



Inducible Clindamycin Resistance in *Staphylococcus aureus* Isolates in Kermanshah, Iran

Zahra Jahanbakhshi¹, Jamileh Nowroozi¹, Zahra Kahrarian², Azin Tariniya Gilani³, Mohadeseh Ahmadvand³ and Nasrollah Sohrabi^{4,*}

¹Department of Microbiology, Collage of Science, North Tehran Branch, Islamic Azad University, Tehran, Iran

²Department of Microbiology, School of Medicine, Kermanshah University of Medical Sciences, Kermanshah, Iran

³Department of Biology, School of Science, York University, Toronto, Canada

⁴Department of Medical Laboratory Sciences, School of Allied Medical Sciences, Kermanshah University of Medical Sciences, Kermanshah, Iran

*Corresponding author: Department of Medical Laboratory Sciences, School of Allied Medical Sciences, Kermanshah University of Medical Sciences, Kermanshah, Iran. Email: nsohrabi@kums.ac.ir

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Abstract

Background: *Staphylococcus aureus* is the most common agent of nosocomial infections. Macrolide Lincosamide-Streptogramin B (MLS_B) antibiotics are the therapeutic choices for treatment of infections due to methicillin resistant *S. aureus* (MRSA) isolates. The most frequent mechanism for inducible resistance in *S. aureus* is modification in target site by *erm* (*erythromycin ribosome methylase*) genes.

Objectives: The aim of this research was to determine inducible MLS_B (iMLS_B) and detection the *erm* genes in clinical samples of *S. aureus* isolated from hospitalized patients in the Imam Reza hospital of Kermanshah, west of Iran.

Methods: This study performed on 126 samples of *S. aureus*. Identification of isolates were performed using microbiological and biochemical procedures. Inducible resistance to clindamycin was tested by D-test. The prevalence of genes, such as *femB*, *mecA*, *ermA* and *ermB* was assessed by polymerase chain reaction (PCR).

Results: Eighty-three cases (65.9%) of isolates were methicillin resistant *S. aureus* (MRSA). The resistance rate against erythromycin and clindamycin was 67.4% and 52.2%, respectively. Totally, 49 cases (38.9%) of isolates were resistant to both erythromycin and clindamycin indicating constitutive MLS_B phenotype (cMLS_B); 20 cases (15.9%) isolates showed positive D test indicating inducible MLS_B phenotype (iMLS_B), while 16 cases (12.7%) were negative for D test indicating MS phenotype. Among 20 cases with iMLS_B phenotype, *ermC* and *ermA* genes were showed in 7 cases (35%) and 4 cases (20%) isolates, respectively. The *ermB* gene is not detected in any cases and 9 cases (45%) isolates did not have any *erm* genes.

Conclusions: In general, findings of this study showed high frequency of resistance to clindamycin and erythromycin among *S. aureus* isolates and cMLS_B to be the most pattern phenotype and *ermC* gene is the most common gene in iMLS_B phenotype. Because variation of antimicrobial resistance pattern in geographic regions obtaining local results is useful for detecting and more appropriate control of nosocomial infection due to *S. aureus* isolates.

Keywords: *Staphylococcus aureus*, Inducible Resistance, Clindamycin, *ermA*

1. Background

Staphylococcus aureus is the gram-positive bacterium that causes many infections and syndromes. *Staphylococcus aureus* is the most common agent of nosocomial infections. The highest rate of infections due to *S. aureus* were seen among hospitalized patients with predisposing factors (1-3).

Methicillin-resistant *S. aureus* (MRSA) is commonly emerging in the types of nosocomial and community acquired infections (1-3). The growing up of prevalence

of MRSA isolates is an increasing problem (1). In this situation we need to use other antibiotics. Macrolide lincosamide-streptogramin B (MLS_B) antibiotics are the therapeutic choices for treatment of infections due to MRSA isolates. Clindamycin also has some advantages, such as less cost and inhibition of production of some toxins and virulence factors in staphylococci (4, 5). Clindamycin is a common antibiotic to treatment of respiratory tract, bone, joint, skin and, soft tissue infections. This antibiotic has low side-effects. Thus, it

is appropriate for prolonged therapy (6, 7). Different mechanisms are responsible for bacterial resistance to macrolides including efflux pump, enzymatic antibiotic inactivation and target site modification (5). One of the prevalent mechanism of resistance to clindamycin is inducible resistance (iMLS_B) and the most frequent mechanism for inducible resistance in *S. aureus* is modification in target site by *erm* (erythromycin ribosome methylase) genes. The treatment by clindamycin in patients with iMLS_B resistance phenotype may lead to constitutive MLSB phenotype (cMLS_B) and treatment of this infections is failed. The common laboratories cannot detect inducible resistance (erythromycin-resistant and clindamycin-sensitive) by routine laboratory procedure. The common phenotypic method to detect inducible clindamycin resistance is the method is known as D-test because flattening of zone (D-shaped) around clindamycin disk in the area between the two disks (erythromycin and clindamycin) that reveal inducible clindamycin resistance (D-test positive) (7, 8).

2. Objectives

In this study, we evaluated inducible clindamycin resistance in *S. aureus* strains isolated from hospitalized patients in the Imam Reza Hospital in Kermanshah Province, west of Iran.

3. Methods

3.1. Study Design

This descriptive study was performed on 126 strains of *S. aureus* strains isolated from hospitalized patients in the Imam Reza Hospital in Kermanshah Province, west of Iran, from June to December 2019.

3.2. Sample Collection and Laboratory Identification

The samples were obtained from all of clinical specimens, such as blood, cerebral spinal fluid (CSF), urine, vaginal, nasal, pus, tracheal and, wound swabs. The samples were inoculated in Blood agar and Mannitol Salt agar plates and incubated at 35°C for 24 - 48 hours. Gram stain, catalase, coagulase and DNAase tests were used for identification of *S. aureus* isolates. The confirmation of *S. aureus* isolates was performed by demonstration of *femB* gene presence using polymerase chain reaction (PCR) method (9).

3.3. Antibiotic Resistance Rate to Clindamycin and Erythromycin

The disk diffusion method was used for determination of the antibiotic resistance rate of isolates against clindamycin and erythromycin based on Clinical and Laboratory Standard Institute (CLSI) guidelines (10). We used clindamycin (2 µg) and erythromycin (15 µg) disks. Antibiotic disks were placed 30 mm apart on surface of the plates. They were incubated at 37°C for 18 - 24 h. Findings on the diameter of the halo created around the antibiotic disk were measured using a millimeter ruler and interpreted based on CLSI guidelines (10).

3.4. Cefoxitin Disk Diffusion Test

For detection of MRSA isolates by phenotypic method, we used cefoxitin disk (30 µg). Inhibition zones diameter of ≤ 21 mm were considered as MRSA (10).

3.5. Inducible Resistance to Clindamycin by D-test

In this test inducible resistance to clindamycin was detected by D-test based on CLSI guidelines (10). Briefly, erythromycin (15 µg) disk was placed apart on 15 mm from clindamycin (2 µg) disk on a Mueller-Hinton agar plate. After overnight incubation at 37°C, flattening of zone (D-shaped) around clindamycin in the area between the two disks, reveal inducible clindamycin resistance (D-test positive). There are three different phenotypes for interpretation of this test.

(1) Inducible MLSB (iMLS_B), phenotype (D+): Resistance to erythromycin and sensitive to clindamycin (zone size ≥ 21 mm) with a D-zone of inhibition around the clindamycin disk.

(2) Constitutive MLSB phenotype (cMLS_B): Resistance to both erythromycin and clindamycin

(3) MS phenotype: Resistance to erythromycin and sensitive to clindamycin, D-test negative.

(4) The susceptible phenotype (S phenotype): Sensitive to both clindamycin and erythromycin (11).

3.6. PCR Method

All *S. aureus* isolates were investigated for *femB*, *mecA*, *ermA*, *ermB*, and *ermC* genes using specific primers (Table 1) (12-16). Total DNA was extracted using a High Pure PCR Template Preparation Kit (Roche, Basel, Switzerland). PCR amplification was performed using automated thermal cycler (Applied Biosystems, USA). The used PCR conditions were including: Initial denaturation at 95°C for 5 minutes, denaturation at 1 minute, annealing at different degrees for each gene (Table 1) for 1 minute, extension at 70°C for 1 minute for 35 cycles and final extension at 70°C for 10 minutes. Gel electrophoresis of PCR products carried out

in 1.5% agarose gel at 85 V for 45 minutes and visualized on an ultraviolet (UV) transilluminator (BioRad, USA).

3.7. Data Analysis

Statistical calculations were performed using SPSS software version 16 for descriptive statistics of data. Statistical significance of differences between findings was evaluated by chi-square (χ^2) test. A P-value < 0.05 was considered statistically significant.

4. Results

In this study 126 isolates were confirmed as *S. aureus* using phenotypic methods and presence of *femB* gene. 53 cases (42.6%) and 73 cases (57.4%) were isolated from males and females, respectively. According to presence of *mecA* gene, 83 cases (65.9%) were MRSA and 43 cases (34.1%) were methicillin sensitive *S. aureus* (MSSA). The resistance rate against erythromycin and clindamycin were 67.4% and 52.2%, respectively. In all *S. aureus* isolates 49 cases (38.9%) of isolates resistant to both erythromycin and clindamycin indicating constitutive MLSB phenotype (cMLS_B phenotype); 31 cases (24.6%) isolates were sensitive to both erythromycin and clindamycin, 20 cases (15.9%) isolates showed positive D-test indicating inducible MLSB phenotype (iMLS_B phenotype), while 16 cases (12.7%) were negative for D test indicating MS phenotype, 10 cases (7.9%) isolates were sensitive to erythromycin and resistance to clindamycin (S phenotype). The rate of inducible clindamycin resistance in MRSA isolates was higher than in MSSA isolates (P-value < 0.05). The rate of cMLS_B phenotype and iMLS_B phenotype among MRSA isolates were 50.6% and 19.3%, respectively. Among MSSA isolates rate of cMLS_B phenotype and iMLS_B phenotype were 16.3% and 9.3%, respectively (Table 2).

These iMLS_B resistance phenotype isolates were investigated for the presence of the *erm* genes. The *ermC* and *ermA* genes were showed in 7 cases (35%) and 4 cases (20%) isolates, respectively. All 11 positive cases for *erm* genes, were isolated from MRSA isolates. The *ermB* gene is not detected in any cases and, 9 cases (45%) isolates did not have any *erm* genes.

5. Discussion

Staphylococcus aureus is the most common agent of nosocomial infections. In recent years, prevalence of MRSA isolates has been increased and treatment of infections due to these isolates has been harder than before (1). In this situation we need to use other antibiotics. Macrolide Lincosamide-Streptogramin B antibiotics are

the therapeutic choices for treatment of infections due to MRSA isolates. Clindamycin also has some advantages such as less cost and inhibition of production of some toxins and virulence factors in staphylococci (4, 5). The presence of clindamycin resistance phenotype in *S. aureus* clinical isolates could render effectiveness of this antibiotic for treatment of infections due to *S. aureus* isolates. This resistance may be constitutive or inducible (7, 8). In this present study we aimed to evaluate prevalence of resistance pattern to erythromycin and clindamycin and also *erm* genes occurrence in *S. aureus* isolates.

In this study, we used a D-test for phenotypically detection of several susceptibility pattern using erythromycin and clindamycin disks that located apart on surface of culture medium. There are several different phenotypes for interpretation of this test. Totally cMLS_B, iMLS_B, S and MS phenotypes were seen in 38.9%, 15.9%, 24.6 and 12.7% of *S. aureus* isolates, respectively.

In this study, iMLS_B phenotype D-test positive (resistance to erythromycin and sensitive to clindamycin) was seen in 15.9% isolates. This result is higher than the result of other studies were conducted by Kilany in Egypt and Rahbar and Hajia in Iran that iMLS_B phenotype were detected in 7.7% and 10.8% of *S. aureus* isolates, respectively (17, 18), and lower than other previous studies were performed by Raut et al. and Bobenchick et al. that they reported iMLS_B phenotype in 25.6% and 22.3% isolates, respectively (19, 20). In some studies, the iMLS_B rate was reported very high (82% and 88%) (21, 22). Findings of this study revealed the prevalence of the iMLS_B phenotype between MRSA and MSSA isolates was statistically different (P < 0.05). Resistant strains with iMLS_B phenotype can lead to cMLS_B phenotype and cause failure in treatment with clindamycin. The most prevalent clindamycin resistant phenotype in this study was cMLS_B phenotype (resistance to both erythromycin and clindamycin) (38.9% of isolates) and this finding showed that cMLS_B phenotype was higher than iMLS_B phenotype similar to other study was conducted by Mahesh et al. (23). In the present study, the prevalence of cMLS_B phenotype in MRSA isolates was significantly more than MSSA isolates, which is consistent with studies were performed in other countries (23, 24). The high frequency of cMLS_B phenotype in MRSA isolates may be due to the selection pressure after therapeutic failure of methicillin and utilization of erythromycin and clindamycin. The iMLS_B strains may be changed to cMLS_B, thus laboratories have to detect iMLS_B strains by D-test and eradicate these strains by effective therapeutic agents. In present study, MS phenotype (resistance to erythromycin and sensitive to clindamycin, D-test negative) was observed in 12.7% *S. aureus* isolates. In accordance to our study, the prevalence of MS phenotype

Table 1. Primer for the Determination of *ermA*, *ermB*, *mecA*/*femB* and the Amplified Product Size

Genes and Primers	Sequences (5' to 3')	Product Size, bp	Annealing Temperature (°C)	References
<i>mecA</i>		147	62	14
F	GTGAAGATATACCAAGTGATT			
R	ATGCGCTATAGATTGAAAGGAT			
<i>femB</i>		388	55	15
F	CGTGAGAATGATGGCTTTGA			
R	TTAATACGCCCATCCATCGT			
<i>ermA</i>		190	54	12
F	AAGCGGTAAACCCCTCTGA			
R	TTCGAAATCCCTTCTCAAC			
<i>ermB</i>		142	55	13
F	CTATCTGATTGTTGAAGAAGGATT			
R	GTTTACTCTTGGTTTAGGATGAAA			
<i>ermC</i>		297	52	16
F	AATCGTCAATTCCTGCATGT			
R	TAATCGTGAATACGGGTTTG			

Abbreviations: F, forward primer; R, reverse primer.

Table 2. Susceptibility to Erythromycin (ERY) and Clindamycin (CL) Among all *Staphylococcus aureus* Isolates^a

Susceptibility Pattern	Total (n = 126)	MRSA (n = 83)	MSSA (n = 43)	P-Value
ERY-R, CL-R (cMLSB phenotype)	49 (38.9)	42 (50.6)	7 (16.3)	< 0.05
ERY-S, CL-S (S phenotype)	31 (24.6)	8 (9.6)	23 (53.5)	< 0.05
ERY-R, CL-S (D test positive, iMLSB phenotype)	20 (15.9)	16 (19.3)	4 (9.3)	< 0.05
ERY-R, CL-S (D test negative, MS)	16 (12.7)	13 (15.7)	3 (7)	< 0.05
ERY-S, CL-R	10 (7.9)	4 (4.8)	6 (13.9)	0.48

Abbreviations: ERY, erythromycin; CL, clindamycin; S, sensitive; R, resistant; MRSA, methicillin resistant *S. aureus*; MSSA, methicillin susceptible *S. aureus*; S phenotype, sensitive to both erythromycin and clindamycin; cMLSB, constitutive resistance macrolide, lincosamide, and streptogramin B; iMLSB, inducible resistance macrolide, lincosamide, and streptogramin B; D test positive, MS phenotype: resistant to erythromycin and sensitive to clindamycin; D test negative, S phenotype, sensitive to both erythromycin and clindamycin.

^a Values are expressed as No. (%).

is low in other study (25).

We investigated frequency of *erm* genes (*ermA*, *ermB* and *ermC*) in *S. aureus* isolates with iMLSB phenotype by PCR method. Our findings of this study showed of 20 MRSA isolates with iMLSB phenotype, the *ermA* and *ermC* genes were found in 4 cases (20%) and 7 cases (35%) isolates, respectively. The *ermB* gene is not detected in any cases. The *ermC* gene was the most prevalent gene in *S. aureus* isolates with iMLSB phenotype in present study. This result is similar to many studies revealed that *ermC* gene was associated with the majority of resistance to erythromycin among the MRSA isolates (26, 27). Contrary to results of this study, in some studies, *ermA* gene more frequent than *ermC* gene such as the study were conducted by Saderi in Iran that he reported prevalence of *ermA* and *ermC* in 60.3%

and 54.8% of isolates that these results are higher than our findings in this study (28). Schmitz detected the *ermA* gene in 67% isolates and the *ermC* gene in 23% (29). In Korea, Jung et al. identified *ermA* gene in 89% and *ermC* gene in 5% isolates (30). In Iran, Moosavian et al. detected the *ermA* and *ermC* genes in 41.1% and 17.7% of *S. aureus* isolates, respectively (31). The *ermB* gene is not detected in any cases in this study. Cetin et al similar to our study found no *ermB* gene in *S. aureus* isolates (32). Other study reported low prevalence of *ermB* gene (33). The *ermB* gene usually detected in staphylococci spp. of animal origin and spread between streptococci and enterococci (33). These difference in prevalence of *S. aureus* isolates with iMLSB phenotype may be correlated to patients age, geographical area, rate of using antibiotics, bacterial species, source of

specimens and community or nosocomial infections. The presence of other mechanisms of resistance leading to the complexity of resistance in *S. aureus* to MLS_B antibiotics.

5.1. Conclusions

In general, results of this research showed high frequency of resistance to clindamycin and erythromycin among *S. aureus* isolates and cMLS_B to be the most pattern phenotype. The *ermC* gene is the most isolated gene. Because variation of antimicrobial resistance pattern in geographic regions, obtaining local results is useful for detecting and more appropriate control of nosocomial infection due to *S. aureus* isolates. We recommended conducting the D-test for detection of iMLS_B phenotypes in microbiology laboratories because the D-test is simple and cheap method that can be done in every routine laboratory.

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Footnotes

Authors' Contribution: Study concept and design: N. S., and J. N., and Z. J.; acquisition of data: N. S., and Z. J.; analysis and interpretation of data: N. S., and Z. J., and Z. K., and A. T., and M. A.; drafting of the manuscript: N. S., and Z. J.; critical revision of the manuscript for important intellectual content: N. S., and Z. J., and Z. K., and A. T., and M. A.; statistical analysis: N. S., and J. N.; administrative, technical, and material support: N. S., and J. N., and Z. J.; study supervision: N. S., and J. N.

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