



Epidemiological Investigation of *Salmonella enterica* Isolates in Children with Diarrhea in Chengdu, China

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Abstract

Background: Children with the immature intestinal immune system are prone to *Salmonella* infection through the fecal-oral route causing diarrhea. Non-typhoid *Salmonella* (NTS) is difficult to treat and eliminate due to its zoonosis. *Salmonella typhi*, including typhoid and paratyphoid A, B, and C, only infect humans and cause invasive infectious diseases. *Salmonella typhi* infection is serious and requires antibiotic treatment. The bacterial resistance caused by conventional antibacterial drugs brings great difficulties to treatment.

Objectives: This study aimed to investigate the epidemiology of *S. enterica* in children with diarrhea in Chengdu, China.

Methods: Fresh stool specimens or rectal swabs from 6656 children aged 1 day to 13 years with diarrhea were collected, cultured, identified, and tested for antimicrobial susceptibility. Analytical Profile index 20E was used for biochemical identification, and the Kirby-Bauer method was used for the bacterial sensitivity test. The whole process was conducted in accordance with the fourth edition of the National Clinical Examination procedures, and the drug sensitivity test was conducted in accordance with the Clinical and Laboratory Standards Institute 2020 guidelines.

Results: A total of 649 *Salmonella* strains were isolated from 6656 children with suspected *Salmonella* infection, among which the isolation rates of NTS and *S. typhi* were 8.92% and 0.83%, respectively. The infection rate of *S. typhimurium* was the highest every year (74.88%). *Salmonella* infections are on the rise, especially *typhimurium*, *Dublin*, *Typhi*, and *London*. *Paratyphi* is unstable, presenting a phenomenon of transition and replacement (the male to female ratio:1.12:1). The infection rate was the lowest within 1 day and 6 months ($P < 0.05$). *Salmonella* mainly infected children under 3 years of age, and the positive rate was reported as 88.29%. Within June-September, the infection rate of *Salmonella* was the highest, with a positive rate of 72.73%. The isolated 649 *Salmonella* strains had good susceptibility to cefotaxime and ciprofloxacin (87.67% and 79.20%, respectively), almost no susceptibility to ampicillin, and a drug resistance rate of 92.91%.

Conclusions: The typhoid and paratyphoid vaccines should be considered together, and vaccines should focus on children under 3 years of age. Antibiotics should be rationally selected according to the drug sensitivity test and disease condition.

Keywords: Child, *Salmonella enterica*, *Salmonella* Infections, Diarrhea, Serogroup, Microbial Sensitivity Tests

1. Background

Salmonella enterica consists of more than 2600 different serovars that can be divided into typhoidal and non-typhoid *Salmonella* (NTS) serovars. Although typhoid and NTS are the same species, they elicit very different diseases in humans due to different mechanisms (1). Salmonellosis is a global challenge to public health. The NTS causes globally at least 93.8 million cases of gastroenteritis each year, with 155,000 deaths (2). The

NTS infection is a considerable burden in both developed and developing countries. *Salmonella typhi* causes an estimated 11.9 to 26.9 million enteric fever cases, with 129,000 to 216,510 deaths worldwide each year (3, 4). The enteric fever burden is mainly concentrated in low- and middle-income countries, mainly in Asia and Africa (5-7).

Salmonella tends to affect mostly sickly neonates, especially newborns under 3 years of age, due to their immature gut immune systems (8). *Salmonella* has a high

incidence in African children, partly due to risk factors, such as human immunodeficiency virus, severe malaria, anemia, and malnutrition (9). When fungicides are used to prevent and treat disease, bacterial cells have various mechanisms to evade the toxic activity of fungicides, thereby reducing their effectiveness and ultimately leading to increased drug resistance (10). Antimicrobial resistance in *Salmonella* is another serious public health problem that seriously affects the successful treatment of *Salmonella* infections.

The surveillance of serotyping is a frequent component of a public health response to the challenge of salmonellosis (11). China is a rapidly developing country with a population of over 1.3 billion. For public health purposes, China has established its own *Salmonella* surveillance site and China Antimicrobial Surveillance Network (CHINET). Moreover, CHINET show that salmonella infection is increasing in China (12) and a national survey show that the infection rate of *typhoid* is decreasing (13).

Chengdu Women's and Children's Central Hospital is a regional third-grade hospital, the largest specialized hospital for women and children in Chengdu, China, and a sentinel of diarrhea syndrome surveillance in the National Center for Disease Control and Prevention. The cases cover the downtown and surrounding areas of Chengdu, which is of great significance to the study of the prevalence of *Salmonella* infection in children with diarrhea in Chengdu. This study was a detailed investigation performed on *Salmonella*.

2. Objectives

This study by the investigation of the epidemiological characteristics of *Salmonella* infection of children with diarrhea, especially in terms of gender, age, season distribution, serotypes, and drug susceptibility, aimed to provide a theoretical basis for the prevention and control of the occurrence of this disease.

3. Methods

3.1. Study Subjects

A child with three or more defecations per day accompanied by changes in feces character such as loose stools, mucous stools, or mucous pus blood stools were diagnosed diarrhea. This diarrheal child with either of the two characteristics, namely (1) fever $> 38^{\circ}\text{C}$, accompanied by chills, headache, and fatigue, and (2) abdominal pain, nausea, vomiting, and other symptoms, was considered the suspected case of *Salmonella* infection. The exclusion

criteria were children with diarrhea presented with watery stools, without red blood cells, white blood cells (or) pus cells in routine stool test, with low blood image, and with mild symptoms. A total of 2543 cases (male: 1325 and female: 1218) were excluded from the study.

This study was a retrospective epidemiological study of 6,656 hospitalized children (male: 3767 and female: 2889) with diarrhea suspected of *Salmonella* infection in the Department of Pediatric Gastroenterology, Women's and Children's Central Hospital of Chengdu, China, within January 2018 to December 2020. The patients' age was within the range of 1 day to 13 years with a mean of 2.5 ± 1 years and was divided into five age groups, including 0 - 6 months, 7 - 12 months, 1 - 3 years, 4 - 6 years, and 7 - 13 years.

3.2. Instruments and Reagents

Incubation box, agar plates (Zhengzhou Antu Bioengineering Co., Ltd, China): blood agar plate, MacConkey agar, Eosin Methylene Blue agar, *Salmonella-Shigella* agar, and Mueller-Hinton Gram-negative enrichment broth, Kligler's Iron agar, and motive indole urea (Hangzhou Binhe Microbial Reagent Co., Ltd, China), Analytical Profile index (API) 20E (bioMerieux, France), *Salmonella* Diagnostic Sera (Ningbo Tianrun Biological Pharmaceutical Co., Ltd, China), and pills, namely ampicillin, sulfamethoxazole, ciprofloxacin, and cefotaxime, (Hangzhou Binhe Microbial Reagent Co., Ltd, China).

3.3. Bacterial Culture

A trained and experienced nurse collected the fresh stool specimens or rectal swabs from a child with diarrhea who was a suspected case of *Salmonella* infection and had not taken antibiotics in the past 5 days, placed them in a sterile container, and sent them immediately to the Microbiology Laboratory of Women's and Children's Central Hospital. The specimens were inoculated within 2 hours onto three media, including blood agar plate, Mac-Conkey agar or Eosin Methylene Blue agar, and *Salmonella-Shigella* agar, using a calibrated inoculating loop in the streak plate method. Then, the media were then incubated aerobically at 35°C for 18 - 24 hours. The samples with lower bacteria were inoculated with Mueller-Hinton Gram-negative enrichment broth for 24 hours.

3.4. Bacterial Identification

According to the regulations (14), a single black suspicious colony from the *Salmonella-Shigella* agar plate was selected and inoculated on Kligler's Iron agar and motive indole urea cultures and incubated for 24 hours. If the bacterium was red on the skew of Kligler's Iron

agar, yellow on its bottom, with black gas (i.e., positive for hydrogen sulfide), and dynamic positive on motive indole urea, then the bacteria were suspected *Salmonella*. Suspected *Salmonella* was identified by API 20E. Once biochemical results confirmed *Salmonella*, a *Salmonella* diagnostic sera agglutination test was performed on the confirmed bacteria using a slide method. In the serotype experiment, the slide agglutination experiment of the A-F polyvalent serum of *Salmonella* was carried out. If the agglutination occurred, O and H factor serum was used to group and type, respectively. When A-F polyvalent was not agglutinated, the Vi agglutination experiment was carried out. If Vi antigen was positive, Vi was destroyed by boiling water bath (100°C for 15 - 30 minutes), and the serum agglutination test was performed again after cooling. If A-F polyvalent was not agglutinated and Vi antigen was negative, it might be that this strain was not *Salmonella* or other *Salmonella* strains other than A-F and needed to be sent to Laboratory of Microbiology, Sichuan Provincial People's Hospital in China for identification. The final test results were compared to the antigen table of *Salmonella* Kauffmann-White classification, and the serotype was retrieved.

3.5. Antimicrobial Susceptibility Test

The Kirby-Bauer method recommended by the World Health Organization was used in drug sensitivity tests. Four antibacterial drugs were selected according to the Clinical and Laboratory Standards Institute (CLSI) and regulations (14). These four pills were ampicillin, sulfamethoxazole, ciprofloxacin, and cefotaxime. Mueller-Hinton with a thickness of 4 mm was used, and the concentration of the microbial liquid was corrected to 0.5 McFarland standard. The spread plate method was used to inoculum the liquid. After the incubation of the Mueller-Hinton plate at an air temperature of 35°C for 16 - 18 hours, the diameter of the antibacterial ring was measured according to CLSI standards, and the judgment results of susceptible (S), intermediate (I), and resistant (R) were obtained. The interpretation of breakpoints was based on the CLSI standard (<http://www.clsi.org/clinical/breakpoints/>).

For controlling the quality of the experiment, the standard strain ATCC25922 was used for quality control to monitor the results of the experimental strain. The experimental results were analyzed by WHONET statistical software (version 5.6).

3.6. Statistical Analysis

SPSS statistics version 22 (SPSS Inc. Chicago, IL, USA) was used to build the database and analyze the data.

Furthermore, the chi-square test was used to compare the sample rate between the groups. Two-sided P-values of less than 0.05 were considered statistically significant.

4. Results

4.1. Serotype Distribution

In total, 649 *Salmonella* strains were successfully isolated from the stool specimens of 6656 children with diarrhea in Chengdu in the past 3 years, with a detection rate was of 9.75%. Moreover, 19 serotypes were isolated, among which the detection rates of NTS and *S. typhi* were 8.92% (594/6656) and 0.83% (55/6656), respectively. The five most frequent serotypes were *typhimurium*, *paratyphi*, *Dublin*, *typhi*, and *London*, with a positive rate of 90.29% (586/649). Within 2018 - 2020, the infection rate of *S. typhimurium* was the highest (n = 486;74.88%) every year; nevertheless, the infection rate of *S. enteritidis* was low (n = 7.0; 1.08%). *Salmonella typhi* and *paratyphi* have been detected annually at low levels. The positive rates of *typhi*, *paratyphi A*, *paratyphi B*, and *paratyphi C* were 4.16%, 0.31%, 3.08%, and 0.92%, respectively. *paratyphi* is unstable, presenting a phenomenon of transition and replacement. Within 2018 - 2020, *Salmonella* infections were on the rise, especially *typhimurium*, *Dublin*, *typhi*, and *London*. In 2020, all the serotypes reached the highest level, new outbreaks of *Sick Cattle* appeared, and *Stanley* suddenly increased (Table 1).

4.2. Gender Distribution

The positive rates of male and female subjects were 52.85% (343/649) and 47.15% (306/649), respectively, (the male to female ratio: 1.12:1) with no statistical significance (Table 2).

4.3. Age Distribution

Among 6656 children with diarrhea, the isolation rate within the age group of three years was 9.60% (573/5970), and the positive rate was 88.29% (573/649). In the five age groups, the isolation rate of the 0-6-month group was lower than that in any other four age groups, with statistical significance (P < 0.05). The number of *Salmonella* infections in children with diarrhea is declining as they become older. The isolation rate at the 7-13-year group was lower than those of other age groups, including 7 - 12 months, 1 - 3 years, and 4 - 7 years, with statistical significance (P < 0.05; Table 3).

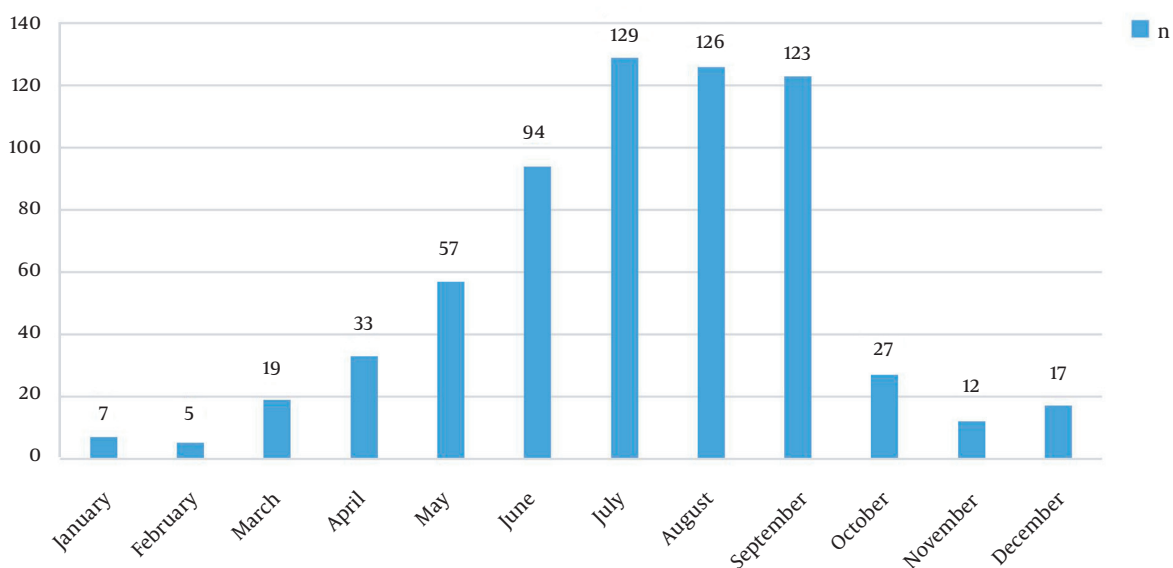
4.4. Monthly Distribution

Within January-June, the number of *Salmonella* isolates increased, and the peak period of diseases fell within June-September. The positive rate in the four months was 72.73% (472/649) (Table 4 and Figure 1).

Table 1. Distribution of the Predominant Serovars of 649 *Salmonella* Isolates in Children with Diarrhea in Chengdu, China, Within 2018 - 2020

<i>Salmonella</i> Serovars	2018	2019	2020	In Total	% of Total Isolates
<i>typhimurium</i>	39	152	295	486	74.88
<i>Dublin</i>	0	10	18	28	4.31
<i>London</i>	0	2	15	17	2.62
<i>Sick Cattle</i>	0	0	15	15	2.31
<i>Stanley</i>	1	0	11	12	1.85
<i>Enteritidis</i>	1	3	3	7	1.08
<i>Thompson</i>	2	1	2	5	0.77
<i>Manhattan</i>	0	1	4	5	0.77
<i>Newland</i>	0	1	3	4	0.62
<i>Newport</i>	3	0	0	3	0.46
<i>typhi</i>	2	4	21	27	4.16
<i>paratyphi</i> (A + B + C)	1(B)+1(C)	1(A)+17(B)+5(C)	1(A)+2(B)	28	4.31
Other five NTS serovars	3	7	2	12	1.85
Total	53	204	392	649	100

Abbreviation: NTS, non-typhoid *Salmonella*.

**Figure 1.** Monthly distribution of 649 *Salmonella* isolates in children with diarrhea in Chengdu, China, within 2018 - 2020

4.5. Antimicrobial Susceptibility

The isolated 649 enteric *Salmonella* strains had good susceptibility to cefotaxime and ciprofloxacin (87.67% and 79.20%, respectively), poor susceptibility to sulfamethoxazole (53.93%), and almost no susceptibility to ampicillin. In addition, the drug resistance rate reached 92.91%.

5. Discussion

In China, with the economic development and continuous improvement of sanitary conditions, the overall incidence of *typhoid* and *paratyphoid* fever has decreased; nonetheless, NTS is still on the rise, and the incidence of *Salmonella* in preschool children, especially children under 5 years of age, is very high (15). *Salmonella*

Table 2. Distribution of 649 *Salmonella* Isolates in Children with Diarrhea Regarding Gender in Chengdu, China, Within 2018 - 2020 ($\chi^2 = 4.106$; $P = 0.043$)

Gender	Number of Specimens	Number of <i>Salmonella</i>	Prevalence, %
Male	3767	343	9.11
Female	2889	306	10.59
Total	6656	649	9.75

Table 3. Distribution of 649 *Salmonella* Isolates in Children with Diarrhea Regarding Age in Chengdu, China, Within 2018-2020 ($\chi^2 = 392.96$; $P < 0.01$)

Age Group	Number of Specimens	Number of <i>Salmonella</i>	Prevalence, %
0 - 6 months	3047	68	2.23
7 - 12 months	855	154	18.01
1 - 3 years	2068	351	16.97
4 - 6 years	359	50	13.93
7 - 13 years	327	26	7.95
Total	6656	649	9.75

typhimurium as the main strain affected weak children under 2 years of age (15).

In this study, the positive rate of *Salmonella* in children with diarrhea under 3 years of age in Chengdu was 88.29%, which is consistent with the results of previous studies, and 85.9% in Beijing (16). In children, owing to host factors, such as immature intestinal mucosal immune barrier, low gastric acid, weak autoantibodies, and absence of microfold (M) cells (17, 18), *Salmonella* invades intestinal epithelium, leading to intraepithelial proliferation and microcolony formation and reproduction, which are the main factors of *Salmonella* infection in children. Detection rates are the lowest under 6 months of age in children aged 1 day to 13 years with diarrhea, which is associated with the acquisition of maternal antibodies. Since children under 3 years of age are susceptible to *Salmonella*, this reminds us to protect this part of the population. In terms of gender, this study showed that there was no gender difference in *Salmonella* infection.

The distribution of *S. enterica* showed seasonality. Within January-June, with the continuous warming of the temperature, the infection of *Salmonella* in children increased gradually. In the hot summer and autumn (within June-September), *Salmonella* infection in children reached the highest level of 72.73% in the year, which is consistent with the results of previous studies (15). This finding is related to the subtropical monsoon humid climate in Chengdu. *Salmonella*-contaminated foods are more likely to spoil in warm wet summers and falls, increasing the risk of diarrhea in children. Accordingly, it

is required to refrigerate foods during the summer and fall to reduce the risk of *Salmonella* infection in children (19).

In this study, the resistance of *Salmonella* to Ampicillin was 92.91%, which was much higher than the 33.3% - 64.8% resistance of *Salmonella* CHINET (12) in China in 10 years. The other three antimicrobials were consistent with CHINET (12), showing high sensitivity to cefotaxime and ciprofloxacin and moderate sensitivity to sulfamethoxazole. Ampicillin and sulfamethoxazole are no longer suitable for clinical experience. Due to the high drug resistance of ampicillin and the high side effects and impacts of sulfamethoxazole and ciprofloxacin on children's health, Women's and Children's Central Hospital chose cefotaxime as the only treatment for *Salmonella* infection from the four antibiotics instead of these three drugs.

Due to time-consuming stool culture, children with serious infection symptoms will empirically choose cefotaxime, and the plan will be adjusted after the results of drug sensitivity. If cefotaxime is resistant, meropenem is the last option for children who have failed to respond to previous drugs and have developed intracranial infections. Antibiotic resistance in this study reflected the local bacterial drug resistance ecology, which is related to the fact that fungicides can act on multiple sites of microorganisms and cause bacterial drug resistance through non-specific means (10). Rational drug use should be very urgent.

In this study, NTS in children was on the rise. The most important pathogenic factor of *Salmonella* infectious diarrhea in children in Chengdu was *S. typhimurium* rather than *S. enteritidis*, which is consistent with CHINET (12), but inconsistent with the first-ranking of *S. enteritidis* and the second-ranking of *S. typhimurium* in the world (11). The difference in serotype distribution might be related to the ecological environment and preventive measures in different countries and regions. Within 2018 - 2020, both 2019 and 2020 saw significant increases in the number of tests, compared to the previous year, particularly *S. typhimurium*. The possible reason is that the coronavirus disease 2019 (COVID-19) outbreak occurred for the first time in 2019, and individuals might pay more attention to the prevention and control of COVID-19 while ignoring food safety precautions. Due to this situation, it is equally important to strengthen children's dietary management.

For NTS, individuals and animals are its most extensive hosts. Humans acquire NTS infection through direct or indirect contact with animals or consumption of animal food. The NTS serotypes from humans might be related to endemic zoonotic serotypes (11). Studies have shown that four serotypes, including *S. enteritidis*, *S. typhimurium*, *S. derby*, and *S. indiana*, are frequently transmitted between

Table 4. Susceptibility of 649 *Salmonella enterica* Isolates to Antimicrobial Drug^a

Antibiotics	Number	Susceptible	Intermediate	Resistant
Ampicillin	649	37 (5.70)	9 (1.39)	603 (92.91)
Sulfamethoxazole	649	350 (53.93)	59 (9.09)	240 (37.00)
Ciprofloxacin	649	514 (79.20)	64 (9.86)	71 (10.94)
Cefotaxime	649	569 (87.67)	25 (3.85)	55 (8.47)

^aValues are expressed as No. (%).

humans and animals by infected animals and humans or by contaminated animal foods (20). This is why it is very difficult to eradicate *NTS* in both developing and developed countries (2). According to a national sentinel survey (13), *S. typhi* and *paratyphoid* are generally at a low level in China; however, there are occasional outbreaks. In this study, the detection rates of *S. typhi* and *paratyphi* were lower than the national levels (3.00%) of *typhoid* fever (13); nevertheless, the elimination of *typhoid* fever will take a long time.

Since humans are the only terminal host of *S. typhi* and *paratyphi*, the infection of *typhoid* to humans can be reduced by diagnosing and treating chronic *typhoid* and using vaccines to reduce the susceptibility of *typhoid* to the host (21). In developed countries, these preventive measures have largely eliminated enteric fever, which occurs mostly only in tourists returning from endemic areas (22-24). However, in Asia and Africa, enteric fever is very prevalent due to economic impacts. *paratyphoid A* is more severe in Asia, especially in China (25). Therefore, this is a serious problem.

China is a developing country in Asia. In the face of the increasing infection rate of *NTS* in children and no elimination of enteric fever, some measures need to be taken to control *Salmonella* infection in children. First, every *Salmonella* patient should be treated in the hospital until the gut is free of *Salmonella*. Drinking water resources are well protected to prevent sewers from mixing with drinking water. Moreover, the government should invest more in basic health facilities, and *typhoid* vaccination is advocated for children under 3 years of age and others.

Vaccines should focus on children under 5 years of age and be balanced against *typhoid* and *paratyphoid*; otherwise, the protection of *typhoid* vaccine against enteric fever might be reduced (21). At present, there are two kinds of licensed *typhoid* vaccines in the world. Due to economic reasons but considering the protective effect of *typhoid* vaccine on children, the China Government has designated *typhoid* vaccine as a class II vaccine and recommended that eligible children be vaccinated against *typhoid*. It is believed that *Salmonella* infection in children can be controlled through a combination of positive factors.

In this study, there were certain limitations regarding the methodology. On the one hand, due to the limitation of

bacterial growth, it takes a long time for bacterial typing and drug sensitivity, which seriously affects the targeted clinical treatment of this disease. On the other hand, *Salmonella* with the same serotype might have different molecular types, which cannot be traced the source. At present, the bacteriophage typing technology is relatively mature, which can distinguish more than 300 *Salmonella* types with simple operation, high sensitivity, and short time. Moreover, it can trace the source of *Salmonella* infection outbreaks. It is suggested that time is needed to verify the feasibility of bacteriophage typing of *Salmonella* from scientific research to a clinical laboratory.

5.1. Conclusions

Salmonella typhimurium was the main *Salmonella* infection in children with diarrhea in Chengdu. The *NTS* and *S. typhi* infection are on the rise, and *S. paratyphoid* is unstable, presenting a phenomenon of transition and replacement. *Salmonella* infection was mainly in children under 3 years of age, with the highest infection rate within June to September. *Salmonella* had good sensitivity to cefotaxime and ciprofloxacin and a high drug resistance rate to ampicillin. It is necessary to strengthen rational drug use and *Salmonella* prevention measures.

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Footnotes

Authors' Contribution: Jun-Ying Zhang carried out the design of the subject, prepared the statistics of the data, and drafted the manuscript. Wen-Juan Wang participated in the discussion. Xiao-Li Xie participated in the guidance

of the project. Pei-Pei Song was involved in serotyping. Li-Hong Shang was involved in the clinical diagnosis and treatment of children with diarrhea. Li-Jing Xiong participated in the revision of the paper. Lin Deng participated in preparing the data statistics.

Conflict of Interests: The authors declare that they have no conflict of interest.

Ethical Approval: This study was conducted in accordance with the Declaration of Helsinki and approved by the Medical Ethics Committee of Chengdu Women's and Children's Central Hospital ([2013], Medical Ethics Committee, CWCCH). The study was retrospective, and the patients' names were intentionally removed; therefore, patients' informed consent was not required.

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