



Studies on Drug Resistance among *Klebsiella* and *Citrobacter* spp Isolated from two Human Groups and Wild Animals

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Abstract

Background: The global threat of antimicrobial resistance is undoubtedly on the increase and most researches in this area have concentrated on effects of drug exposure and usage on resistance. Little attention has been given to natural environments apparently devoid of direct anthropogenic impact as possible reservoirs of drug resistance traits.

Objectives: This research was undertaken to determine possible similarities between drug resistance traits in species of *Klebsiella* and *Citrobacter* obtained from wild animals and 2 human groups.

Methods: Human samples were collected from Humans free from antibiotics (HN) and Human on antibiotics (HA) while samples from wildlife (WL) were taken from rats (*Rattus* spp), grasscutters (*Thryonomys swinderianus*), squirrels (*Xerus erythropus*), antelopes (*Tragelephus scriptus*), rabbits (*Oryctolagus cuniculus*), and farm lizards (*Agama* spp). Samples were analyzed using basic microbiological methods. The Disc diffusion technique was used for drug sensitivity testing while plasmid analysis was based on gel electrophoresis.

Results: Members of the genus *Klebsiella* isolated from HA exhibited more resistance to ampicillin (AMP) and augmentin (AUG) than those isolated from HN. However, *Klebsiella* isolated from HN displayed higher resistance to ceftriaxone (CTN), clarithromycin (CMN), ofloxacin (OFL), and pefloxacin (PEF) than those from HA. WL isolates were mostly resistant to AMP, CMN, and AUG, and less resistant to PEF, CTN, and ciprofloxacin. Correlation analysis of the antimicrobial resistance pattern on a 2 tailed test $P \leq 0.01$ and $P \leq 0.05$, revealed a high correlation (ranging from 0.715 to 0.917) among all the microorganisms from both sources. Gel electrophoretic analysis of plasmid DNA extracted from the isolates revealed the presence of a 23.1 kb plasmid DNA in 6 strains of *Citrobacter* and 3 strains of *Klebsiella*.

Conclusions: These results indicate that wild life may be important reservoirs of drug resistance genes and pathogens that have public health relevance.

Keywords: Humans, Wild Life, Drug Resistance, Plasmids, *Klebsiella*, *Citrobacter*

1. Background

The increasing resistance of bacteria to antibacterial agents is a continuing global public health threat (1). Recently, the world health organization released a list of drug resistant bacteria, among them, members of the *Enterobacteriaceae*, which are considered the greatest threat to human health (2). The factors driving antimicrobial drug resistance among infectious agents remain vague (3), with many studies on the risk factors often non-conclusive (4). However, the development of resistance inevitably follows the introduction of a new antibiotic. Usage of antibiotics

is therefore a risk factor in the development of antibiotic resistance (5).

The rate at which antibiotic resistance develops is related to the total consumption of antibiotics, regardless of whether appropriately used or not. The startling period of antibiotic resistance emergence began after the introduction of industrially produced antibiotics. This created a correlation between antibiotic pressure and emergence of resistance. In addition to this, however, antibiotic-resistant bacteria have been found in hosts and environments apparently free from any antibiotic pressure im-

posed by the activities of man (6,7). Most researches on antibiotic resistance dissemination have focused on human and veterinary medicine, ignoring the need to understand how bacterial resistance is disseminated within reservoirs in natural environments devoid of anthropogenic impact (8).

2. Objectives

Although controversy continues to surround the impact of natural reservoirs (9), many serious and life threatening human diseases seem to have been the result of increasingly close and frequent contacts with a new array of zoonotic potential pathogens. It is therefore important to study the similarities between drug resistance traits in some microorganisms inhabiting diverse human and wild life sources. This is the central theme of this work with the following objectives:

- To compare the resistance profile of Enterobacteriaceae isolates from human and animal sources.
- To compare the resistance profile of isolates from humans on antibiotics and those not on antibiotics vis a vis isolates from wild life.
- To isolate and compare the resistance plasmids of isolates from the above mentioned sources.

3. Methods

3.1. Ethics Statement

All samples were collected using aseptic methods and in conformity with the ethical guidelines of the 1975 declaration of Helsinki.

3.2. Sample Collection and Bacterial Identification

This study was conducted on human population between the ages of 10-45 and above, and Wild animals: rats (*Rattus* spp), grasscutters (*Thryonomys swinderianus*), squirrels (*Xerus erythropus*) antelopes (*Tragelephus scriptus*), rabbits (*Oryctolagus cuniculus*), and farm lizards (*Agama* spp). Stool samples were taken from humans while the test animals were necropsied. The human clinical samples were collected from Bishop Shanahan Hospital, Nsukka, Nigeria after informed consents were obtained from both the hospital administration and the patients. Wild life (WL) samples were collected from Okutu, Okpuje, Ede-Oballa, Alloruno, Opi, Opiagu, and Obollo communities in old Nsukka Division of Enugu state, Nigeria. Human samples were obtained from 2 human groups, designated as Human not on antibiotics (HN) and Human on antibiotics (HA). HN represented groups who had not used antibiotics for 3 months

prior to sample collection while HA represented groups that had been on antibiotics therapy within the 3 months.

Samples were inoculated onto nutrient and MacConkey agar plates and incubated for 24 hours at 37°C. Colonies obtained were isolated and purified. Colonies obtained from MacConkey agar were designated as either lactose fermenters or non-lactose fermenters based on the pigmentation. All isolates were Gram stained and examined microscopically. Biochemical tests were done based on the Gram reactions and in accordance with the manual for general bacteriology of the American society of microbiology (1981) (10). Among the tests carried out were sugar fermentation (glucose, lactose, sucrose, and mannitol), Voges-Proscauer (VP), catalase, indole, oxidase, hydrogen sulfide (H₂S) production, methyl red, and motility tests. CHROMagar™ (orientation) and API 20E (bioMerieux, France) were used to confirm the identity of the isolates.

3.3. Susceptibility Testing

Resistance to commonly used antibiotics was determined using the Kirby-Bauer disc diffusion test (11). Antibiotics tested include ampicillin, augmentin, chloramphenicol, clarithromycin, ceftriaxone, nitrofurantoin, gentamycin, ofloxacin, ciprofloxacin, and peflaxine.

3.4. Plasmid Isolation and Electrophoresis

Strains selected based on antibiotic resistance and provenance were subjected to plasmid isolation and agarose gel electrophoresis according to the methods of Kado and Liu (1981) (12) recently used by Akter et al. (2011) (13). Each selected colony was transferred into a conical flask containing nutrient broth and incubated at 37°C overnight with shaking (180 x g). An aliquot (1 mL) of the culture was taken and centrifuged (16,000 x g) for 30 seconds at 4°C. The supernatant was removed and the pellet was re-suspended in 150 µL of Tris-EDTA buffer [10 mM Tris chloride (pH 8), 1 Mm EDTA (pH 8)] solution by vigorous vortexing. Subsequently, 200 µL of NaOH-SDS (0.2M NaOH, 1% SDS) solution and 150 µL of 3M potassium acetate (pH 4.8) were added and the mixture vortexed for 10 seconds. The content was centrifuged (16,000 x g) for 5 minutes at 4°C. The supernatant was precipitated with 600 µL of ice cold 100% ethanol. A portion (15 µL) of plasmid DNA was loaded onto a 0.8% agarose gel containing 0.5 µg mL⁻¹ ethidium bromide and electrophoresed in TBE (Tris-Boric acid-EDTA) buffer, all in Sigma-Aldrich Horizontal Electrophoresis Unit (Mini Z33,879-6). Lambda-Hind III digested DNA ladder (Ambion) was used as standard size marker. The plasmid DNAs were visualized and photographed by placing the gel on a UV (300 nm) trans illuminator. Protective goggles were used.

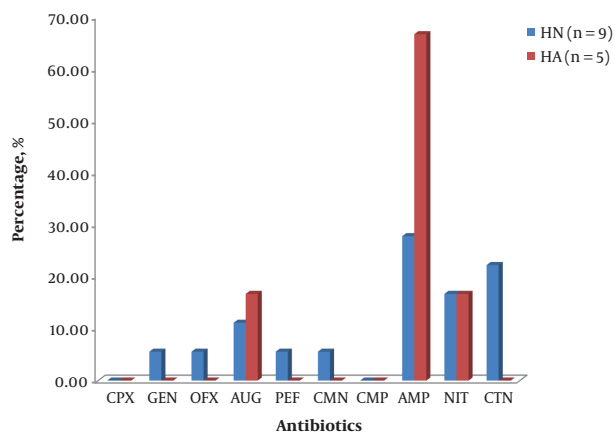
3.5. Statistical Analysis

Bacterial isolates were grouped according to human and wildlife provenance. Analysis of Variance and Pearson Correlation tests were carried out using the Statistical Package for Social Sciences (SPSS 16.0) Inc (444N Michigan USA).

4. Results

Citrobacter and *Klebsiella* spp. were isolated from the sources considered in the study with *Citrobacter* spp being the more frequently isolated organisms in the WL samples. Members of the genus *Klebsiella* isolated from HA exhibited more resistance to ampicillin and augmentin than those isolated from HN. However, *Klebsiella* isolated from HN showed a greater resistance to ceftriaxone, clarithromycin, ofloxacin, and pefloxacin. This is shown in Figure 1.

Figure 1. Antibiotic Resistance Pattern of *Klebsiella* spp Isolated from the Two Human Groups

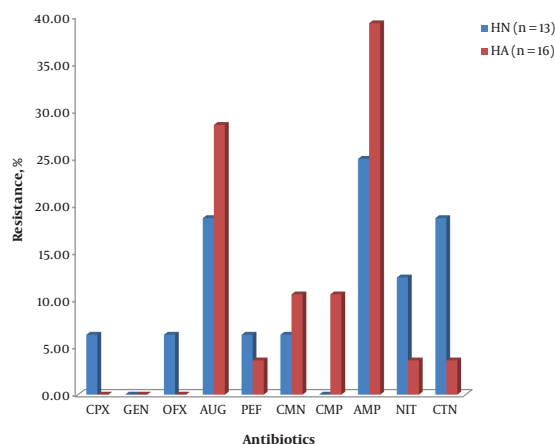


Key: CPX = Ciprofloxacin; GEN = Gentamycin; OFX = Ofloxacin; AUG = Augmentin; PEF = Pefloxacin; CMN = Clarithromycin; CMP = Chloramphenicol; AMP = Ampicillin; NIT = Nitrofurantoin, CTN = Ceftriaxone.

Similarly, *Citrobacter* spp. isolated from HA showed appreciable resistance to ampicillin (39.29%), augmentin (28.57%), chloramphenicol (10.71%), and clarithromycin (10.71%). Furthermore, members of the genus from HN showed resistance to ampicillin (25%), augmentin (18.75%), ceftriaxone (18.75%), and nitrofurantoin (12.50) in that order. This is shown in Figure 2.

The antimicrobial resistance pattern exhibited by the test organisms was further analyzed using the Pearson correlation. The correlates were examined using a 2-tailed test ($P \leq 0.01$; and $P \leq 0.05$). From the analyses, there was

Figure 2. Antibiotic Resistance Pattern of *Citrobacter* Isolated from the Two Human Groups



Key: CPX = Ciprofloxacin; GEN = Gentamycin; OFX = Ofloxacin; AUG = Augmentin; PEF = Pefloxacin; CMN = Clarithromycin; CMP = Chloramphenicol; AMP = Ampicillin; NIT = Nitrofurantoin, CTN = Ceftriaxone.

a strong direct relationship between the resistance patterns of the *Klebsiella* spp (0.715) isolated from the 2 human sources. Similarly, *Citrobacter* from HN showed a strong positive correlation with *Klebsiella* from HN source (0.917). The lowest correlates (0.653) existed between *Citrobacter* from HA and *Citrobacter* from HN. Overall, there exists a high correlation of resistance pattern among all the microorganisms isolated from both sources. This information is presented in Table 1.

The resistance pattern exhibited by isolates from WL against the test antibiotics is summarized in Table 2. The microorganisms were most resistant to AMP, CMN, and AUG, and least resistant to PEF, GEN, OFX, CTN, and CPX. Species of *Klebsiella* isolated from wild life exhibited varying degrees of susceptibility to the test antibiotics, least of all against AMP to which 81.82% of the organisms were resistant. However, those isolated from human sources showed a lower percentage resistance to AMP (47.22%) but a higher percentage to NIT (16.67%), AUG (13.89%), and CTN (11.11%). This information is presented in Figure 3.

Wildlife isolates of *Citrobacter* generally demonstrated resistance to AMP (51.16%), CMP (18.60%), CMN (18.60%), AUG (9.30%) and NIT (2.33%). Similarly, those isolated from human sources were resistant to the antibiotics except GEN (0.00%). The percentage resistance of *Citrobacter* isolates from the general population is shown in Figure 4.

In order to determine the relationship among the enterics in respect of their antimicrobial resistance pattern, a correlation analysis was done. The correlates analyzed the relationship between isolates from wildlife (WL) and

Table 1. Correlation Matrix of Antibiotics Resistance Between *Citrobacter* and *Klebsiella* Isolated from the Two Human Sources (HA and HN)

Sources	Microorganisms	HA		HN	
		<i>Citrobacter</i>	<i>Klebsiella</i>	<i>Citrobacter</i>	<i>Klebsiella</i>
HA	<i>Citrobacter</i>	1			
	<i>Klebsiella</i>	0.882 ^a	1		
HN	<i>Citrobacter</i>	0.653 ^b	0.653 ^b	1	
	<i>Klebsiella</i>	0.609	0.715 ^b	0.917 ^a	1

^aCorrelation is significant at the 0.01 level (2-tailed).

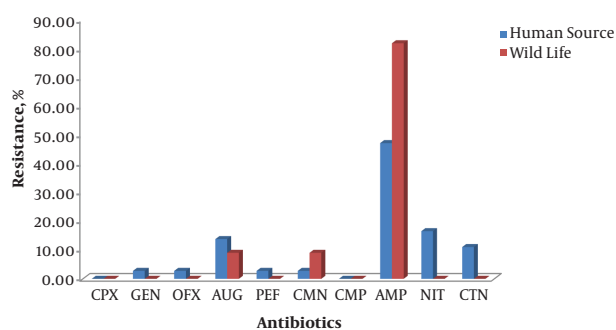
^bCorrelation is significant at the 0.05 level (2-tailed).

Table 2. Percentage Distribution of Antibiotic Resistance Among *Citrobacter* and *Klebsiella* spp from Wild Life

S/N	Antibiotics	<i>Klebsiella</i> spp.,%	<i>Citrobacter</i> spp.,%
		WL (n = 11)	WL (n = 31)
1	CPX	0.00	0.00
2	GEN	0.00	0.00
3	OFX	0.00	0.00
4	AUG	9.09	9.30
5	PEF	0.00	0.00
6	CMN	9.09	18.60
7	CMP	0.00	18.60
8	AMP	81.82	51.16
9	NIT	0.00	2.33
10	CTN	0.00	0.00

Abbreviations: AMP, Ampicillin; AUG, Augumentin; CMN, Clarithromycin; CMP, Chloramphenicol; CPX, Ciprofloxacin; CTN, Ceftriaxone; GEN, Gentamycin; OFX, Ofloxacin; PEF, Pefloxacin; NIT, Nitrofurantoin; 0.0, No resistance i.e. all susceptible.

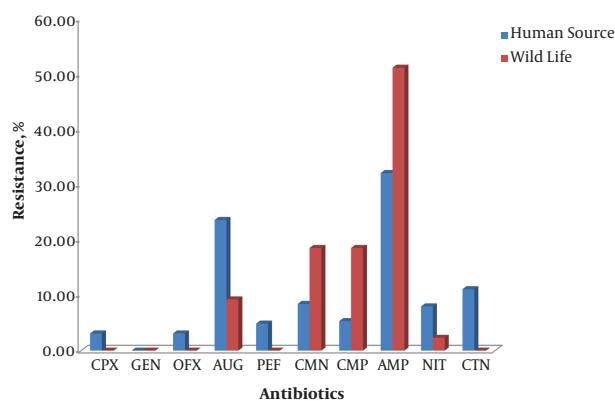
Figure 3. Antibiotic Resistance Pattern of *Klebsiella* spp Isolated from Human Sources and Wildlife



Key: CPX = Ciprofloxacin; GEN = Gentamycin; OFX = Ofloxacin; AUG = Augumentin; PEF = Pefloxacin; CMN = Clarithromycin; CMP = Chloramphenicol; AMP = Ampicillin; NIT = Nitrofurantoin , CTN = Ceftriaxone.0.00 = No resistance i.e. all susceptible.

humans on antibiotics (HA), as well as those from wild life (WL) and humans not on antibiotics (HN). The correlation matrices were determined at $P \leq 0.05$ and presented

Figure 4. Antibiotic Resistance Pattern of *Citrobacter* Isolated from Human and Wildlife Sources



Key: CPX = Ciprofloxacin; GEN = Gentamycin; OFX = Ofloxacin; AUG = Augumentin; PEF = Pefloxacin; CMN = Clarithromycin; CMP = Chloramphenicol; AMP = Ampicillin; NIT = Nitrofurantoin, CTN = Ceftriaxone.0.00 = No resistance i.e. all susceptible.

in Tables 3 and 4 below. High correlation coefficient was observed among the different genera of bacteria isolated from one source to those from different sources. For example, the correlation between HA and WL revealed a correlate of 0.945 between *Klebsiella* (HA) and *Klebsiella* (WL). Similarly, a correlation coefficient of 0.942 existed between *Citrobacter* (WL) and *Klebsiella* (WL) (Table 3). However, a weak direct linear correlation of 0.499 was observed between *Citrobacter* (HN) and *Citrobacter* (WL) (Table 4).

4.1. Plasmid DNA Profiling and Distribution among the Isolated Organisms

The electrophoretic separation technique showed the presence of resistance plasmid DNAs in some of the isolates, both drug resistant and susceptible ones. The molecular weight of the plasmids revolved around 23.1 kb. For instance plasmid DNA was isolated from 6 strains of *Citrobacter* and 3 strains of *Klebsiella*. The distribution of the plasmids is shown in Table 5 and Figures 5 and 6.

Table 3. Correlation Matrix of Antibiotics Resistance among Enterics Isolated from HA and WL

Groups	Microorganisms	HA		WL	
		Citrobacter	Klebsiella	Citrobacter	Klebsiella
HA	Citrobacter	1			
	Klebsiella	0.882 ^a	1		
WL	Citrobacter	0.869 ^a	0.888 ^a	1	
	Klebsiella	0.866 ^a	0.945 ^a	0.942 ^a	1

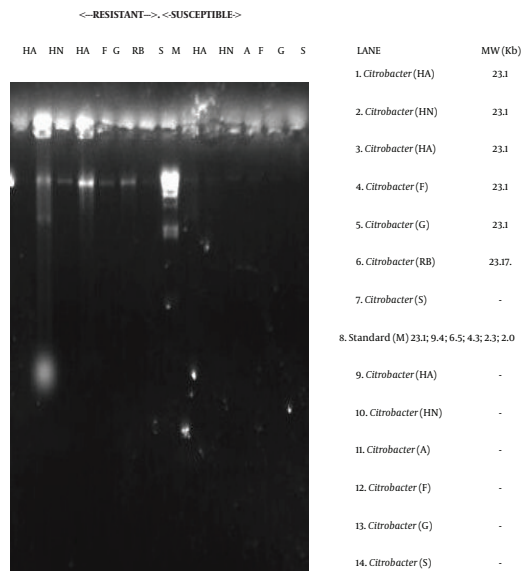
^aCorrelation is significant at the 0.01 level (2-tailed).

Table 4. Correlation Matrix of Antibiotics Resistance among Enterics Isolated from HN and WL

Groups	Microorganisms	HN		WL	
		Citrobacter	Klebsiella	Citrobacter	Klebsiella
HN	Citrobacter	1			
	Klebsiella	0.917 ^a	1		
WL	Citrobacter	0.499	0.501	1	
	Klebsiella	0.649 ^a	0.647 ^a	0.942 ^a	1

^aCorrelation is significant at the 0.01 level (2-tailed).

Figure 5. AGE of Plasmid DNA from MDR and MDS Citrobacter



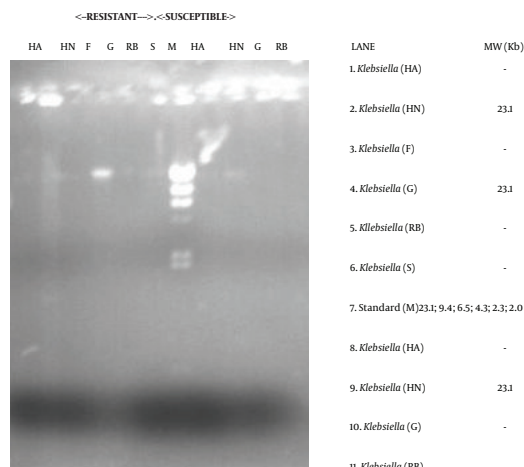
KEY: HA = Human on antibiotics; HN = Human not on antibiotics; F = Farm lizard; G = Grasscutter; RB = Rabbit; S = Squirrel; M i.e. Standard is between the Resistant and Susceptible isolates.

5. Discussion

The isolation of *Klebsiella* and *Citrobacter*, members of the *Enterobacteriaceae*, from the sample sources attests to their ubiquity and makes their response to antibacterial agents relevant in public health. These organisms have been isolated from different animate (14) and inanimate

sources including sewage, refuse, sheds, and animal skins (15-17). In addition, they have been isolated from different parts of the human body especially the gastrointestinal tracts (18). In some cases, they may be found in the blood system (where they cause blood sepsis), urinary, and genital tracts causing varying degrees of urinogenital disorders (19, 20). As members of the *Enterobacteriaceae*, they are

Figure 6. AGE of Plasmid DNA from MDR and MDS *Klebsiella* spp



KEY: HA = Human on antibiotics; HN = Human not on antibiotics; F = Farm lizard; G = Grasscutter; RB = Rabbit; S = Squirrel; M i.e. Standard is between the Resistant and Susceptible isolates.

Table 5. Distribution of Plasmid DNA from Test Isolates

Bacteria Isolate	Number of Isolates Tested	Number Isolates with Plasmid	Antibiotic Profile	Mol wt. of Plasmid, kb
<i>Citrobacter</i>	13	6	MDR	23.1
<i>Klebsiella</i>	10	3	MDR & MDS	23.1

Abbreviations: MDR, multi drug resistant; MDS, multi drug sensitive.

considered major public health challenges (2, 21).

The antibiotic resistance pattern of *Citrobacter* and *Klebsiella* spp. observed in this study revealed no significant difference between organisms isolated from HA and HN. This suggests first, the possibility of organism spillover between these 2 human groups and secondly, the independence of antibiotic resistance on the organisms' immediate anthropogenic environment. This is in line with the concern raised by Rose et al. (2009) (22) and Levy (2010) (23) where drug resistant microorganisms move among people and animals, from one country to another without notice. The import of this is that the persistence and spread of antibiotic resistant bacteria in the community increases the pool of drug resistance traits. This is the condition previously known only in the traditional antibiotic-resistance hot spots of hospitals and nursing homes where close physical contact and the presence of susceptible hosts are believed to contribute to the spread of resistant bacteria.

It was observed that most of the isolated organisms

were susceptible to fluoroquinolone antibiotics. This is in line with reports by Malik et al. (2006) (24) who demonstrated that fluoroquinolones have improved pharmacokinetic and pharmacodynamic properties, and are therefore more efficacious than other antibiotics. A further comparison of the resistance pattern of isolates from humans on antibiotic therapy and humans not on therapy showed that resistance to certain drugs may not necessarily be a consequence of previous exposure to the antibiotics. High correlates of > 0.5 signifies that other factors such as the discharge of antibiotic contaminated wastewater effluents (25, 26) among others may be responsible for the resistance exhibited against the antibiotics (Table 1). This is in line with previous researches that have adduced the presence of resistance to several factors including, but not limited to, environmental factors (19, 27, 28), selective pressure of antibiotics (29), genetic compatibility of microorganisms (30), etc. Reportedly, whether or not microorganisms were previously exposed to antibiotics, their intrinsic ability to pick up genetic material from their environment (16) is an indication that resistance could be conferred on an organism through various means (31).

The statistical analysis of experimental findings revealed that antimicrobial resistance pattern of the organisms obtained from human and wild life correlate significantly (Tables 3 and 4), although isolates from both sources displayed marked differences in resistance pattern against commonly used antibiotics (Figures 3 to 6). This finding is consistent with the reports of Van den Bogaard and Stobberingh (2000) (32), Eze (2012) (16) and Costa et

al. (2013) (31) showing that microorganisms, regardless of their source, could be resistant to antibiotics. More importantly, it further shows systematic (rather than random) variation in the mode and mechanism of resistance (32).

The study further revealed that direct contact with antibiotics may not be the only factor contributing to and sustaining resistance. Although this stance appears debatable, some researchers have earlier shown that organisms are isolated from wildlife where there is remote chance of contact with antibiotics exhibit resistance to some test antibiotics. Multidrug-resistant bacteria have been discovered in wild birds (gulls, birds of prey) and mammals (wolves, foxes, rabbits, deer, otters) with no apparent exposure to antimicrobials (33, 34), thus, suggesting that resistance may develop among organisms in drug pressure free environments and that once developed, resistance may not be confined to the ecological niche where it primarily originated. Since none of the 'wildlife' used in this research had presumably received antibiotics, it can be inferred once again that plasmid bearing and drug resistant microorganisms can be found in areas where there is no sustainable pressure for their maintenance. According to Costa et al. (2013) (31), 2 hypothesis may justify the presence of these MDR strains of bacteria in wildlife: (i) colonization of the wildlife's gut with resistant strains directly from the environment or harboured by their prey or, (ii) sharing of transferable genetic elements that code for resistance between "ingested" strains and the native enteric flora of wild animals. The latter takes place preferably between bacteria with the highest phylogenetic proximity, however, it may also occur between different genera and species (31).

The possibility of antibiotic resistance mediation by genetic element was examined using plasmid profiling and electrophoretic separation of genetic components. The study revealed the occurrence of 23.1 kb plasmid DNAs in *Citrobacter* and *Klebsiella* (Table 5; Figures 5 and 6). This occurrence of 23.1 kb plasmid in these organisms is in agreement with the research reports of Dillon and Yeung (1989) (35), Fortin et al. (1993) (36), Van den Bogaard and Stobberingh (2000) (37), Sharif and Astal (2004) (38), as well as Eze (2012) (16). This 23.1 kb plasmid has been reported to be perhaps, one of the most frequently occurring plasmids in microbes known for mediating ESBL occurrence and multiple drug resistance (38).

6. Conclusion

The foregoing shows that wildlife may act as important environmental bio-indicators, reservoirs of medically important pathogens, and resistance genes such as those found among bacteria from humans on antibiotic therapy as well as those outside the hospital environment. They

may be counted among the potential melting pots for the development and sustenance of resistance traits.

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