



# Association of *cagA*, *cagC*, *virB2*, and *vacA* Subtypes of *Helicobacter pylori* with Adenocarcinoma Development in Iranian Patients

Pouya Khodadadi <sup>1</sup>, Mohammad Kargar <sup>1,\*</sup>, Mahdi Bijanzadeh <sup>2</sup>, Abbas Doosti <sup>3</sup> and Shapoor Aghaei <sup>4</sup>

<sup>1</sup>Department of Microbiology, Jahrom Branch, Islamic Azad University, Jahrom, Iran

<sup>2</sup>Department of Medical Genetic, Ahvaz Jundishapur University of Medical Sciences, Ahvaz,

<sup>3</sup>Biotechnology Research Center, Shahrekord Branch, Islamic Azad University, Shahrekord, Iran

<sup>4</sup>Department of Internal Medicine, Yasuj University of Medical Sciences, Yasuj, Iran

\*Corresponding author: Department of Microbiology, Jahrom Branch, Islamic Azad University, Jahrom, Iran. Tel: +98-9173149203, Email: mikrokargar@gmail.com

Received 2020 January 25; Revised 2020 July 09; Accepted 2020 July 24.

## Abstract

**Background:** Gastric cancer has been introduced as the second cause of cancer death worldwide. *Helicobacter pylori* infection is considered one of the main risk factors for this type of cancer, so that it has been classified as group I carcinogens.

**Objectives:** The present research intended to examine the prevalence of *cagA*, *cagC*, *virB2*, *vacA*, and genotype distribution in *H. pylori*-infected biopsies and adenocarcinoma cases.

**Methods:** Thirty-four *H. pylori* gastric biopsies taken from Western Iranian patients that were diagnosed as gastritis, gastric ulcers, and adenocarcinoma were used in this study. Two samples were taken from each patient. These samples were selected based on endoscopic observations and histological examinations. The presence of *H. pylori* was confirmed by the Rapid Urease test (RUT) and the *ureC* gene by the polymerase chain reaction (PCR) technique. Then, specific primers for *vacA* and *cagPAI* were used for genotyping *H. pylori* by PCR-typing.

**Results:** The obtained results showed that 86.8% of the samples were *H. pylori*-positive. Moreover, the *cagA* gene prevalence was 51.50% in the samples. In addition, the adenocarcinoma outcome was significantly related to all selected genes. Likewise, some gastric diseases such as gastric ulcers, duodenal ulcer (DU), gastritis, lymphoid, and gastroesophageal reflux disease (GERD) were observed in adenocarcinoma cases. It was also found that the *vacA**stmitII* genotype plays an important role in gastric malignancies. The most frequent *vacA* genotype in the *H. pylori*-infected isolates was *stmitII*, and the observed frequency of *vacA* and *cagA* genes in adenocarcinoma was statistically significant.

**Conclusions:** The findings showed that *H. pylori vacA* and *cagA* gene virulence factors are associated with adenocarcinoma in Western Iranian patients.

**Keywords:** Gastric Adenocarcinoma, *cagPAI*, *Helicobacter pylori*, *vacA* Genotypes, *stmitII*

## 1. Background

*Helicobacter pylori* has been introduced as one of the microaerophilic spiral-shaped Gram-negative bacteria, which belongs to *Epsilonproteobacteria*, colonizing in the gastric mucosa layer of 50% of the population during their lifetime worldwide (1-3). Its transmission mainly occurs through the fecal-oral and oral-oral routes or contaminated sources such as contaminated water supply; however, the observed mechanism varies from person to person (2). Studies have shown a correlation between the infection caused by this bacterium and different kinds of gastric conditions like chronic superficial gastritis, gastric inflammation, chronic active gastritis, duodenal ulcers, gastric cancer, and peptic ulcer disease (4).

Some clinical symptoms in patients with gastroduodenal disease are vomiting, gastrointestinal bleeding, and weight loss. Moreover, some people suffer from stomach ulcers, dysphagia, difficulty swallowing, reflux, atrophy, and indigestion (5). In addition, the worldwide mortality rate due to gastric cancer remains high, specifically in Asia and some developing countries (2). Although gastric cancer occurrence is slowly decreasing in the West, it remains the second most common cause of death from cancer all over the world. It has been estimated that gastric cancer is responsible for 700,000 cases of *H. pylori*-associated morbidity around the world (6). Despite the increased pervasiveness of *H. pylori* worldwide, the infected people are mostly asymptomatic. Therefore, it is evident that the risk

of developing gastric carcinoma is largely higher in *H. pylori*-infected people than in uninfected ones (7). For this reason, the treatment of infected individuals has become a big challenge in medical services (2).

In general, patients and asymptomatic individuals acquire *H. pylori* during childhood or adolescence (8). However, statistics indicate that the prevalence of this bacterium is higher in developing countries than in developed countries (90% versus 25%) (9). Based on previous studies, the prevalence of infection in Iran ranges from 60 to 90% (2, 10). The risk of human infections with *H. pylori* depends on several factors, including age, gender, diet, type of bacterium, environmental factors, genetic diversity of bacterium, and host factors (11, 12). In addition, *H. pylori* has the greatest heterogeneity among enteric bacteria in terms of genetic content so that conserved gene sequences have diversities in many strains. Hence, *H. pylori* infection depends on different factors such as environmental conditions, hygiene level of society, and the characteristics of the organism that affect disease outcomes, including viral genes like *vacA*, *iceA*, *dupA*, *cagA*, *babA*, and *homB*.

Many virulence factors of *H. pylori*, such as cytotoxin-associated gene A (*cagA*), vacuolating cytotoxin A (*vacA*), urease, adhesins, and flagella, are involved in its pathogenesis. Indeed, *H. pylori* adhesins contain outer membrane proteins (OMPs), including DupA, IceA, OipA, AlpA/B, HomB, HopZ, OipA, SabA, and BabA (11, 13, 14) that make this bacterium as one of the most prevalent pathogens in human stomach diseases (15, 16). Some of these genes seem to be linked with gastric inflammation. According to research, *cag* pathogenicity island (*cagPAI*), *cagA*, and *vacA* have an essential role in the stimulation of epithelial cells and stimulates innate immune system (13). Besides, *cagA* is a major *H. pylori* virulence factor in *cagPAI* and one of the most significant markers for the presence of *cagPAI* in *H. pylori* strains. Some studies indicated special clinical features in people with gastroduodenal disorders by infection with *cagA*-positive *H. pylori* strains.

Clinical symptoms such as vomiting, difficulty swallowing, and abdominal pain make it possible to detect bacterial infection in the early stage. On the other hand, clinical manifestations are a useful way to assess bacterial surveillance. However, because of increased *H. pylori* antibiotic resistance, bacteria diagnosis in the early stages may be the best way to eradicate the disease. Moreover, estimates show that *cagPAI* comprises about 40 genes, among which seven genes comprise the type IV secretion system (T4SS). Therefore, T4SS transfers CagA into the host epithelial cells and induces cell toxicity and vacuolation (17). CagA is also a surface protein with high immunization potential, which can result in the deformation of spindle-shaped cells after entrance into stomach epithelial cells.

Entering the CagA protein into target cells and cell signaling interference can increase the pathogenicity and express *cagPAI*-related genes. In addition, *cagA* expression in the strains can lead to several morphologic changes, including bacterial generation and apoptosis in host cells. It was found that *cagA*-positive strains have high potency to nesting, erosion, and inflammation (18). Furthermore, *vir* genes are part of *cagPAI* and have a similar structure to T4SS called *cagPAI* and ComB, which are located before and after *dupA* locus, and thus have been considered as third T4SS (19).

The *vacA* gene includes three main regions of the signal zone that are characterized by *s1* and *s2*, the middle region (*m1* and *m2*), and the intermediate region (*i1*, *i2*, and *i3*). These polymorphic zones exhibit different combinations, some of which have the highest activity to make human gastric diseases (20, 21). Due to mosaicism, a combination of different distinct regions of *vacAs/m/i* resulted in eight possible combinations (subtypes) (11). Because of *vacA* mosaicism, different *H. pylori* strains may show different pathogenicity capacities (22). In most studies conducted in Iran, the *i* region *vacA* genotyping has received less attention. In this research, we considered all three *vacA* gene regions. Our results interestingly implicated that *m1* and *i1* alleles had a significant relationship with gastritis and adenocarcinoma. However, *i1* allele has more activity than *i2*. One of the studies in the field showed the relationship of a combination of strains, *i1* allele, and *stm1* allele with more cytotoxic activity and peptic ulceration. The *sti1* genotype induces the severe vacuolating activity of *vacA* and thus can lead to metaplasia and inflammation compared to *sti2* or *s2i2* (23).

## 2. Objectives

The present study aimed to conduct a survey on *H. pylori* genotyping and examine survey relationship between different *H. pylori* genotypes and different *vacA* alleles in gastric disease incidence.

## 3. Methods

### 3.1. Collection of Patients' Samples

Gastric biopsy specimens were collected under the decision of gastroenterologists following the upper endoscopy of 68 patients with gastroduodenal symptoms during six years. Thirty-four specimens were diagnosed as adenocarcinoma and the remaining samples were obtained from patients with gastric ulcers and gastritis. A questionnaire, including demographic data and medical history, was completed for each patient. Then, all of

the samples were tested by the Rapid Urease test (RUT) (Baharafshan, Iran) and consequently were subjected to pathological examinations. The biopsy samples were kept at -20°C to be used later. All subjects of the study signed informed consent forms before endoscopy. In the next stage, a disinfected endoscope was used to take two biopsy specimens from the antrum. Giemsa reagent was utilized to stain one piece of each specimen to screen for *H. pylori*. All samples were placed in 0.1 mL of sterile saline solution and transferred to the Genetic Laboratory of Ahvaz Jundishapur University of Medical Sciences for additional analysis.

### 3.2. Extraction of Genomic DNA From *Helicobacter pylori*

The DNA extraction kit manufactured by Qiagen DNA Mini Kit, Iran, was used to isolate the DNA from biopsy samples following the manufacturer's instructions. Then, the quantity and quality of the resulting extracted DNA were examined on 2% agarose gel electrophoresis and NanoDrop (Nano-drop Technologies, Wilmington, DE, USA) at the wavelength of 260/280 nm. The extracted DNA was utilized for subsequent experiments of the polymerase chain reaction (PCR). Then, *ureC* was primarily amplified by using specific primers for the detection of *H. pylori* DNA in all samples. The sequence of the *cagA*, *cagC*, *virB2*, and *vacA* genes was deposited in the GenBank database. Finally, Gene Runner 3.5 was employed to design specific forward and reverse primers to the amplified genes, as given in Table 1.

### 3.3. Amplification of *vacA* (*s1*, *s2*, *m1*, *m2*, *i1*, *i2*) and *cagA* Genes

The PCR was performed using a thermal cycler (Mastercycler Gradient, Eppendorf, Germany) in a total reaction volume of 25 µL consisting of 2.5 µL of 2 mM MgCl<sub>2</sub>, 2.5 µL of 10x PCR buffer, and 100 mM dNTPs of each forward and reverse primer, one unit of Taq DNA polymerase, and 1 µg of DNA sample (all chemicals from Fermentas, Thermo Fisher Scientific, Germany). Then, *H. pylori* strain ATCC 43504 was exploited as a positive control. A *cagA* negative strain purchase from Ahvaz Jundishapur University of Medical Sciences. It should be noted that PCR temperature conditions involved an initial denaturation at 95°C for 5 min, followed by 35 cycles, denaturation at 94°C for 1 min, annealing at 61°C for 1 min, and extension at 72°C for 1 min. Then, we programmed the resulting extension phase at 72°C for 5 min, and eventually, the amplified samples were held at 15°C.

### 3.4. Statistical Analysis

Statistical analysis was done using SPSS 20 software (SPSS Inc., Chicago, IL, USA). The chi-square test and Fisher's exact two-tailed tests were used to assess any significant relationship between the prevalence of *H. pylori* strains and

**Table 1.** Primers Used in Analysis of *Helicobacter pylori* *cagA* and *vacA* Alleles

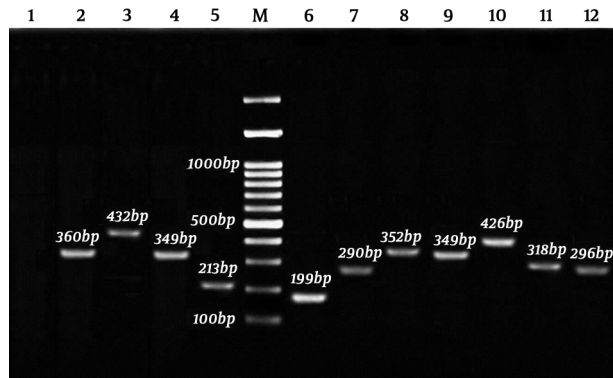
Gene	Primer Sequence 5' → 3'	PCR Amplicon Size, bp
<i>ureC</i>	F: AAG CTT TTA GGG GTG TTA GGGGTTT	296
	R: AAG CTT ACT TTC TAA CAC TAA CGC	
<i>cagA</i>	F: ATA ACA GGC AAG CTT TTG AGG	349
	R: TGC AAA AGA TTG TTT GGC AGA	
<i>vacAs1</i>	F: CTC TCG CTT TAG TAG GAG C	213
	R: CTG CTT GAA TGC GCC AAA C	
<i>vacAs2</i>	F: GCT AAC ACG CCA AAT GAT CC	199
	R: CTG CTT GAA TGC GCC AAA C	
<i>vacAm1</i>	F: GGT CAA AAT GCG GTC ATG G	290
	R: CCA TTG GTA CCT GTA GAA AC	
<i>vacAm2</i>	F: GGA GCC CCA GGA AAC ATT G	352
	R: CAT AAC TAG CGC CTT GCA C	
<i>vacAi1</i>	F: GTT GGG ATT GGG GGA ATG CCG	426
	R: TTA ATT TAA CGC TGT TTG AAG	
<i>vacAi2</i>	F: GTT GGG ATT GGG GGA ATG CCG	432
	R: GAT CAA CGC TCT GAT TTG A	
<i>cagC</i>	F: ATGAAGTTTTTACAAGAATC	360
	R: TTAGCTTGCTCCTCCACTCTC	
<i>virB2</i>	F: AAGATGAAAACAAAACATAAAG	318
	R: CATCTAAAATAACCAATTGAC	

their genotypes. A P value of < 0.05 was considered statistically significant.

## 4. Results

The DNA samples derived from gastric biopsy were *H. pylori*-positive, according to the RUT and Giemsa staining. All of the isolates were confirmed by the *ureC* gene PCR assay, as well. The *cagA*, *cagC*, *virB2*, and *vacA* PCR products were analyzed on 2% agarose gel electrophoresis (Figure 1). Moreover, 20.60% of women were *H. pylori*-positive, while 47.10% of men were infected (P = 0.221). However, no association was found between the use of tobacco and alcohol and *H. pylori* infection. Additionally, this infection was higher in patients aged 50 years or lower (39.70%) than in older ones (27.90%), although the relationship was not significant (P = 0.338). Figure 2 presents a summary of the co-occurrence of gastric diseases, including lymphoid, metaplasia, duodenal ulcer (DU), gastritis, non-ulcer disease (NUD), gastric ulcer (GU), and gastroesophageal reflux disease (GERD) with adenocarcinoma.

Using the PCR-electrophoresis analysis, the presence of the *cagPAI* region (with *cagA*, *cagC*, and *virB2*) was de-



**Figure 1.** Amplification of *cagA*, *cagC*, *virB2*, and *vacA* alleles and subtypes using PCR-electrophoretic identification of amplified products of *Helicobacter pylori*: 1, negative control; 2, *cagC* 360 bp; 3, *vacAi2* 432 bp; 4, *cagA* 349 bp; 5, *vacAs1* 213 bp; 6, *vacAs2* 199 bp; 7, *vacAm1* 290 bp; 8, *vacAm2* 352 bp; 9, *cagA* positive control 349 bp; 10, *vacAi1*; 426 bp; 11, *virB2* 318 bp; 12, *ureC* 296 bp; M, 100 bp marker.

terminated in all collected samples, and half of them were adenocarcinoma-positive. Figure 3 depicts the presence of *cagA*, *cagC*, and *virB2* in adenocarcinoma and gastritis. The obtained data showed that the presence of *cagA* ( $P = 0.002$ ), *cagC* (0.002), and *virB2* (0.001) genes had a significant association with adenocarcinoma outcome. In gastritis, the detection of *cagA*, *cagC*, and *virB2* genes was calculated as 25.00% ( $P = 0.009$ ), 22.10% ( $P = 0.019$ ), and 16.20% ( $P = 0.013$ ), respectively. Notably, 16.50% of the 51.50% *cagA*-positive samples were from females and 35.30% from males. However, no significant relationship was found between the *cagA* gene and gender ( $P = 0.249$ )

Observations indicated that 86.8% of 68 collected samples were detected as *vacA*-positive ( $P = 0.001$ ). It was found that *s1mi1i* (22.1%) and *s2m2i2* (13 cases) were the most observed genotypes among the samples. However, in the adenocarcinoma samples, the most observed genotypes were *s1mi1i* (22.60%;  $P = 0.008$ ) and *s2mi1i* (8.80%;  $P = 0.012$ ), which were associated with adenocarcinoma occurrence. Moreover, *m1* and *i1* alleles were significantly contributed to adenocarcinoma and gastritis, but no association was observed between *m1* and *i1* alleles and duodenum ulcer (Figure 4). In addition, statistical analysis showed a significant difference between the *s1mi1i* genotype and adenocarcinoma patients (Figure 5).

### 5. Discussion

As known, *H. pylori* is a worldwide infection with variable prevalence in different geographic regions. In 1994, the International Agency for Research on Cancer (IARC) introduced *H. pylori* as one of the class I carcinogens and dan-

gerous factors for stomach cancer (16, 24). It was considered an etiologic agent of gastritis and the main factor in 5.5% of common gastric cancers and lymphoid malignancies (25). According to research, 75% of gastric cancer cases do not occur in the absence of *H. pylori*. Based on Iranian research, almost 90% of adults and more than 50% of children under the age of 15 are infected with *H. pylori* (26). The identification of individuals at high risk of gastric cancer that may enter a surveillance and intervention program during the precancerous process is the most suitable strategy for decreasing mortality due to this malignancy.

This study showed an association between different genotypes of *vacA* genes in *H. pylori*-positive Iranian samples who were suffering from adenocarcinoma and gastric diseases. Therefore, it was focused on the presence of the main virulence genes like *vacA* allele and *cagPAI* (*cagA*, *cagC*, *virB2*) and also their correlation with gastrointestinal diseases. The *vacA* gene-encoded protoxin with 140 KD, which converted into a mature toxin with 88 KD after secretion. The *vacA* gene polymorphisms caused cell toxicity resistance. Diversity in the *s*, *m*, and *i* regions of the *vacA* gene influenced the VacA protein. Specifically, a variety of *s* and *i* subunits promoted effective vacuolation, whereas the *m* region contributed importantly to the vacuolated cell diagnosis via an effective connection of the toxin to the host cell (25, 27, 28). In addition to genotyping, the present study surveyed the relevance of adenocarcinoma outcome with another gastric disease. Therefore, it was observed that adenocarcinoma had a significant correlation with lymphoid, duodenal ulcer, gastritis, and MASS, but there was no significant correlation between metaplasia, NUD, and GERD.

These data showed that persons who are suffering from gastric ulcer, duodenal ulcer, gastritis, and lymphoid but had not been untreated were at the increased risk of gastric cancer. Similar to the obtained data by Farshad et al. (29), we found that 51.5% of the collected specimens with gastric infection are positive for *vacA* genes. Moreover, a correlation was observed between *vacA* genotypes and some gastric diseases such as adenocarcinoma, NUD, and gastritis. In addition, Souod et al. (30) reported the same result as achieved in the current data. However, some previous studies showed that *vacA* genotypes are not useful markers to anticipate clinical outcomes. As an example, Jafari et al. did not find any association between *vacA* genotypes and gastric disease (11). Moreover, the prevalence of *cagA* positive strains in the southwest of Iran was 95.03%, so that the authors reported that East Asian strains were dominant in this region. The results of several studies suggested that the prevalence of bacterial types could also change over a year (3).

The comparison of *cagA* in East Asian countries and

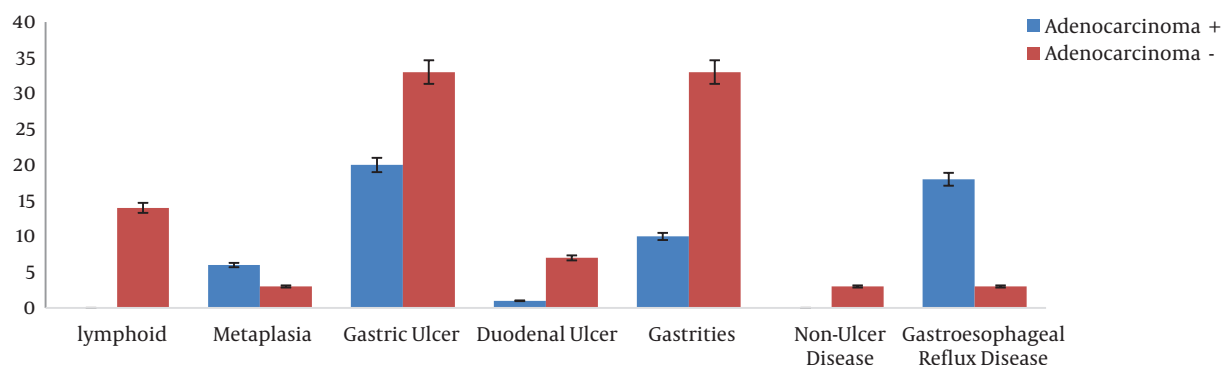


Figure 2. Correlation between adenocarcinoma and gastric disease outcomes

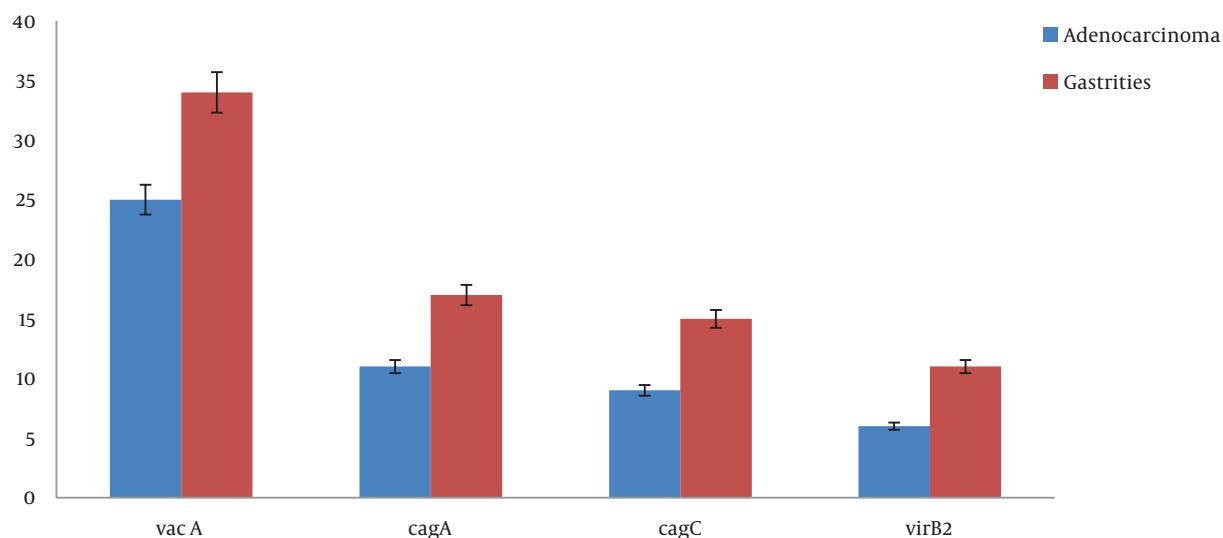


Figure 3. Correlation between adenocarcinoma, gastritis, and *Helicobacter pylori* genes

western countries showed that gastric cancer is more strongly associated with *H. pylori* strains carrying East Asian *cagA* in geographical regions where two different strains coexist (25). In this regard, the frequency of the *cagA* gene in Malaysia was reported to be higher than 94% (30). In addition, *cagA* prevalence in China and neighboring countries such as India was reported to be 93.2% and 96.2%, respectively (12). Such a variety in the *cagA* gene frequency in different countries is due to differences in the infected population, geographic condition, and strains' genetic diversity. Kamogawa-Schifter et al.'s study (31) indicated that the prevalence of the *cagA* gene in people suffering from duodenal ulcers and gastric cancer was 78% and 86%, respectively. Similarly, the 65.50% frequency of *cagA* was found in peptic ulcer isolates in a study carried out in

Turkey (32). Furthermore, *cagA* pervasiveness in Mexican patients was reported to be 57% in chronic gastritis, 58.3% in gastric cancer, and 61.4% in gastric ulcer (33).

In the present research, *cagA*-positive strains isolated from patients suffering from peptic ulcers, peptic cancer, and gastritis were 68.60%, 68.60%, and 48.6%, respectively. The frequency of *cagPAI* genes, *vacA* in peptic ulcer, and adenocarcinoma equaled 35.5% that is more than in gastritis and there were significant differences in the presence of these genes between adenocarcinoma and gastritis. Such different percentages between the mentioned genes and their genotypes, as well as differences among various countries, may be related to the geographic spread. Therefore, it may be concluded that the co-presence of *cagA* and *vacA* may worsen the disease outcome and increase



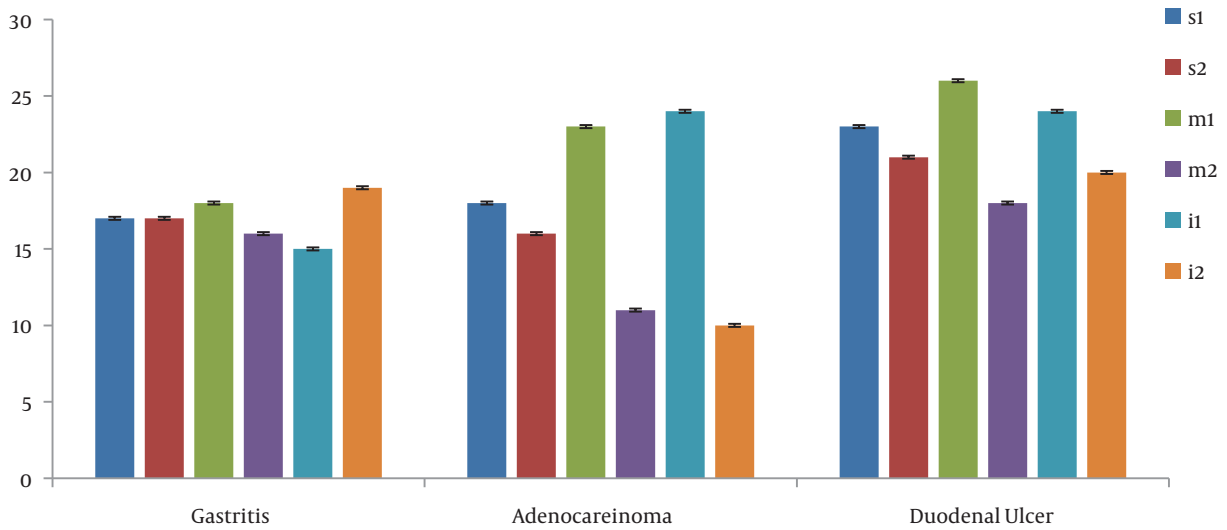


Figure 4. The association between *vacA* alleles and some gastric diseases

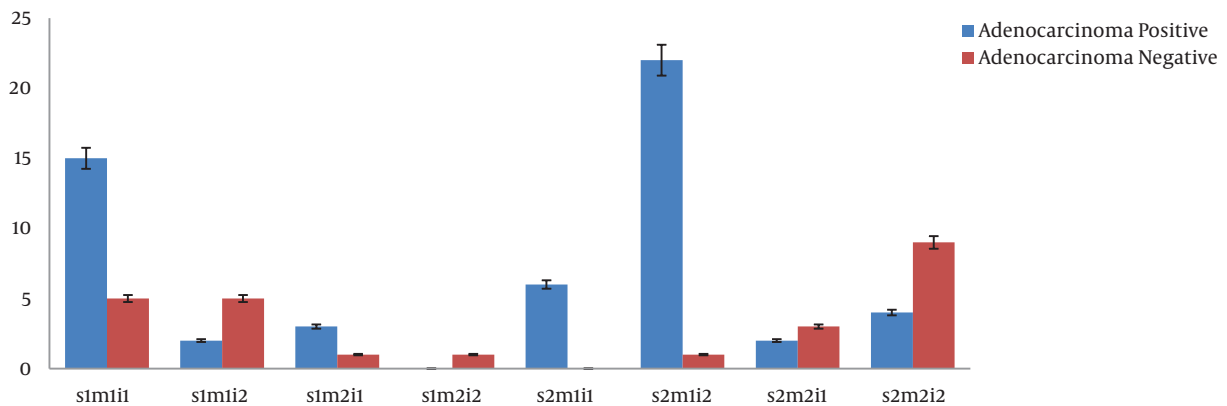


Figure 5. The association between *vacA* genotypes and adenocarcinoma outcome

the pathogenesis (25, 27). Hence, this study considered the prevalence of *cagPAI* in adenocarcinoma and gastritis and found that most *cagA*-positive people were also *vacA*-positive; however, all *cagA*-negative people were not necessarily *vacA*-negative. Despite the difference in gene frequency, the existence of *cagPAI* and *vacA* could be considered a marker for disease intensity, and thus the importance of other factors such as environmental factors could not be ignored (32).

The association between these alleles, disease intensity and type of diseases such as gastritis, gastric ulcer, and adenocarcinoma was investigated, as well. It was found that the frequency of *vacA* alleles was almost equal in adenocarcinoma, gastritis, peptic ulcer, lymphoid, DU, NUD,

metaplasia, and presence of masses, and no significant difference was observed (Figure 4). However, *vacA*i1 and *vacA*m1/m2 had a significant correlation with gastrointestinal diseases in some cases. In this context, *vacA*i1 and *m1* alleles were significantly related to adenocarcinoma. Moreover, there was a significant relationship between *vacA*m2 and *vacA*i1 alleles and gastritis in patients suffering from gastritis (34).

Based on various research on the equality of *s1/s2* alleles, it is of high importance to survey other regions of the *vacA* gene. According to the current study, among *vacA*m alleles, *m1* had a higher frequency than *m2*. Moreover, *m1* with higher frequency than *m2* was found in adenocarcinoma and gastritis cases, which was statistically sig-

nificant. These results are consistent with the investigations conducted in Japan, China, and South Korea, where the high frequency of *m1* allele was reported in adenocarcinoma and gastritis (34), although it did not match the observed results in Vietnam and Hong Kong (19). It seems that the *m1* allele has a high potential compared to *m2*, although it is not sufficient to diagnose high-risk patients. Moreover, a high frequency of the *i1* allele was observed in adenocarcinoma cases in comparison with *i2*, and this difference was significant. Our data are similar to those obtained in Chinese adenocarcinoma patients (35).

The results of this research and other studies carried out in various parts of the world showed that the *vacA*<sub>i1</sub> and *vacA*<sub>m1</sub> alleles had a positive impact on bacterial pathogenicity. These alleles have a significant correlation with gastritis and adenocarcinoma (30). According to the results from 46 *H. pylori*-positive samples (67.60%), 37 cases carried the *vacA* gene, and 29.40% of them had the *vacA*<sub>stm1i1</sub> genotype. This genotype was considered to be dominant. It was also reported that the *H. pylori* *stm1i1* genotype had a higher potential for vacuolation than other genotypes such as *s2m2i2* and *stm2i2*. Most of the isolated strains in this research had *stm1i1*-dominant genotypes, similar to studies performed in Afghanistan and Iran (36). On the other hand, it is inconsistent with the study conducted in Nigeria. In Nigerian patients, the *stm1i1* genotype accounted for high pathogenicity with the lowest frequency that was against the high pervasiveness of *H. pylori* in this population. However, there was no association with some diseases such as duodenal ulcers and gastric lymphoma (37). Among the reviewed genotypes, *H. pylori* *cagA*<sup>+</sup>, *stm1i1* strains had a high frequency in patients with adenocarcinoma. Furthermore, *cagA*<sup>-</sup> and *s2m2i2* had a significantly negative correlation with adenocarcinoma outcome.

Among eight examined genotypes of *cagA*<sup>+</sup>, *stm1i1* (44.10%) and *s2m1i1* (17.60%) had the highest frequency in patients with adenocarcinoma. The above-mentioned genotypes had a significant correlation with adenocarcinoma. Our data are consistent with a study carried out by Amer et al. in Egypt (38). Even though the results of some investigations conducted in other parts of the world are different from ours (37), the most common *vacA* genotypes were *stm1* and *s2m2* in Cuban patients. In brief, in *H. pylori* infections, some pathogenic factors such as environmental factors, genetic elements of the host cell, and bacterial pathogenicity can affect the disease outcome. It seems that various *H. pylori* strains can cause diverse forms of gastroduodenal disease. It should be noted that the current study used *cagA*, *cagC*, *vacA*, and *virB2* genotypes to identify *H. pylori* strains isolated from patients. The *vacA*-positive strains isolated from ulcer patients were signifi-

cantly more than those from non-ulcer patients. However, any significant differences were not found in the frequency of positive *cagA* isolates between ulcer patients and non-ulcer patients.

Therefore, based on our results and others from various countries such as Egypt, *vacA*<sub>i1</sub>, and *m1* play important roles in gastrointestinal malignancies. Hence, the intermediate regions of the *vacA* gene can be used as an indicator used to predict *H. pylori* diseases, including gastric cancer (38). Additionally, as the geographical region can affect the prevalence of *vacA* genotypes, it is highly proposed to clarify the population-specific distribution of hotspots genotypes by other specialists. Furthermore, more investigations in various parts of the world are proposed to illustrate the pathogens such as *H. pylori* involved in gastroduodenal diseases.

### 5.1. Conclusions

The present study addressed the prevalence of *H. pylori* virulence factors and adenocarcinoma cases in people with gastric cancer for the first time in Iran. The results showed that none of the treatments of stomach-associated diseases could lead to adenocarcinoma and gastric cancer. Therefore, it is proposed to treat bacterial infections around the world and prevent worldwide death caused by cancer. For this reason, designing an effective vaccine to prevent gastric cancer, especially in people susceptible to the disease, seems to be necessary to decrease the cost of treatment. Although in most studies, the *i* region *vacA* genotyping has received less attention, the current results interestingly showed that the *i1* allele had a significant relationship with gastritis and adenocarcinoma. The identification of individuals at high risk of gastric cancer that may enter a surveillance and intervention program during the precancerous process is the most suitable strategy for decreasing mortality due to this malignancy. In addition, the determination of genotypes of *H. pylori* isolates in this population may allow us to further understand the relationship between putative virulence genes and clinical disease.

### Footnotes

**Authors' Contribution:** All authors contributed to the revision of the manuscript, read, and approved the submitted version. Study design: Mohammad Kargar and Abbas Doosti. Literature review: Pouya Khodadadi and Mohammad Kargar. Data analysis: Pouya Khodadadi. Manuscript preparation: Pouya Khodadadi, Mohammad Kargar, Mahdi Bijanzadeh, Abbas Doosti, and Shapoor Aghaei.

**Clinical Trial Registration Code:** Cross sectional- Descriptive, IAUJB 47896213

**Conflict of Interests:** The authors declare no conflict of interest.

**Ethical Approval:** The project and data collection were approved by the Ethics Committee of Islamic Azad University, Jahrom Branch (code: IAUJB 47896213).

**Funding/Support:** This research is part of a PhD thesis by Pouya Khodadadi, which was approved by the Jahrom Branch of Islamic Azad University, Iran.

## References

- Kargar M, Ghorbani-Dalini S, Doosti A, Najafi A. Five-year monitoring of considerable changes in tyrosine phosphorylation motifs of the *Helicobacter pylori* *cagA* gene in Iran. *J Appl Genet*. 2014;**55**(3):417-22. doi: [10.1007/s13353-014-0209-x](https://doi.org/10.1007/s13353-014-0209-x). [PubMed: [24771298](https://pubmed.ncbi.nlm.nih.gov/24771298/)].
- Watari J, Chen N, Amenta PS, Fukui H, Oshima T, Tomita T, et al. *Helicobacter pylori* associated chronic gastritis, clinical syndromes, precancerous lesions, and pathogenesis of gastric cancer development. *World J Gastroenterol*. 2014;**20**(18):5461-73. doi: [10.3748/wjg.v20.i18.5461](https://doi.org/10.3748/wjg.v20.i18.5461). [PubMed: [24833876](https://pubmed.ncbi.nlm.nih.gov/24833876/)]. [PubMed Central: [PMC4017061](https://pubmed.ncbi.nlm.nih.gov/PMC4017061/)].
- Kargar M, Souod N, Ghorbani-Dalini S, Doosti A. Evaluation of *Helicobacter pylori* isolates from gastric disorder patients in West of Iran. *Sci Res Essays*. 2011;**6**(31):6454-6458. doi: [10.5897/SRE11.826](https://doi.org/10.5897/SRE11.826).
- Talimkhani A, Mashak Z. Prevalence and Genotyping of *Helicobacter pylori* Isolated From Meat, Milk and Vegetable in Iran. *Jundishapur J Microbiol*. 2017;**10**(11). doi: [10.5812/jjm.14240](https://doi.org/10.5812/jjm.14240).
- Pajavand H, Alvandi A, Mohajeri P, Bakhtyari S, Bashiri H, Kalali B, et al. High frequency of *Helicobacter pylori* isolates from patients with gastroduodenal disorders in Kermanshah, Iran. *Jundishapur J Microbiol*. 2015;**8**(11). e25425. doi: [10.5812/jjm.25425](https://doi.org/10.5812/jjm.25425). [PubMed: [26862378](https://pubmed.ncbi.nlm.nih.gov/26862378/)]. [PubMed Central: [PMC4740511](https://pubmed.ncbi.nlm.nih.gov/PMC4740511/)].
- Testerman TL, Morris J. Beyond the stomach: an updated view of *Helicobacter pylori* pathogenesis, diagnosis, and treatment. *World J Gastroenterol*. 2014;**20**(36):12781-808. doi: [10.3748/wjg.v20.i36.12781](https://doi.org/10.3748/wjg.v20.i36.12781). [PubMed: [25278678](https://pubmed.ncbi.nlm.nih.gov/25278678/)]. [PubMed Central: [PMC4177463](https://pubmed.ncbi.nlm.nih.gov/PMC4177463/)].
- Nakao M, Matsuo K, Ito H, Shitara K, Hosono S, Watanabe M, et al. ABO genotype and the risk of gastric cancer, atrophic gastritis, and *Helicobacter pylori* infection. *Cancer Epidemiol Biomarkers Prev*. 2011;**20**(8):1665-72. doi: [10.1158/1055-9965.EPI-11-0213](https://doi.org/10.1158/1055-9965.EPI-11-0213). [PubMed: [21680535](https://pubmed.ncbi.nlm.nih.gov/21680535/)].
- Liang L, Zhang Z, Bo W, Zhang M, Wang X. Association of different genotypes of *Helicobacter pylori* with CDX2 expression in intestinal metaplasia and gastric cancer. *Int J Clin Experiment Med*. 2019;**12**(9):11666-74.
- Braga LL, Oliveira MA, Goncalves MH, Chaves FK, Benigno TG, Gomes AD, et al. *Helicobacter pylori* strains of asymptomatic children from a high-risk gastric cancer area in northeastern Brazil. *Mem Inst Oswaldo Cruz*. 2014;**109**(8):1045-9. doi: [10.1590/0074-0276140279](https://doi.org/10.1590/0074-0276140279). [PubMed: [25494468](https://pubmed.ncbi.nlm.nih.gov/25494468/)]. [PubMed Central: [PMC4325609](https://pubmed.ncbi.nlm.nih.gov/PMC4325609/)].
- Ghorbani-Dalini S, Kargar M, Doosti A, Najafi A. The relationship between *Helicobacter pylori* disease and bacterial count in stomach. *Health*. 2014;**6**(4):259-62. doi: [10.4236/health.2014.64038](https://doi.org/10.4236/health.2014.64038).
- Jafari F, Shokrzadeh L, Dabiri H, Baghaei K, Yamaoka Y, Zojaji H, et al. *vacA* genotypes of *cagA* status and clinical outcomes in Iranian populations. *Jpn J Infect Dis*. 2008;**61**(4):290-3. [PubMed: [18653971](https://pubmed.ncbi.nlm.nih.gov/18653971/)]. [PubMed Central: [PMC3719049](https://pubmed.ncbi.nlm.nih.gov/PMC3719049/)].
- Aziz F, Chen X, Yang X, Yan Q. Prevalence and correlation with clinical diseases of *vacA* expression among gastric patients from Northeast China. *Biomed Res Int*. 2014;**2014**:142980. doi: [10.1155/2014/142980](https://doi.org/10.1155/2014/142980). [PubMed: [24949419](https://pubmed.ncbi.nlm.nih.gov/24949419/)]. [PubMed Central: [PMC4052682](https://pubmed.ncbi.nlm.nih.gov/PMC4052682/)].
- Ishaq S, Nunn L. *Helicobacter pylori* and gastric cancer: a state of the art review. *Gastroenterol Hepatol Bed Bench*. 2015;**8**(Suppl 1):S6-S14. [PubMed: [26171139](https://pubmed.ncbi.nlm.nih.gov/26171139/)]. [PubMed Central: [PMC4495426](https://pubmed.ncbi.nlm.nih.gov/PMC4495426/)].
- Shiota S, Suzuki R, Yamaoka Y. The significance of virulence factors in *Helicobacter pylori*. *J Dig Dis*. 2013;**14**(7):341-9. doi: [10.1111/1751-2980.12054](https://doi.org/10.1111/1751-2980.12054). [PubMed: [23452293](https://pubmed.ncbi.nlm.nih.gov/23452293/)]. [PubMed Central: [PMC3721066](https://pubmed.ncbi.nlm.nih.gov/PMC3721066/)].
- Kalali B, Mejias-Luque R, Javaheri A, Gerhard M. *H. pylori* virulence factors: influence on immune system and pathology. *Mediators Inflamm*. 2014;**2014**:426309. doi: [10.1155/2014/426309](https://doi.org/10.1155/2014/426309). [PubMed: [24587595](https://pubmed.ncbi.nlm.nih.gov/24587595/)]. [PubMed Central: [PMC3918698](https://pubmed.ncbi.nlm.nih.gov/PMC3918698/)].
- Wongphutorn P, Chomvarin C, Sripan B, Namwat W, Faksri K. Detection and genotyping of *Helicobacter pylori* in saliva versus stool samples from asymptomatic individuals in Northeastern Thailand reveals intra-host tissue-specific *H. pylori* subtypes. *BMC Microbiol*. 2018;**18**(1):10. doi: [10.1186/s12866-018-1150-7](https://doi.org/10.1186/s12866-018-1150-7). [PubMed: [29378521](https://pubmed.ncbi.nlm.nih.gov/29378521/)]. [PubMed Central: [PMC5789744](https://pubmed.ncbi.nlm.nih.gov/PMC5789744/)].
- Figueiredo C, Machado JC, Pharoah P, Seruca R, Sousa S, Carvalho R, et al. *Helicobacter pylori* and interleukin 1 genotyping: an opportunity to identify high-risk individuals for gastric carcinoma. *J Natl Cancer Inst*. 2002;**94**(22):1680-7. doi: [10.1093/jnci/94.22.1680](https://doi.org/10.1093/jnci/94.22.1680). [PubMed: [12441323](https://pubmed.ncbi.nlm.nih.gov/12441323/)].
- Saberi M, Momtaz H. Genotyping of *cagA* in *Helicobacter pylori* Strains in Saliva and Feces of Isfahan's Children. *Navid No*. 2018;**20**(64):24-33.
- Yamaoka Y. Mechanisms of disease: *Helicobacter pylori* virulence factors. *Nat Rev Gastroenterol Hepatol*. 2010;**7**(11):629-41. doi: [10.1038/nrgastro.2010.154](https://doi.org/10.1038/nrgastro.2010.154). [PubMed: [20938460](https://pubmed.ncbi.nlm.nih.gov/20938460/)]. [PubMed Central: [PMC3137895](https://pubmed.ncbi.nlm.nih.gov/PMC3137895/)].
- El Azeem EMA, Abdel-Ghaffar ARB, Shokaeir MH, Ali HA. Genotyping of *Helicobacter pylori* isolates from Egyptian Patients. *Int J Biosci*. 2017;**10**(4):121-8. doi: [10.12692/ijb/10.4.121-128](https://doi.org/10.12692/ijb/10.4.121-128).
- Torres LE, Melian K, Moreno A, Alonso J, Sabatier CA, Hernandez M, et al. Prevalence of *Helicobacter pylori* isolates. *World J Gastroenterol*. 2009;**15**(2):204-10. doi: [10.3748/wjg.15.204](https://doi.org/10.3748/wjg.15.204). [PubMed: [19132771](https://pubmed.ncbi.nlm.nih.gov/19132771/)]. [PubMed Central: [PMC2653313](https://pubmed.ncbi.nlm.nih.gov/PMC2653313/)].
- Dabiri H, Jafari F, Baghaei K, Shokrzadeh L, Abdi S, Pourhoseingholi MA, et al. Prevalence of *babB* genotypes in Iranian dyspeptic patients. *Microb Pathog*. 2017;**105**:226-30. doi: [10.1016/j.micpath.2017.02.018](https://doi.org/10.1016/j.micpath.2017.02.018). [PubMed: [28215588](https://pubmed.ncbi.nlm.nih.gov/28215588/)].
- Alaoui Boukhris S, Amarti A, El Rhazi K, El Khadir M, Benajah DA, Ibrahim SA, et al. *Helicobacter pylori* genotypes associated with gastric histo-pathological damages in a Moroccan population. *PLoS One*. 2013;**8**(12). e82646. doi: [10.1371/journal.pone.0082646](https://doi.org/10.1371/journal.pone.0082646). [PubMed: [24349327](https://pubmed.ncbi.nlm.nih.gov/24349327/)]. [PubMed Central: [PMC3857243](https://pubmed.ncbi.nlm.nih.gov/PMC3857243/)].
- Foegeding NJ, Caston RR, McClain MS, Ohi MD, Cover TL. An Overview of *Helicobacter pylori* *VacA* Toxin Biology. *Toxins (Basel)*. 2016;**8**(6). doi: [10.3390/toxins8060173](https://doi.org/10.3390/toxins8060173). [PubMed: [27271669](https://pubmed.ncbi.nlm.nih.gov/27271669/)]. [PubMed Central: [PMC4926140](https://pubmed.ncbi.nlm.nih.gov/PMC4926140/)].
- Wen S, Moss SF. *Helicobacter pylori* virulence factors in gastric carcinogenesis. *Cancer Lett*. 2009;**282**(1):1-8. doi: [10.1016/j.canlet.2008.11.016](https://doi.org/10.1016/j.canlet.2008.11.016). [PubMed: [19111390](https://pubmed.ncbi.nlm.nih.gov/19111390/)]. [PubMed Central: [PMC2746929](https://pubmed.ncbi.nlm.nih.gov/PMC2746929/)].
- Takahashi-Kanemitsu A, Knight CT, Hatakeyama M. Molecular anatomy and pathogenic actions of *Helicobacter pylori* *CagA* that underpin gastric carcinogenesis. *Cell Mol Immunol*. 2020;**17**(1):50-63. doi: [10.1038/s41423-019-0339-5](https://doi.org/10.1038/s41423-019-0339-5). [PubMed: [31804619](https://pubmed.ncbi.nlm.nih.gov/31804619/)]. [PubMed Central: [PMC6952403](https://pubmed.ncbi.nlm.nih.gov/PMC6952403/)].
- Hosseini E, Poursina F, de Wiele TV, Safaei HG, Adibi P. *Helicobacter pylori* in Iran: A systematic review on the association of genotypes and gastroduodenal diseases. *J Res Med Sci*. 2012;**17**(3):280-92. [PubMed: [23267382](https://pubmed.ncbi.nlm.nih.gov/23267382/)]. [PubMed Central: [PMC3527048](https://pubmed.ncbi.nlm.nih.gov/PMC3527048/)].
- Soleimani N, Mohabati Mobarez A, Farhangi B. Cloning, expression and purification flagellar sheath adhesion of *Escherichia coli* host as a vaccination target. *Clin Exp Vaccine Res*. 2016;**5**(1):19-25. doi: [10.7774/cevr.2016.5.1.19](https://doi.org/10.7774/cevr.2016.5.1.19). [PubMed: [26866020](https://pubmed.ncbi.nlm.nih.gov/26866020/)]. [PubMed Central: [PMC4742594](https://pubmed.ncbi.nlm.nih.gov/PMC4742594/)].
- Farshad S, Japoni A, Alborzi A, Hosseini M. Restriction fragment length polymorphism of virulence genes *Helicobacter pylori* strains isolated from Iranian patients with gastric ulcer and nonulcer disease. *Saudi Med J*. 2007;**28**(4):529-34. [PubMed: [17457472](https://pubmed.ncbi.nlm.nih.gov/17457472/)].



30. Souod N, Kargar M, Doosti A, Ranjbar R, Sarshar M. Genetic Analysis of *Helicobacter Pylori* Isolates and Their Relationship with Gastrointestinal Diseases in the West of Iran. *Iran Red Crescent Med J*. 2013;**15**(5):371-5. doi: [10.5812/ircmj.3732](https://doi.org/10.5812/ircmj.3732). [PubMed: [24349721](https://pubmed.ncbi.nlm.nih.gov/24349721/)]. [PubMed Central: [PMC3838643](https://pubmed.ncbi.nlm.nih.gov/PMC3838643/)].
31. Kamogawa-Schifter Y, Yamaoka Y, Uchida T, Beer A, Tribl B, Schoniger-Hekele M, et al. Prevalence of *Helicobacter pylori* and its CagA subtypes in gastric cancer and duodenal ulcer at an Austrian tertiary referral center over 25 years. *PLoS One*. 2018;**13**(5). e0197695. doi: [10.1371/journal.pone.0197695](https://doi.org/10.1371/journal.pone.0197695). [PubMed: [29813089](https://pubmed.ncbi.nlm.nih.gov/29813089/)]. [PubMed Central: [PMC5973618](https://pubmed.ncbi.nlm.nih.gov/PMC5973618/)].
32. Bahadori A, Somi MH, Doran F, Eftekharsadat AT. Determination of correlation between principal genotypes of *vacA* genotypes and clinical outcome in patients suffering from active chronic gastritis and gastric adenocarcinoma from Iran and Turkey. *Biomed Res Int*. 2017;**28**(4):1743-8.
33. Roman-Roman A, Martinez-Carrillo DN, Atrisco-Morales J, Azucar-Heziquio JC, Cuevas-Caballero AS, Castanon-Sanchez CA, et al. *babA2* increase the risk of ulcer and gastric cancer in patients from Southern Mexico. *Gut Pathog*. 2017;**9**:18. doi: [10.1186/s13099-017-0167-z](https://doi.org/10.1186/s13099-017-0167-z). [PubMed: [28413454](https://pubmed.ncbi.nlm.nih.gov/28413454/)]. [PubMed Central: [PMC5390388](https://pubmed.ncbi.nlm.nih.gov/PMC5390388/)].
34. Pinto-Ribeiro I, Ferreira RM, Batalha S, Hlaing T, Wong SI, Carneiro F, et al. *Helicobacter pylori vacA* Genotypes in Chronic Gastritis and Gastric Carcinoma Patients from Macau, China. *Toxins (Basel)*. 2016;**8**(5). doi: [10.3390/toxins8050142](https://doi.org/10.3390/toxins8050142). [PubMed: [27164143](https://pubmed.ncbi.nlm.nih.gov/27164143/)]. [PubMed Central: [PMC4885057](https://pubmed.ncbi.nlm.nih.gov/PMC4885057/)].
35. Yamaoka Y, Kato M, Asaka M. Geographic differences in gastric cancer incidence can be explained by differences between *Helicobacter pylori* strains. *Intern Med*. 2008;**47**(12):1077-83. doi: [10.2169/internalmedicine.47.0975](https://doi.org/10.2169/internalmedicine.47.0975). [PubMed: [18552463](https://pubmed.ncbi.nlm.nih.gov/18552463/)]. [PubMed Central: [PMC3732488](https://pubmed.ncbi.nlm.nih.gov/PMC3732488/)].
36. Yamaoka Y, Orito E, Mizokami M, Gutierrez O, Saitou N, Kodama T, et al. *Helicobacter pylori* in north and South America before Columbus. *FEBS Lett*. 2002;**517**(1-3):180-4. doi: [10.1016/S0014-5793\(02\)02617-0](https://doi.org/10.1016/S0014-5793(02)02617-0).
37. Dabiri H, Bolfion M, Mirsalehian A, Rezadehbashi M, Jafari F, Shokrzadeh L, et al. Analysis of *Helicobacter pylori* genotypes in Afghani and Iranian isolates. *Pol J Microbiol*. 2010;**59**(1):61-6. [PubMed: [20568532](https://pubmed.ncbi.nlm.nih.gov/20568532/)]. [PubMed Central: [PMC3126918](https://pubmed.ncbi.nlm.nih.gov/PMC3126918/)].
38. Amer FA. *Helicobacter pylori* genotypes among patients in a university hospital in Egypt: identifying the determinants of disease severity. *J Microbiol Infect Dis*. 2013;**3**(3):109-15. doi: [10.5799/ahinjs.02.2013.03.0092](https://doi.org/10.5799/ahinjs.02.2013.03.0092).