



Proteomic Analysis Reveals an Increase of Neutrophils and TH17-related Proteins Expression in Severe Nodular Acne Lesions of the Back

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Abstract

Background: The etiology and different inflammatory steps associated with the development of an acne nodule remain unsolved.

Objectives: This study aimed to investigate the main biological processes involved in acne nodules and compare them to those of papules.

Methods: Nodules, papules, and non-involved skin of the back (control) were biopsied to perform proteomic analysis using mass spectrometry, Luminex assay, and elastase staining on skin sections.

Results: Many factors involved in the migration and function of immune cells, particularly those impacting leukocytes and neutrophils, were strongly and significantly higher in nodules than in papules and non-involved skin, while several enzymes involved in lipid metabolism were lower. Elastase staining confirmed strong neutrophil infiltration within and around the nodules.

Conclusions: Our results highlight the role of neutrophils during nodule formation in severe nodular acne of the back.

Keywords: Severe Nodular Acne, Nodule, Neutrophils, Proteomics

1. Background

Acne is a chronic inflammatory disease of the pilosebaceous unit. It commonly occurs at puberty but is also observed in adults. Its pathophysiology involves different factors including hyperseborrhoea, abnormal follicular keratinization, hormonal changes, and *Cutibacterium acnes* proliferation in the pilosebaceous unit. As a result of their interactions, the cutaneous microenvironment changes and leads to inflammatory reactions through the activation of innate immunity of the host that ultimately fosters acne lesion progression (1). Severe nodular acne, graded as 4 or 5 on the Investigator's Global Assessment Scale, is characterized by inflammatory nodules, and regularly associated with scarring (2). Acne nodules are defined as a solid skin mass with an induration of at least 5 mm or more in diameter (3). Severe nodular acne frequently remains refractory to local therapy (4). Thus, isotretinoin has become the standard therapy in severe acne (5). Even though effective in treating severe acne, safety issues are associated

with oral isotretinoin, including teratogenicity, metabolic abnormalities, and depression (6).

2. Objectives

To date, the etiology and different inflammatory steps associated with the development of an acne nodule remain unclear. Using proteomic techniques, this study aimed to investigate the main biological processes involved in nodules compared to papules.

3. Methods

This study enrolled 12 subjects aged between 16 and 35 years with severe nodular acne of the back (3). The study was approved by health authorities and the local ethics committee, and registered under number ID-RCB: 2015-A01139-40. Good Clinical Practices were followed (see Supplementary File). To be enrolled in the study, subjects had to be aged between 16 and 35 years and to present

with severe nodular acne on the back according to ECLA (Echelle de Cotation des Lésions d'Acne) grading, defined by the presence of at least two nodules of 5 mm (3). Lesions were clinically characterized by an experienced dermatologist (more information available in (7)). Biopsies of a new nodule, a papule, and non-lesional skin were taken. Proteins were extracted from the frozen sections of the biopsies as described in the material and methods section in the supporting information. The resulting protein extracts were used for label-free mass spectrometry analysis and for the quantification of a selected panel of cytokines, chemokines, and growth factors using Luminex technology (see material and methods in Supplementary File). Data analysis was performed using Genedata software. Gene ontology (GO) category enrichment analysis was performed using DAVID 6.7 (<http://david.abcc.ncifcrf.gov/>), as shown in supporting information.

4. Results

Using quantitative mass spectrometry (MS), untargeted proteomic analysis was performed to identify the main biological processes that were modulated in acne lesions. More than 1,100 proteins (including isoforms) were quantified with at least two peptides found in both nodules and papules (Appendix 1 and 2 in Supplementary File). Limited but significant modulations were detected in papules compared to non-lesional skin, while substantial changes were observed in nodules. Thus, we focused the analysis on the nodules. Proteins showing a fold modulation in nodules superior to 1.2 or inferior to 0.8 and a significant BHQ-value (358 proteins) were analyzed for enriched biological processes based on gene ontology in gene ontology (GO) software and results are summarized in Table 1. As expected, inflammation was highlighted as a relevant event in nodules. However, less expected biological processes such as extracellular matrix organization, adhesion, synthesis, and metabolism of proteins were also identified. Table 2 provides a focus on the biological processes known to be involved in papule lesions (1, 2): inflammation and sebaceous gland shrinking. As an example, azurocidin and cathepsin G were both strongly increased in nodules. These proteins are secreted in active forms during neutrophil activation at inflammatory sites, which contribute to the regulation of inflammatory and immune responses (8-10). They also actively participate in the earliest line of defense against invading microorganisms as do neutrophil defensin 1 and 2 microbicidal peptides, which were also found to be induced in nodules. Azurocidin, in combination with Myeloperoxidase, is involved in the digestion of phagocytized microorganisms (10). Some of those proteases are also implicated in

the organization and remodeling of extracellular matrix (ECM), such as Myeloblastin (neutrophil proteinase-4 or proteinase-3) that degrades elastin, fibronectin, laminin, vitronectin, and collagen types I, III, and IV (9, 11, 12). Altogether, these neutrophil's secreted proteins might contribute to the spread of inflammation and the formation of the nodule. In contrast to psoriasis where recent experiments suggest a role for beta-1 integrin (CD29) in epidermal hyperproliferation and inflammation (13), only beta-2 integrin was strongly induced in acne nodules (Appendix 1 and 2 in Supplementary File). Beta-2 integrins are leukocyte-specific membrane receptors that are crucial for host defense (14, 15). Modulation in the expression of this integrin was reported, especially in patients with acute infection (14, 16) and was proposed as an important integrin, which is essential for promoting neutrophil recruitment into inflamed tissue and pathogen phagocytosis (15). Several enzymes involved in lipid metabolism were notably decreased in nodules compared to non-lesional skin following analysis by mass spectrometry (Table 2 and Appendix 1 in Supplementary File). Many of them (e.g., AWAT2) are usually strongly expressed in the sebaceous gland, which suggests the destruction of sebaceous glands as proposed by Plewig and Kligman (17). The MS analysis allowed the detection of many additional proteins that were modulated in nodules (Appendix 1 in Supplementary File) and despite not being statistically significant, these findings are in line with our results.

To refine the inflammatory events occurring in nodular acne, the quantification of a selection of cytokines, chemokines, and growth factors was performed using Luminex assays. Twenty-one proteins were detected at a level higher than the LOQ in a range of 0.1 pg/mg to 2,300 pg/mg after normalization using the total content of proteins (Appendix 3 in Supplementary File). Table 3 summarizes the modulation of those 21 proteins in papules versus non-lesional skin and nodules versus non-lesional skin. A statistically significant increase in cytokines and chemokines related to Th17 cells (IL17A, IL17F, and CCL20) and neutrophil recruitment (CXCL8 and CCL3) were observed in nodules. In comparison, those proteins were also induced in papules but at a lower level and not found to be statistically significant. Additionally, a statistically significant decrease in IL7 was observed in nodules but not in papules, which is in line with our previous data using early papules (18). Interestingly, CXCL8 was significantly increased in nodules and moderately increased in papules. This chemokine is a well-known powerful effector of neutrophil chemotaxis. In addition, CXCL8 is involved in not only innate but also adaptive immunity including the activation and regulation of Th17, Treg, and $\gamma\delta$ T cells (19). Moreover, IL17 is known to participate in neutrophil infil-

Table 1. Mass Spectrometry Analysis Biological Process Identified Using Gene Ontology Software (Nodule Versus non-Lesional Skin)^{a, b}

Biological Process	Number of Proteins (Among 358)	Proteins in %	P Value
Adhesion			
Cell-cell adhesion	35	9.8	1.9 E-15
Actin cytoskeleton organization	16	4.5	4.7 E-07
Wnt signaling pathway, planar cell polarity pathway	10	2.8	3.4 E-04
Cell-matrix adhesion	8	2.2	5.6 E-03
Protein synthesis			
Translational initiation	28	7.8	1.4 E-17
Translation	28	7.8	7.2 E-11
rRNA processing	23	6.4	8.6 E-09
Protein folding	14	3.9	3.8 E-04
Extracellular matrix disassembly	9	2.5	4.4 E-04
tRNA aminoacylation for protein translation	6	1.7	2.5 E-03
ECM organization			
Proteolysis	22	6.1	8.7 E-03
Extracellular matrix organization	17	4.7	1.9 E-05
Collagen catabolic process	7	2.0	4.1 E-03
Fibrinolysis	5	1.4	1.4 E-03
Collagen fibril organization	5	1.4	1.3 E-02
Inflammation			
Innate immune response	21	5.9	3.4 E-03
Leukocyte migration	11	3.1	6.6 E-04
T cell receptor signaling pathway	11	3.1	2.9 E-03
Stimulatory C-type lectin receptor signaling pathway	9	2.5	3.6 E-03
Fc-gamma receptor signaling pathway involved in phagocytosis	9	2.5	1.1 E-02
Antigen processing and presentation of exogenous peptide antigen via MHC	8	2.2	7.1 E-04
Defense response to Gram-negative bacterium	7	2.0	1.9 E-03
Defense response to Gram-positive bacterium	6	1.7	5.2 E-02
Phagocytosis	5	1.4	2.7 E-02
Metabolism			
Metabolic process	13	3.6	6.9 E-04
Lipid metabolic process	9	2.5	3.4 E-02
Fatty acid beta-oxidation	7	2.0	5.7 E-04
Gluconeogenesis	6	1.7	3.7 E-03
Cholesterol biosynthetic process	5	1.4	1.2 E-02
Cellular aldehyde metabolic process	4	1.1	1.9 E-03
Very long-chain fatty acid metabolic process	3	0.8	4.2 E-02
Glycogen catabolic process	4	1.1	1.3 E-02
Krebs cycle/energy			
Tricarboxylic acid cycle	7	2.0	5.2 E-05
Mitochondrial ATP synthesis coupled proton transport	5	1.4	1.4 E-03
ATP biosynthetic process	5	1.4	4.7 E-03
Miscellaneous			
Oxidation-reduction process	36	10.1	7.2 E-07
Morphogenesis of an epithelium	3	0.8	4.2 E-02
Epidermis development	6	1.7	5.2 E-02

^aP value was calculated automatically using Gene Ontology software.

^bProteins showing a fold modulation in Nodules superior to 1.2 and a significant Q-value were analyzed for enriched biological processes based on gene ontology in Gene Ontology (GO) software. As expected, inflammation was highlighted as a relevant event in nodules. However, less expected biological processes like extracellular matrix organization, adhesion, synthesis, and metabolism of proteins were identified and are summarized in Table 1. Table 2 summarizes significantly modulated proteins in the MS analysis.

Table 2. A Focus on Biological Processes Known to be Involved in Papule Lesions^{a, b}

ID Uniprot	Biological Pathway	Protein Name UniProt	Gene Symbol	Fold Change [NO vs. NLS] Paired Effect	BH Q-Value
P17213	Antimicrobial activity	Bactericidal permeability-increasing protein	BPI	10.17	**
P59665		Neutrophil defensin 1	DEFA1B; DEFA1	11.34	***
P59666		Neutrophil defensin 3	DEFA3	11.34	***
P24158	Neutrophil activation	Myeloblastin	PRTN3	41.68	**
P20160		Azurocidin	AZU1	5.61	**
P08311		Cathepsin G	CTSG	7.07	***
P05107	Cell-ECM interaction	Integrin beta-2	ITGB2	21.06	***
P51659	Lipid metabolism	Peroxisomal multifunctional enzyme type 2	HSD17B4	2.48	*
P61916		Epididymal secretory protein Et	NPC2	2.34	*
P02649		Apolipoprotein E	APOE	1.66	*
P43034		Platelet-activating factor acetylhydrolase IB subunit alpha	PAFAH1B1	-1.36	*
P49327		Fatty acid synthase	FASN	-1.37	*
P00387		NADH-cytochrome b5 reductase 3	CYB5R3	-1.81	**
Q13011		Delta(3,5)-Delta(2,4)-dienoyl-CoA isomerase, mitochondrial	ECH1	-1.82	**
Q96K12		Fatty acyl-CoA reductase 2	FAR2	-2.18	***
Q6E213		Acyl-CoA wax alcohol acyltransferase 2	AWAT2	-2.46	***
P14324		Farnesyl pyrophosphate synthase	FDPS	-2.53	*
P33121		Long-chain-fatty-acid-CoA ligase 1	ACSL1	-3.27	**
Q15392		Delta(24)-sterol reductase	DHCR24	-4.16	*
P11310		Medium-chain specific acyl-CoA dehydrogenase, mitochondrial	ACADM	-4.20	**
O95864		Fatty acid desaturase 2	FADS2	-11.85	***

Abbreviations: NO, nodule; NLS, non-lesional skin

^a0.01 < P value < 0.05; **0.005 < P value < 0.01; ***P value < 0.005^bID Uniprot: identification number: Uniprot Data base. Fold change was calculated using Genedata software as described in Materials and Methods.

tration at the site of inflammation. Besides, CD4+IL-17+ T cells accumulate around the pilosebaceous unit and are in close contact with sebocytes in acne lesions. In papules, the increase in inflammatory mediators was of lower intensity compared to nodules. Finally, the immuno-detection of the elastase protein was performed to confirm the strong infiltration of neutrophils within nodules, using skin sections of non-lesional skin, papules, and nodules (Figure 1). Any stained cells were detected in non-lesional skin. In papules, localized staining was observed within the pilosebaceous unit while strong staining was visible in nodule sections in and around the pilosebaceous unit. This is related to the destruction of the pilosebaceous unit in the nodule and has been previously observed (17). Our proteomic results suggested that in the nodule, inflamma-

tion is driven by neutrophils and leads to the destruction of the sebaceous gland associated with a strong modification of the cellular matrix. Interestingly, in the same subjects, 77.3% of baseline nodules had evolved into atrophic scars within four weeks (7). In addition, a correlation was observed between the alteration of sebaceous glands and long-lasting immune response versus atrophic scar formation in patients prone to scar acne (20). This suggests that it could be possible to prevent scar formation by limiting neutrophil recruitment during nodule formation.

5. Discussion

In a prospective study on the nodule evolution, Khammari et al. observed that the majority of nodules evolved

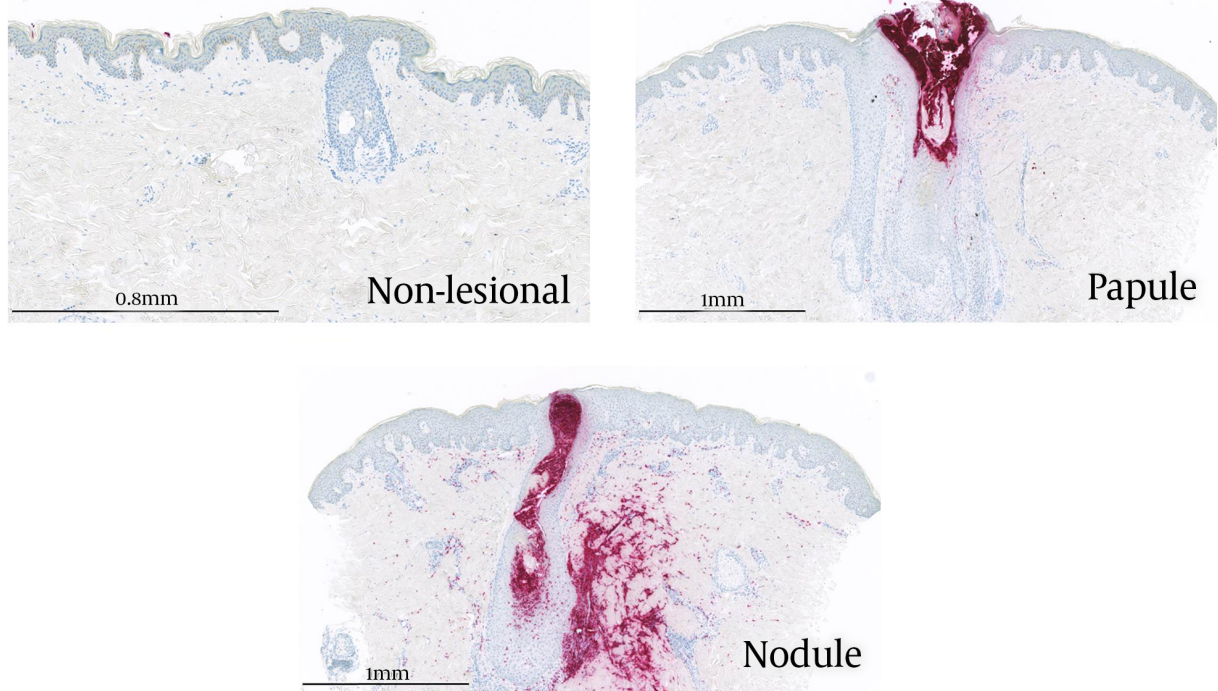


Figure 1. 5- μ m sections were prepared from paraffin-embedded biopsies, elastase staining (in red), and nuclei were counterstained with hematoxylin (in blue).

into an atrophic scar although lesion duration was short (7). However, the risk of a papule to evolve into an atrophic scar is less frequent and depends on the resolution of the inflammatory process (20, 21). A very similar immune response, characterized by elevated numbers of T cells, neutrophils, and macrophages, was observed by gene expression analyses of papules in patients prone and non-prone to scars (20). Here, using a large-scale gene expression profile, we also observed a similar inflammatory profile between papules and nodules (unpublished results). Therefore, the occurrence of scar seems to be more linked to the severity of inflammation rather than a different type of inflammatory actors.

In the present study, using large-scale and targeted analysis of proteins, we could highlight differences between papules and nodules, including several biological processes as remodeling of extracellular matrix, protease activities and recruitment of inflammatory cells including neutrophils.

First, we analyzed the protein content of non-lesional skin, papules, and nodules in biopsies taken from 12 subjects with severe nodular acne of the back. Using mass spectrometry, the nodule was found to display many proteins that were significantly modulated compared to non-lesional skin. In contrast, the modulation of proteins in

papules was not statistically significantly different from that of non-lesional skin. In nodules, the observed increase in protein levels was related to the following biological functions: antimicrobial activities, remodeling of the extracellular matrix, protease activities, and recruitment of inflammatory cells including neutrophils. In contrast, enzymes involved in lipid metabolism were decreased in nodules compared to non-involved skin, suggesting an alteration of the pilosebaceous unit resulting in the destruction of sebaceous glands that may participate in scar formation. Then, using the Luminex assay, a much higher content of CXCL8, CXCL11, CCL3, CCL4, CCL20, IL6, IL17A, IL17F, IL27, TNF, and IL1B was observed in nodules than in non-lesional skin and papules. Finally, using immune staining, we confirmed a strong neutrophil infiltration in and around nodules, which was restricted to the pilosebaceous unit in papules.

5.1. Conclusions

Altogether, our results highlight the role of neutrophils during acne nodule formation and suggest that impaired neutrophil migration might limit the occurrence of new nodules and the risk of scarring in severe nodular acne of the back. These findings could inform future therapeutic approaches for the treatment of acne.

Table 3. Modulation of 21 Proteins in Papules Versus non-Lesional Skin and Nodules Versus non-Lesional Skin^a

Protein ID	Nodule vs. NLS		Papule vs. NLS		Function
	Fold Change	P Value	Fold Change	P Value	
CXCL8 (IL8)	560	***	10	0.08	Chemotactic factor (neutrophils, basophils and T-cells)
IL6	381	***	8.4	*	Th17 activation
TNF	21	***	3.8	0.08	Th17/Th1 activation cytokine released
CXCL11 (I-TAC)	4.6	**	2.7	0.08	Chemotactic for interleukin-activated T-cells
IL17A	51	***	2.1	0.37	Th17 activation cytokine released
CCL4 (MIP1-Beta)	40	***	3.0	0.25	Chemotactic for B and T lymphocytes, dendritic cells, phagocytes
CCL20 (MIP-3alpha)	8.8	***	1.8	0.40	Th17 activation cytokine released
IL1B (IL1Beta)	8.6	***	2.4	0.19	Potent proinflammatory cytokine, Th17 activation
CCL3 (MIP-1 alpha)	5.0	**	1.7	0.50	Recruitment and activation of polymorphonuclear leukocytes
IL17F (ML1)	3.7	***	1.4	0.58	Th17 activation cytokine released
IL27	3.1	**	1.4	0.58	T cell proliferation
IL33	1.8	*	1.3	0.58	Maturation of Th2 cells and the activation of mast cells, basophils, eosinophils and natural killer cells.
IL15	1.4	0.14	1.1	0.79	Th2 activation
CSF2 (GM-CSF)	1.2	0.83	-1.2	0.72	Th17 activation cytokine released
CX3CL1 (Fractalkine)	1.1	0.84	1.2	0.72	Chemotactic factor (neutrophils, basophils, and T-cells)
IL13	1.1	0.87	1.2	0.55	Th2 activation/cytokine release
IL9	-1.1	0.67	1.1	0.90	Th2 activation/cytokine release
IL5	-1.2	0.77	-1.3	0.55	Th2 activation/cytokine release
IL21	-1.5	0.29	1.1	0.79	Th17 activation cytokine released
IL10	-2.4	0.29	-2.4	0.40	Th2 activation/cytokine release
IL7	-5.1	**	-1.5	0.55	B and T cell development, lymphoid development, B cell maturation

Abbreviations: ND, not detected; NS, P > 0.05; NLS, Non-lesional Skin; NT, not tested
^a*P < 0.05; **P < 0.01; ***P < 0.001

Supplementary Material

Supplementary material(s) is available [here](#) [To read supplementary materials, please refer to the journal website and open PDF/HTML].

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Footnotes

Authors' Contribution: Bruno Méhul performed the research and protein extraction; Isabelle Carlavan and

Corinne Ménigot analyzed the data; Alexandre Genette performed mass spectrometry analysis; Alexia Seraidaris performed Luminex assays; Béatrice Bertino performed immunohistochemistry; Valérie Bourdès, Brigitte Dréno, Johannes J. Voegel, and Sandrine Blanchet-Réthoré designed the research study; Bruno Méhul and Sandrine Blanchet-Réthoré wrote the paper.

Conflict of Interests: Brigitte Dréno has been a prior advisor, consultant, speaker, and investigator for Galderma. Bruno Méhul, Isabelle Carlavan, Alexandre Genette, Alexia Seraidaris, Béatrice Bertino, Corinne Ménigot, Valérie Bourdès, Johannes J. Voegel, and Sandrine Blanchet-Réthoré are the employees of Galderma R&D, Nestlé Skin Health.

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