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**Research Article** 

# Comparison of Radiation Dose and Image Quality with Various Computed-Tomography Scout Views: The Angular Modulation Technique Based on Information Calculated from Scout Views

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## Abstract

**Background:** While using the automatic exposure control technique in computed tomography (CT), the scout view determines the radiation dose for the CT scan by taking anatomical morphology into consideration.

**Objectives:** The goal of this study was to estimate radiation doses during scout scanning and to evaluate the hypothesis that the radiation dose during CT depends on the location and order of the X-ray tubes.

**Materials and Methods:** A CT scanner (GE VCT 64-channel) with the X-ray tubes placed in the anteroposterior (AP), lateral, and posteroanterior (PA) positions was used to acquire the scout views. The effective doses were assessed using an anthropomorphic chest phantom (RSD Inc., Long Beach, CA), an AAPM CT performance phantom (CIRS model 610), and CT dose indices (CTDI) head phantom. Both single and two scout views were tested with the three views combined according to the order of scanning. The CTDIs obtained from the CT unit dose report were used to compare the chest CT radiation doses, while the image quality was evaluated based on the root-mean-square error values calculated using the Image program.

**Results:** The results of this study indicate that single AP ( $0^\circ$ ) scout views obtained with the z-axis modulation technique (AutomA) during chest CT scanning resulted in CTDIs that were lower than those generated by using lateral ( $90^\circ$ ) or PA ( $180^\circ$ ) scout views. The analysis of two-scout views using AutomA alone revealed the lowest CTDI in the  $90^\circ - 0^\circ$  scout views. However, based on the CT image noise analysis, a scout angle order of  $0^\circ - 90^\circ$  resulted in the optimal scout view combination with the minimal dose.

**Conclusion:** Scout views may be useful in determining dose and image quality in CT scanning; however, it is necessary to first determine the most appropriate scout view for CT scans.

Keywords: Automatic Exposure Control, Computed Tomography, Radiation Dose, Scout View

## 1. Background

The number of CT scans performed in the United States has continually increased in the recent years from 46 million in 2002 to 62 million in 2006 owing to the use of computed tomography (CT) imaging in hospital settings (1, 2). However, concerns have arisen regarding medical radiation exposure, and report that 1.5% to 2% of recent cancer occurrences in the United States may have been caused by CT scans (1-4). Consequently, numerous measures have been suggested to reduce the radiation doses from CT scans. However, reducing radiation levels without lowering image quality remains a challenge.

Among the proposed dose reduction methods, the automatic exposure control (AEC) technique can be used to perform CT studies without distortions, such as substantial increases in image noise and artifacts (3-6). Using

this technique, scout scanning applies relatively lower and higher radiation doses for CT scanning within areas with lower and higher X-ray attenuation rates, respectively (5-9). In other words, AEC adapts the current tube for CT scanning in real time to account for the patient's body type, including body size, shape, anatomy, and the presence of prosthetic devices (5, 7-10).

By controlling radiation doses according to human body anatomy, the AEC technique relies on combining angular modulation along the x- and y-axes (SmartmA; Figure 1A) and longitudinal modulation along the z-axis (AutomA; Figure 1B) (7). The desired level of image quality is determined by the noise index (reference dose: concept known as the desired level of image quality; GE Healthcare, Milwaukee, WI, U.S.A.) (8). A previous study showed that a normal human body is thicker laterally than frontally in a

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chest CT, causing the lateral reduction to be more significant than the anteroposterior (AP) reduction (11). Consequently, in CT involving the AEC technique, the radiation dose in scout scanning is determined by the patient's body type, including body size, body shape, and anatomic location, as well as by the fixed noise index (9-12). As the scout information determines the radiation dose for a CT scan in the AEC technique, we speculated that the location and order of the X-ray tubes could also affect the radiation dose during a CT scan (13).

## 2. Objectives

The aim of the current study is to make a comparative assessment of the radiation dose and image quality in a helical CT scan after scout scanning, according to the location (angle) and order of the X-ray tubes.

#### 3. Materials and Methods

## 3.1. Multiple-Detector CT Scanning

An anthropomorphic chest phantom (RSD Inc., Long Beach, CA, U.S.A.) was used for evaluation (Figure 2A) and was positioned supine and feet-first in a GE VCT 64-channel CT scanner (GE Healthcare, Milwaukee, WI, U.S.A.). For scout-center (axis) recognition, the sagittal and coronal planes of the phantom were set to the midline to reduce the dose effects caused by the location of the x- and yaxes. A standard 16-cm-diameter computed tomography dose index (CTDI) head phantom was used for varied quantification of the radiation dose based on the location (0°, 90°, 180°, and center) (Figure 2B). The CTDI head phantom was made of polymethylmethacrylate (i.e., acrylic, Lucite) and contained five holes to accept pencil-shaped ionization chambers. One of the holes was in the center, and the others were located at 0°, 90°, 180°, and 270°, each at a distance of 1 cm from the surface of the phantom (Figures 2C and 2D). An American Association of Physicists in Medicine (AAPM) CT performance phantom (CIRS model 610) was used to evaluate the impact of the CT tube angle on the radiation dose with different chest phantom morphologies (Figure 2E).

When a CT study is performed with AEC, radiation exposure during the helical CT scan is automatically controlled based on the density (size and attenuation) of the body part being scanned in order to achieve identical image quality with lower radiation doses. Thus, in this study, anthropomorphic chest and AAPM phantom were used to know influence of variations in the radiation doses and the image quality in helical CT scan from a different phantom characteristic (a true with identical density and an ovoid with different attenuations of body parts).

Every scout scan was performed using a tube voltage and tube current of 120 kVp and 10 mA, respectively. After scout scanning, the chest CT scanning employed a 36 cm display field of view with the apex set to the lower level of the chest scan length (30 cm). Each scout-view scan was followed by chest CT under the same conditions (Table 1). The same conditions were also applied to the AAPM phantom.

Table 1. Chest CT Study Parameters

| Parameter                   | Value        |
|-----------------------------|--------------|
| Tube voltage of scout (kVp) | 120          |
| Tube current of scout (mA)  | 10           |
| Noise index                 | 18           |
| Scan type                   | Helical      |
| Rotation time (s)           | 0.5          |
| Rotation length             | Full         |
| Interval (mm)               | 10.0         |
| SFOV                        | Large body   |
| Helical thickness (mm)      | 5.0          |
| Detector coverage           | 40.0         |
| Pitch and speed (mm. rot)   | 0.984:139.37 |
| DFOV(cm)                    | 36           |
| Scan length (cm)            | 30           |

Abbreviations: SFOV, Scan field of view; DFOV, Display field of view.

To minimize the deviation, determination of the amount of radiation doses were repeated three times in similar ways. The resulting scanned radiation doses were averaged in this study.

A calibrated ionization chamber (UNFORS Xi, Raysafe AB, Billda, Sweden) was used to measure the radiation dose at each position of the CTDI head phantom. Before starting the experiment, the ionization chamber was placed in the CT room for an hour under constant temperature and humidity (21°C and 45%), to enable more accurate estimation of the radiation dose. The CTDI head phantom CT scanning



Figure 1. Automatic exposure control (AEC) technique; A, SmartmA; B, AutomA.





Figure 2. Using varied phantoms for the scout center in the GE VCT 64-channel CT scanner; A, An anthropomorphic chest phantom; B, Scout center (laser beam) is placed at the center of the y-axis on an anthropomorphic chest phantom; C, A depiction of the placement of holes in the computed tomography dose index (CTDI) head phantom; D, A CTDI head phantom; E, An AAPM phantom.

conditions were the same as those described in Table 1, except that the tube current was changed from 10 mA to 50 mA.

## 3.2. Scanning Protocols

In this study, the X-ray tube placements for the basic scout views were anteroposterior (AP), lateral, and posteroanterior (PA), as the effects of the table and variations in the distance between the X-ray tubes and detector were suspected to have significant effects on the dose (13). To assess the effects of using different scout views on the helical CT scan (chest CT scan with anthropomorphic chest phantom), the scout views were divided into single scout views of each of the three basic types  $(0^\circ, 90^\circ, and 180^\circ)$ and combinations of two-scout views in different directions ( $0^\circ$ ,  $90^\circ$ , and  $180^\circ$ ). In other words, the single-scout views had the X-ray tube acquire 0°, 90°, or 180° scout views before chest CT scanning (Figure 3A), while the two-scout views used combinations of two of the basic 0°, 90°, and 180° scout views in different directions, according to the order of scanning: 0° - 90°, 90° - 0°, 90° - 180°, and 180° - 90° (Figure 3B). As the two-scout view applications could employ SmartmA, tests were conducted with AutomA alone as well as with both AutomA and SmartmA.

## 3.3. Evaluation of Image Quality

An AW4.0 workstation (Advantage Windows; GE Healthcare, Milwaukee, WI, U.S.A.) was used for the image analysis. For comparison with the chest CT radiation dose while using the anthropomorphic chest phantom and the AAPM, the CTDI volume (CTDIvol; mGy) and the dose-length product (DLP; mGy.cm) were used; the results from CT scanning were displayed on the dose report of the CT scanner. The root-mean-square error (RMSE) scores of the helical scans of the anthropomorphic chest phantom were obtained from the Image software (version 1.48e; NIH Image; free download available at http://rsb.info.nih.gov/ij/download.html) and were used for quantitative comparison of the qualities of the chest CT images obtained from the different scout views. An Image signal-to-noise ratio plug-in was used to obtain RMSE estimates for comparison, using a 0° scout view (Figure 3A) as a reference and test image. The following ratio was used for an assessment of the quantitative radiation dose and for relative comparison of the image quality:

Ratio = RMSE/(10 - CTDIvol(mGy)).

The dose variations resulting from different scout views were compared by estimating the rates of radiation (Table 2) according to the ratio.

Radiation increase ratio = (CTDI value of test scout angle)/4.23 (CTDI value of helical scanned after 0° scout view). To evaluate the chest CT image quality in detail, we identified five regions of interest (ROIs) in the main sections (Figure 4A). ROI 1 represented the background; ROI 2, located in the chest wall, represented the anterior effects; ROI 3, located in the lung, was used to evaluate the lung field; ROI 4, located in the anterior spine in the middle of the chest phantom, was used to evaluate the effects on the posterior spine; and ROI 5, located in the back muscle, represented the posterior effects. Each of these ROIs was assessed for noise.

The ImPACT CT patient dosimetry calculator (version 1.0.2, St George's Healthcare NHS Trust, Tooting, England) was used to estimate the effective dose. Recommendations from Publication 103 of the International Commission on Radiological Protection were used to calculate the effective doses in this study.

#### 3.4. Statistical Analysis

We conducted paired t-tests (SPSS for Windows, version 7.5; SPSS Inc., Chicago, IL, U.S.A.) to determine whether AutomA or AutomA and SmartmA combined yielded significantly different CTDI values when two-scout views were used. Values of P less than 0.05 were considered statistically significant (differences: \*P < 0.05).

## 4. Results

The relative dose variations in the CTDIvol values for the various scout views and the differences between the dose values obtained using the tested scout views and that obtained using the 0° reference scout view (which was taken to be 0%) are presented in Table 2.

While the two-scout view applications did not cause constant variation in the CTDIvol, as seen in the single scout views, they did result in some characteristic changes. Among the combinations of lateral and frontal scout images,  $90^{\circ} - 180^{\circ}$  (CTDIvol = 5.03 mGy and RMSE = 117.5) yielded a similar RMSE score but a higher CTDI than that produced by  $90^{\circ} - 0^{\circ}$  (CTDIvol = 4.23 mGy and RMSE = 115.4). In contrast, among the combinations of frontal and lateral scout image views, 180°-90° (CTDIvol = 4.32 mGy and RMSE = 104.9) yielded the same CTDIvol but a higher RMSE score than  $0^{\circ}$  -  $90^{\circ}$  produced (CTDIvol = 4.32 mGy and RMSE = 75.7). The  $90^{\circ}$  -  $0^{\circ}$  scout view had a 2.12% lower dose but up to a 32.17% higher RMSE score than the 0° - 90° scout view, as well as a significant increase in noise. The  $90^{\circ}$  -180° scout view had a 19.14% higher dose and up to 64.4% and 25.26% higher RMSE scores than the 0° reference and 0° - 90° scout views, respectively. Ultimately, while the 90° -  $0^{\circ}$  scout view had the lowest dose, the single 180° and 0° -90° two-scout views had both the smallest RMSE scores and dose-to-image-noise ratios (Table 2).



Figure 3. Application of scout view on the anthropomorphic chest phantom; A, The single scout view application test; B, The two scout view application test.

Analysis of the single scout view results showed that  $180^{\circ}$  (CTDI = 5.04 mGy and RMSE = 41.9) resulted in the highest chest CTDI and lowest RMSE score (Table 2, Figure

5A), followed by  $90^{\circ}$  (CTDI = 4.32 mGy and RMSE = 71.8) and  $0^{\circ}$  (CTDI = 4.23 mGy). Thus, with the  $0^{\circ}$  scout view as the reference, a normal pattern of dose increase and noise

|  | AutomA (Single scout view) |               |                 | AutomA/AutomA with SmartmA (Two scout view) |               |               |                |
|--|----------------------------|---------------|-----------------|---|---------------|---------------|----------------|
| Scout View   | 0°                         | 90°           | 180°            | 0°-90°                                      | 180° - 90°    | 90°-0°        | 90° - 180°     |
| Average (value)  |                            |               |                 |   |               |               |                |
| CTDIvol (mGy) mean $\pm$ SD  | $4.23\pm0.32$              | $4.32\pm0.01$ | $5.04 \pm 0.28$ | 4.32   4.25                                 | 4.32   4.25   | 4.23   4.21   | 5.04 / 4.61    |
| P <sup>a</sup>   |                            | 0.89          |                 | 0.99  |               |               |                |
| Radiation increase rate (Reference: single-scout view $0^{\circ}(0\%)$ ) | Reference (0%)             | 2.12%         | 19.14%          | 2.12% / 0.47%                               | 2.12% /0.47%  | 0 /-0.48%     | 19.14%   8.98% |
| Effective Dose (mSv)   | 2.63                       | 2.69          | 3.14            | 2.69   2.65                                 | 2.69   2.65   | 2.63   2.62   | 3.14 / 2.87    |
| RMSE   | Reference (0)              | 71.8          | 41.9            | 75.7   76.7                                 | 104.9   105.5 | 115.4   115.9 | 117.5   118    |
| Ratio RMSE/(10-CTDIvol)  | Reference (0)              | 12.64         | 8.44            | 13.32 /13.34                                | 18.46   18.34 | 20   20.01    | 23.64   21.89  |

Table 2. Dose Variation, CTDIvol, Effective Dose, RMSE, and Ratio According to the Application of Scout View Using Anthropomorphic Chest Phantom

Abbreviatins: CTDIvol, computed tomography dose index volume; RMSE, root-mean-square error; SD, standard deviation.

<sup>a</sup>The Average value is the mean of three times measurements.

decrease is evident, with higher doses resulting in lower RMSE scores (Table 2). The 180° scout view has a dose 19.1% higher than that obtained using the 0° scout view (Table 2).

Using both AutomA and SmartmA resulted in a CTDI slightly lower than that obtained using only AutomA, but the difference was not statistically significant (Table 2). In contrast, using only AutomA resulted in RMSE scores slightly lower than those obtained using both AutomA and SmartmA (Figure 4B).

Image analysis at each of the ROIs in the phantom chest CT images revealed that the single 180° scout view generally led to lower noise values but also to slightly higher relative noise values in the anterior area (ROI 2) and the anterior spine (ROI 4) (Figure 5B).

Among the two-scout views with 90° combinations of the second scout views, the 0° - 90° scout view had lower noise values in the background and back muscle areas (ROIs 1 and 5, respectively), and higher noise values in the other areas, compared to those of the 180° - 90° scout view (Figure 5B). Regarding the two-scout views with the frontal images from the second scout views, the 90° - 0° scout view had noise levels slightly higher than those of the 90° - 180° scout view at ROIs other than the anterior spine and back muscle (ROIs 4 and 5, respectively (Figure 5B). The 90° - 180° scout view had the lowest noise value at the lung field (ROI 3) on the chest CT images, which was an expected outcome given the dose (Figure 5B).

The noise analysis in the chest CT ROIs also indicated that using AutomA alone yielded similar results to those obtained from using both AutomA and SmartmA (Figure 5C).

The radiation doses at the various locations on the CTDI head phantom exhibited a pattern similar to that of the doses at the corresponding locations on the anthropomorphic chest CT phantom (Figure 6). Specifically, the radiation dose at the 0° location was higher than the dose at the 90° location on the CTDI head phantom, and the dose at the 90° location was higher than at the 180° location. Additionally, the higher tube current (100 kVp vs 120 kVp) led to the more differences of radiation dose that depended on the location on the CTDI head phantom (Figure 6).

# 5. Discussion

The AEC technique uses information obtained from two-scout scans acquired in the AP and lateral views. Using this information, sinusoidal modulation of the tube current is achieved during 360° rotation in order to equalize X-ray absorption (9, 13). Therefore, rotational or angular dose modulation involves varying the tube current to equalize the photon flux to the detector as the X-ray tube rotates about the patient (e.g., from the AP position to the lateral position). The radiation doses obtained using different scout views were verified using the CTDI head phantom. It was found that the attenuation rate in the CT system was greater at the 180° position than it was at the 0° position; the dose in the AEC helical scan was based on this result, so the 180° scout view.

Table 2 shows the CTDIvol and RMSE values based on the reference 0° scout view and the RMSE/(10 - CTDIvol) ratios of the single scout views. The 180° scout view has CTDIvol and RMSE scores that are higher and lower, respectively than those of the 90° scout view. Additionally, the 180° scout view (RMSE/(10 - CTDIvol) = 8.44) has an RMSE/(10 - CTDIvol) ratio lower than that of the 90° scout view (RMSE/(10 - CTDIvol) = 12.64%). Furthermore, the 180° scout view yielded images of higher quality than the 90°



Figure 4. Comparison of root-mean-square error (RMSE) on chest phantom CT images; A, RMSE by scout views with the application of AutomA alone; B, RMSE by scout views with the application of both AutomA and SmartmA



Figure 5. Comparison of noise at each area on the anthropomorphic chest phantom CT images; A, The region of interest (ROI) in the main sections on the chest phantom CT images; B, Noise by scout views with the application of AutomA alone; C, Noise by scout views with the application of both AutomA and SmartmA.

scout view did, owing to the increased dose and reduced noise of the former view. Generally, the 90° scout views led to higher doses than the 0° scout views, most likely be-

cause lateral projections result in X-ray attenuation greater than that produced by projections (0°), particularly in the regions of the body, such as the shoulders and pelvis, that



Figure 6. Comparison of radiation dose distribution according to the location (location hole at 0°, 90°, 180°, and the center) in the CT dose index (CTDI) head phantom; A, The radiation dose depends on variation in angular positioning of the CTDI head phantom using an ionization chamber dosimeter at 100kVp; B, The radiation dose depends on variation in the angular position of the CTDI head phantom using the ionization chamber dosimeter at 120kVp; The radiation doses at various locations on the CTDI head phantom using the ionization chamber dosimeter at 120kVp; The radiation doses at various locations on the CTDI head phantom using the ionization of the CTDI head phantom.

have more asymmetric oval shapes than does the head. The 180° scout view yielded X-ray attenuation greater than that of the 0° scout view, most likely due to the couch on which the patient was lying (14). The same CT-scanning conditions used for the chest phantom were applied to the AAPM phantom, with the same CTDI (CTDIvol = 4.32 mGy) values (Table 3). Consequently, no measurable dose differences between the scout views and the cylindrical object (phantom with circular type: AAPM phantom) were observed.

Table 3. Computed Tomography Dose Index Volume (CTDI vol) (mGy) Using the Scout View Application in the AAPM Phantom  $^{\rm a}$ 

|                    | AutomA        |               |               |  |
|--------------------|---------------|---------------|---------------|--|
| Scout View         | 0°            | 90°           | 180°          |  |
| CTDIvol (mGy)      | $4.32\pm0.01$ | $4.32\pm0.01$ | $4.32\pm0.01$ |  |
| P Repeated 3 Times |               | 0.99          |               |  |

<sup>a</sup>Values are means  $\pm$  standard deviations.

The scout-view-based angular modulation technique (SmartScan, GE Power, U.S.A.) provides a means for estimating tube current for different projection angles over 360° rotations around the object being scanned (Table 2) (7). Thus, the technique modulates radiation doses based on information (shape and attenuation) obtained from a single scout view (latter scout view). In Table 2, the two-scout views revealed that the final dose depended, in each case, on the latter view. For instance, when the latter of the two-scout views was 90°, both the 0° - 90° and 180° - 90° scout views resulted in the same dose. Therefore, the latter scout view determined the dose.

Our results indicate that higher CTDIs in single scout view applications resulted in smaller corresponding noise

values in all five of the ROIs (Figure 5B). In contrast, the twoscout views tended to exhibit different noise values in the five ROIs, which depended on the scout view rather than the CTDI. Despite having equivalent CTDI values, the combinations of 180° - 90° and 0° - 90° scout views, which represented AP views, resulted in different noise values in ROIs 2 and 5, respectively. These results are likely due to the distance between the entrance and exit points of the X-rays on the anthropomorphic chest phantom, which could cause variation in the dose reduction and might lead to dose differences between the front and back sides during actual chest CT scans.

Among the two-scout views, the lowest dose reduction resulted from using the 90° - 0° scout view, while the lowest and highest dose-to-CT-image-quality ratios, 13.32 and 23.64, resulted from using the  $0^{\circ}$  -  $90^{\circ}$  and  $90^{\circ}$  -  $180^{\circ}$  views, respectively. Thus, the 90° - 0° scout view resulted in the lowest dose, irrespective of the image quality, whereas the 0°-90° scout view achieved a significant dose reduction while also maintaining high image quality. Our literature review revealed that the dose variations between the 0° and 180° scout views were not large enough to significantly affect CT scans in previous studies (7). This behavior was likely observed because the 180° scout view might lead to doses slightly higher than those resulting from using the 0° scout view, but it would not reduce the noise level. In the current study, however, both the 0° and 180° scout views led to significant 20% gaps in the CTDI. With the 0° scout view as a reference, the effective dose also varied from 0.06 mSv to 0.51 mSv, depending on the scout view (Table 2). This radiation dose variation could be considered significant, even the chest CT scan length is relatively short (about 30 cm); in the United States, the effective doses for chest X-

rays (frontal and lateral chest radiography) and mammography series are generally about 0.065 mSv and 0.42 mSv, respectively (4).

In addition, each scout view and angular position at the cavity of the CTDI head phantom yielded a similar result (Figure 6, Table 2). The smallest dose was found in the central cavity of the CTDI head phantom, with increasing doses found in the 180°, 90°, and 0° cavities, for both levels of tube voltage 100 kVp and 120 kVp. CTDI is a unit related to the energy of the diagnostic X-ray CT scans performed on the patient. In this study, with increasing mA, the radiation dose was found to be largest in the 0° cavity of the CTDI head phantom using an ionization chamber, with decreasing values in the 180°, 90°, and central cavities (Figure 6). However, at a voltage of 120 kVp, there was greater variation in the radiation dose in the central cavity of the CTDI head phantom. Thus, when the tube voltage is lowered from 120 kVp to 100 kVp, the radiation dose can be decreased by 53.16% in the 0° cavity and by 63.18% in the central cavity.

In some clinical cases, scans to obtain images are made along only a single axis, rather than both the x- and y-axes of patients (AP and lateral scout views), during the scout scanning that precedes a helical CT scan. This using only single scout view can lead to inappropriate CT scanning and dose reduction failure using SmartmA. As the frontal scout view alone, without information from lateral scout views, failed to achieve a suitable noise index at the center of the y-axis of the patient in CT scanning, two-scout views are necessary to obtain quality CT images while limiting patient radiation exposure to a proper dose (9, 15).

Based on the results of this study, scout angle order could be another determinant of the dose and image quality of CT scanning; therefore it is necessary to select and to apply an optimum scout angle order such as 0° - 90°. It is also necessary to use the proper radiation dose, and the optimum combination of scout views to achieve "improved CT image quality with the least dose" (ALARA principle) (12, 16).

A limitation of the current study was that only tests conducted in the GE CT unit led to variable results. This variation was most likely due to the properties of the unit that could affect CT studies involving scouts. The CTDI results did not differ significantly between using AutomA alone and using both AutomA and SmartmA, likely because this test was conducted in a single phantom rather than in diverse human body types (8, 9, 14). In general, AEC adjusts the tube current to the regional body anatomy for the purpose of reducing radiation doses in projection angles. These techniques, along with the information computed from either scout views or in real time, are classified as Smart-scan in GE Healthcare systems, CARE Dose in Siemens systems, or DOM in Philips systems.

Although available AEC techniques adjust the tube current to obtain identical image quality, the technique (GE Healthcare systems), based on information computed from the scout view, has some limitations. Compared with images obtained in real time, Smart-scan images can vary greatly, depending on the method of obtaining images from the scout view and the information obtained from the scout view. Therefore, adoption of the scout view can vary greatly, effect both image quality and radiation dose.

AEC techniques also increase radiation doses for dense patients and very thin patients. Thus, in these cases, AEC techniques require necessary modifications of mA ranges to avoid overexposure.

While the majority of studies on the AEC techniques reduce the radiation dose from the tube current modulated in the x-, y-, and z planes, based on morphology or radiation attenuation, few studies focus on how the selection of scout views affects the exposure dose and noise values in CT images. We conclude that CT scan users should take into account appropriate managing of the scout views in order to obtain the best CT image quality while reducing the radiation dose and adapting to the noise index of the selected configuration.

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## Footnotes

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