Published online 2018 October 22.

Research Article

Investigation of Combined Fenton/Bioleaching and Bio-Acidification/Fenton-Like Processes in the Removal of Sludge-Borne Metals

Abooalfazl Azhdarpoor^{1,*}, Rabieh Hoseini¹ and Mansooreh Dehghani¹

¹Department of Environmental Health, School of Health, Shiraz University of Medical Sciences, Shiraz, Iran

^{*} Corresponding author: Associate Professor, Department of Environmental Health, School of Health, Shiraz University of Medical Sciences, Shiraz, Iran. E-mail: azhdarpoor@sums.ac.ir

Received 2017 September 02; Revised 2017 November 03; Accepted 2017 December 23.

Abstract

Background: Physical and chemical processes involved in wastewater treatment cause heavy metals that are present in raw sewage to accumulate in sludge, which limits utilization of sludge as a fertilizer. Large quantities of these metals negatively affect ecosystems and human health.

Objectives: The present study aimed to investigate the possibility of leaching heavy metals from wastewater sludge by bioleaching (*Acidithiobacillus ferrooxidans*), Fenton/bioleaching, and bioleaching/Fenton-like processes.

Methods: Bioleaching tests with iron concentrations of 1 - 4 g/L were carried out for 9 days. Combined Fenton/bioleaching and Bio-acidification/Fenton-like methods were also conducted with Fe^{2+} concentrations of 0.5 - 2 g/L and H_2O_2 concentrations of 0.25 - 1 g/L.

Results: The results showed that the bioleaching method with Fe²⁺ concentration of 2 g/L led to removal of 87.1% of zinc, 9% of cadmium, 69.9% of lead, and 69.9% of copper from sludge in 5 days. In the combined methods, the highest amount of removal was related to Fe²⁺ 2 g/L and H₂O₂ 1 g/L in 2 days. Under these circumstances, 93% of Zn, 97.06% of Cd, 87% of Pb, and 94.5% of Cu in the bio-acidification/Fenton-like were removed.

Conclusions: The results suggested that in comparison to single Fenton and bioleaching methods, the combined methods consumed less hydrogen peroxide and did not require pH adjustment, thus, resulting in higher efficiency in the removal of heavy metals from sludge.

Keywords: Sludge, Heavy Metals, Bioleaching, Acidithiobacillus ferrooxidans, Fenton

1. Background

Sewage sludge is a byproduct of wastewater treatment process, which is composed of organic compounds, micronutrients, trace elements, microorganisms, etc. In fact, sludge includes large amounts of organic materials and nutrients, such as N, P, and K, making sludge useful as a fertilizer in agriculture or as an appropriate soil enhancer. However, physical and chemical processes involved in wastewater treatment cause heavy metals that are present in raw sewage to accumulate in sludge, which limits utilization of sludge as a fertilizer (1). Up to now, several techniques have been investigated for removal and recovery of heavy metals from wastewater sludge, including chemical precipitation, electrochemical methods using organic and inorganic acids, and bioleaching (2, 3). Each of these methods have advantages as well as disadvantages, such as using large amounts of reagents and chemicals, toxic sludge production, high costs, long process, and problems related to disposal of their remainders. (1, 4, 5). Bioleaching is a natural process that involves interaction between some ionic species, such as iron, sulfates, and microorganisms, such as *A. ferrooxidans* and *A. thiooxidans* (6). The unique characteristics of these microorganisms survive in acidic environments and insoluble oxidation of iron and sulfur compounds (7). Bioleaching, as a low-cost process for treating sewage sludge, solid waste, and other contaminated waste, has gained great importance. However, long reaction times, as well as the inability of the system to adapt to natural conditions are the main obstacles to its application.

Fenton advanced oxidation process is also one of the most common techniques that have been studied to re-

Copyright © 2018, Author(s). This is an open-access article distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 International License (http://creativecommons.org/licenses/by-nc/4.0/) which permits copy and redistribute the material just in noncommercial usages, provided the original work is properly cited.

move heavy metals from sewage sludge (8). Fenton's reagent is a mixture of Fe^{2+} and H_2O_2 . Fe^{2+} is an initiator and catalyzes decomposition of H₂O₂, resulting in the production of hydroxyl radicals (OH) that are very reactive (9). Hydroxyl radicals are produced from the reaction of hydrogen peroxide with ferric ions under acidic conditions, which is known as Fenton-like reaction (10). Fenton process is a proper method due to low response time, enjoving the process of coagulation and flocculation, nontoxic compounds, and the possibility of being used in different scales (1, 8). Fu et al. found that the Fenton process was effective in removal of nickel from wastewater (98%) (8). In another study by Dewil et al., thermal acid hydrolysis decreased the content of heavy metals, except for Cu, Hg, and Pb, in the sludge layer (11). Mohammadi et al. studied dewatering of sludge using bio/Fenton-like oxidation process. Results showed that the combined method of bioleaching/Fenton-like oxidation using a lower dose of H_2O_2 and Fe significantly improved sludge dewatering (4).

Nevertheless, very few studies have been conducted using bioleaching combined with Fenton or Fenton-like methods to remove heavy metals from sludge. Chemical methods, such as Fenton and Fenton-like processes, combined with bioleaching method reduce the response time and the possibility of removal of more metal bioleaching compared to bioleaching alone. Besides, combined methods using a bioleaching process can reduce the need for chemicals in chemical processes.

2. Objectives

Therefore, the objectives of the present study are (1) to investigate the leaching efficiency of heavy metals (Cu, Zn, Cd, and Pb) during sludge bioleaching with inoculation of *A. ferrooxidans* and the addition of Fe^{2+} at different concentrations, and (2) to examine the removal efficiency of sludge-borne metal at optimal conditions in (a) bioleaching, (b) Fenton/bioleaching, and (c) bioleaching/Fenton-like processes.

3. Methods

3.1. Materials

Equal proportions of primary and secondary sludge from Shiraz, Fars wastewater treatment were collected in 4-liter polyethylene containers, transported to laboratory, and refrigerated (4°C) until the test. Each experiment was repeated twice and sometimes more on a factor at a time basis. The number of experiments was 140 and the number of sludge sampling was 10 times in autumn. Table 1 shows Table 1. Characteristics of the Raw Sludge Taken from Shiraz Wastewater Treatment Plant

Parameter	Value
Hydration, %	96 ± 0.6
рН	6 ± 0.3
TSS, g/L	35.1 ± 1
VSS, g/L	24.4 ± 0.4
SCOD, g/L	3.1 ± 0.2
Zn, mg/kg	4795 ± 150
Pb, mg/kg	264.1 ± 10
Kd, mg/kg	48.9 ± 5
Cu, mg/kg	821.6 ± 15

characteristics of raw sludge. All the chemicals were obtained from Merck Company, Germany.

3.2. Microorganisms and Culture Medium

A. ferrooxidans (PTCC 1647) species of Iranian Research Organization for Science and Technology (IROST) were prepared as native species. The microorganisms were cultured in a 9 K culture medium that consisted of 3.0 g/L $(NH_4)_2SO_4$, 0.1 g/L KCl, 0.5 g/L K_2HPO_4, 0.5 g/L MgSO_4.7H₂O, 0.01 g/L Ca $(NO_3)_2$, and 44.22 g/L FeSO_4.7H₂O (12). The pH of the culture medium was adjusted to 2.5 after adding FeSO_4.7H₂O. Then, 100 mL of the 9 K culture medium was poured into a 250 mL flask. After that, 10 mL of bacteria were added and the bacteria were cultured on a shaker at a speed of 180 rpm.

3.3. Adaptation of Bacteria in the Sludge

Adaptation of bacteria in the sludge consisted of two consecutive phases. In the first phase, 100 mL of sludge were poured in a 250 mL Erlenmeyer flask. After adding Fe^{2+} (4 g/L), 15 mL of the cultured bacteria were added and the flask was set on the shaker at the temperature of 28°C and speed of 180 rpm. When the pH reached about two, 15 mL of the sludge that had covered the first adaptation phase were added to 100 mL fresh sludge to which Fe^{2+} was added (2).

3.4. Metal Bioleaching Tests

Bioleaching tests were carried out in 250 mL flasks containing 100 mL fresh sludge, 15 mL of the adapted bacteria, and Fe^{+2} at concentrations of 1 - 4 g/L at the temperature of 28°C and speed of 180 rpm for nine days. The parameter levels were selected based on similar studies (2, 13).

3.5. Combined Bio-Acidification/Fenton-Like Method

In the combined Bio-acidification/Fenton-like method, first bioleaching process was conducted by addition of 15 mL of bacteria and Fe^{2+} at the concentrations of 0.5, 1, and 2 g/L to the sludge samples for 24 and 48 hours. For the Fenton-like process, H_2O_2 at the concentrations of 0.25, 0.5, and 1 g/L was added to the samples. In all the methods, the samples were dewatered using a Buchner pump at the end of the test and the remaining layer on the filter paper was dried in the kiln at the temperature of 105°C (4).

3.6. Analysis of the Samples

The dried samples were first turned into powder. Next, 250 mg of the sample (dry weight) were weighed and added to the furnace. Afterwards, 4 mL of 96% sulfuric acid was added to the sample and the mixture was heated to 200°C. When all the water was evaporated and the color became brown, 1 mL of 30% hydrogen peroxide was added to the mixture. After cooling of the crucible, the volume of the remaining mixture was increased to 100 mL by adding distilled water and some of the digested sample was taken for determining the amount of heavy metals. Polarography (Metrohm) and analysis method No. 113/2e were used to measure the amount of heavy metals (14).

3.7. Statistical Analysis

In the combined tests, the data were analyzed using the SPSS statistical software, version 21. At first, Shapiro-Wilk test was used to check the normality of dependent quantitative variables. Then, *t*-test and ANOVA were used to determine the significant variables.

4. Results

4.1. Bioleaching Tests

4.1.1. pH Changes with Time During the Bioleaching Process

pH is one of the most important parameters affecting the solubility of heavy metals in sludge during bioleaching. Moreover, reduction of pH in bioleaching is indicative of activity of iron oxidizing bacteria (13, 15). pH changes with time during the bioleaching process in the samples containing *A. ferrooxidans* and iron sulfate (in different concentrations) and the control sample (without substrate and bacteria) have been shown in Figure 1. Accordingly, increase of iron concentration in the samples led to faster reduction of pH. In the control sample, pH of 6.82 decreased to 6.25 during nine days. This indicates less acid production since no antimicrobial activity and no power are supplied to support the growth of bacteria in the

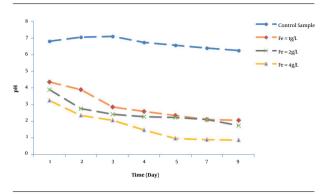


Figure 1. pH changes by changing ${\rm Fe}^{2+}$ concentration during bioleaching by A. ferrooxidans

sludge. Reduction of pH during bioleaching indicates bacterial activity and growth. On the other hand, reduction of pH can be attributed to sulfuric acid production and hydrolysis of ferrous sulfate. Therefore, dissolution of metals depends on the iron hydrolysis and production of acid during bioleaching (6). One reason for sludge acidification is biological oxidation of S⁰ to SO₄² compounds. Fe³⁺ precipitations in form of ferric hydroxide and jarosite also produce sulfuric acid (16).

4.1.2. The Effect of Different Concentrations of Fe2+ and Times on the Efficiency of Bioleaching

Iron sulfate, which is used as the energy source for the bacteria in the biological stage, affects heavy metals dissolution and removal efficiency (17). *A. ferrooxidans* needs Ferro ions as an energy source. H^+ is produced by bio oxidation of Fe²⁺ that reduces pH and releases metals from the sludge (6).

The effects of different concentrations of Fe^{2+} (1, 2, and 4 g/L) on the removal of heavy metals from the sludge have been shown in Figure 2 (a, b, c). As the figures depict at all the three concentrations of Fe^{2+} , the metal removal rate significantly increased in 5 days but slightly decreased from day 5 to 9. At the Fe^{2+} concentrations of 1, 2, and 4 g/L in 24 hours, the removal rates were respectively 36.5%, 68%, and 72% for Zn, 20%, 21.5%, and 84.7% for Cd, 15.4%, 12%, and 4.8% for Pb, and 12.5%, 40.3%, and 58.6% for Cu.

4.2. The Effect of Combined Fenton/Bioleaching Method

In the next step, the combination of Fenton and bioleaching processes was employed to examine the possibility of leaching heavy metals from sewage sludge.

The results of these tests have been summarized in Table 2. In the Fenton process, using iron as a catalyst in acidic conditions led to decomposition of H_2O_2 and production of hydroxyl radicals. Hydroxyl radicals have the

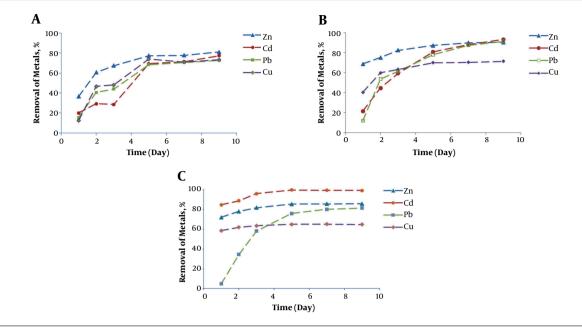


Figure 2. The effect of iron concentration on the removal of heavy metals from sewage sludge using bioleaching (a = 1 g/L Fe2+), (b = 2 g/L Fe2+), and (c = 4 g/L Fe2+)

property of breaking up and decomposition of organic materials and release metals from sludge by degradation of metals attached to organic materials.

Based on Table 2, at Fe²⁺ 0.5 g/L and H₂O₂ 0.25 g/L, the removal rates of zinc, cadmium, lead, and copper were 59%, 45.8%, 13.3%, and 21.2%, respectively. By increasing Fe²⁺ to 2 g/L and H₂O₂ to 1 g/L, these measures reached 83.9%, 87.5%, 82.5%, and 86%, respectively. In fact, by increasing the concentrations of H₂O₂ and FeSO₄, more reactions happen between the two substances and more hydroxyl radicals are produced, eventually increasing decomposition (18).

The study findings showed that in the combined Fenton/bioleaching method, Fe had a significant effect on the removal of Cu and Pb (P < 0.05). Cu has a great affinity for organic materials and when Fenton decomposes organic materials, Cu will be released from the sludge (11). In this method, the effect of H_2O_2 alone on the removal of metals was not significant. pH alone also had no significant impacts on the removal of Zn, Pb, and Cd, however, it had a great effect on Cu removal. This might be due to the fact that Cu is a stable metal with low mobility in which pH threshold is 2 - 3; thus, reducing pH has a great impact on its dissolution (19).

4.3. The Effect of Combined Bio-Acidification/Fenton-Like Method

In this method, Bio-acidification process was first conducted as pre-treatment followed by Fenton-like process. In this method, ferrous sulfate added to the sludge at the bioleaching stage was affected by biological oxidation and created sulfate, ferric ions, and other ferric products (10). After 48 hours of bioleaching, pH reduced from 5.84 to 2.1 in the presence of Fe³⁺ and favorable conditions were created for the Fenton-like reaction. Under acidic conditions from the reaction between ferric ions and H₂O₂, known as Fenton-like reaction, hydroxyl radicals are generated (20). These radicals oxidize organic compounds in the sludge and consequently destroy extracellular polymeric materials, decompose bacteria cells, and release heavy metals from the sludge (11).

Table 3 depicts the effect of the combined Bioacidification/Fenton like process on the removal of metals depended on the concentration of Fe^{2+} . The results also showed that in this method, H_2O_2 and Fe^{2+} concentrations alone were not effective in the removal of any of the metals, however, simultaneous presence of these two materials in the samples increased the removal of heavy metals from the sludge. In this process, pH was effective in the removal of Cd and Pb and to some extent effective in that of Cu. Overall; the best removal efficiency was obtained at 2 g/L concentration of Fe^{2+} and 1 g/L concentration of H_2O_2 .

The removal efficiency of metals by bioleaching, Fenton, Fenton/bioleaching, and Bio-acidification/Fenton-like methods has been presented in Figure 3. The results of a previous study showed that in this method, the optimal conditions for the removal of heavy metals were pH of 2 -

able 2. The Effect of Fenton/Bioleaching on Removal of Heavy Metals from the Sludge									
Time (Day)	рН	Fe ²⁺ (g/L)	$H_{2}O_{2}\left(g/L\right)$	Cu Removal (%)	Pb Removal (%)	Cd Removal (%)	Zn Removal (%)		
2	6.06	0.5	0.25	50.1	44.6	73.7	76.1		
2	5.64	0.5	0.5	60.5	45.6	75.8	78.9		
2	5.48	0.5	1	71	58.7	76.6	81.3		
2	5.03	1	0.25	37.5	42.7	74.5	74.7		
2	4.46	1	0.5	69.2	60.2	81.2	78.5		
2	3.98	1	1	77	68.9	82.5	83.3		
2	4.18	2	0.25	66.2	45.6	72	77.1		
2	3.95	2	0.5	70.2	59.2	77	80.17		
2	3.08	2	1	86	82.5	87.5	83.9		

Table 3. The Effect of Bio-Acidification/Fenton-Like Process on the Removal of Heavy Metals from the Sludge

Time (Day)	рН	Fe ²⁺ (g/L)	$H_{2}O_{2}\left(g/L\right)$	Cu Removal (%)	Pb Removal (%)	Cd Removal (%)	Zn Removal (%)
2	4.10	0.5	0.25	34.4	20.9	9.8	34.3
2	3.48	0.5	0.5	66.5	55.3	30.4	48.3
2	3.20	0.5	1	69.1	62.4	51.9	58.8
2	3.45	1	0.25	52.4	45.4	23.5	51.08
2	3.08	1	0.5	62.3	67.1	57.8	65.3
2	2.79	1	1	70.9	81.4	74.5	71.2
2	2.5	2	0.25	83.7	62.9	91.1	68.9
2	2.36	2	0.5	90.6	78.1	94.1	81.9
2	2.11	2	1	94.5	87.06	97.06	93.02

3, hydrogen peroxide concentration of 3 g/L, Fe^{2+} concentration of 2 g/L, and leaching time of 15 min. Under these conditions, 92% of Zinc, 100% of cadmium, 100% of lead, and 80% of copper were removed from the sludge (8).

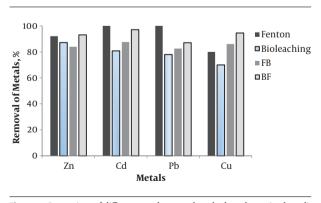


Figure 3. Comparison of different metals removal methods under optimal conditions

After using Bio-acidification/Fenton-like method, the remaining amounts of zinc, cadmium, lead, and copper were 434, 0.12, 7.4, and 76 mg/kg, respectively, which is suitable for use in the farm range. The maximum allowable concentrations of Cd, Cu, Pb, Zn, and Fe in sludge for agricultural purposes recommended by EPA are 39, 1500, 300, 2800, and 11000 mg/kg, respectively (21).

5. Discussion

This study aimed to assess the removal of heavy metals from sewage sludge by bioleaching and combined Bio-acidification/Fenton-like methods. In Bio-acidification/Fenton-like method, iron oxidizing microorganisms can oxide Fe^{2+} to Fe^{3+} , produce H^+ , and decrease pH of sludge to the required value in order to respond to the Fenton-like process. Subsequently, an addition of small amounts of H_2O_2 significantly improved the removal of heavy metals. In this process, the optimal condition included Fe^{2+} concentration of 2 g/L, bioleaching

time of 2 days, and H_2O_2 concentration of 1 g/L. Under these conditions, the removal efficiency of zinc, cadmium, lead, and copper was 93%, 97%, 87%, and 94.5%, respectively, which corresponds to the sludge disposal standards for use in agriculture.

Acknowledgments

The authors would like to appreciate the Deputy of the Research and Technology of Shiraz University of Medical Sciences for its financial support for the master's thesis of (No 7413- R. Hoseini).

Footnotes

Authors' Contribution: Abooalfazl Azhdarpoor and Mansooreh Dehghani conceived and designed the experiments. Rabieh Hoseini performed the experiments and analyzed the data. Abooalfazl Azhdarpoor and Rabieh Hossieni wrote the paper.

Conflict of Interest: The authors declare no conflict of interest.

References

- Ren MM, Yuan XZ, Zhu Y, Huang HJ, Zeng GM, Li H, et al. Effect of different surfactants on removal efficiency of heavy metals in sewage sludge treated by a novel method combining bio-acidification with Fenton oxidation. *J Cent South Univ.* 2014;21(12):4623–9. doi: 10.1007/s11771-014-2469-3.
- 2. Chan LC, Gu XY, Wong JWC. Comparison of bioleaching of heavy metals from sewage sludge using iron- and sulfur-oxidizing bacteria. *Adv Environ Res.* 2003;7(3):603-7. doi: 10.1016/s1093-0191(02)00050-3.
- Ukiwe LN, Oze RN, Nwoko CIA. Progressive acidification: An aspect of chemical leaching of sewage sludge. Int J Chem. 2012;4(1). doi: 10.5539/ijc.v4n1p62.
- Mohammadi Z, Azhdarpoor A, Dehghani M. Stabilization and dewatering of wastewater treatment plant sludge using combined bio/Fenton-like oxidation process. Dry Tech. 2016;35(5):545-52. doi: 10.1080/07373937.2016.1190938.
- Peng G, Tian GM, Liu J, Bao Q, Zang L. Removal of heavy metals from sewage sludge with a combination of bioleaching and electrokinetic remediation technology. *Desalination*. 2011;271(1-3):100–4. doi: 10.1016/j.desal.2010.12.015.
- Wong JWC, Zhou J, Kurade MB, Murugesan K. Influence of ferrous ions on extracellular polymeric substances content and sludge dewaterability during bioleaching. *Bioresour Technol.* 2015;**179**:78–83. doi: 10.1016/j.biortech.2014.10.099. [PubMed: 25528607].

- Pathak A, Dastidar MG, Sreekrishnan TR. Bioleaching of heavy metals from sewage sludge: A review. *J Environ Manage*. 2009;**90**(8):2343–53. doi: 10.1016/j.jenvman.2008.11.005. [PubMed: 19303195].
- Azhdarpoor A, Hoseini R, Dehghani M. Leaching Zn, Cd, Pb, and Cu from wastewater sludge using Fenton process. J Health Sci Surveil Sys. 2015;3(4):153–9.
- Erden G, Filibeli A. Improving anaerobic biodegradability of biological sludges by Fenton pre-treatment: Effects on single stage and two-stage anaerobic digestion. *Desalination*. 2010;251(1-3):58–63. doi: 10.1016/j.desal.2009.09.144.
- Fontmorin JM, Sillanpaa M. Bioleaching and combined bioleaching/Fenton-like processes for the treatment of urban anaerobically digested sludge: Removal of heavy metals and improvement of the sludge dewaterability. Sep Purif Technol. 2015;156:655–64. doi: 10.1016/j.seppur.2015.10.061.
- Dewil R, Baeyens J, Neyens E. Reducing the heavy metal content of sewage sludge by advanced sludge treatment methods. *Environ Eng* Sci. 2006;23(6):994–9. doi: 10.1089/ees.2006.23.994.
- Ijadi Bajestani M, Mousavi SM, Shojaosadati SA. Bioleaching of heavy metals from spent household batteries using Acidithiobacillus ferrooxidans: Statistical evaluation and optimization. Sep Purif Technol. 2014;132:309–16. doi: 10.1016/j.seppur.2014.05.023.
- Liu F, Zhou L, Zhou J, Song X, Wang D. Improvement of sludge dewaterability and removal of sludge-borne metals by bioleaching at optimum pH. J Hazard Mater. 2012;221-222:170–7. doi: 10.1016/j.jhazmat.2012.04.028. [PubMed: 22560175].
- Freitas F, Temudo MF, Carvalho G, Oehmen A, Reis MA. Robustness of sludge enriched with short SBR cycles for biological nutrient removal. *Bioresour Technol.* 2009;**100**(6):1969–76. doi: 10.1016/j.biortech.2008.10.031. [PubMed: 19056261].
- Chen YX, Hua YM, Zhang SH, Tian GM. Transformation of heavy metal forms during sewage sludge bioleaching. J Hazard Mater. 2005;123(1-3):196-202. doi: 10.1016/j.jhazmat.2005.03.047. [PubMed: 15905024].
- Xiang L, Chan LC, Wong JWC. Removal of heavy metals from anaerobically digested sewage sludge by isolated indigenous iron-oxidizing bacteria. *Chemosphere*. 2000;**41**(1-2):283-7. doi: 10.1016/s0045-6535(99)00422-1.
- Babel S, del Mundo Dacera D. Heavy metal removal from contaminated sludge for land application: A review. Waste Manag. 2006;26(9):988-1004. doi: 10.1016/j.wasman.2005.09.017. [PubMed: 16298121].
- Mandal T, Maity S, Dasgupta D, Datta S. Advanced oxidation process and biotreatment: Their roles in combined industrial wastewater treatment. *Desalination*. 2010;**250**(1):87–94. doi: 10.1016/j.desal.2009.04.012.
- Villar LD, Garcia O Jr. Solubilization profiles of metal ions from bioleaching of sewage sludge as a function of pH. *Biotech Lett.* 2002;24(8):611-4. doi: 10.1023/a:1015010417315.
- Pham TT, Brar SK, Tyagi RD, Surampalli RY. Influence of ultrasonication and Fenton oxidation pre-treatment on rheological characteristics of wastewater sludge. *Ultrason Sonochem*. 2010;17(1):38–45. doi: 10.1016/j.ultsonch.2009.06.007. [PubMed: 19574083].
- Hosseini MH, Khodadadi M, Dorri H. [Evaluation of heavy metals (Cd, Cr, Zn, Pb) concentration in effluent and sludge of a tile factory in Birjand 2011]. J Birjand Univ Med Sci. 2013;20(1):85–93. Persian.