



# Gain-of-Function R990G Polymorphism of the Calcium-Sensing Receptor Gene: Gender-Related Effects in Patients with Coronary Heart Disease

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## Abstract

**Background:** Activating the calcium-sensing receptor (CaSR), which regulates extracellular calcium, has been suggested to possibly decrease renin expression, thus playing a role in regulating the blood pressure via the renin-angiotensin-aldosterone system.

**Objectives:** Considering this hypothesis, the aim of this study was to find the relationship between the gain-of-function variation of the CaSR gene, R990G (A < G), and coronary heart disease (CHD) risk factors and complications.

**Methods:** The study sample consisted of 121 CHD patients and 105 healthy people from Turkish population. R990G function-gain mutation of the CaSR gene was analyzed by the real-time PCR method.

**Results:** The AA genotype of CaSR R990G variation was associated with higher LDL-C, SBP, DBP and lower HDL-C in the CHD group compared to controls ( $P < 0.001$ ). The comparison by gender in the CHD group revealed increased systolic blood pressure in women with common AA genotype as compared to men ( $P = 0.008$ ) whereas in the control group, higher HDL-C and lower serum LDL-C ( $P < 0.001$  and  $0.031$ , respectively) were observed in women with AA versus men with AA. Higher blood pressure levels in women were not sustained in G allele carriers compared to men with G allele ( $P > 0.05$ ).

**Conclusions:** The common AA genotype of CaSR R990G was found to be related to hypertension in CHD patients while showing a higher association with hypertension, especially in women. We also suggest that the CaSR R990G AA genotype may have diverse effects on serum lipids and that the genetic effect could differ by gender.

**Keywords:** CaSR, Gene, Gain of Function, Coronary Heart Disease, Hypertension

## 1. Background

The calcium-sensing receptor (CaSR), a member of the G-protein coupled receptor family, participates in extracellular calcium homeostasis via several mechanisms by inhibiting the secretion of parathyroid hormone (PTH) from the parathyroid glands, reducing renal tubular calcium reabsorption and stimulating the secretion of calcitonin from C cells of the thyroid gland (1). In addition to its expression in these calcium-regulating tissues, CaSR was also found to be expressed in aortic endothelial cells (2), vascular smooth muscle cells (3), cardiomyocytes (4), and juxtaglomerular cells (5), denoting a possible role in the cardio-

vascular system. Extracellular calcium has also been implicated in blood pressure regulation as various studies indicate the vasodilatory effects of extracellular calcium reviewed by Smajilovic and Tfelt-Hansen (6).

In recent years, CaSR has been found to regulate blood pressure through affecting the release of renin, a component of the renin-angiotensin-aldosterone system (5, 7). The activation of the CaSR in juxtaglomerular cells yields a decline in intracellular cAMP formation by inhibiting adenylyl cyclase activity, therefore, lowering renin release (5). The acute activation of the CaSR by calcimimetics was also shown to inhibit the plasma renin activity independently of PTH in vivo (8). Beside the cAMP-dependent

pathway, the MEK1-ERK1/2 and PLC pathways were demonstrated in aortic smooth muscle cells by agonist-induced activation of the CaSR, which stimulates cell proliferation and survival (9). Moreover, the expression of CaSR in vascular endothelial and vascular smooth muscle cells has been linked to nitric oxide-mediated vasodilatation (2). The loss of CaSR function or a decrease in its expression has also been associated with vascular calcification in vascular smooth muscle cells (10). In addition, the calcimimetic agent R568, an allosteric activator of the CaSR, has been shown to inhibit calcification in primary human aortic smooth muscle cells culture by modulating CaSR expression, suggesting the CaSR may play a protective role against vascular calcification (11).

## 2. Objectives

As an increasing number of researchers emphasize the potential role of CaSR in blood pressure regulation and cardiovascular system, the impact of polymorphisms of the CaSR gene on the development of CHD has yet to be elucidated. Therefore, in this study, we aimed to investigate the association between CHD and R990G gain-of-function polymorphism of CaSR gene possibly through the modulatory effect of CaSR on hypertension.

## 3. Methods

### 3.1. Patient Selection

In this study, the CaSR R990G polymorphism was investigated on two groups comprising 121 subjects diagnosed with CHD who were admitted to the Department of Cardiology and 110 healthy controls. Participants with no family history of ischemic heart disease and no signs of hypertension, diabetes mellitus, renal failure, and dyslipidemia were selected to form the control group. The presence of CHD was determined according to previous medical history, present symptoms of angina pectoris, and electrocardiogram (ECG) changes. Angiographic inclusion criteria were  $\geq 50\%$  stenosis of at least one major coronary vessel because of atherosclerosis, or a vascular event, defined as myocardial infarction, percutaneous transluminal coronary angioplasty, or coronary artery by-pass grafting.

The study protocol was approved by the Ethics Committee of the Istanbul University, Istanbul Faculty of Medicine, and was in accordance with the Declaration of Helsinki.

### 3.2. DNA Extraction and Genotyping by Real-Time-PCR

Genomic DNA was extracted from peripheral blood stored in EDTA tubes by using a spin column kit (Roche Diagnostics, GmbH, Mannheim, Germany). According to the kit protocol, 200  $\mu\text{L}$  blood samples were incubated with Proteinase K (for 10 min at 70°C) in the presence of guanidine-HCl. Thereafter, 100  $\mu\text{L}$  isopropanol was added, and the mixture was applied to a high pure filter tube. bound DNA was purified in a series of rapid “wash-and-spin” steps to remove contaminating cellular components. The presence of DNA was confirmed by electrophoresing on an agarose gel containing ethidium bromide and checked under UV light.

The gain-of-function polymorphism R990G (rs1042636) A > G was analyzed in exon 7 coding the intracellular domain of CaSR gene: GCCTCAGAAGAACGC-CATGGCCAC [A/G] GGAATTCTACGCACCAGAAGCTCCT. Real-time PCR for R990G genotyping was performed on the LightCycler 480 instrument (Roche Diagnostics) using 1  $\mu\text{L}$  of hybridization probe pair (Light Cyler Fast Start DNA Master HybProbe) labeled with 3'-fluorescein and 5'-LightCycler Red. A volume of 20  $\mu\text{L}$  of reaction mix was prepared with the following reagents: 2.0  $\mu\text{L}$  of Light-Cycler FastStart HybProbe Reaction Mix and LightCycler FastStart Enzyme Mix (Roche Diagnostics, Germany), 1.0  $\mu\text{L}$  LightSNiP florescent-labeled primer-probe set for rs1042636 (TIB Molbiol GmbH, Germany), 3.0 mM MgCl<sub>2</sub>, and 100 ng/  $\mu\text{L}$  of genomic DNA.

### 3.3. Lipid Measurement

Blood samples were drawn into plain tubes after the participants had fasted overnight. The samples were centrifuged for 10 min at 1500xg at room temperature and the serum was immediately removed and frozen at -20°C. Serum total-cholesterol (total-C), HDL-C, and TG levels were measured enzymatically. LDL-C concentrations were calculated by using the Friedewald formula.

### 3.4. Statistical Analysis

Statistical data were analyzed with SPSS version 20.0 software for Windows (SPSS Inc., Chicago, IL, USA). Comparisons of quantitative data between groups were made using student's t-test. Qualitative data such as genotype and allele comparisons and compatibility for the Hardy-Weinberg equilibrium were analyzed by the chi-square test. The odds ratio and 95% confidence interval were calculated to determine relative risks between study groups.

Allele frequencies were estimated by the gene counting method. The genotype frequencies also were compared in cases and controls using allelic and dominant models. Since there was only a single homozygous variant sample, we did not build a recessive model. P values below 0.05 were considered statistically significant.

## 4. Results

### 4.1. *CaSR R990G (A > G) (rs1042636) Genotype and Allele Distribution*

The genotype and allele distributions of the R990G polymorphism in the study groups were not found significantly different between the study groups ( $p > 0.05$ ) and they were consistent to HWE (Table 1).

### 4.2. *Clinical Features of the Study Groups*

Among subjects in the CHD group, 48% were hypertensive and 38% were hypercholesterolemic. Compared to the control group, lower HDL-C, higher TC and LDL-C levels, higher SBP and DBP, family history of CHD and cigarette use were observed in the CHD group with a significant difference (all P values were  $< 0.001$ , except for TC in which  $P < 0.05$  ( $P = 0.039$ )) (Table 2).

### 4.3. *Effects of CaSR R990G SNP with Metabolic Parameters*

In the control group, women had lower LDL-C and higher HDL-C levels than men ( $P = 0.035$  and  $P < 0.001$ , respectively) while in the CHD group, women showed elevated BMI, SBP, and DBP values in comparison with men (P values: 0.029, 0.007 and 0.029, respectively) (Table 3).

Moreover, a comparison between control and patient groups to assess the impact of *CaSR* R990G SNP demonstrated that G allele was related to lower DBP in the control group in comparison with patients ( $P = 0.041$ ) whereas the AA genotype was associated with higher HDL-C and lower LDL-C, SBP, and DBP levels in controls than in the CHD group (all P-value  $< 0.001$ ), as depicted in Table 4.

Further analysis of our data to determine the effect of the *CaSR* R990G SNP genotypes by gender in the CHD group showed that the AA genotype was associated with elevated SBP, and a tendency of higher DBP levels (P values: 0.008 and 0.058, respectively) in women than in men whereas the G allele was pertained to increased BMI in women compared to men ( $P = 0.010$ , presented in Table 5). Another result to be noted is that in the control group, the AA genotype was associated with higher HDL-C and lower LDL-C lev-

els (P values:  $< 0.001$  and 0.031, respectively) in women compared to men (shown in Table 6).

## 5. Discussion

Calcium-sensing receptor (CaSR) is deemed to be one the candidate genes for cardiovascular diseases through its influence on the renin-angiotensin-aldosterone system. Marz et al. (12), declared that A986S, a polymorphism causing a relatively loss-of-function on the CaSR, was associated with CHD, myocardial infarction, and cardiovascular mortality. Jung et al. (13), found that three intronic variants of *CaSR* gene rs6438712, rs4678172, and rs937626, were associated with higher SBP ( $P < 0.005$ ) in African-Americans suggesting that the elevated Na retention by increased  $\text{Na}^+:\text{K}^+:\text{2Cl}^-$  co-transporter (NKCC2) activity is presumably caused by loss-of-function CaSR variations while mentioning these results did not pertain to studies of Caucasians with familial hypocalciuric hypercalcemia (FHH) caused by loss-of-function mutations probably due to differences between NKCC2 activity by race/ethnicity. Schepelmann et al. (14), observed impaired vasoconstriction, reduced heart rate, and systemic hypotension, especially lower DBP, in mice with knockout *CaSR* gene pointing out a possible role for CaSR in the cardiovascular system.

The R990G polymorphism has been studied in various diseases such as primary hyperparathyroidism, primary hypercalciuria, chronic renal diseases, cardiac valve calcification, calcium kidney stone formation, colorectal neoplasia, prostate cancer, hypertriglyceridemia, and obesity (15-20). An investigation by He et al. (21), recruited 972 Chinese subjects with hypertriglyceridemia and 1197 normotriglyceridemic controls showing that the interaction between R990G SNP and BMI was associated with higher triglyceride levels ( $P < 0.001$ ) as the frequencies of GG genotype and G allele were found higher in hypertriglyceridemic patients than in controls ( $P < 0.001$ ). Our results were consistent with their findings in terms of the effects of the G allele on lipids and BMI since we also found that G allele was associated with higher serum triglyceride levels ( $P = 0.003$ ) in the CHD group; also, in the female subgroup, G allele was related to increased BMI ( $P < 0.010$ ) compared to men.

Previous reports have suggested that the CaSR activation will increase the inhibition of renin, thus decreasing the risk of hypertensive manifestations (5, 7). Therefore, we can deduce that when the CaSR is not activated, the inhibition on renin will be abolished and the risk of hypertension may rise. Consistent with this literature informa-

**Table 1.** Distribution of CaSR Genotypes and Allele Frequencies in the Study Groups<sup>a</sup>

CaSR R990G Polymorphism	Study Groups	
	Control	CHD Patient
<b>Genotypes</b>	(n = 110)	(n = 121)
AA	98 (89.1%)	105 (86.8%)
GG	-	1 (0.8%)
AG	12 (10.9%)	15 (12.4%)
<b>HWE</b>	P = 0.55	P = 0.58
<b>Alleles</b>		
A	208 (94.54%)	225 (92.98%)
G	12 (5.45%)	17 (7.02%)
<b>Groups comparisons for CaSR R990G polymorphism</b>		
<b>Allelic model</b>	A allele vs. G allele, P = 0.487, OR: 1.310 (95% CI: 0.611 - 2.808)	
<b>Dominant model</b>	AA genotype vs. AG + GG genotypes, P = 0.590, OR: 1.244 (95% CI: 0.561 - 2.763)	

Abbreviations: HWE, Hardy-Weinberg disequilibrium; n, Number of samples.  
<sup>a</sup> Values are given as the number of subjects (n) and percentage (%).

**Table 2.** Characteristics of the Study Groups

Variables	Groups		
	Control (n = 112)	CHD (n = 128)	P values
Age (y)	57.55 ± 5.98	58.84 ± 6.78	0.126
Gender (F/M)	42/70	47/81	0.901
TC (mmol/L)	4.95 ± 1.15	5.28 ± 1.29	0.039
TG (mmol/L)	1.55 ± 0.73	1.68 ± 0.66	0.130
HDL-C (mmol/L)	1.19 ± 0.30	1.03 ± 0.18	< 0.001
LDL-C (mmol/L)	3.13 ± 0.97	3.62 ± 1.06	< 0.001
VLDL-C (mmol/L)	0.71 ± 0.34	0.77 ± 0.30	0.130
BMI (kg/m <sup>2</sup> )	25.63 ± 3.44	25.69 ± 3.62	0.905
SBP (mmHg)	118.78 ± 13.19	136.88 ± 29.79	< 0.001
DBP (mmHg)	74.24 ± 9.76	83.83 ± 16.00	< 0.001
Cigarette Use (%)	19.8	58.3	< 0.001
Alcohol Consumption (%)	13.9	13.7	0.534
Family History of CHD (%)	17.1	44.5	< 0.001

Abbreviations: BMI, body mass index; CHD, coronary heart disease; DBP, diastolic blood pressure; HDL-C: HDL-cholesterol; LDL-C, LDL-cholesterol; n, number of subjects; SBP: systolic blood pressure; TC, total cholesterol; TG, triglyceride; VLDL-C, VLDL-cholesterol.

tion, our findings elicit that the common AA genotype in CHD patients (who are without the gain-of-function polymorphism R990G) is related to the higher blood pressure ( $P < 0.001$ ). We observed that the association between the AA genotype and elevated blood pressures in CHD patients

manifested in women. We assume this may arise from gender-related hormonal influences.

A study carried out by Breum-Jacobsen et al. (22), with 50 FHH patients revealed that FHH, which resulted from loss-of-function of CaSR, had an association with lower blood pressure values in female patients compared to female controls ( $P < 0.05$ ) although these effects were not inclusive to men and without gender difference. They informed that contrary to men, the inactivating variant may have a protective effect against cardiovascular diseases by lowering the DBP in women with FHH. Our reports also revealed the sex-related impact of CaSR R990G SNP in women.

In conclusion, our results indicate that the AA genotype of the CaSR R990G polymorphism may be associated with increased blood pressures and atherogenic lipid metabolism in CHD patients. This impact on blood pressures in the CHD group was particularly noted in women. For further confirmation, studies with a larger sample size are needed.

## Footnotes

**Authors' Contribution:** Study concept and design: Yilmaz-Aydogan, Aslan. Analysis and interpretation of data: Bugra, Coskunpinar and Kurnaz- Gomeksiz, Aslan. Drafting of the manuscript: Aslan. Critical revision of the manuscript for important intellectual content: Yilmaz-

**Table 3.** Characteristics of the Study Groups by Gender<sup>a</sup>

Variables	Groups Control (n = 110)		CHD Patient (n = 121)		P Values	
	Female	Male	Female	Male	P1	P2
TC (mmol/L)	4.79 ± 0.15	5.04 ± 0.15	5.23 ± 0.17	5.31 ± 0.15	0.287	0.708
TG (mmol/L)	1.39 ± 0.06	1.63 ± 0.10	1.75 ± 0.10	1.65 ± 0.07	0.096	0.394
HDL-C (mmol/L)	1.39 ± 0.05	1.09 ± 0.03	1.04 ± 0.02	1.02 ± 0.02	< 0.001	0.549
LDL-C (mmol/L)	2.86 ± 0.11	3.28 ± 0.13	3.70 ± 0.15	3.58 ± 0.12	0.035	0.537
VLDL-C (mmol/L)	0.64 ± 0.03	0.75 ± 0.05	0.80 ± 0.05	0.75 ± 0.03	0.096	0.394
BMI (kg/m <sup>2</sup> )	26.06 ± 0.62	25.40 ± 0.39	26.62 ± 0.58	25.14 ± 0.38	0.346	0.029
SBP (mmHg)	119.58 ± 2.51	118.28 ± 1.64	146.06 ± 4.53	131.54 ± 3.09	0.636	0.007
DBP (mmHg)	72.79 ± 1.42	71.90 ± 1.33	87.87 ± 2.15	81.48 ± 1.81	0.662	0.029

<sup>a</sup> P1, female control group vs. male control group; P2, female CHD group vs. male CHD group.

**Table 4.** The Impact of the CaSR R990G SNP on Metabolic Parameters Compared Between Groups

Variables	G allele Carrier			AA Genotype		
	Control (n = 12)	CHD (n = 16)	P Values	Control (n = 98)	CHD (n = 105)	P Values
TC	4.31 ± 0.23	5.00 ± 0.31	0.105	5.02 ± 0.12	5.34 ± 0.13	0.073
TG	1.53 ± 0.21	1.96 ± 0.14	0.093	1.55 ± 0.08	1.64 ± 0.06	0.389
HDL-C	1.04 ± 0.07	1.07 ± 0.03	0.740	1.21 ± 0.03	1.02 ± 0.02	< 0.001
LDL-C	2.97 ± 0.30	3.66 ± 0.25	0.086	3.14 ± 0.09	3.64 ± 0.10	< 0.001
VLDL-C	0.70 ± 0.09	0.90 ± 0.07	0.093	0.71 ± 0.04	0.75 ± 0.03	0.389
BMI	25.49 ± 1.21	26.02 ± 0.97	0.731	25.63 ± 0.35	25.67 ± 0.36	0.937
SBP	124.50 ± 4.37	132.50 ± 6.09	0.355	117.96 ± 1.41	136.86 ± 3.00	< 0.001
DBP	72.50 ± 3.09	83.13 ± 3.35	0.041	72.26 ± 1.06	83.71 ± 1.62	< 0.001

**Table 5.** The Interaction Between Metabolic Parameters and CaSR R990G Genotypes by Gender in the CHD Group<sup>a,b</sup>

Parameters	R990G SNP					
	R990G AA		P1	R990G G allele		P2
	Female (n = 39)	Male (n = 66)		Female (n = 5)	Male (n = 11)	
TC	5.26 ± 1.06	5.38 ± 1.42	0.661	4.78 ± 0.99	5.11 ± 0.17	0.637
TG	1.71 ± 0.65	1.60 ± 0.67	0.424	1.97 ± 0.39	1.95 ± 0.13	0.969
HDL-C	1.03 ± 0.15	1.03 ± 0.17	0.883	1.04 ± 0.07	1.00 ± 0.04	0.668
LDL-C	3.70 ± 1.07	3.61 ± 1.07	0.683	3.89 ± 0.49	3.56 ± 0.29	0.560
VLDL-C	0.78 ± 0.30	0.73 ± 0.31	0.424	0.90 ± 0.17	0.90 ± 0.06	0.959
BMI	26.30 ± 3.96	25.29 ± 3.37	0.174	29.49 ± 1.25	24.45 ± 0.99	0.010 <sup>b</sup>
SBP	147.05 ± 31.35	130.83 ± 28.99	0.008 <sup>b</sup>	132.00 ± 13.56	132.73 ± 6.89	0.958
DBP	87.69 ± 14.77	81.36 ± 17.24	0.058	84.00 ± 6.78	82.73 ± 4.01	0.867

<sup>a</sup> P1, female patients with AA vs. male patients with AA; P2, female patients with G allele vs. male patients with G allele.

<sup>b</sup> P values indicate statistical significance.

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**Table 6.** The Effect of the CaSR R990G AA Genotype by Gender on Metabolic Parameters in the Control Group

Variables	Control Group		P Values
	Female (n=33)	Male (n=60)	
TC (mmol/L)	4.83 ± 0.15	5.13 ± 0.16	0.236
TG (mmol/L)	1.42 ± 0.07	1.63 ± 0.11	0.127
HDL-C (mmol/L)	1.40 ± 0.06	1.11 ± 0.03	< 0.001
LDL-C (mmol/L)	2.85 ± 0.12	3.30 ± 0.13	0.031
VLDL-C (mmol/L)	0.65 ± 0.03	0.75 ± 0.05	0.127
BMI (kg/m <sup>2</sup> )	25.94 ± 0.69	25.46 ± 0.39	0.518
SBP (mmHg)	118.61 ± 2.34	117.59 ± 1.78	0.729
DBP (mmHg)	72.91 ± 1.49	71.87 ± 1.46	0.638

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