PCR was used. The expression efficiency was between 97% and 103%. The results of sub-inhibitory concentration of essential oil and extract on the expression of *icaA*, *icaD*, and *aap* genes are shown in Figure 3. Based on the findings of Rest2009, the relative mRNA expression of *icaA*, *icaD*, and *aap* genes were reduced by 0.15, 0.1, and 0.07 folds compared to the negative control after treating the *Staphylococcus epidermidis* RP62A with subMIC concentration of essential oil (P < 0.001). In addition, the relative expression of *icaA*, *icaD*, and *aap* genes after exposure to the subMIC concentration of extract was lower (0.37, 0.42 and 0.41, respectively) than the negative control (P < 0.001).



**Tested Antibiotics** 

Figure 1. The number/percentage of S. epidermidis strains resistant to selected antibiotics

<b>ible 2.</b> Frequency of Antibiotic Resistance Among Biofilm Producer and Non-Producer S. <i>epidermidis</i> Isolates <sup>a</sup>					
Antibiotics	Resistant				
Antibiotics	Total Isolates	<b>Biofilm Forming Isolates</b>	Non Biofilm Forming Isolates		
FOX	90 (58.8)	50 (52.6)	40 (69)		
E	132 (86.2)	77 (81.1)	55 (94.8)		
DA	116 (75.8)	65 (68.4)	51 (87.9)		
Т	90 (58.8)	52 (54.7)	38 (65.5)		
C	20 (13)	8 (8.4)	12 (20.7)		
CIP	90 (58.8)	54 (56.8)	36 (62.1)		
CN	94 (61.4)	51 (53.7)	43 (74.1)		
RIF	71 (46.4)	35 (36.8)	36 (62.1)		
LZD	10 (6.5)	4 (4.2)	6 (10.3)		
TEC	38 (24.8)	20 (21.1)	18 (31)		
AK	70 (45.7)	32 (33.7)	36 (62.1)		
MEM	91 (59.4)	51 (53.7)	40 (69)		
Total	153 (100)	63 (100)	90 (100)		

Abbreviations: AK, amikacin; C, chloramphenicol; CN, gentamicin; DA, clindamycin; E, erythromycin; FOX, cefoxitin; LZD, linezolid; MEM, meropenem; RIF, rifampicin; TEC, teicoplanin.

<sup>a</sup> Values are expresse as No. (%).

### 5. Discussion

The present study investigated biofilm-forming strains of *S. epidermidis* by phenotypic and genotypic methods, and the association between biofilm production and antimicrobial resistance. The study used two methods including MtP for the evaluation of biofilm formation, and PCR for the detection of *icaABD*, *IS256*, and *aap* genes. The findings were in agreement with Sahal and Bilkay (11) and Farajzadeh Sheikh and Mehdinejad studies (18) that showed the isolates of blood and wound were the most common clinical materials. The researchers demonstrated that in some isolates of *S. epidermidis*, sub-inhibitory concentrations of azithromycin, clarithromycin, and erythromycin enhanced biofilm formation in a dose-dependent manner (19). Based on Sahal and Bilkay study,



Figure 2. Detection of the operon *icaBD*, and *Aap* and *IS256* genes in *S. epidermidis* strains. (A) PCR results with primer for *icaABD* gene, (B) PCR results with primer for *aap* gene, (C) PCR results with primer for *IS256* gene

<b>Table 3.</b> Compositional Analysis of Zataria multiflora Extract					
Compounds	Percentage (%)	Retention Time			
Propanoic acid,3-(acetylthio)-2-methyl	4.51	5.569			
Formamide, N-methoxy	21.7	5.923			
Dodecane	4.13	16.546			
Thymol	16.4	19.595			
Phenol,2-methyl-5-(1-methylethyl)	26.9	19.87			
Tetradecane	16	21.873			
Phenol,3,5-bis(1,1-dimethylethyl)	0.72	24.954			
7-methyl-Z-tetradecane-1-ol acetat	7.62	26.643			
t-Buthyl-(1)-dimethyl-silane	1.69	28.002			

S. epidermidis strains from blood, wound, and cardiothoracic surgery samples showed sensitivity to vancomycin, while 65% were resistant to all  $\beta$ -lactams and 60% were multi-drug resistant (11); researchers have suggested that vancomycin is an efficient antibiotic for inhibition of *S.* epidermidis (11, 20-22). The current results are in agreement with other studies that showed resistance to erythromycin (8, 19). Erythromycin is thought to be ineffective for the eradication of biofilms. In the current study on 153 strains, 109 (71.2%) isolates produced biofilm, and the current results showed no significant association between antibiotic resistance and biofilm formation.

Wojtyczka demonstrated that *S. epidermidis* showed high susceptibility to rifampicin, ciprofloxacin, and chloramphenicol yet less susceptibility to erythromycin and SXT trimethoprim/sulfamethoxazole. Wojtyczka evaluated 32 *S. epidermidis* strains and 12 (37.5%) were biofilm positive. There was no significant relationship between biofilm formation and antimicrobial resistance (8). In another study, out of 80 strains of *S. epidermidis*, 53 (66%) were biofilm



Figure 3. The relative expression of *icaA*, *icaD* and *aap* genes after treating with sub-MIC concentration of essential oil (A) and extract (B)

positive and 12 (15%) were weak producers (23). It is believed that ica operon genes are associated with biofilm production (24). In this study, out of 135 strains, 53 (55.8%) possessed the icaBD gene yet did not exhibit biofilm formation. This result may be due to high frequency of biofilm producer isolates in the population. Eftekhar studied biofilm phenotype and ica operon genes carriage in two groups of isolates, clinical strains from symptomatic patients, and skin isolates from healthy patients. In total, 52% of the clinical strains and 56% of the skin isolates were biofilm-forming strains with ica operon genes carriage being 30% and 8%, respectively. Eftekhar indicated that *aap* is the most likely factor for biofilm formation via a PIA nondependent pathway. In the current findings, the presence of the *aap* gene was 88.8% among 153 *S. epidermidis* isolates and showed no association with phenotype. Dadashi et al. reported that the chloroformic extract of *Zataria multiflora* had significant inhibitory impact on the ESBL-producing *Klebsiella pneumoniae* strains with MIC<sub>50</sub> = 1.56 mg/mL and MIC<sub>90</sub> = 3.12 mg/mL. Furthermore, methanolic and acetonic extracts showed lower impact with MIC<sub>50</sub> of 3.12 and 6.25 mg/mL, respectively (6).

Of note, the presence of the *aap* gene was greater than *IS256* and *icaABD* genes among blood samples. The current study revealed no association between the presences of *IS256* as an invasiveness factor with clinical samples. Regarding MtP results, there was a greater number of isolates from wound and blood samples yet there was no significant association with *icaABD* and *aap* genes, therefore, the results demonstrate no particular pattern among the phenotypic with genotypic method.

Other studies have found no relationship between biofilm formation and the presence of the ica operon (25, 26). Analysis of data showed 27 (46.6%) strains with the *icaABD* gene and 50 (86.2%) strains with the *aap* gene among non-biofilm forming strains; these observations suggested there were other factors regulating biofilm formation (27, 28).

Comparing other studies and the current findings, it could be suggested that clinical and commensal isolates have similar virulence factors. In the current research, some strains were biofilm negative/ica positive and biofilm negative/Aap positive. In commensal strains, it may not be necessary to express ica operon genes and form biofilms, yet in clinical strains, in order to avoid the host immune system, expression of the ica operon or other factors is necessary. In conclusion, the expression of virulence factors depends on external environmental conditions, such as the presence of patient's immune system. In the current findings, there were both biofilm positive/ica negative and biofilm positive/Aap negative strains, and that the environmental conditions determine which virulence factors *S. epidermidis* expresses to ensure survival.

The phenolic components of extracts derived from *Zataria multiflora* are predominant; however, geographic differences, age, and preparation protocol could alter the content of extracts. Carvacrol (61.29%) and thymol (25.18%) were the dominant components in *Zataria multiflora* extract from Yazd (3) yet in Fars plant, only carvacrol (71.12%)

was seen in the extract content (4). The major content of the extract contains thymol and phenol compounds, however, there was no carvacrol compound in the extract. The presence of thymol and phenolic compound results in antimicrobial impacts. Based on the outcomes, the extracts of *Zataria multiflora* had anti-bacterial and anti-biofilm effects against *S. epidermidis*. There are a few findings concerning the impacts of *Zataria multiflora* on *S. epidermidis*. In the work by Mahboubi et al., the MIC of *Zataria multiflora* was 1.56 mg/mL (29), which is lower than the current findings (5 mg/mL). However, according to the researcher's knowledge, there is no document to assess the effects of *Zataria multiflora* on biofilm forming phenotype and the expression of genes involved.

The current study is the first to report the anti-biofilm property of Zataria multiflora. This effect is both phenotypic and genotypic and leads to significant attenuation of mRNA expression of momentous genes involved in biofilm formation, such as *icaA*, *icaD*, and *aap* genes. Given the significant inhibitory effect of the extract and essential oil of Zataria multiflora on biofilm formation, it seems that these substances are good options for studies related to controlling biofilm formation in Staphylococcus epidermidis.

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### Footnotes

Authors' Contribution: Acquisition of data and drafting of the manuscript was done by Zahra Mottaghiyan, administrative, technical, and material support was done by Mohammad Aghazadeh, analysis and interpretation of data and statistical analysis were performed by Hamideh Mahmoodzadeh Hosseini. Study concept and design were done by Abbas Ali Imani Fooladi.

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