Dear Editor,

The birth of a knowledge delivery mediator such as this new Journal of Health Scope is an auspiciously exciting intellectual event. Perhaps breakthrough is the more appropriate terminology, knowing the challenges encountered and overcome by the executive team. It is a praiseworthy effort since mainstream publishing, including digital ones, is dominated by the established “giants” of the developed world. Embolden by the need for publishing quickly meaningful and quality research results of various research centers and institutes, this new publication augers well infusing new hope and inspiration for researches, especially from developing countries, to excel in research and communicate their findings. It is a strategic and appropriate time to focus on the outcome of health promotion and it’s attending processes and subtleties. Worldwide, many community health programs failed to fully achieve their long-term objectives due to deficiencies especially in their continual and continuous promotions and follow-ups.

While absorbing the essence of contents and contexts of papers documented in the maiden issue of this journal, one senses and decipher clearly the manuscripts’ quality, breadth, depth, critical assessment, evaluation and presentation; and feels enlightened and elated by the open access digital structure of journal, instant accessibility and download-ability, easy-to-read format, the most up-to-date layout, and ready-for-citation configuration. Such achievement for a new publication is a rare feat! Sincere congratulation to the pioneering team.

The commencing Editorial by Professor Dr Ramazan Mirzaei (1), emphasises the journal’s aspiring devotion to promoting broad-based health sciences as framed by multidisciplinary research and collaboration. Historically and strategically, this sets a focused tone and well-defined trajectory of journey of this publication. This is indeed an open-arm invitation to submit for possible publication, researches on all relevant aspects of health promotion.
The article by Abdolvahab Baghbanian et al. (2012) which uses the systems approach to analyzing decision-making in Australia’s Healthcare System. An important message from this paper is that making decisions, even in the presence of definitive policy environment, is an arduous and complex task. As rightly stated by the authors, it is an assignment which solicits adaptation within an atmosphere of uncertainty, multiplicity, and ownership of multi-stakeholders. This should ring the bell when we discuss health promotion, with its complexity and multiplicity. Perhaps to undertake such a task, knowledge enlightenment is a requisite. Hence the subsequent article which deserves our comment is that by Farideh Bastani (2, 3). The impact of education on nutritional behavior of women is an important social and family topic. The WHO Millennium Development Goal included a major provision on maternal and child’s health. As women as mothers deserve maximum focus to ensure their good health and that of the future generation even during the gestation stage. Apart from women, working adults are irreplaceable assets of a nation. As such their well-being in their work environment is an increasingly major concern, worldwide. Consequently, the paper by Seyed Ali Moussavi et al. (4, 5) grabs our instant bearing of this journal. Despite rules, guidelines, measurement, legal provision, and litigations, workers of various professions in many countries continue to suffer from musculoskeletal discomfort and its eliciting pain. If left untreated musculoskeletal symptoms hence disorder (MSD) emerges. Thus these authors rightfully concluded that preventive measures are needed at the structural, organizational, and personnel levels. From the literature, it is widely known that in many countries, the alarmingly high levels of prevalence of MSD in different job settings warrant focused attention and action by all stakeholders. It would be a welcome and celebratory occasion if more research publications can highlight on various aspects of the health promotion efforts, effects and impacts of this silent epidemic. The final, but not least, paper which is a must-read, reflects a major contribution to the structural, organizational, and unearthing meanings to thoughts’ processes, actions, and their effects and impacts. Researches on such domains comprise qualitative study, which is inseparable from the realm of health promotion; and their publications here would enhance the impact factor of the journal. Hence with the vision and mission implied in this issue’s Editorial, this Journal of Health Scope is poised for a flight of intellectual emergence and human and humane practical eminence.

**Authors’ Contribution**

We, Professor Dr Syed Tajuddin Syed Hassan, Senior Registered Nurse Rosna Abd Raman, and Dr Haliza Mohd Riji contributed 100% to prepare this article.

**Financial Disclosure**

None declared.

**References**

1. Mirzei R. Researchers in less developed region should be able to communicate and take advantages of other scientists. *J Health Scope*. 2012;1(1):3-2.