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# Algorithm-Based Fetal Gender Determination Using X and Y Mini-Short Tandem Repeats at Early Gestational Ages

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#### Abstract

**Background:** Detection of fetal DNA in maternal blood has been examined by many research groups for a few years; thereby, scientists have a shorter way to take to approach prenatal diagnosis of abnormal pregnancies. The Y chromosome sequences have recently become the most common applicable indices for fetal sex determination.

**Objectives:** We conducted an algorithmic X and Y mini-Short Tandem Repeats (STRs) genotyping method that could solve the problem of false negative (no detection of Y sequences) results of previous methods.

**Patients and Methods:** Blood samples were obtained from 106 pregnant women and their spouses. Conventional PCR amplified 19 mini-Short Tandem Repeats (STRs) and three non-STR markers, which were subsequently genotyped by the means of Polyacrylamide gel electrophoresis (PAGE).

**Results:** Sensitivity and specificity of the mini-STR genotyping method for fetal DNA detection were calculated (95.9% and 98%, respectively) with a confidence interval of 95%. In addition, sensitivity and informativeness were computed for each of the single mini-STR markers in our conventional PCR method. We also introduced the minimum number of mini-STRs needed to reach maximum validity for fetal gender determination in clinical settings.

**Conclusions:** Algorithm-based mini-STR genotyping method significantly increases the reliability (sensitivity and specificity) of gender determination using free fetal DNA and could be applied in prenatal clinical testing.

Keywords: Free Fetal DNA, Sex Determination, X-Y Algorithm, Mini-STR

#### 1. Background

Prenatal genetic diagnosis has recently been issued in obstetric practice. Most prenatal diagnostic programs have typically been focused on conditions such as fetal chromosomal aneuploidies and monogenic diseases of high prevalence in various populations (1, 2). The existence of cell-free fetal DNA (cffDNA) in maternal circulation was discovered by Lo et al. about 20 years ago, and has become a useful molecular material for prenatal genetic diagnosis especially for fetal sex determination (3), the RhD status of fetuses, screening of pregnancy-related complications, fetal diseases like trisomy 21, sex-linked disorders and single gene disorders (2, 4-8). Non-invasive declaration of fetal sex at early gestational ages could help eliminate the need for invasive methods (e.g. molecular testing of chorionic villi at the 11th week of gestation) (9), manage congenital adrenal hyperplasia where

female fetuses could be treated by corticosteroids at the 6th week of gestation, and assess ambiguous genitalia identified by ultrasound examination (10, 11). As an example, carrier mothers of serious X-linked conditions such as Duchenne muscular dystrophy require genetic prenatal diagnosis only when the fetus is male (2, 12). Furthermore, CffDNA can be detected as early as the fourth week of gestation and its concentration increases throughout pregnancy until two hours after delivery in a time for proper clearance from maternal plasma (13, 14). The concentration of cffDNA, which contains 10% of the DNA in maternal plasma is much more than that in the cellular fraction of maternal blood (4, 15). That is why most investigators have focused on cffDNA rather than fetal cells. Fetal gender has been determined using PCR amplification of fetal-specific Y-derived sequences like SRY and DYS14

Copyright © 2016, Ahvaz Jundishapur University of Medical Sciences. This is an open-access article distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 International License (http://creativecommons.org/licenses/by-nc/4.0/) which permits copy and redistribute the material just in noncommercial usages, provided the original work is properly cited. with sensitivity and specificity of almost more than 95%. According to all related studies conducted so far, pregnancies with no chromosome Y DNA have been assumed to be bearing female fetuses (16-19). Originating from trophoblasts, the cffDNA in maternal blood consists of short fragments typically fewer than 200 bp in length (20).

#### 2. Objectives

We preferred to use markers short enough to be amplified by PCR with high probability. Accordingly, ten X chromosome mini-STRs and nine Y chromosome mini-STRs and three non-STR markers (SRY, DYS14 and amelogenin) were selected to trace fetal DNA in maternal plasma after assessing their size, variability and distribution throughout the X and Y chromosomes. Algorithm-based approach of mini-STR genotyping during the present study was designed to cut down on false negative and or positive reports of fetal gender determination.

## 3. Patients and Methods

#### 3.1. Blood Collection

Peripheral blood samples were obtained from 106 pregnant women (during the period between the third and fifteenth week of gestational age) and their husbands who had referred to the obstetric clinics of Hafez hospital (Shiraz, Iran). All singleton pregnant women who had no abortion, transplantation, and blood transfusion were included in our study. Validated by medical ethic committee of the university (research proposal No. 90-5531 approved in 2012. 02. 10), informed written consent was obtained from each person participating in this study before blood sampling. We collected each blood sample in a completely sterile tube containing Ethylenediaminetetraacetic acid (EDTA), and transferred the samples to the laboratory.

Plasma was separated from the pregnant women's whole blood samples as soon as possible by centrifugation in two successive steps (18000 g for 10 minutes [optional: storing at -80°C] and 2700 g for 45 minutes). The buffy coat of pregnant women (after plasma removal) and also their husband's whole blood samples were prepared for DNA extraction or stored at -20°C for subsequent use.

#### 3.2. DNA Extraction

DNA was extracted from 1 mL plasma samples using QIAamp DNA blood mini kit (QIAGEN, Hilden, Germany) according to the blood and body fluid protocol with minor modifications. The final volume of the eluted DNA was about 50  $\mu$ L. Using the manual salting-out method, we extracted DNA of the buffy coat and husbands' whole blood samples. The DNA quantity and quality was measured by Nano-Drop (ND1000; NanoDrop technologies, Wilmington, DE) and proved to be applicable for PCR

analysis. To avoid DNA contamination, all procedures were performed almost exclusively and consistently in an isolated partition by female staff members with strict precautions.

## 3.3. Mini-Short Tandem Repeats, Primers and Polymerase Chain Reaction

We employed ten X-chromosome mini-STRs and 12 Ychromosome markers (nine mini-STRs and three non-STRs) for fetal DNA detection in maternal plasma. Furthermore, X and Y mini-STRs were opted amongst various forensic and related studies due to their applicability in fragmented DNA discovery.

Incidentally, using specific primers (Tables 1 and 2) which were designed and synthesized in a way that would narrow the mini-STR amplicon size as short as possible (less than about 160 bp in length) to increase the detectability of fragmented fetal DNA in maternal plasma. PCR was performed with two different thermal conditions. The PCR for amplifying X mini-STRs was implemented as follows: initial heating at 95°C for 5 minutes, 30 cycles of 95°C for 1 minute, 60°C for 30 seconds, and 72°C for 20 seconds and a final extension at 60°C for 40 minutes. For amplifying the Y mini-STRs and non-STR markers, the conditions were 95°C for 5 minutes for an initial denaturation, 30 cycles of 95°C for 1 minute, 59°C for 30 seconds, and 72°C for 20 seconds and a final extension at 60°C for 40 minutes. Each reaction (25 µL) for amplifying either X mini-STRs or Y markers consisted of: 2.5 µL of 10X PCR buffer, 1.5 mM of MgCl<sub>2</sub>, 0.3 mM of dNTPs, 2 U of Smart Taq polymerase, 0.3mM of each primer, and 4 µL of plasma DNA (about 24 ng) or 2.5 µL of each parent's DNA samples. Afterward, we used Polyacrylamide gel electrophoresis (PAGE) for size separation of PCR products (21).

## 3.4. Polyacrylamide Gel Electrophoresis

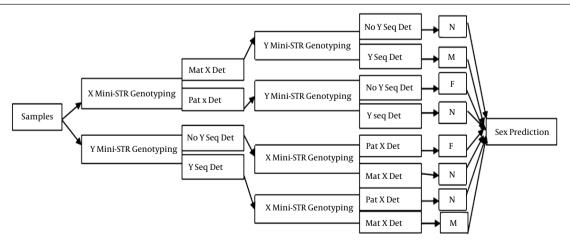
When 10% polyacrylamide gel was prepared, 7  $\mu$ L of the PCR product of each mini-STR was injected into its own well, which had been configured on vertical electrophoresis apparatus (PROTEAN II Xi cell; Bio-Rad Laboratories, Hercules, CA), and with a constant current of 130 mA, the PCR products started to move downwards through acrylamide gel pores. The gel was then stained with the silver staining method. Finally, the genotypes and sex of each fetus were determined by comparison with his or her parents' pattern of mini-STR alleles (supplemental data Figure 1 A and B) and according to the algorithm (named X-Y algorithm) chart illustrated below (Figure 1). This algorithm was designed in five steps. Step 1, Input material (sample); step 2, X (or Y) mini-STR genotyping (if Y markers are genotyped in this step the next step would be X-markers genotyping); Step 3, Y (or X) mini-STR genotyping, following and confirming step 2 results; Step 4, comparing step 2 and 3 and gathering data; Step 5, output (sex prediction).

able 1. Primer Sequences, Y-Marker Allele Range and Length of Polymerase Chain Reaction Product Size						
Classification of Mini-STR	Primer Sequences (5' - 3')	Motif Repeat	Product Size, bp			
	Y Mini-	STRs				
DYS389b		(TCTG) 5 (TCTA) 12	122			
F	CCAACTCTCATCTGTATTATCTATG					
R	TATTATACCTACTTCTGTATCCA					
DYS459		(ATTT) n	136 - 156			
F	CAGGTGAACTGGGGTAAATAAT					
R	TTGAGCAACAGAGCAAGACTTA					
DYS446		(TCTCT) n	85 - 160			
F	TATTTTCAGTCTTGTCCTGTC					
R	GAGACTCTGTCTGAAGAGAG					
DYS426		(GTT) n	85 - 110			
F	GGTGACAAGACGAGACTTTGTGT					
R	CTCAAAGTATGAAAGCATGACCA					
DYS438		(TTTTC) n	95 - 140			
F	TGGGGAATAGTTGAACGGTAA					
R	GGCAACAAGAGTGAAACTCCA					
DYS481		(CTT) n	115 - 158			
F	AGGAATGTGGCTAACGCTGT					
R	ACAGCTCACCAGAAGGTTGC					
DYS505		N-7-(T)-[TCCT] n-2-N24	97 - 125			
F	CTCTGTTCTTTTTTCTCTCCTTCC					
R	AGGTTCGAGTCAGTTCACCA					
DYS441		N7-[TTCC] n-2-(T)-N-7	91 - 119			
F	CAAATTCTCAGGCATTGCAG					
R	GGGAGAGAAGGAGGAAGGA					
DY\$392		(TAT) n	94 - 130			
F	AAAAGCCAAGAAGGAAAACAAA					
R	GAAACCTACCAATCCCATTCCTT					
	Non-STR M	larkers				
SRY		Non-repeat sequences	76			
F	TCCTCAAAAGAAACCGTGCAT					
R	AGATTAATGGTTGCTAAGGACTGGAT					
DYS14		Non-repeat sequences	84			
F	GGGCCAATGTTGTATCCTTCTC					
R	GCCCATCGGTCACTTACACTTC					
	X and Y M	larker				
Amelogenin		Non-repeat sequences	106, 112			
F	CCCTGGGCTCTGTAAAGAATAGTG					
R	ATCAGAGCTTAAACTGGGAAGCTG					

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Classification of X Mini-STRs	Primer Sequences (5' – 3')	Motif Repeat	Product Size, bp	
DXS7133		TAGA	76 - 100	
F	AGCTTCCTTAGATGGCATTCA			
R	GTTTTTAACGGTGTTCATGCTT			
DXS8378		CTAT	95 - 11	
F	GCTCCTGGCAGGTCACTATC			
R	GCGACAAGAGCGAAACTCCA			
DXS7132		(TCTA) x-(TCA) (0-l)-(TCTA) 2	135 - 163	
F	CCTCCTTAATAGTGTGAGCCCAT			
R	GTCAACGTTCTCCAGAGAAACAGA			
DXS7423		CCAT	95 - 115	
F	AGATTTCCTCCCCATCCATC			
R	GTTGTCACACAAATAAATGAATGAGT			
GATA31E08		(AGGG) x-(AGAT) y	95 - 131	
F	CAGAGCTGGTGATGATAGATGA			
R	CTCACTTTTATGTGTGTGTATGTATCTCC			
DXS6789		(TATC)(0-l)-(TATG)x-(TATC)y	124 - 168	
F	CCTCGTGATCATGTAAGTTGG			
R	CAGAACCAATAGGAGATAGATGGT			
GATAD05		TAGA	122 - 150	
F	TAGTGGTGATGGTTGCACAG			
R	ATAATTGAAAGCCCGGATTC			
DXS6803		(TCTA) x-(TCA) (0-l)-TCTA	102 - 30	
F	GAAATGTGCTTTGACAGGAA			
R	CAAAAAGGAACATATGCTACTT			
DXS101		(CTT) x-(ATT) y	126 - 177	
F	TCTCCCTTCAAAAACAAAGATAA			
R	TGCATATTCTGCGCATGT			
GATA165B12		AGAT	90 - 110	
F	TCATCAATCATCTATCCGTATATCA			
R	GAAGTTGACTGTGATTCCTGGTTT			

Figure 1. X-Y Algorithm for Fetal Gender Prediction



Mat X det, maternal X sequences were detected; Pat, Paternal; No Y seq det, No Y sequences were detected; M, Male; F, Female; N, Non-conclusive, Neither male nor female and the test should be repeated.

#### 3.5. Statistical Analysis

The SPSS 16.0 (SPSS Inc, Chicago, IL), Stata, SE 12.0 and prism 4 (GraphPad software, San Diego, CA) software were utilized for data analysis. The Fisher exact test (twosided) was used to determine sensitivity and specificity, positive predictive value (PPV) and negative predictive value (NPV) of the method with 95% confidence intervals (CIs). Descriptive statistics were applied for each marker. In addition, sensitivity, specificity and informativeness of each marker were also calculated.

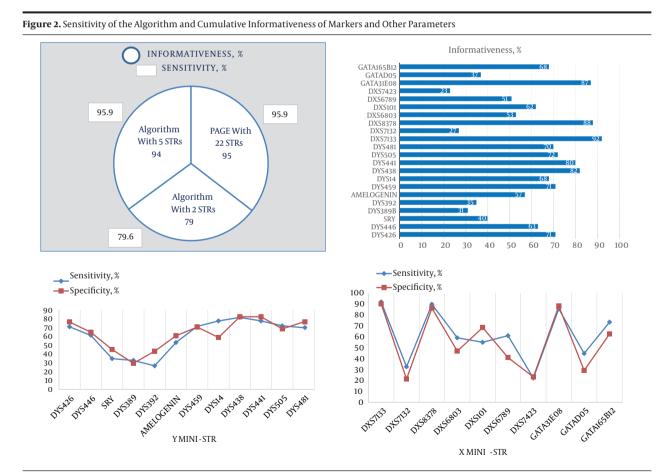
### 4. Results

Birth outcome showed that amongst all samples, 46.2% were carrying male fetuses, 5.6% had a miscarriage (excluded from the statistical analysis), and the rest (48.1%) were carrying female fetuses.

## 4.1. Mini-Single Tandem Repeat Genotyping Results

Algorithm-based mini-STR genotyping method identified 47 (46.2%) pregnant women with male fetuses and 49 (48.1%) pregnant women with female fetuses. Therefore, the sensitivity and specificity of the modified conventional PCR considering the pregnancy outcome were calculated to be 95.9% and 98%, respectively. Amongst all samples, fetal gender of four cases (at five, five, six, and seven weeks of gestation) failed to be determined, and in one case (at nine weeks of gestation) fetal sex was incorrectly conjectured.

To show applicability of our X-Y algorithm and to obtain minimum number of markers in a test panel with maximum sensitivity and specificity for fetal sex prediction, we computed the sensitivity of the algorithm and cumulative informativeness of markers and other parameters (Figure 2, Table 3). In this approach, we compared two possible ways of using markers in X-Y algorithm by which we could achieve a reasonable and statistically significant number of markers. One supposed condition included one X mini-STR and one Y mini-STR (least amount of markers suited for the algorithm) while in the other supposed condition significant amounts of markers (five markers: three X mini-STRs and two Y mini-STRs) were used in the analysis. If we used five instead of twenty-two markers we would be able to predict sex with no significant difference in algorithm sensitivity or cumulative informativeness (P = 0.003) in contrast with using two markers (P > 0.05).



A, Comparing sensitivity and informativeness of the algorithm in three conditions and applicability of the X-Y algorithm (by five markers) for sex prediction in future studies and clinical settings; B, informativeness of X and Y mini-STRs; C, sensitivity and specificity of Y mini-STRs; D, sensitivity and specificity of X mini-STRs.

## 4.2. Marker Assessments for Being Applied in Clinical Settings

The most informative markers (on the basis of informativeness of higher than 80% and according to applicability of the algorithm) for fetal sex determination were DYS441 and DYS438 among Y mini-STRs and DXS8378, DXS7133 and GATA31E08 among X mini-STRs. This demonstrates that the average number of X mini-STRs that were informative for fetal sexing was more than the average number of Y mini-STRs (Figure 2).

The most sensitive markers were DYS438 (81.6%, CI of 95%), DXS7133 (93.9%, CI of 95%), DXS8378 (89.8%, CI of 95%) and GATA31E08 (85.7%, CI of 95%). Therefore, X mini-STRs were shown to have greater sensitivity in fetal DNA detection rather than Y mini-STRs (see details in Table 4, Figure 2).

Results	Informativeness, CI (95%)	Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value
PAGE with 22 STRs	95 (88.7 - 98.4)	95.9	98	94.0	97.9
Algorithm with DXS7133 and DYS438	79 (69.7 - 86.5)	79.6	78.4	78.0	80.0
Algorithm with DXS7133, DXS8378, GATA31E08 and DYS438, DYS441	94 (87.4 - 97.8)	95.9	92.2	92.2	95.9

<sup>a</sup>Values are expressed as %.

**Table 4.** Informativeness, Sensitivity, Specificity, Positive Predictive Value and Negative Predictive Value of each Y mini-Single Tandem Repeat and X mini-Single Tandem Repeat<sup>a</sup>

Mini-STRs	Informativeness, CI (95%)	Sensitivity	Specificity	Positive Predictive Value N	legative Predictive Value
Y mini-STRs					
DYS426	71 (61.1 - 79.6)	65.3	76.5	72.7	69.6
DYS446	63 (52.8 - 72.4)	61.2	64.7	62.5	63.5
SRY	40 (30.3 - 50.3)	34.7	45.1	37.8	41.8
DYS389b	31 (22.1 - 41.0)	32.7	29.4	30.8	31.3
DYS392	35 (25.7 - 45.2)	26.5	43.1	31.0	37.9
Amelogenin	57 (46.7 - 66.9)	53.1	60.8	56.5	57.4
DYS459	71 (61.1 - 79.6)	71.4	70.6	70.0	72.0
DYS14	68 (57.9 - 77.0)	77.6	58.8	64.4	73.2
DYS438	82 (73.5 - 89.0)	81.6	82.4	81.6	82.4
DYS441	80 (70.8 - 87.3)	77.6	82.4	80.9	79.2
DYS505	72 (62.1 - 80.5)	75.5	68.6	69.8	74.5
DYS481	70 (60.0 - 78.8)	63.3	76.5	72.1	68.4
X mini-STRs					
DXS7133	92 (84.8 - 96.5)	93.9	90.2	90.2	93.9
DXS7132	27 (18.6 - 36.8)	32.7	21.6	28.6	25.0
DXS8378	88 (80.0 - 93.6)	89.8	86.3	86.3	89.8
DXS6803	53 (42.8 - 63.1)	59.2	47.1	51.8	54.5
DXS101	62 (51.8 - 71.5)	55.1	68.6	62.8	61.4
DXS6789	51 (40.8 - 61.1)	61.2	41.2	50.0	52.5
DXS7423	23 (15.2 - 32.5)	22.4	23.5	22.0	24.0
GATA31E08	87 (78.8 - 92.9)	85.7	88.2	87.5	86.5
GATAD05	37 (27.6 - 47.2)	44.9	29.4	37.9	35.7
GATA165B12	68 (57.9 - 77.0)	73.5	62.7	65.5	71.1

<sup>a</sup>Values are expressed as %.

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<b>Table 5.</b> Informativeness of Markers for Each Case $(n = 100)^a$						
Markers	Median	Minimum	Maximum	Mean ± SD		
Y mini STR	66.7	0	91.7	$60.67 \pm 20.759$		
X mini STR	60.0	0	100	58.80 ± 19.811		

<sup>a</sup>All descriptive statistics were computed for each sample. For example, Mean column shows that for each sample about 60.67% of Y mini-STRs and 58.80% of X mini-STRs were informative, and thus they are enough for fetal sex determination.

Calculating the average number of markers, which were informative for each sample would lead us to ignore unnecessary markers; that is why we analyzed and obtained data shown in Table 5. As implied by Table 5, about seven Y markers ( $60.66\% \pm 2.07$ ) and six X markers (58.8% $\pm$  1.98) were the mean minimum number of markers that were informative for predicting fetal gender of each sample (Table 5). Thus, we propose DYS441, DYS438, DYS481, DYS459, DYS505, DYS426, DYS14, DXS8378, DXS7133, GA-TA31E08, GATA165B12, DXS6789 and DXS101 markers to be employed for fetal sex determination in diagnostic clinics as the first step and then minimum number of markers (according to our studied five markers) can be utilized in a test panel to obtain maximum sensitivity and specificity for fetal sex prediction. It should be mentioned that highly sensitive markers were not ascertained unless we evaluated them along our experiments. Sensitive markers are those that could be easily amplified and detected during each sample gel analysis. Informative markers are those that enabled us to predict fetal genders in comparison with non-informative ones that had no effects on our projections. Therefore, one marker can be a sensitive marker but not necessarily an informative one.

#### 5. Discussion

Results of our previous study confirmed that our modified conventional PCR (mini-STR genotyping) with an algorithmic approach is in some points a more authenticated method when compared to current quantitative real-time (QRT)-PCRs for fetal gender determination and could be engaged in clinical settings (21). This study was designed to verify its practicability for prenatal sex identification of fetuses in diagnostic laboratories with high accuracy and reliability in addition to low cost. In the recent years, fetal sex has been identified by a single nonpolymorphic SRY gene (22, 23). Although some clinics still prefer to use SRY for such trials, it is going to be superannuated and replaced by developed methods in which markers such as DYS14, amelogenin, X STR and Y STR are being studied, associatively or alone, using QF-PCR and QRT-PCR to reach more sensitive and specific assays (24-27). Vecchione et al. implemented multiplex QF-PCR, amplifying X-STR (ranged 103 - 250 bp) together with amelogenin gene markers, on 26 pregnant women and considered some markers as informative markers (28). Nair et al. also designed a study to screen the Y specific DYS19, DYS385 and DYS392 STRs to trace male fetus DNA by which

they investigated the clearance of fetal DNA from maternal blood after delivery and reported STR sensitivity of more than 91% for each (29). Scheffer et al. combined both PCR results for the Y-linked sequences, SRY and DYS14, for fetal gender determination and concluded that the DYS14 assay targeted a multi-copy sequence and therefore had a higher sensitivity than SRY (30). Deng et al. sought nine Y-STR loci of fetal DNA in maternal blood and found that the numbers of Y-STR loci, where the maximum allelic size was less than 100, 137 and 180 bp, observed in Chinese individuals, were one, five, and nine loci, respectively (31). The present study applied the conventional PCR method specialized for amplifying polymorphic X and Y mini-STRs, and utilized an algorithmic based genotyping approach to find fragmented fetal DNA in maternal plasma with high sensitivity and specificity. Along with other developing studies in this field, the most sensitive and specific mini-STRs and probably for the first time the average needed number of X and Y markers for fetal gender determination were reported in our study; such sensitive markers could collectively be clinically validated candidates in diagnostic processes. The advantages of our study in contrast with up-to-date studies are the shortness of STR amplicons (mini-STRs) and use of both X and Y markers simultaneously in our low-error algorithm for fetal marker genotyping. Consequently, chances of fetal DNA amplification in maternal plasma would increase by means of these mini-STRs and also not detecting Y markers would not directly lead us to the conclusion of existing female fetus in pregnant women. Therefore, in X-Y algorithm no detection of Y STRs in maternal blood has two meanings, firstly we have not been able to detect fetal DNA at all owing to limited or low quantity of fetal DNA in maternal blood and or failure of the extraction and amplification methods, and secondly there have not been any male sequences (Y STRs) detected; instead, identification of paternal X sequences makes us suppose that the fetus is female. According to many studies, early determination of fetal sex is feasible using cffDNA from four weeks, so this technology should be made available to all women at risk of bearing a fetus afflicted to X-linked disorders or metabolic conditions; this eventually reduces invasive procedures by up to 50%. It is also useful to verify genetic sex when there is a suspicion of genital ambiguity on ultrasound. During our study, paternity testing was correctly performed at early gestational ages for a few referred forensic cases (data are not shown). Besides, a few pregnant women with X-linked family history

were screened and their fetus gender was correctly determined before chorionic villus sampling or amniocentesis procedures. There was no X aneuploidy sample among our cases; however, using the mentioned X-Y algorithm, abnormal fetuses affected with X-numerical aneuploidies such as turner and Klinefelter (not non-disjunction II cases) might be easily distinguished. It is noteworthy to mention that, sex prediction failures in this study were not irrelevant to extraction materials and methods and also low sensitivity of our conventional PCR and PAGE. Prospectively, we recommend that future studies should be focused on advanced methods for extracting and separating high cffDNA yields and designing an equivalent algorithmic-based QRT-PCR. This will probably solve such method-borne problems and hopefully will change the era of prenatal genetic diagnosis.

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#### Footnotes

Authors' Contribution: Mohamad-Reza Aghanoori, Hamedreza Goodarzi, Ghazaleh Mohammadzadeh Shahriary, Yasaman Yazdani, Mohamad Reza Akhond, Mehdi Khorrami, Yasaman Yazdani and Mehrab Sayadi performed the entire study; Hamedreza Goodarzi and Mohamad Reza Akhond equally cooperated in designing and planning the study; Mehdi Khorrami, Yasaman Yazdani, Ghazaleh Mohammadzadeh Shahriary and Mohamad Reza Akhond did the experiments; Hamedreza Goodarzi, Mohamad Reza Akhond, Yasaman Yazdani, Ghazaleh Mohammadzadeh Shahriary, Mehrab Sayadi and Mohamad-Reza Aghanoori contributed to the data analysis; Mohamad Reza Akhond, Ghazaleh Mohammadzadeh Shahriary, Yasaman Yazdani, Hamedreza Goodarzi, Mohamad-Reza Aghanoori, Mehdi Khorrami, Yasaman Yazdani and Mehrab Sayadi had a role in writing and editing the paper and confirmed the final version of the manuscript. All authors accepted responsibility for the paper being published.

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