

Original article

Prevalence of anti hepatitis B surface antibody among children in Ahvaz, Iran, five years after vaccination

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Abstract

Introduction and objective: The public vaccination program of hepatitis B virus was started in 1993 in Iran, and all children received three doses of hepatitis B vaccine in 0, 2 and 6 months of age routinely. The objective of this study was to determine the prevalence of antibody to hepatitis B surface (anti-HBs) five years after vaccination.

Materials and methods: In a cross-sectional study, anti-HBs was determined in six year old girl and boy students of selected elementary schools of Ahvaz with enzyme-linked immunosorbent assay (ELISA) method in 2006. All children had received complete course of hepatitis B vaccination in the first year of age.

Results: Four hundred and twenty seven students (223 girls and 204 boys) were enrolled in the study. Of them, 75.4% were anti-HBs positive (>10 mIU/mL). The prevalence of anti-HBs was statistically different between males and females ($P=0.02$).

Conclusion: The study detected anti-HBs in 75.4% of children and because of possibility of presence of anamnestic responses in seronegative subjects, a booster dose of vaccine is not necessary at least five years after primary vaccination. Further studies are needed to evaluate hepatitis B immunity in older age groups.

Keywords: Anti-HBs; Children; Vaccination; Iran

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Introduction

It is estimated that about one third of the world's population has been infected with hepatitis B virus (HBV). Of which, 350 million are believed to be chronic carriers [1]. Approximately one million deaths each year are attributable to HBV complications including hepatocellular carcinoma, liver cirrhosis, chronic and acute hepatitis [2]. Active immunization is the most effective way to decrease the rate of HBV infection. Vaccination against HBV has started since 1982 in many countries, at first as a plasma-derived vaccine and from 1984 onwards as a recombinant one [3].

In Iran, hepatitis B immunization program was started in 1993 by a recombinant vaccine (Cuban). The vaccination schedule consists of three doses of 0, 2 and 6 months intramuscularly in the deltoid or thigh areas of infants. There are a lot of studies about immunogenicity of hepatitis B vaccine from different areas of the world [4-9]. Some studies in Iran showed persistence of antibody to hepatitis B surface Antigen (anti-HBs) in 47-80% of persons 10-16 years after vaccination [10-12]. This study was conducted to evaluate the persistence of anti-HBs in children five years after primary vaccination in Ahvaz, south-west of Iran.

Materials and methods

In a cross-sectional descriptive study, students of first grade of elementary schools of Ahvaz were tested for anti-HBs. The study was performed in several stages and the last sampling terminated in December 2006. The schools were selected randomly from four educational districts of Ahvaz (two girls' elementary schools and two boys' elementary schools from each district). In each school, about half of six years students enrolled in the study. Our plan was to obtain samples from boys and girls equally,

but because of lack of assistance of some schools' managers and resistance of some students to sampling, we could not carry out our plan. Informed consent to take sample was obtained from students' parents.

All students had received complete course of hepatitis B vaccination by Cuban vaccine five years ago (in the first year of age). After checking of students' vaccination card, 5ml of blood was obtained from each subject. Sera were prepared and stored at -20°C, coded and further tested in the virology laboratory of Ahvaz Medical School. At the end of the study, anti-HBs was detected using a commercial immunoenzymatic method (anti-HB kit, Radim, Italy) according to the manufacturer's instructions.

The statistical analysis was performed using SPSS (Version 13) software. Chi-squared test was done, and a p-value of <0.05 was considered statistically significant. The study was approved by the appropriate ethic committee.

Results

Four hundred and twenty seven six year old students were enrolled in the study. There were 223(52.2%) females and 204(47.8%) males. Generally, according to anti-HBs levels, all hepatitis B vaccine recipients were divided into three groups: 1) non-responders have peak anti-HBs levels of ≤ 10 mIU/ml, 2) low responders have peak anti-HBs levels of 10-100 mIU/ml, and 3) good responders have peak anti-HBs levels of ≥ 100 mIU/ml [13].

There was not any significant statistical difference between females and males in low responders group, but the difference between females and males in good responders group was statistically significant ($P=0.036$). Table 1 shows the levels of anti-HBs in females and males. Since the protective level concentration of

anti-HBs considers $>10\text{mIU/ml}$ [13,14], 322(75.4%) of children were seropositive and 105(24.6%) were seronegative (Table 2).

Table 1: Anti-HBs levels in female and male

Sex	Anti-HBs levels			Total
	$> 100 \text{ IU/ml}$	$10\text{-}100 \text{ IU/ml}$	$<10 \text{ IU/ml}$	
Female	82 (36.8%)	94 (43.5%)	44 (19.7%)	223 (100%)
Male	59 (28.9%)	84 (41.2%)	61 (29.9%)	204 (100%)
Total	141 (33.1%)	181 (42.3%)	105 (24.6%)	427 (100%)

Table 2: Prevalence of anti-HBs in male and female

Sex	Positive	Negative	Total
Female	179 (80.3 %)	44 (19.7%)	223 (47.8%)
Male	143 (70.1 %)	61 (29.9%)	204 (52.2%)
Total	322 (75.4 %)	105 (24.6%)	427 (100%)

There was a statistically significant difference in the prevalence of anti-HBs between females and males. Female subjects had a better antibody response than males ($P=0.02$)

Discussion

In this study, 75.4% of children aged six years were anti-HBs positive five years after HBV vaccination. The persistence of antibody against HBV after vaccination has been determined by many studies worldwide. Most of the studies are from southwest of Asia, an endemic area of hepatitis B infection. In some studies from Taiwan, the rate of anti-HBs 7-20 years after vaccination ranged from 50.5-77% [15-18]. In these studies, a "waning-off" effect of anti-HBs seropositivity acquired from the hepatitis B vaccination program has been observed.

In one study on Alaskan natives, 85% of study subjects were anti-HBs positive 16 years after primary hepatitis B vaccination [19]. In Australia, immunity to hepatitis A

and B antibodies six years after vaccination of adolescents (aged 12-15 years) with a combined hepatitis A and B (HAB) vaccine was assessed. About 85% of subjects had anti-HBs concentration $> \text{or} = 10\text{mIU/ml}$ [20]. In a similar study to ours in Turkey, 87% of children had protective levels of anti-HBs ($\geq 10\text{mIU/ml}$) five years after vaccination [21]. In a study performed in Saudi Arabia, a total of 527 children (aged 4-14 years) were tested for anti-HB and overall, 74% of them were seropositive. All of children had received complete course of vaccination in the first year of age [22].

In a study carried out in Rafsanjan, Iran, blood samples were collected from 146 healthy 10-11 year old children who received primary course of hepatitis B vaccination at 0, 1.5, 9 months of age. Anti-HBs were detected in 47.9% of children [10]. In another study in health care workers of Oil Company Hospital, Tehran, Iran, 80.7% of subjects were anti-HBs positive 16 years after vaccination [12]. The results of most studies on immunogenicity of

HBV have shown: that despite low anti-HBs concentration, HBV infections (as measured by the presence of markers of infection such as HBs Ag or anti-HBc) are uncommon in persons known to have responded to primary vaccine series [23-25].

Some studies have shown presence of an anamnestic response in persons with low or undetectable anti-HBs levels following challenge with HB vaccine. In the other hand, production of anti-HBs in circulating B-cells confirmed the presence of immune memory among vaccines [26]. In most studies after injection of a dose of hepatitis B vaccine to seronegative vaccinated subjects, the titer of anti-HBs increased dramatically [15,27,28].

In our study, females showed a higher antibody response than males. However in some studies, male was associated with persistence of higher anti-HBs levels after vaccination [19-22]. At least in two studies, anti-HBs titer was significantly higher in females than males [12,29]. Our study was limited because we could not administer a booster dose of HB vaccine to seronegative participant to evaluate the level of anti-HBs after booster vaccination.

Conclusion

In this study 75.4% of children were seropositive five years after hepatitis B vaccination. However, lack of cold chain in preservation of vaccine, poor vaccine administration technique may have a role in decreased response to vaccination. But, as studies have shown, because of the presence of immune memory, most of seronegative children may be immune against hepatitis B and booster vaccine is not necessary after primary vaccination of hepatitis B. Further studies are needed to evaluate efficacy of primary hepatitis B vaccination in the older age groups.

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