



Where is the problem?

Health scientists are constantly trying to support people by diagnosing, managing the diseases, and improving health in all possible dimensions. Attention has been drawn to all aspects of health including biological, psychological, social and spiritual. The problem may lay in behavior, clinical issues, organ cites, genome and epigenome. Thus it falls on us, the medical society, to figure out when and where we are to follow signs and symptoms in clinic, in the organs or in the molecular disturbances. What clinicians are looking for are laboratory findings, imaging results, even genetic and epigenetic suppression and over expression.

It is known as a fact that any event of disease carries changes ranging from clinic to genome, but the challenging issue lies in managing these signs and symptoms to better help people. The responsibility of health problem management rests with clinicians whose leadership contributes to a great extent to solving the problem. The leaders' understanding of the disruptions within a conceptual framework would guide all measures to achieve the primary goal: health. Leadership is different from management in that the manager's understanding will guide the process appropriately yet not correctly. Clinicians as leaders can have a fundamental insight on different aspects of the event in behaviors, clinic, organs, and genome disturbances. Thus they may use the lab findings or imaging results but not as a technician in this regard rather as a leader when leaders engage in treatment of a disease, they can make informed decisions due to their comprehensive understanding of the complexities of human being.

Sometimes the managing a single disease in different people is different and it is the clinician's judgment. Clinicians and leaders' measures should be supported by all other biological evidences including lab tests or imaging findings. The problem is everywhere but the decision making is in the mind of clinician. This is how improvements in the history of medicine were initiated and so will be in the future.

Mohammad E. Akbari
Professor of Surgical Oncology
Chairman & Editor in Chief