



Phenotypic Activity of Efflux Pumps by Carbonyl Cyanide M-Chlorophenyl Hydrazone (CCCP) and Mutations in *GyrA* and *ParC* Genes Among Ciprofloxacin-Resistant *Acinetobacter baumannii* Isolates

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Abstract

Background: *Acinetobacter baumannii* is one of the major bacteria causing nosocomial infections. The emergence of multidrug-resistant (MDR) isolates causes morbidity and mortality and lead to financial burdens for patients and public health systems.

Objectives: Regarding the use of ciprofloxacin and increase of ciprofloxacin resistance, this study was aimed to investigate the role of the efflux pump and mutations in *gyrA* and *parC* genes as the mechanisms of ciprofloxacin-resistance.

Methods: This study was conducted on 55 strains of *A. baumannii* isolated from the patients hospitalized in Milad Hospital, Tehran. The isolates were identified by biochemical tests, and their antibiotic susceptibility was assessed by the disc diffusion method. To investigate the role of the efflux pump, minimum inhibitory concentration (MIC) of ciprofloxacin was determined in the presence and absence of the carbonyl cyanide m-chlorophenyl hydrazone (CCCP) inhibitor. The PCR was used for amplification of *gyrA*, and *parC* genes and sequencing of its products was carried out to track the mutations.

Results: The highest and lowest antibiotic resistance were observed in ciprofloxacin (100%) and tobramycin (52.7%), respectively. Moreover, 96% of the *A. baumannii* isolates exhibited MDR. Five percent of strains showed 4-fold MIC reduction after the use of the inhibitor and were reported as the strains with high activity efflux pump. In 100% of the isolates, *gyrA* and *parC* genes were detected, and only one mutation was observed in *parC* and *gyrA* genes in the studied isolates that altered amino acid type.

Conclusions: Reduction in MIC in the presence of an efflux pump inhibitor confirmed its role in enhancing the resistance to ciprofloxacin in some isolates. The results of this study also revealed no significant relationship between the ciprofloxacin resistance of the studied isolates and mutation in the encoding region of *parC* and *gyrA* genes. Thus, the significance of other mechanisms, such as the expression of genes encoding efflux pump proteins, should not be neglected.

Keywords: *Acinetobacter baumannii*, Ciprofloxacin Resistance, Efflux Pump, QRDRs Mutation

1. Background

Among *Acinetobacter* species, *Acinetobacter baumannii* is the most common human-isolated species (1). These organisms are widely spread in nature and can be found in soil, water, and wastewater (2). *Acinetobacter baumannii* is the major cause of a wide range of nosocomial infections such as blood infection, ventilator-related pneumonia, urinary tract infections, and ulcer infections (3, 4). Single cases of peritonitis, endocarditis, meningitis, osteomyelitis, and arthritis have also been reported regarding *A. baumannii*-induced infections (5, 6). Some potential virulence factors of *A. baumannii* seem to be important for disease,

including outer membrane porins, surface structures, e.g., capsule and lipopolysaccharide, enzymes such as phospholipase D, iron acquisition systems, and regulatory proteins (7). Partial treatment and mortalities due to *A. baumannii*-induced infections are among the major challenges of the medical communities (1).

Resistance to antibiotics and the emergence of multidrug-resistant (MDR) isolates are among the important causes of failure treatment of *A. baumannii* infections (5, 8). Studies showed that more than 80% of *A. baumannii* isolates are resistant to aminoglycosides or quinolones, such as ciprofloxacin and levofloxacin, and currently carbapenems have been extensively reported (9). How-

ever, *A. baumannii* has increasingly become resistant to these antibiotics and is only susceptible to the polymyxin antibiotic (10, 11). The main mechanisms for multiple drug resistant (MDR) of *A. baumannii* include horizontal gene transfer, increased expression of β -lactamases, alterations of membrane permeability, and increased expression of efflux pumps and genes encoding the target enzymes (12, 13). Bacterial efflux systems collect different compounds, such as antibiotics, from the cell and exhaust them; hence, they reduce the accumulation of antibiotics and increase their minimum inhibitory concentration (MIC) (14, 15). The bacterial efflux pumps belong to five large families, among which the Resistance Nodulation Division (RND) pump is a multidrug and three-component pump that uses ATP energy for substrate transfer (16, 17).

Inhibitors have been employed to inhibit the efflux pumps in bacteria; in this regard, carbonyl cyanide 3-chlorophenyl hydrazone (CCCP) is one of the most important inhibitors (15). This inhibitor belongs to the RND family and disrupts the function of the efflux pump; hence, it increases the accumulation of antibiotics within the bacterial cell, which in turn increases the drug efficacy (15). Another mechanism of resistance to ciprofloxacin involves the mutation in Quinolone Resistance Determining Regions (QRDRs), where target enzymes such as DNA gyrase and IV topoisomerase are affected (18). A mutation in the DNA *gyrA*ase enzyme-encoding gene will inhibit the transcription process (18). DNA gyrase is a tetrameric enzyme with two subunits A and two subunits B encoded by *gyrA* and *gyrB* genes, respectively. They open up the negative coiling of the DNA. Topoisomerase IV is also a tetrameric enzyme consisting of two C and two E subunits encoded by *parC* and *parE* genes, respectively. They contribute to separating a female chromosome in genome replication (19, 20).

2. Objectives

Regarding the significance of ciprofloxacin in treating *A. baumannii*-induced infections and determining the mechanisms of antibiotic resistance, the present study was designed to investigate the resistance mechanisms such as the role of the efflux pumps and mutations in *gyrA* and *ParC* genes in the clinically isolated ciprofloxacin-resistant *A. baumannii* strains.

3. Methods

3.1. Sampling and Isolation of *Acinetobacter baumannii* Isolates

This descriptive cross-sectional study was conducted on *A. baumannii* strains isolated from the clinical samples

(including the ulcers, blood, and urine) of 230 patients hospitalized in the intensive care unit (ICU) of Milad Hospital in Tehran, Iran from November 2017 to April 2018. Clinical samples were cultured on blood Agar and MacConkey agar to isolate *A. baumannii* strains. After 24 - 48 hours of incubation, they were identified by Gram staining and standard biochemical tests such as catalase, oxidase, culture in TSI (Merck, Germany), MRVP (Merck, Germany) and Urea (Merck, Germany) media and OF, Lysine, and bile esculin tests as well as growth at 42°C.

3.2. Antibiotic Susceptibility and Determination of MDR Strains

Antibiotic susceptibility of *A. baumannii* strains was assessed using disk diffusion method according to CLSI 2018. Antibiotic disks were supplied from Padtan Teb Company (Iran) containing gentamicin (10 μ g), ciprofloxacin (5 μ g), Ticarcillin (75 μ g), doxycycline (30 μ g), tobramycin (10 μ g), levofloxacin (5 μ g), imipenem (10 μ g), and meropenem (10 μ g). Bacterial concentration based on 0.5 McFarland standard was 1.5×10^8 CFU/mL. The results were reported as resistant, intermediate, and susceptible (Table 1). The *A. baumannii* (ATCC19606) was employed as the quality control strain. Strains showing resistance to more than 2 antibiotic classes were recognized as MDR strains.

3.3. Efflux Pump Activity Assay

The minimum inhibitory concentration (MIC) of ciprofloxacin was determined by broth micro-dilution method based on CLSI 2018 in 96-well plates. Ciprofloxacin powder was dissolved in sterilized deionized water or a suitable solvent according to the manufacturers' instruction. Then, different concentrations (256, 128, 64, 32, 16, 8, 4, 2, 0.5, and 0.25 μ g/mL) were prepared. Subsequently, 100 μ L of the as-prepared dilutions was added to each well of the 96-well micro-plate. The concentration of the microbial suspension was set to 0.5 McFarland, and was diluted at the ratio of 1/100. Then, 100 μ L of the microbial suspension was also added to each well, and the plates were incubated at 35°C for 18 - 24 hours. The lowest antibiotic concentration showing no growth was determined as MIC 90 (21).

To investigate the efflux pump activity, CCCP inhibitor with a final concentration of 25 μ g/mL was added to each Muller Hinton Agar plates containing 0.25 - 256 μ g/mL of ciprofloxacin. Once again, the minimum inhibitory concentration of antibiotics was determined after CCCP treatment. The 4-fold reduction in the MIC after the CCCP inhibitor application was considered an indicator of severe efflux pump activity. All the experiments were performed in 3 replicates. A CCCP-containing and antibiotic-free plate was applied as the control sample.

Table 1. Antibiotics and Their Growth Inhibition Zone Based on CLSI 2018

Antibiotic	Disk Content (μg)	Sensitive (S)	Intermediate (I)	Resistant (R)
Ciprofloxacin	5	≥ 21	16 - 20	≤ 15
Ticarcillin	75	≥ 20	15 - 19	≤ 14
Tobramycin	10	≥ 15	13 - 14	≤ 12
Levofloxacin	5	≥ 17	14 - 16	≤ 13
Doxycycline	30	≥ 13	10 - 12	≤ 9
Imipenem	10	≥ 22	19 - 21	≤ 18
Gentamycin	10	≥ 15	13 - 14	≤ 12
Meropenem	10	≥ 18	15 - 17	≤ 14

3.4. Molecular Analysis

3.4.1. Replication of *gyrA* and *parC* Genes by PCR

The Gram-negative bacteria extraction kit (Sinacolon Co., Iran) was employed for DNA extraction of all *A. baumannii* isolates. The quality and quantity of the extracted DNA were evaluated by gel agarose electrophoresis and NanoDrop spectrophotometry method at two wavelengths of 260 and 280 nm. A 260/280 ratio of ~ 1.8 is generally accepted as "pure" for DNA. To replicate and assess the frequency of *gyrA* genes, the specific primer sequence of *gyrA*-F (5'-AAATCTGCTCGTTCGTTGG-3') and *gyrA*-R (5'-GCCATACCTACAGCAATACC-3') primer sequences with 349 bp size were applied; while the *ParC*-F (5'-AAGCCCGTACAGCGC CGTATT-3') and *ParC*-R (5'-AAAGTTATCTTGCCATTCGCT-3') primer sequence with 327 bp size were used to replicate (17).

For PCR reaction, a PCR mixture was used that contained 12.5 μL of 2 \times Master Mix (Sinacolon Co., Iran), including 1 \times PCR buffer, 1.5 mmol/L MgCl_2 , dNTPs at a concentration of 0.15 mmol/L each dNTP, 1.25 U of Taq DNA polymerase, 0.5 μL of 0.8 μM of each primer, 1 μL of template DNA (0.5 μg), and sterile distilled water up to 25 μL . The PCR temperature and time schedule involved the initial denaturation stage at 94°C for 5 minutes, followed by 55 seconds of denaturation at 94°C, the annealing phase at 54°C for 55 seconds, 32 cycles of 1-minute expansion stage at 72°C, and the final extension stage at 72°C for 5 minutes. To evaluate the PCR products, the samples were transferred to a 2% agarose gel; they were analyzed after staining in the Gel Doc apparatus (Vilber Lourmat, France). The positive control was *A. baumannii* ATCC 19606. The negative control contained no template.

3.4.2. Sequencing of PCR Products

To investigate the mutations in nucleotide sequences, the PCR products of a number of samples with confirmed ciprofloxacin resistance were purified and diluted in the proper concentration (1 $\mu\text{g}/\text{mL}$). The PCR amplified the purified sequences with both forward and reverse primers

using BigDye technology by Bioneer Company (Germany). The sequencing results of PCR products were analyzed at the NCBI site (<https://www.ncbi.nlm.nih.gov>) using the BLAST software (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>) to investigate the mutations in nucleotide sequences.

3.5. Statistical Data Analysis

SPSS version 20 (SPSS, Inc., Chicago, IL, USA) was employed for statistical analysis. Descriptive statistics and Pearson's chi-square tests were used to evaluate the correlation between mutation and ciprofloxacin resistance. Statistical significance was defined as P value of less than 0.05.

4. Results

Fifty-five strains of *A. baumannii* were identified and isolated from clinical samples of 230 patients.

4.1. Antibiotic Resistance Pattern of *Acinetobacter baumannii* Isolates

The highest antibiotic resistance was observed in ciprofloxacin (100%), meropenem (96.4%), ticarcillin (94.6%) and imipenem (94.6%), respectively. Doxycycline (65.5%), gentamicin (58.2%), and tobramycin (52.7%) indicated the lowest resistance, respectively (Table 2). The results indicated that 96.36% of the isolates were MDR.

4.2. MIC of Ciprofloxacin

Investigation of ciprofloxacin MIC in *A. baumannii* strains indicated that 100% of the samples exhibited high resistance to this antibiotic (MIC $\geq 16 \mu\text{g}/\text{mL}$).

4.3. Efflux Pump Activity After Application of CCCP

After employing CCCP inhibitor and determining the MIC of ciprofloxacin in the presence of this inhibitor, *A. baumannii* strains showing at least a 4-fold decrease in their ciprofloxacin MIC were phenotypically considered the strains with high efflux pump activity (Table 3). The

Table 2. Antibiotic Susceptibility and Resistance Patterns of *Acinetobacter baumannii* Isolates^a

Antibiotic	Resistant (R)	Intermediate (I)	Susceptible (S)
Ciprofloxacin	100	0	0
Ticarcillin	94.6	1.8	3.6
Tobramycin	52.7	5.5	41.8
Levofloxacin	63.6	20	16.4
Doxycycline	65.5	3.6	30.9
Imipenem	94.6	1.8	3.6
Gentamycin	58.2	3.6	38.2
Meropenem	96.4	0	3.6

^aValues are expressed as percentage.

results revealed that, among the ciprofloxacin-resistant MDR isolates, 3 strains (5%) exhibited a 4-fold decrease in their ciprofloxacin MIC in the presence of efflux pump inhibitor. Therefore, they were defined as the high efflux pump-active strains, while among 52 strains (26%) did not have efflux pump activity as they did not show any changes in their MIC, and 47% isolates showed that their MIC reduction was less than 4-fold (Figure 1).

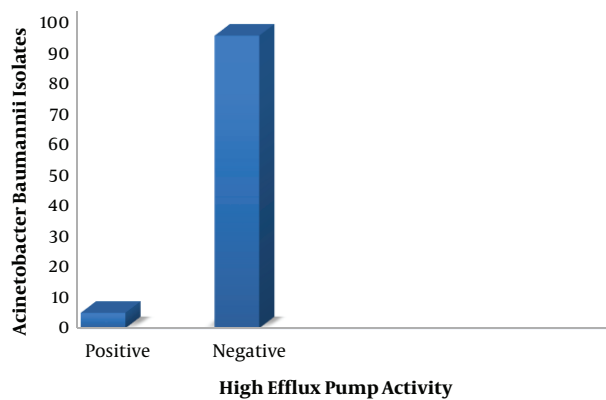


Figure 1. Frequency of high efflux pump activity in ciprofloxacin-resistant *Acinetobacter baumannii* strains after using CCCP is shown

4.4. Molecular Analysis Results

4.4.1. Determining the Frequency of *gyrA* and *parC* Genes by PCR Method

After replication of *gyrA* and *parC* genes, the PCR products of all *A. baumannii* strains were observed in form of bands with the length of *gyrA* 349bp and *parC* 328bp on the agarose gel (Figure 2). The results indicated that all of the studied strains that were ciprofloxacin-resistant (55 strains) because they possessed *gyrA* and *parC* genes.

4.4.2. Mutation in *gyrA* and *parC* Genes

The study of *A. baumannii* resistant to ciprofloxacin with MIC $\geq 4\mu\text{g/mL}$ showed a mutation in *parC* gene in the studied samples and this sequence has the number 84 position mutation L > S. Among the sequenced *A. baumannii* isolates, which were resistant to ciprofloxacin with MIC $\geq 4\mu\text{g/mL}$ considering *gyrA* gene, only one case had a mutation with the number 345 position mutation T > C, but the mutation did not alter the amino acid. There is no significant relationship between gene mutation and ciprofloxacin resistance among studied *A. baumannii* isolates ($P > 0.05$).

5. Discussion

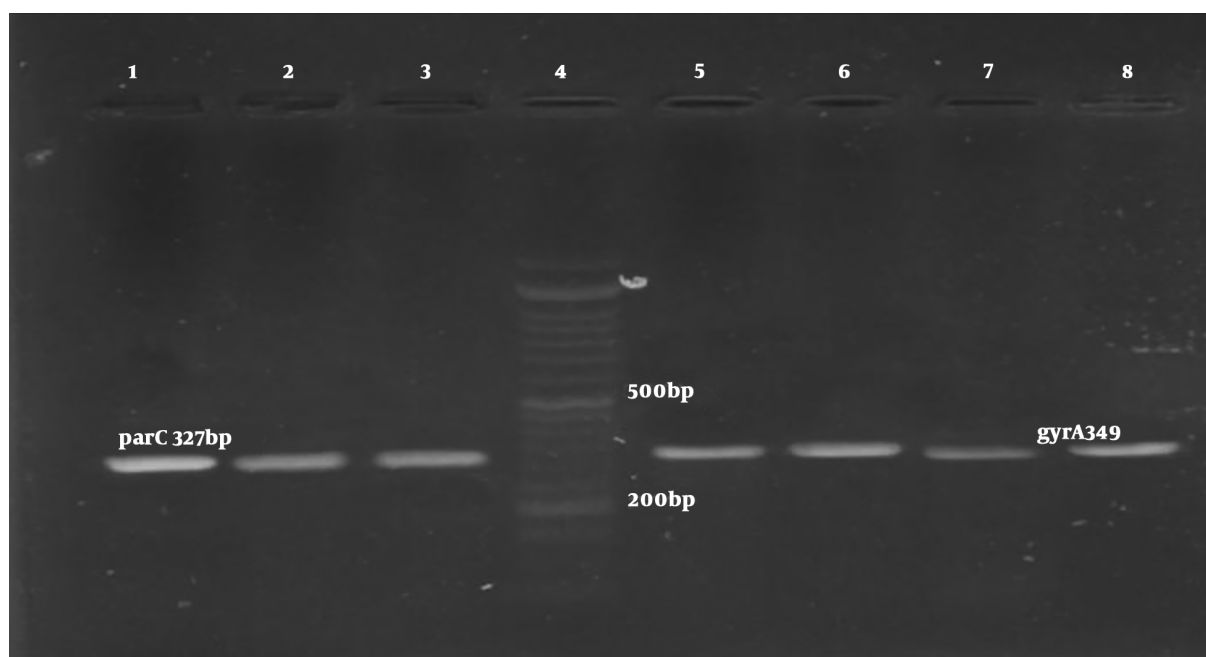
Acinetobacter baumannii is the third cause of nosocomial pneumonia and ninth cause of blood infection in the hospitals (21, 22). Following the increase in the use of antibiotics, *A. baumannii* antibiotic-resistant strains rapidly transfer the resistance to the susceptible isolates and causing the occurrence of MDR (23). In 2017, SENTRY Antimicrobial Surveillance Program reported the highest number of MDR strains of *A. baumannii* in Europe and Latin America, Asia-Pacific, and North America between 1997 and 2016 (24). Also, high prevalence of MDR *A. baumannii* has emerged as a serious problem in healthcare settings in Iran (25). Previous studies have shown that fluoroquinolones are one of the first-line therapies for *A. baumannii* infections (26). But several studies revealed a considerable increase in ciprofloxacin resistance in Iran (27, 28).

In the present study, among 55 strains of *A. baumannii* isolated from different clinical samples of patients admitted in the ICU of Milad Hospital in Tehran, Iran, the highest antibiotic resistance was related to ciprofloxacin (100%) and then meropenem and imipenem. The results of this study also showed that 96.36% of *A. baumannii* isolates were resistant to 3 or more classes of antibiotics and mentioned as MDR isolates. Nowroozi et al. in 2014 reported that the resistance of *A. baumannii* strains to amikacin, ciprofloxacin, cotrimoxazole, ceftazidime, and ceftriaxone was equal to 100%, while their resistance to gentamicin and tetracycline was equal to 86.1%. In addition, 100% of isolates were recognized as MDR strains (29).

In 2016, Sarhaddi et al. investigated the drug resistance pattern of carbapenem-resistant *A. baumannii* strains isolated from the burning department of hospitals in north-eastern Iran. They concluded that all isolates were resistant to β -lactam antibiotics and ciprofloxacin (30). Nourbakhsh et al. in 2018 demonstrated that the antibiotic resistance pattern for *A. baumannii* isolates from Burn Center of Isfahan Hospital showed high resistance to ciprofloxacin, ceftazidime, and tetracycline with a frequency of 82.5%, 75.3%, 72%, respectively (31). The review study of Hamzeh

Table 3. Ciprofloxacin MIC of Some Strains Before and After Using CCCP Inhibitor and Determination of the Efflux Pump Activity

Strain code	Ciprofloxacin MIC ($\mu\text{g/mL}$)	MIC Ciprofloxacin After Using CCCP ($\mu\text{g/mL}$)	MIC Reduction Rate	Efflux Pump Activity
1	128	128	-	-
2	256	128	2	-
3	64	64	-	-
4	256	128	2	-
5	512	128	4	+
9	512	256	2	-
14	128	32	4	+
15	32	16	2	-
16	64	64	-	-
18	128	64	2	-
33	512	128	4	+

**Figure 2.** Gel electrophoresis of PCR products. Lanes 1 - 3: bands for *parC* gene (327 bp), lanes 5 - 8: bands for *ParC* gene (349 bp), and lane 4: ladder (50 bp).

et al. on antibiotic-resistant clinical *A. baumannii* isolates from Iran during 2012 - 2017, demonstrated that there was a significant increase in resistance to many antibiotics such as gentamicin, imipenem, meropenem, piperacillin, ampicillin/sulbactam, ticarcillin, tobramycin, and aztreonam (32).

Also, in 2019, Sedaghat et al. showed that all *A. baumannii* isolates from burn patients in Northeast of Iran were MDR due to considerable resistance to fluoroquinolones (95%), cephalosporins (93% - 98%), penicillins (97%), carbapenems (94% - 95%), and beta-lactamase inhibitors (87%

- 100%) (33). Both intrinsic and acquired mechanisms can cause resistance in *Acinetobacter* (34, 35). Resistance to quinolones can be caused by different ways; one of them is an alternation in the bacterial efflux pump expression. Determining ciprofloxacin resistance in *A. baumannii* isolates was performed both in the presence and in the absence of efflux pump inhibitors (36, 37). In this study, the effect of the efflux pump and its role in the development of the resistance to ciprofloxacin was investigated using the CCCP inhibitor. It was shown that among 55 ciprofloxacin-resistant strains, only 3 strains exhibited a 4-fold MIC re-

duction. These strains were reported as strains with a high phenotypic expression of the efflux pump.

Previous studies have proven the emergence of MDR by these pumps in *Escherichia coli* strains (38). Adabi et al., in a study conducted in Tehran in 2015, reported that 8% of *Pseudomonas aeruginosa* isolates indicated a 4-fold decrease in amikacin MIC in the presence of CCCP reflecting the role of the efflux pumps in the development of drug resistance in *P. aeruginosa* isolates (39). The study of Nikasa et al. in 2013, showed that a 16-fold reduction was observed in MIC of ciprofloxacin among *A. baumannii* isolates after using the CCCP efflux pump inhibitor (40). Ardebili et al. in 2014 showed that all strains of *Acinetobacter* are resistant to ciprofloxacin with MIC values ranging from 4 to 128 $\mu\text{g}/\text{mL}$ or more. Moreover, the strains' susceptibility to ciprofloxacin increased in the presence of CCCP efflux pump inhibitor such that a 2 - 64-fold decrease was observed in 86.1% of the strains and they mentioned efflux-based system may play a role in fluoroquinolone resistance in *A. baumannii* isolates (41).

In 2018, Abbasi Shaye demonstrated that among forty-six clinical *Acinetobacter* isolates collected from 2 teaching hospitals of Mashhad, Iran, 20 *A. baumannii* isolates showed a 2-fold or higher reduction in amikacin MIC in the presence of CCCP (42). In a study by Ardehali et al. in 2019, the results of phenotypic detection of efflux pumps using CCCP efflux pump inhibitor revealed that 23.07% of tigecycline-resistant *A. baumannii* isolates could contain active efflux pumps. The results of their study indicate that RND-type efflux pumps appear to play a significant role in the tigecycline resistance of *A. baumannii* (43).

Therefore, the results of our study showed that mechanisms other than the efflux pumps may be involved in the resistance to ciprofloxacin. Studies demonstrated that mutation in the QRDR region and *gyrA* and *parC* genes is another important mechanism related to the resistance to ciprofloxacin and associated with high resistance to fluoroquinolones (44). In this study, mutations in *gyrA* and *parC* genes were studied among some ciprofloxacin-resistant *A. baumannii* isolates. The presence of *gyrA* and *parC* genes was reported in all of the studied strains. In *A. baumannii* isolates, which were resistant to ciprofloxacin with MIC $\geq 4\mu\text{g}/\text{mL}$, just a mutation in *parC* gene (84 position mutation L > S) was shown that altered amino acid. Also, one isolate of *A. baumannii*, which were resistant to ciprofloxacin with MIC $\geq 4\mu\text{g}/\text{mL}$ showed a mutation in *gyrA* gene, (345 position mutation T > C), but the mutation did not alter the amino acid. Our results are relatively similar to Wisplinghoff et al. study in 2003 that among 147 ciprofloxacin-resistant *A. baumannii* isolates sequenced for QRDR regions, no mutation leading to resistance was observed, and they suggested that other mechanisms may involve in resistance (45).

In Valentine et al. study, the sequencing results of ciprofloxacin-resistant *A. baumannii* strains showed *gyrA* gene mutation in all the resistant strains. They declared that this mutation probably causes fluoroquinolone resistance, such as levofloxacin (46). In Iran, Ardebili et al. in 2015 found that mutation in *gyrA* and *parC* genes could be effective in the *A. baumannii* resistance to ciprofloxacin. The nucleotide sequencing results revealed that 45 (90%) of 50 isolates had amino acid alteration *gyrA* and *parC* as follow: 1 (2.2%) isolate in *gyrA*, 2 (4.4%) in *parC* gene and 42 (93.3%) in *gyrA* and *parC* concurrently [20]. Warner et al. in 2016 reported the high levels of mutation in the *gyrA* and *parC* genes in ciprofloxacin-resistant *A. baumannii* strains (47). In 2014, Fazeli et al. identified *gyrA* gene in 70 strains of *A. baumannii* isolated from the patients admitted to the ICU of Alzahra Hospital in Isfahan, Iran (48). Khayat et al., in a study in 2017, showed that all the ciprofloxacin-resistant *Acinetobacter* strains had a mutation in *gyrA* gene, but no mutation was observed in the *parC* gene (49). In a study by Nowroozy et al. in 2014, all *A. baumannii* strains had MIC $\geq 32\mu\text{g}/\text{mL}$, but *gyrA* gene mutation was detected in MIC $\geq 4\mu\text{g}/\text{mL}$ and for *parC* was MIC $\geq 32\mu\text{g}/\text{mL}$ (27, 29).

5.1. Conclusions

This study showed that there is a high prevalence of *A. baumannii* MDR strains; thus, we can conclude that resistance to ciprofloxacin is common in all clinical isolates of *A. baumannii*. So due to the crucial role of *A. baumannii* in nosocomial infections, particularly in ICUs, it is necessary to apply appropriate strategies to control the spread of bacterial resistance. Also, the results of the present study show the MIC reduction of ciprofloxacin among *A. baumannii* isolates in the presence of the efflux pump CCCP inhibitor and 3 isolates have a high phenotypic activity of efflux pump. In this study, there is no association between *gyrA* and *parC* gene mutation and ciprofloxacin resistance. Therefore, the role of mechanisms other than alterations in *gyrA* and *parC* to decrease the susceptibility to quinolones in *A. baumannii* isolates such as expression of genes encoding efflux pumps proteins should be considered. Further studies with a larger number of isolates are required to clarify the mechanisms associated with resistance of *A. baumannii*.

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Footnotes

Authors' Contribution: Study concept and design: Sahar Honarmand Jahromy and Leila Pishkar; analysis and interpretation of data: Somayeh Ranjbar; drafting of the manuscript: Somayeh Ranjbar; critical revision of the manuscript for important intellectual content: Somayeh Ranjbar and Sahar Honarmand Jahromy; statistical analysis: Somayeh Ranjbar; administrative, technical, and material support: Somayeh Ranjbar; study supervision: Sahar Honarmand Jahromy and Leila Pishkar.

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