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**Research Article** 

# Prevalence Rate and Phylogenetic Analysis of *Chlamydia psittaci* in Pigeon and House Sparrow Specimens and the Potential Human Infection Risk in Chahrmahal-va-Bakhtiari, Iran

Mohammadreza Mahzounieh<sup>1</sup>, Milad Moloudizargari<sup>2</sup>, Mohammad Ghasemi Shams Abadi<sup>1</sup>, Zahra Baninameh<sup>1</sup> and Heidar Heidari Khoei<sup>1, 2, \*</sup>

<sup>1</sup>Department of Pathobiology, Shahrekord University, Shahrekord, Iran

<sup>2</sup>Department of Immunology, School of Medicine, Student Research Committee, Shahid Beheshti University of Medical Sciences, Tehran, Iran

<sup>\*</sup> Corresponding author: Shahid Beheshti University of Medical Ssciences, Tehran, Iran. Email: heidarheidari@yahoo.com

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# Abstract

*Chlamydia psittaci* (*C. psittaci*) is an important zoonotic pathogen in birds and has been reported from urban pigeons (*Columba livia*) and house sparrows (*Passer domesticus*) worldwide. Some public areas in Iran, such as parks, have a high density of these birds; thus, they may be regarded as a zoonotic threat to humans. The current study aimed at performing the prevalence assessment as well as the phylogenetic analysis of *C. psittaci* in cloacal swab samples from these birds. To this aim, a total of 75 specimens of urban pigeon, 75 specimens of the house sparrow, and 30 pharyngeal swabs of humans who work in pet-markets were collected from six different zones of Chaharmal-va-Bakhtiari, a Southwestern Province of Iran. The prevalence of *C. psittaci* was 25.3% (19 out of 75), 18.6% (14 out of 75), and 10% (3 out of 30) among the pigeon, sparrow and the human samples, respectively. The prevalence of *C. psittaci* was considerably high in urban pigeons. To determine the genotype of *C. psittaci*, *OmpA* gene fragments in positive samples were amplified and sequenced. Phylogenetic analysis revealed that strains from the pigeon and sparrow positive samples belonged to the genotypes B and A, while genotyping was unsuccessful for the positive human samples. Our findings suggest that the prevalence of *C. psittaci* in pigeons and sparrows is high in Chahrmahal-va-Bakhtiari posing as a potential infection risk to susceptible individuals in public places and parks. Therefore, it is essential to take effective measures for the implementation of proper control programs to prevent the possible infection of people with *C. psittaci*.

Keywords: C. psittaci, Genotype, Zoonotic, Iran

## 1. Background

Chlamydia psittaci (C. psittaci), the major causative agent of psittacosis, is a widespread, Gram-negative, intracellular bacterium, which most frequently infects Psittaciforms; however; it can also infect numerous other avian species such as pigeons and sparrows and mammalian species including humans (1, 2). C. psittaci can infect humans via the inhalation of aerosols, feather particles or dried respiratory tract secretions from diseased or subclinically infected birds (3, 4). Human-to-human transmission is rare, but may occur (5). Human infection with C. psittaci can cause psittacosis that is occasionally associated with respiratory disease; however, clinical complications such as malaise, myalgia, and multi-organ failure may also occur; occasionally, leading to fatal outcomes in untreated patients (3, 4, 6). Factors such as the chlamydial strain, immunity status of the host, concurrent or secondary infections, as well as therapeutic management, can influence the severity of the clinical signs (7, 8). Moreover, no vaccines or valid agents are available against *C. psittaci*, which makes it more complicated to deal with (7, 9, 10).

In birds, *C. psittaci* might manifest itself as an upper respiratory infection that is characterized by nasal and ocular discharge, diarrhea, anorexia, respiratory distress, sinusitis, rhinitis and conjunctivitis (10). *C. psittaci* has been isolated from a variety of wild bird species, particularly Columbiformes such as collared doves, urban pigeons, and occasionally passerines (11). In a comprehensive literature search of epidemiological studies and reports of transmissions of disease from feral pigeons to humans by Haag-Wackernagel and Moch. They showed that feral pigeons harbored 60 different human pathogenic organisms, but only seven were transmitted to humans, and most of the commonly transmitted pathogens continue to

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be *C. psittaci* and *Cryptococcus neoformans* (12). In the past decade, severe cases of human psittacosis have been reported including some cases from Asia (13-15). The potential of pigeons (Columba livia domestica) as a source of human psittacosis is supported worldwide by relatively high seroconversion rates in the birds (16).

Currently, *C. psittaci* is classified into ten genotypes of A-G and E/B (avian species) and M56 and WC (mammals) based on sequencing the major outer-membrane protein gene (*ompA*), each genotype displaying overlapping host preferences and virulence characteristics (17-19). All the *C. psittaci* genotypes, including the avian genotypes, particularly A, B, and E/B, should be considered potential zoonotic (20, 21). The *C. psittaci* infecting wild passerines mainly belongs to the genotypes A and B (18, 22, 23), with a low fatality rate in the affected birds (1). Although pigeons harbor a variety of *C. psittaci* genotypes, the most common genotypes in pigeons are B and E (24).

# 2. Objectives

This study aimed at evaluating the occurrence and prevalence of *C. psittaci* in pigeons, passerines, as well as the possible zoonotic transmission to in-contact humans in Chaharmahal-va-Bakhtiari Province, Iran. The findings of this study will provide new insights into the prevalence and genetic diversity of *C. psittaci* in pigeons, passerines, and humans and its zoonotic potential.

## 3. Methods

## 3.1. Study Area

This study was performed in six different origins in Chaharmahal-va-Bakhtiari Province, a province located in the southwestern part of Iran (32° 32' N longitude-50°85' E latitude) (Figure 1). It covers an area of 16,332 km<sup>2</sup>, with a population of approximately 947,763 (2016 census). Shahrekord, the capital city of this province, is Iran's highest city in altitude at 2,070 m above the sea level and is known as the Roof of Iran. The annual average temperature in Shahrekord is about 11°C but the minimum and maximum absolute temperatures recorded in Shahrekord during the last 30 years have been -32°C and 42°C, respectively.

# 3.2. Sampling

A total of 75 specimens of urban pigeon, 75 specimens of the house sparrow, and 30 pharyngeal swabs of individuals who worked in pet-markets were collected from six different zones of Chaharmal-va-Bakhtiari (Figure 1). The



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**Figure 1.** Map of Iran and the location of Chaharmahal-va-Bakhtiari Province, where the samples were collected. The graphs are shown prevalence of *C. psittaci* in six locations of Chaharmahal-va-Bakhtiari Province.

free-living birds were attracted using food baits and a special net was applied for their trapping. Fresh cloacal swabs were sampled immediately, and the birds were released afterward. All birds appeared to be healthy in terms of body conditions, as confirmed by a veterinarian.

#### 3.3. DNA Extraction and PCR

Genomic DNA extraction was performed using the DNP<sup>TM</sup> DNA extraction Kit (SinaClon, Karaj, Iran) according to the manufacturer's instructions. *C. psittaci* PCR was performed using a previously described protocol 25 and a PCR method developed in this study. The two *C. psittaci* PCR procedures target an 82-bp (primers: CpsittF and CPsittR) and a 157-bp fragment of the *OmpA* gene (primers: Cp.sG1F and Cp.sG1R) (Table 1 and Figure 2).

#### 3.4. PCR Reaction Condition

The PCR ingredients (25  $\mu$ L) consisted of 12.5  $\mu$ L of 2× PCR Master mix (SinaClon, Karaj, Iran), a 0.3 M concentration of each primer, 3  $\mu$ L of extracted DNA and water. PCR reactions were carried out using an Applied Biosystems 2720 Thermal Cycler (Applied Biosystems, Foster City, CA, USA) under the following conditions: an initial denaturation temperature of 95°C for 5 min followed by 45 cycles of 94°C for 15 s, 57°C for 35 s and 72°C for 45 s. Five microliters

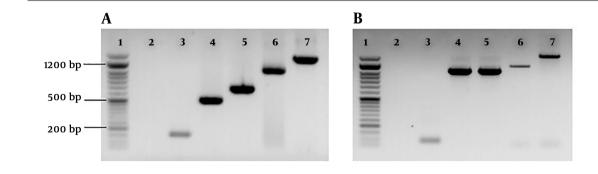


Figure 2. Gel electrophoresis of PCR amplicons of DNA samples. A, Lane 1, 50 bp DNA ladder, (SinaClon, Karaj, Iran); lane 2, negative control; lane 3 - 7 specific bands of *C. psittaci* DNA, 157 bp, 505 bp (primers; Cp.sG1 F and Cp.sG2 R), 622 bp, 1024 bp (primers; Cp.sG2 F and Cp.sG2R) and 1389 bp (primers; Cp.sG2 F and Cp.sG3R), respectively; B, lane 1, 50 bp DNA ladder, (SinaClon, Karaj, Iran); lane 2, negative control; lane 3 - 5 specific bands of *C. psittaci* DNA, 82 bp, 1024 bp (primers; CP.sG1 F and CP.sG3R), respectively; B, lane 1, 50 bp DNA ladder, (SinaClon, Karaj, Iran); lane 2, negative control; lane 3 - 5 specific bands of *C. psittaci* DNA, 82 bp, 1024 bp (primers; CP.sG1 F and CP.sG1 F and CP.sG1 F and CP.sG1 F and 1041 bp, respectively.

Primer Name	Primer Sequence 5' to 3'	Amplicon Size, bp	Reference		
Cpsitt	F: CGCTCTCTCCTTACAAGCC	82	(19)		
	R: AGCACCTTCCCACATAGTG				
CPsittGeno	F: GCTACGGGTTCCGCTCT	1041	(19)		
	R: TTTGTTGATYTGAATC- GAAGC	1,041			
CPsitt	Finner: CGCTCTCTCCTTACAAGCC	1024	(19)		
	Rinner: GATCTGAATC- GAAGCAATTTG	1024			
Cp.sG1	F: GCCTTAAA- CATTTGGGATCG	157	The present study		
	R: CGTTAGGAAGTTG- CATTGGA	157			
Cp.sG2	F: GACACTCCTCAAAGC- CATTA	1024	The present study		
	R: CGCCAATATATGGAA- CAAGC	1024			
Cp.sG3	F: TGCAACTTTAGGAGCTGA	622	The present study		
	R: GTTCTGATAGCGGGACAA	022			

of the PCR products were analyzed by 1% agarose gel electrophoresis and UV imaging system (UVItec, Cambridge, United Kingdom) (Figure 2).

# 3.5. Genotyping

PCR-positive samples were genotyped by *OmpA* sequence analysis as previously described (25). In brief, a part of the *OmpA* gene was amplified with the primer CP-sittGeno that resulted in a 1041-bp amplicon (25) and the

overlapping sequences were obtained with following sequencing primers: CPsittFinner and CPsittRinner (yielding an amplicon with a size of 1024 bp)(25), Cp.sG1F and Cp.sG2 R (amplicon size: 505 bp), Cp.sG2 F and Cp.sG2R (amplicon size: 1024 bp) and Cp.sG2 F and Cp.sG3R (amplicon size: 1389 bp) (Table 1 and Figure 2). PCR-positive samples were also genotyped by Cps.GD2 and Cps.GD3 primers (Table 1). These primers target the conserved regions of the *OmpA* gene often used for the genotyping of *C. psittaci* in the under-study birds.

To obtain sufficient products for sequence analysis, the positive amplicons of the expected sizes were reamplified. The reaction mixture for reamplification (50  $\mu$ L) included  $2 \mu L$  of PCR product, 25  $\mu L$  of  $2 \times$  PCR Master mix (SinaClon, Karaj, Iran), 0.2 M concentration of each primer and water. The PCR conditions were as outlined above. Then, the PCR positive samples were sequenced by Macrogen (Seoul, South Korea). The resultant sequence reads were examined for ambiguity and trimmed to remove low quality ends using Chromatogram Explorer Lite version 3 (Heracle BioSoft S.R.L., Pitesti, Romania). Sequence alignment was done using the program DNA Baser Sequence Assembler version 4 (Heracle BioSoft S.R.L., Pitesti, Romania). Other sequences used in the alignment were 9 reference sequences for the C. psittaciOmpA genotypes and the C. caviae strain (AF269282). Reference sequences of the nine C. psittaci genotypes available at the database of GenBank, including A (accession number AY762608), B(AF269265), C(L25436), D(AF269266), E (X12647), F (AF269259), E/B (AY762613), M56 (AF269268), and WC (AF269269), were analyzed (Figure 3). The phylogenetic tree was constructed by Neighbor-Joining method (26) implemented in the MEGA 6 software (27). The bootstrap values were calculated for 2,000 replicates of the alignment (28). The sequences of C. psittaci strains (Sku/Pi2, Sku/Pi21, Sku/Pi22, CpsiSku/Pi64, Sku/Pas21, Sku/Pas43, CpsiSku/Pas49) detected in this study were submitted to the GenBank and assigned the accession numbers KM609420, KM609421, KM609422, MG323309, KM609418, KM609419, and MG323308, respectively.

## 4. Results

A total of 75 urban pigeon specimens, 75 house sparrow specimens, and 30 human pharyngeal swab samples were examined using PCR specific for C. psittaci OmpA gene. From the 75 pigeon samples tested, 19 (25.3%) were positive for the C. psittaci DNA. The number of positive passerine samples for C. psittaci was 14 out of 75 (14.75%). These PCR-positive samples were further characterized by OmpA genotyping. The homologous sequences were excluded from the comparison, and another sequence was submitted to GenBank. The representative sequences of C. psittaci were downloaded from the GenBank database. Then, a dataset for the analysis of the OmpA gene was composed of the reference sequences and the resulting sequences. The OmpA DNA sequences of the 19 PCR positive pigeon samples grouped all the C. psittaci strains as genotype B. The OmpA sequences of the pigeon strains were highly homologous, a similarity of more than 97.4 % (Figure 4). These genotype B strains revealed 99.6% to 100% similarities to the reference B genotype (accession number AY762609.1). The nucleotide sequences of the 14 passerine C. psittaci strains clustered the strains with those of genotype A. The sequences had the highest similarity to each other, more than 99.5% and to those of reference A strain (accession number AY762608.1) with more than 98.8% similarity (Figure 4). The nucleotide sequences of the Iranian C. psittaci strains were highly homologous with an average nucleotide similarity of 97.2%. The three PCR positive human pharyngeal samples only produced 82 bp and 157 bp DNA sequences, both identical to those of human genotype B reference strains 41A12 (accession number AY762609.1).

## 5. Discussion

*Chlamydia psittaci* is an avian pathogen and is generally prevalent in wild and companion birds as well as in poultry. However, it can also cause zoonotic disease in humans. The purpose of this study was to survey and collect baseline data in Chaharmahal-va-Bakhtiari Province of Iran on the prevalence of *C. psittaci* in pigeons (*Columba livia*) and passerines (*Passer domesticus*). In addition, pharyngeal swabs from pet-shop workers in these areas were also analyzed for the presence and the type of *C. psittaci*.

PCR-based methods are highly sensitive and can detect very low copy numbers of chlamydial DNA in samples along with providing information on their genetic diversity and assessing their potential zoonosis (17, 20). As there is no universally agreed PCR protocol for the detection of chlamydial DNA, various techniques and procedures, differing in sample type and size and in the targeted genes and primers, are employed (17, 18, 25, 29, 30). Therefore, different results have been achieved or in some studies genotyping of positive cases failed for various reasons such as the presence of only small amounts of DNA or due to the presence of unknown *OmpA* genotypes (22, 30).

Avian species harbor a number of zoonotic pathogens, and those living in close proximity to humans, particularly in public places, can be considered potential public health threats. This study shows that 25.3% of urban pigeon samples and 18.6% of passerine samples in Chahrmahal-va-Bakhtiari harbor *C. psittaci*. Genotype B was found in pigeon samples, and genotype A was found in passerine samples. Our results show that *C. psittaci* is highly prevalent among the urban pigeons and passerines. Three out of 30 (10 %) human pharyngeal swabs also were positive for *C. psittaci* DNA, indicating the possibility of lateral transmission to those people who often come in close contact with these avian species. We were unable to genotype human PCR-positive samples.

The findings of the present study are in accordance with those of other studies. Three hundred and twelve fecal samples from 18 bird species of wild passerine were examined by Olsen et al. (31), using PCR and DNA sequencing. C. psittaci DNA was demonstrated in 9 (2.9 %) birds indicating wild passerine birds as carriers of C. psittaci. C. psittaci genotype was not determined in the study. In a study conducted in Amsterdam, from the 331 feral pigeons examined, 26 (7.9%) were positive for C. psittaci and 10 were typed as genotype B (25). A C. psittaci prevalence of 16.8 % (40/238) in pigeons is also reported from Sao Paulo State, Brazil (32). Salinas et al. (33) reported one of the largest series on the prevalence of C. psittaci in feral pigeons. In their study, C. psittaci was found by culture in 18% (7/39; 95% CI, 9% to 33%) of fecal samples, a prevalence that is lower than our results obtained by PCR. In a study by Feng et al. (9), C. psittaci was detected in 27 out of 136 fresh fecal samples (19.9%) in psittacine birds using TaqMan MGB real-time PCR, which is a highly sensitive and specific technique for detecting chlamydial DNA.

In a study conducted by Chahota, Ogawa (34) 13 birds from order *Passeriformes* were examined and *C. psittaci* DNA could be demonstrated in one clinically normal Java sparrow. The *C. psittaci* was, however, typed as genotype D, differing from findings of this study in which the *C. psittaci* were typed as genotype A. A lower prevalence of *C. psittaci* is also reported by some other investigators. For instance, Dickx *et al.* (35) report only 1 of 61 urban pigeons (1.6 %) be-

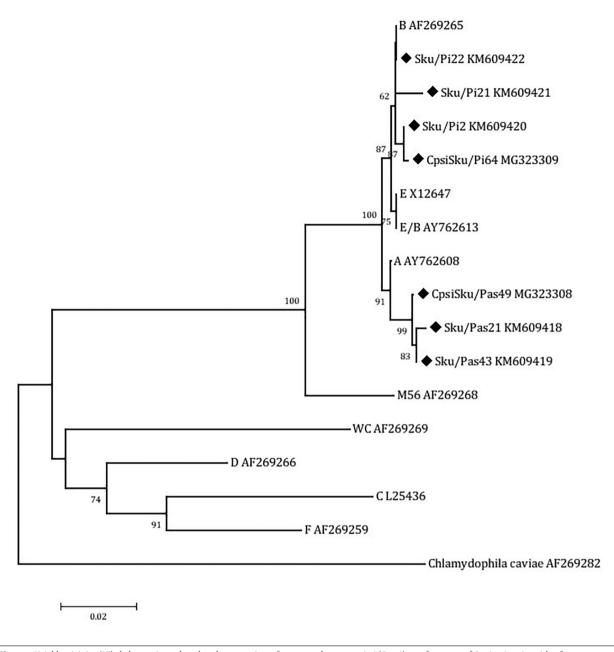


Figure 3. Neighbor-joining (NJ) phylogenetic tree based on the comparison of outer membrane protein A(*OmpA*) gene fragments of *C. psittaci* strains with reference sequences in this study. The sequences detected in this study are shown with black field rhombus. The tree was rooted with the *C. caviae ompA* sequence. Bootstrap values are shown if the reliability is equal to or greater than 50%. The Genotype/Strain name is followed by the accession number for each branch of the tree (Strain name-Genotype). All positions containing gaps and missing data were eliminated. Evolutionary analyses were conducted in MEGA6.

ing PCR-positive for *C. psittaci*.

The *C. psittaci* genotypes detected in this study are consistent with the majority of reports in which the predominance genotypes were the genotype B in pigeons (17, 18, 22, 24, 25, 36, 37) and the genotype A in passerines (18, 23).

Other genotypes are also detected in pigeons and

passerines. In this regard, a mixed infection of genotypes A, B, and E/B in one pigeon (30), genotype E in a feral pigeon in Switzerland (38), genotype A in three pigeons in Germany (39) and genotypes B, C and D in-home and feral pigeons by Dickx *et al.* (35), have been reported. Genotype B has also been isolated from canaries (a genus in the *Passer*-

	Genotype A-AY762608	Genotype B-AF269265	Genotype C-L25436	Genotype D-AF269266	Genotype E-X12647	Genotype F-AF269259	Genotype E/B-AY762613	Genotype M56-AF269268	Genotype WC-AF269269	Sku/Pi22-KM609422	Strain-Sku/Pi21 KM609421	Strain-Sku/Pi2 KM609420	Strain-CpsiSku/Pi64 MG323309	Strain-Sku/Pas21 KM609418	Strain-Sku/Pas43 KM609419	Strain-CpsiSku/Pas49 MG323308
Chlamydophila caviae-AF269282	73.9	73.7	78.6	78.7	73.6	80	73.6	74	76.8	73.7	73.2	73.5	73.6	73.2	73.5	73.
Strain-Sku/Pas43 KM009419 Strain-CpsiSku/Pas49 MG323308	99.2 99.3	98.1	76.2	81.2	98.1	77.9	98.1	92.8	78.7	98.2	97.2	97.8	97.8	99.0 99.4	99.8	
Strain-Sku/Pas21 KM609418 Strain-Sku/Pas43 KM609419	98.8 99.2	97.7	76.2	81.1	97.7	78.1	97.7	92.8	78.9	97.7	96.8 97.2	97.4	97.6	99.6		
Strain-CpsiSku/Pi64 MG323309	98.5 98.8	99.6 97.7	77.2 76.2	82 81.1	99 97.7	78.7 77.9	99 97.7	92.7 92.6	79.3 78.6	99.6 97.7	98.6 96.8	99.8 97.4	97.6			
Strain-Sku/Pi2 KM609420	98.6	99.7	77	81.9	99.2	78.6	99.2	92.8	79.1	99.7	98.8	00.0				
Strain-Sku/Pi21 KM609421	98	99	76.5	81.1	98.5	77.9	98.5	92.2	78.6	99						
Strain Sku/Pi22-KM609422	98.9	100	77	81.9	99.4	78.6	99.4	93.1	79.1							
Genotype WC-AF269269	79.3	79.1	81.4	83.8	79.3	81.7	79.3	79.5								
Genotype M56-AF269268	93.6	93.1	76.6	81.9	93.1	78.5	93.1									
Genotype E/B-AY762613	98.9	99.4	77	81.8	100	78.6										
Genotype F-AF269259	78.3	78.6	88.7	86.6	78.6											
Genotype E-X12647	98.9	99.4	77	81.8												
Genotype D-AF269266	81.8	81.9	87.1													
Genotype B-AF269265 Genotype C-L25436	98.9 76.8	77														

Figure 4. Percentage identity matrix of detected sequences (representative sequences) and reference sequences of C. psittaci and C. cavae of OmpA gene

*iformes* order) (23). Geens *et al.* and Vanrompay *et al.* also found genotype B to be particularly associated with the pigeon host (17, 25, 40). However, this genotype has been recovered from many bird species, including turkeys, parakeets, and ducks (23).

We were unable to determine the genotype of human PCR-positive samples due to the small amount of DNA and failure of genotyping PCR as relatively low *C. psittaci* loads could not be amplified by genotyping PCR (20, 25). However, the short DNA sequence obtained from amplicons of the diagnostic PCRs identified the *C. psittaci* as genotype B. The *C. psittaci* positive individuals, however, had none of the clinical symptoms of psittacosis such as fever, rigors, sweats, headache, painful joints, and mild cough (41), possibly due to low or nonviable *C. psittaci*. Genotype B usually causes mild respiratory symptoms, but genotypes A and D, often detected in *Passeriformes*, can cause serious infections in the human (17, 35, 42).

Kalmar *et al.* (43) detected viable genotype B in 30% of pharyngeal swabs (3 out of 10) from workers of a refuge center who have had frequent close contact with birds. Other studies have also reported a relatively high incidence of *C. psittaci* in human populations. Of 540 apparently healthy people who dealt with avian species, 69 (12.7)

%) were positive for *C. psittaci* DNA. In a separate study carried out in Belgium, the number of positive samples in pigeon fanciers was 4 out of 32 (12.5 %), with two *C. psittaci* samples being genotype D. These data emphasize the potential hazard of free-living birds as a source of *C. psittaci* infection in humans, especially to those in close contact.

Few studies have been conducted for the detection of *C. psittaci* in Iran. Mahzounieh *et al.* (10) showed that 25% of fecal samples in asymptomatic parrots were DNA positive; however, the PCR target gene 16s rRNA and the genotype were not determined. *C. psittaci* infection in pet birds and pigeons in Iran has been recently studied by molecular techniques (7, 22).

To the best of our knowledge, this study is the first to report molecular characterization of *C. psittaci* in the human and the most popular free-living birds in this area of the country. Our findings suggest that the pigeons and passerines may harbor *C. psittaci* and pose as a source of infection for susceptible individuals in public places and parks. Besides the zoonotic potential, there is also the risk of infection of domesticated birds, such as pet birds and poultry, which live in closer contact with human beings. However, more comprehensive studies are required to determine the extent of *C. psittaci* prevalence and to achieve a broader molecular characterization of *C. psittaci* in birds as well as healthy and hospitalized individuals so that a precise risk assessment can be made.

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# Footnotes

Authors' Contribution: Study concept and design: Mohammadreza Mahzounieh and Heidar Heidari Khoei. Analysis and interpretation of data: Heidar Heidari Khoei, Milad Moloudizargari, and Mohammad Ghasemi Shams Abadi. Drafting of the manuscript: Heidar Heidari Khoei, Zahra Baninameh, and Milad Moloudizargari. Critical revision of the manuscript for important intellectual content: Mohammadreza Mahzounieh, Heidar Heidari Khoei, Milad Moloudizargari, and Mohammad Ghasemi Shams Abadi.

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