



# Relationship Between the Coronary Artery Calcium (CAC) Score and the Angle Between the Aortic Valve and the Left Ventricular Inflow Long Axis (AV-LV) as Cardiovascular Risk Factors

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## Abstract

**Background:** Cardiovascular disease (CVD) is one of the leading causes of mortality in both developed and developing countries. Therefore, identification of CVD risk factors is one of the most important steps in preventing this disease. Evidence suggests that imaging of the cardiac anatomy can be helpful for risk assessment.

**Objectives:** This study aimed to assess two cardiac anatomy features, namely, the angle between the aortic valve and the left ventricular inflow long axis (AV-LV angle) and the coronary artery calcium (CAC) score.

**Patients and Methods:** This cross-sectional study was conducted on 74 patients with indications for computed tomography angiography (CTA) according to the American Heart Association (AHA) guidelines from July 2019 to January 2020 in Iran. The Agatston method was applied to measure the CAC score. Besides, to determine the AV-LV angle, the angle between a line tangent to the aortic valve leaflets and a line through the center of the aorta toward the left ventricular apex was measured. The patients' baseline characteristics were also documented by conducting interviews.

**Results:** Of 74 patients, 56% were male. The mean age of the patients was  $54.41 \pm 12.31$  years, and their mean body mass index (BMI) was  $26.71 \pm 3.89$  kg/m<sup>2</sup>. The frequency of smoking was 28% among the participants. A history of hypertension was reported in 38.7% of the patients, and a history of dyslipidemia was reported in 36%. Besides, the history of myocardial infarction was reported in 4% of the patients, diabetes mellitus in 9.3% of the patients, and angioplasty in 6% of the patients. The CAC score only had significant relationships with hypertension and age (correlation coefficients = 0.51). On the other hand, the AV-LV angle had no significant relationship with the patients' baseline characteristics. The statistical analysis of the AV-LV angle and CAC score showed no significant relationship between these parameters ( $P = 0.756$ ).

**Conclusion:** The AV-LV angle and the CAC score were not significantly associated. Further research is recommended to fill the knowledge gap regarding the cardiac anatomy features for cardiovascular risk assessment.

**Keywords:** Coronary Disease, Coronary Circulation, Cardiac Imaging Techniques, Computed Tomography

## 1. Background

Cardiovascular disease (CVD) is one of the leading causes of mortality in both developed and developing countries (1). Coronary artery disease (CAD) is described as a group of atherosclerotic diseases, involving inflammatory responses. It is associated with chest pain, heart attack, or sudden death (2, 3). According to previous reports, the prevalence of CAD is increasing around the world; therefore, identification of the associated risk factors and preventive care have become increasingly important (4, 5).

Changes in the blood flow of coronary arteries are one

of the most important causes of CAD. Hypertension, diabetes, and hyperlipidemia are also among the common risk factors for CAD (6). Moreover, previous studies have proposed some new risk factors, such as aortic valve orientation. Today, orientation of the aortic valve is considered as an influential factor in the blood flow of coronary arteries (7-9). This change in the blood flow is caused by the conversion of the blood kinetic energy into hydraulic power, which leads to maximum flow and minimum pressure of the Venturi injector, affecting the blood flow into the distal part of the aorta (10, 11).

On the other hand, studies on the fractional flow reserve (FFR) have revealed that changes in the blood flow of coronary arteries may be associated with vascular complications and the increased risk of coronary artery occlusion and cardiac ischemia (12). Moreover, some studies have shown that the presence of atherosclerotic plaques, vascular calcification, higher coronary artery calcium (CAC) scores, necrosis, and arterial remodeling can be associated with changes in the coronary artery blood flow and lead to acute coronary syndrome and sudden death (13).

According to previous studies, placement of an artificial valve in different orientations can change the blood pressure in the coronary arteries (14). In this regard, an ultrasonographic investigation of the coronary artery blood flow demonstrated a significant correlation between the aortic valve orientation and coronary blood flow (15). Another study, investigating the effect of the aortic valve angle on the left coronary artery blood flow, reported a significant relationship between the coronary artery pressure and the aortic valve angle, which could be attributed to the effect of the aortic valve angle on diastolic blood pressure (16). Evidence suggests that the aortic valve orientation can affect the blood flow of coronary arteries. It may be also accompanied by various vascular lesions that reduce the coronary artery blood flow and lead to heart attacks.

## 2. Objectives

The present study aimed to assess the relationship between the CAC score and the angle of the aortic valve with the left ventricular inflow long axis (AV-LV angle) as predictors of cardiovascular events.

## 3. Patients and Methods

### 3.1. Ethical Considerations

The Ethics Committee of Shahid Beheshti University of Medical Sciences (Tehran, Iran) approved this study (Ethics ID: IRIB.SBMU.MSP.REC.1397.326). Informed consent was obtained from all participants, and the collected data remained confidential.

### 3.2. Study Design

This single-center, prospective, cross-sectional study was conducted from July 2019 to January 2020. Seventy-four patients, admitted to Modarres Hospital (Tehran, Iran) with indications for coronary computed tomography angiography (CCTA), according to the American Heart Association (AHA) guidelines, were included in this study (17).

The exclusion criteria in the initial phase of the study were as follows: valve replacement; congenital heart disease; artificial heart valve; arrhythmia; creatinine level > 1.5 mg/dL; allergic reactions to the contrast agent; pregnancy; left ventricular dilation (documented by echocardiography); body weight  $\geq$  100 kg (a limitation of CT machine); aortic regurgitation grade 3/4; aortic stent; and history of coronary artery bypass graft (CABG). After collecting the required data, an experienced radiologist examined the radiographic images.

### 3.3. Data Collection

Questionnaires, including the patients' age, sex, height, weight, body mass index (BMI), smoking, history of high lipid profile, history of hypertension, history of myocardial infarction, history of angioplasty, family history of heart disease, and history of diabetes mellitus, were completed by conducting interviews with the patients.

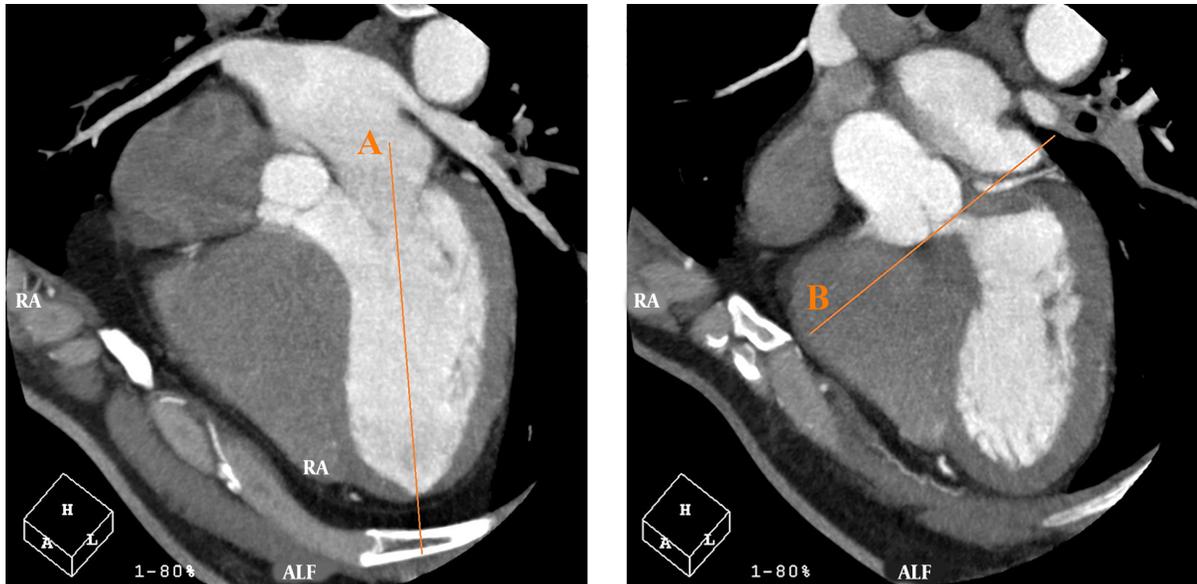
### 3.4. CT Imaging

A 64-slice multi-detector CT scanner (Brilliance 64, Philips Medical System, Cleveland, OH, USA) was used for CT imaging (120 kVp, 380 mA, collimation:  $64 \times 0.625$  mm, increment: 0.33 mm, pitch: 0.2, and rotation time: 0.4 sec). CCTA was performed for all patients to measure the CAC score, as well as the aortic valve orientation. The CAC score was determined in the non-contrast phase. For this purpose, 320 mg/mL of Visipaque (containing 625 mg/mL of Iodixanol), was injected at a rate of 5.5 mL/sec. The CCTA images were reconstructed at 75% of the cardiac cycle.

Moreover, the Heartbeat-CS software (Philips Healthcare, the Netherlands) was used to evaluate non-contrast CCTA findings for determining the CAC score of each artery with a thickness of 2.5 mm. In the Agatston method, the weighted sum of lesions with densities > 130 Hounsfield units (HU) is measured, and the area of calcium is multiplied by a factor of maximum plaque attenuation: (1) factor 1, 130 - 199 HU; (2) factor 2, 200 - 299 HU; (3) factor 3, 300 - 399 HU; and (4) factor 4,  $\geq$  400 HU (18). In the horizontal long axis plane, a line was drawn from the center of the mitral valve to the apex of the LV. On the same plane, by moving through successive sections (from the section indicating both right and left coronary cusps), a line was drawn tangential to the inferior surface of the cusps. The angle between these two lines was measured as the AV-LV angle; Figure 1 illustrates these lines.

### 3.5. Statistical Analysis

The collected data are presented as mean  $\pm$  standard deviation (SD) or frequency (%). Kolmogorov-Simonov test was used to evaluate the normal distribution of the AV-LV



**Figure 1.** On the horizontal long axis plane, a line is drawn from the center of the mitral valve to the apex of the left ventricle (LV) (line A). On the same plane, by moving through successive sections, where both right and left coronary cusps can be seen, a line is drawn tangential to the inferior surface of the cusps (line B). The angle between these two lines is measured as the angle between the aortic valve and the left ventricular inflow long axis (AV-LV).

angles and CAC scores. Moreover, t-test and Mann-Whitney tests were used to compare the variables. Spearman's and Pearson's correlation coefficients were also measured to evaluate the correlations between non-normally and normally distributed data, respectively. A P-value less than 0.05 was considered significant. Data analysis was performed in SPSS version 24.0 (released in 2016, IBM SPSS Statistics for Windows, IBM Corp., Armonk, NY, USA).

#### 4. Results

This study was performed on 74 participants (56% male) with a mean age of  $54.41 \pm 12.31$  years. The patient's mean height and weight were  $167.07 \pm 15.11$  cm and  $75.97 \pm 14.35$  kg, respectively. The mean AV-LV angle was  $50.18 \pm 7.72$ , and the mean CAC score was  $75.97 \pm 14.35$ . **Table 1** shows the frequency of smoking (28%), history of hypertension (38.7%), history of dyslipidemia (36%), history of myocardial infarction (4%), and diabetes mellitus (9.3%) among the participants. Overall, 45.3% of the patients had a family history of cardiac disease in their first-degree relatives. Also, 6 (8%) patients had a history of angiography. **Table 1** presents the relationship between the AV-LV angle and the patients' characteristics, including sex, age, BMI, smoking, hypertension, dyslipidemia, diabetes mellitus, myocardial infarction, and family history of CAD. The association between the CAC score and the mentioned characteristics is shown in **Table 1**.

No significant association was found between the AV-LV angle and the baseline characteristics. Besides, the CAC score had no significant relationship with the patients' characteristics, except for hypertension and age ( $P = 0.008$  and  $P = 0.001$ , respectively). **Figure 2** presents the linear regression analysis of the AV-LV angle and CAC score, which did not indicate significant results ( $P = 0.756$ ).

#### 5. Discussion

The present study examined the relationship between the CAC score and the AV-LV angle. This is the first study to evaluate the relationship between these two radiographic parameters. It was concluded that the CAC score did not have a significant relationship with the AV-LV angle. Although the CAC score has been described as one of the predictive factors for cardiovascular events, previous studies have not reported the AV-LV angle as a predictive factor (19).

CVD is one of the leading causes of mortality, accounting for about half of all mortality cases worldwide (20). According to the latest studies, at least 25% of non-fatal heart attacks or sudden cardiac deaths occur without any symptoms (21). Overall, diagnosis of asymptomatic and high-risk cases can reduce cardiovascular events in the future. Calculation of the risk score is a useful tool to classify patients, as it can predict 60 to 80% of cardiovascular events (18). The CAC score is one of the most useful tools for the early detection of CAD, calculated by CTA; it is almost as

**Table 1.** The Baseline Characteristics of the Patients and Their Associations with the AV-LV Angle and CAC Score<sup>a</sup>

Patients' characteristics		AV-LV angle	P-value	CAC score	P-value
<b>Sex</b>					0.522
Female	42 (57)	49.41 ± 8.55	0.458	49.35 ± 66.89	
Male	32 (43)	50.76 ± 7.07		45.72 ± 71.62	
<b>Age</b>	54.4 ± 12.30	50.18 ± 7.72	0.267 (r = -0.131)	47.77 ± 68.51	0.001** (r = 0.510)
<b>BMI</b>	26.71 ± 3.89	50.18 ± 7.72	0.694 (r = -0.046)	47.77 ± 68.51	0.714 (r = 0.043)
<b>Smoking status</b>					0.216
No	53 (72)	49.62 ± 7.35	0.331	41.24 ± 61.60	
Yes	21 (28)	51.57 ± 8.62		64.27 ± 82.88	
<b>Diabetes mellitus</b>					0.115
No	67 (91)	50.39 ± 7.65	0.468	45.11 ± 68.34	
Yes	7 (9)	48.14 ± 8.96		73.31 ± 70.03	
<b>Hypertension</b>					0.008
No	45 (61)	50.36 ± 8.26	0.805	34.20 ± 60.10	
Yes	29 (39)	49.90 ± 6.92		68.84 ± 76.21	
<b>Dyslipidemia</b>					0.477
No	47 (64)	50.77 ± 7.64	0.389	44.31 ± 65.41	
Yes	27 (36)	49.15 ± 7.89		53.82 ± 74.50	
<b>Myocardial infarction</b>					0.595
No	71 (96)	50.24 ± 7.84	0.661	49.50 ± 69.41	
Yes	3 (4)	48.67 ± 4.62		7.08 ± 11.44	
<b>History of diagnostic cardiac angiography</b>					0.324
No	78 (92)	50.03 ± 7.57	0.587	45.87 ± 66.05	
Yes	6 (8)	51.83 ± 7.83		69.46 ± 97.28	
<b>Cardiac family history</b>					0.856
No	40 (55)	50.48 ± 7.51	0.720	48.27 ± 67.96	
Yes	34 (45)	49.92 ± 8.06		47.20 ± 70.18	

Abbreviations: AV-LV angle: angle between the aortic valve and the left ventricular inflow long axis; BMI, body mass index; CAC score, coronary artery calcium score.

<sup>a</sup> Values are expressed as mean ± SD or No. (%).

valuable as risk scores, such as Framingham Risk Score. The CAC score was initially determined by electron beam computed tomography, although today, multi-detector CT imaging is used for its measurement (19).

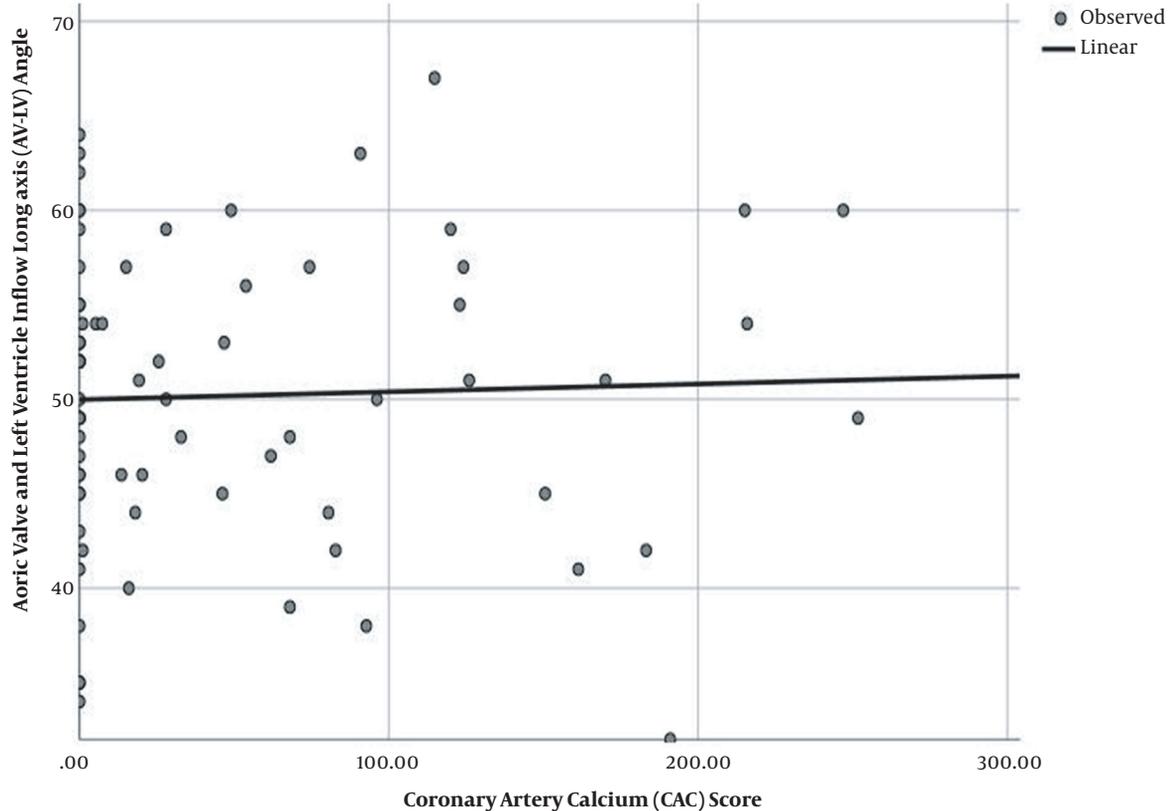
Many studies have been conducted on the use of CAC scores for evaluating the cardiovascular risk factors. In a study by Greenland et al., the CAC scores were introduced as one of the available tools for the early detection of CAD, early and late prediction of cardiovascular events, early angiography interventions, and administration of aspirin (22). Moreover, a study by Elias-Smale found that the CAC scores were more accurate than the Framingham scores in the diagnosis of moderate-risk cases (23). However, the CAC score cannot rule out CAD, because in the early stages of CAD, this score may be as low as zero. Therefore, it is suggested to use this index along with other factors predicting coronary artery events (24).

The present study revealed that the CAC score had significant relationships with only hypertension and age,

which is consistent with the findings of a study by LaMonte. On the other hand, the CAC score showed no significant relationship with BMI, sex, smoking, hyperlipidemia, myocardial infarction, family history of cardiac angioplasty, or diabetes mellitus, which is inconsistent with previous studies (25).

Another important factor in the early detection of CAD is the blood flow of coronary arteries, as reported in previous research. In a study by Dayanikli et al., the blood flow into the coronary arteries was evaluated among patients by positron emission tomography (PET). They concluded that a radiological examination of the coronary artery blood flow could be practical in predicting cardiovascular events. However, the coronary artery flow rate is different in patients with multiple risk factors, such as hyperlipidemia and older age; therefore, it can be used to predict cardiovascular events (26).

In this regard, an animal study concluded that the coronary blood flow was significantly influenced by the



**Figure 2.** The linear regression analysis indicates no significant association between the coronary artery calcium (CAC) score and the angle of the aortic valve with the left ventricular inflow long axis (AV-LV) ( $P = 0.756$ ,  $r = 0.024$ ).

mechanical implantation of the aortic valve and the prosthetic mechanical valve orientation (9). Although the AV-LV angle may play a role in coronary circulation, further investigations are needed. Also, calcification of the aortic valve, as one of the determinants of valve stenosis and one of the factors altering the coronary blood flow, can be useful in predicting CVD (27). Besides, the plaque volume and characteristics identified by CTA are important factors in the coronary artery blood flow, improving vascular lesion identification; therefore, early prevention of cardiac disease is possible (28).

In the present study, the AV-LV angle was not associated with the risk of cardiovascular events. In this regard, although an animal study on pigs showed that the implanted mechanical valve orientation could affect the valve performance, the AV-LV angle had no significant effects on the cardiac outcomes (9). The lack of a relationship between the AV-LV angle and the aortic artery flow contradicts our initial assumption. Nevertheless, van't Veer et al. concluded that valve orientation did not have a significant

effect on the coronary artery blood flow (29). Another possible explanation for this finding is the aortic valve calcification, which has not been considered in the literature. Also, aortic valve stenosis seems to be related to calcification over time, with a greater effect on the incidence of CAD as compared to the AV-LV angle; however, further research is recommended.

It should be noted that in the present study, the angle between the aortic valve and the left ventricular axis was measured using a novel method, and further investigations are needed. Also, it was assumed that the AV-LV angle might be related to the coronary artery circulation, although further research is essential. Besides, some studies have examined other cardiac anatomy features in imaging to predict future cardiac events (i.e., aorta bifurcation angle, aortic valve orientation angle, angle between the left ventricle and aortic root, and thoracic aortic size) (30-32).

Additionally, this study aimed to investigate the correlation between the CAC score and the AV-LV angle. Since these parameters, especially the CAC score, may play a role

in predicting CAD, we first investigated the correlation between these two parameters; however, no significant association was observed, which could be due to differences in their pathophysiology. Generally, the AV-LV angle is an anatomical feature, whereas the CAC score is representative of calcium plaques evolving over time.

There are some limitations in this study. The small sample size, lack of similar studies, absence of other radiologists for confirmation of radiological data, and use of operator-dependent methods are among these limitations. Future studies are recommended to fill the knowledge gap about cardiac anatomy features predicting cardiovascular risks. It is also recommended to examine the AV-LV angle and aortic valve calcification, along with the CAC score. Besides, inclusion of a separate group of patients with artificial aortic valves is suggested to examine the effect of AV-LV angle on the cardiac outcomes.

In conclusion, the AV-LV angle and the CAC score had no significant relationship. The AV-LV angle also had no significant association with other cardiovascular risk factors. However, a significant relationship was observed between the CAC score and age and also between the CAC score and hypertension.

## Footnotes

**Authors' Contribution:** T.F.L., developed the original idea and the protocol with the help of A.E.; A.E., abstracted and collected data; F.Z.S. and S.A.A.S.N., wrote the manuscript; T.F.L. and A.E., re-evaluated the clinical data, revised the manuscript; T.F.L., examined the patients with the help of A.E.; S.A.A.S.N. and F.Z.S., prepared figures and tables. All authors discussed the results and commented on the manuscript.

**Conflict of Interests:** The authors disclose that they have no competing interests.

**Ethical Approval:** The Ethics Committee of Shahid Beheshti University of Medical Sciences (Tehran, Iran) approved this study (Ethics ID: IRIB.SBMU.MSP.REC.1397.326).

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**Informed Consent:** Informed consent was obtained from all participants, and the collected data remained confidential.

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