

# Hepatitis B Virus Infection Serology and the Associated Risk Factors Among Patients With HIV in Shiraz, Iran

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**Background:** Human Immunodeficiency Virus-1 (HIV-1) and Hepatitis B Virus (HBV) are transmitted through common routes; therefore, simultaneous infection with both viruses is common.

**Objectives:** The current study aimed to determine HBV infection serological profile and the associated risk factors among HIV positive individuals in Shiraz.

**Patients and Methods:** In this cross-sectional study, 186 HIV infected individuals above 18 years old, referring to Shiraz Voluntary Counseling and Testing Center from 2010 to 2011 were enrolled. All participants were assessed for the serological status of HBV infection using Hepatitis B surface antigen, Hepatitis B surface antibody, Hepatitis B core antibody levels, and HBV Polymerase Chain Reaction.

**Results:** A total of 186 HIV positive individuals eligible for analysis including 164 (88.2%) males and 22 (11.8%) females were selected for the study. Hepatitis B surface antigen (HBsAg), Hepatitis B surface antibody (HBsAb) and Hepatitis B core antibody (HBcAb) were detected in 66 (35.5%), 62 (41.3%), and 39 (21%) subjects, respectively. HBV DNA was detected in 39 subjects (21%).

**Conclusions:** The current study showed that less than half of the HIV positive participants had evidence of previous exposure to HBV. Also, the risk of chronic HBV was higher in the subjects than the normal population. It is suggested to educate HIV positive individuals regarding prevention and transmission of other viral infections such as HBV, HCV, and compliance with their medication.

**Keywords:** Co-infections; HIV; Risk Factors

## 1. Background

Human Immunodeficiency Virus-1 (HIV-1) and Hepatitis B Virus (HBV) are transmitted through a common route; therefore, simultaneous infection with both viruses is common. Approximately, 10% of the 40 million HIV positive individuals in the world have chronic Hepatitis B infection. Death from Acquired Immune Deficiency Syndrome (AIDS)-related illnesses has declined since the introduction of Highly Active Antiretroviral Therapy (HAART) in the industrialized countries. Liver disease has replaced the classical opportunistic complications of severe immunodeficiency state. In contrast to mono-infection with HIV, Hepatitis B, and HIV, co-infection has higher liver related mortality rate even in the presence of antiviral drug use. There are several reasons to highlight the role of HIV infection in the natural history of hepatitis; they include the increased number of persistent infection, higher HBV DNA level, lower rate of HBe antigen clearance, progression to liver cirrhosis, liver-related mortality, and increased risk of hepatocellular carcinoma at lower CD4 T cell count (1, 2). The prevalence of chronic hepatitis depends on age at the time of infection

and the mode of HBV transmission, which varies from region to region. Different regions of the world reported various prevalence of chronic HBV infection from high (> 8%), intermediate (2 - 7%), to low (< 2%). Prenatal transmission is the main route of HBV transmission in areas with high HBV endemicity; whereas in low endemic areas, HBV infection occurs in well-defined high-risk groups such as, intravenous drug users (IDUs), male having sex with males (MSM), health care workers, and regular recipients of blood or patients going under hemodialysis (3). According to a HIV cohort study in the US, among 2769 participants, 1078 (38.9%) had HBV infection in the observation course. Chronic Hepatitis B was detected in 117 (10.9%) patients with HIV under the study. Therefore 40% of the co-infection with both viruses was detected each year. However, a similar study also from the US showed HIV/HBV co-infection in 4.47% of HIV positive individuals. HIV/HBV co-infections were associated with males, black race, MSM, (Intravenous Drug User) IDU, concurrent IDU, and heterosexual activity or unknown in New York City (4, 5). Studies from Nigeria, Botswana, and Brazil showed

the prevalence of Hepatitis B surface antigen (HBsAg) 6.6%, 5.3%, and 4.7%, respectively. The result of risk factor analysis showed that infection through male homosexual contact had the highest rate, 64 (74.4%), and 16 (18.6%) were IDUs (6-8). Serological studies of exposure to HBV from the South and North of Iran respectively showed a prevalence of 44.23%, and 9.4% HBsAg among HIV positive individuals. Out of 150 HIV-positive individuals, 55% were IDUs, and 74% of the 86 patients had a history of incarceration (9, 10). Isolation of anti-HBc indicated the presence of Hepatitis B core antibody (anti-HBc) in the absence of HBsAg and anti-HBs. It was the second most common serological pattern of HBV infection found in 30% of the patients with HBV (11). Diagnosis of HBV infection is based on the presence of HBsAg and anti-HBc. Anti-HBc is found in the acute phase of infection and is sustained for a long time after clearance of virus from the patient's body. Presentation of HBsAg and anti-HBc (IgM) at the same time shows current infection. If anti-HB is present with anti-HBc, it demonstrates a past removed infection (12). A survey on 170 HIV positive individuals found that anti-HBc was positive in 115 (68%) subjects. Meanwhile, HBsAg, anti-HBs and anti-HBc alone were detected in 12%, 52%, and 35% of the participants, respectively (12). Moreover, a study in Tehran, Iran, showed a 20.75% prevalence of anti-HBc among HIV positive individuals, and 13.6% of them were DNA positive HBc (13). Researchers in India reported the 7.28% prevalence of HBsAg in patients with HIV, which was seven times more than that of the HIV negative control group. This study showed the prevalence of 24.5% and 20.7% occult HBV infection (HBV- DNA positive) in anti-HBc and anti HBs positive individuals, respectively (14). Iran is classified as low endemic area for Hepatitis B infection. Interestingly, epidemiological changes indicate that the average age of infection is increasing and the transmission route is changing from vertical to horizontal (15). Patients with HIV have higher serological prevalence of anti-HBc and HBsAg than the groups of non-HIV-infected individuals in the same geographic area, due to common routes of HBV and HIV transmission (12). Numerous consensus studies have focused on the importance of co-infection, the effect of HIV infection on HBV, and also the importance of checking anti HBc level before HBV vaccination. Evaluation of HBV risk factors is an important point to control the disease.

## 2. Objectives

The current study aimed to determine HBV infection serological profile and determine the associated risk factors among HIV positive individuals in Shiraz, Iran.

## 3. Patients and Methods

The current cross-sectional study among HIV positive individuals referring to Shiraz Voluntary Counseling and Testing (VCT) Center in one year from 2010 to 2011; 186 individuals with HIV over 18 years old were selected

through random sampling. HIV infection was confirmed by ELISA (BIORED, France) and western blot tests (GENELABS, Singapore) in all individuals who referred to the VCT. The HIV positive individuals who did not wish to participate in the study were replaced by the next person. The study was approved by the Medical Ethics Committee of Shiraz University of Medical Sciences. After obtaining an informed consent form from each individual, data was collected using data collecting form. The studied variables included gender, age, information about history of imprisonment, prenatal transmission, injection of drugs, blood and blood product transfusion, high risk partner, partner with HIV, tattooing in prison and out of prison, sharing razor in prison and out of prison, evidences of sexual transmitted infection, surgery, and stab wound. All participants were assessed for the serological status of HBV infection using HBsAg, HBsAb and HBcAb level. HBV Polymerase Chain Reaction (PCR; HBV qualitative, Cinnagen. Iran, Tehran) was performed to determine the current active HBV infection. Blood samples were tested for HBsAg, by ELISA (BEHRING, Germany), and then HBsAg sero-negative patients were tested for HBsAb and HBcAb with the same technique in Shiraz Gastro-entero-hepatology Research Center. Statistical analysis was performed using SPSS software, version 15. Descriptive and logistic regression tests were performed for analysis. A P value of < 0.05 was considered as significant.

## 4. Results

A total of 186 HIV positive individuals eligible for analysis including 164 (88.2%) males and 22 (11.8%) females entered the study. The mean age of the participants was  $37 \pm 7.95$  years with a range of 18 to 68 years. The most common routes of HIV transmission among all volunteers were drug injection and having sex with HIV positive partners, which were observed in 136 (73.1%) and 20 (10.8%) of the participants, respectively. HBsAg, HBsAb and HBcAb were detected in 66 (35.5%), 62 (41.3%), and 39 (21%) of participants, respectively. Among individuals with HBs antigenemia 64 (97%), and 2 (3%) were males and females, respectively. HBsAb was detected in 55 (88.7%) males and 7 (11.3%) females. Drug injection was the most common risk factor among the HBsAg positive individuals, observed in 52 patients (78.8%). Anti-HBc was detected in 38 (97.4) males and one (2.6) female; IDU was the most common route of transmission in 29 (74.4%). HBV DNA was detected in 39 subjects (21%) who were also positive for HBsAg and HBcAb. Among the participants with positive HBV DNA, 13 (41.9%) were HBsAb positive. Out of the 39 HBcAb positive subjects, 13 (41.9%) were positive for HBsAb. Among the HBsAg positive subjects, 39 (59.1%) were positive for HBc Ab. Among the subjects with positive HBsAg, 19 (36.5%) were positive for HBsAb. Prevalence of the associated risk factors among the participants is listed in Table 1. Logistic regression was done to find the relationship between risk factors (age, gender, history of imprisonment, perinatal transmission, injection of drugs, blood and blood product transfusion,

**Table 1.** HIV-HBV Co-infection Based on the Risk Behaviors Associated With HIV Infection <sup>a</sup>

History of High Risk behaviors	HIV <sup>+</sup>	HIV/ HBVco <sup>+</sup> Infection HBsAg <sup>+</sup>
<b>Incarceration</b>	151 (81.2)	57 (86.4)
<b>Drug injection</b>	137 (73.7)	53 (80.3)
<b>Heterosexual contact</b>	76 (40.9)	29 (43.9)
<b>Blood transfusion</b>	29 (15.6)	9 (13.6)
<b>HIV<sup>+</sup> partner</b>	22 (11.8)	3 (4.5)
<b>Evidences of sexual transmitted infection</b>	12 (6.5)	4 (6.1)
<b>Tattooing (in prison)</b>	51 (27.4)	15 (22.7)
<b>Tattooing (out of prison)</b>	62 (33.3)	27 (40.9)
<b>Sharing razor (in prison)</b>	75 (40.3)	34 (51.5)
<b>Sharing razor (out of prison)</b>	12 (6.5)	9 (13.6)
<b>Stab wound</b>	5 (2.7)	3 (4.5)
<b>Surgery</b>	14 (7.5)	5 (7.6)
<b>Homosexual contact</b>	4 (2.2)	2 (3)

<sup>a</sup> Data are presented as No. (%)

high risk partner, partner with HIV, tattooing in prison and out of prison, sharing razor in prison and out of prison, evidences of sexual transmitted infection, surgery, and stab wound) and serological markers (HBsAg and HBcAb). There was a relationship between sharing razor out of prison, and HBs Ag (OR 4.45; %95 CI 1.02-19.36,  $P = 0.04$ ). No significant relationship was found between HBcAb and the risk factors.

## 5. Discussion

There are various scenarios for HIV/HBV acquisition in different parts of the world. In the current study, IDU was the most common route of transmission but sharing razors had positive effect on HIV/HBV transmission. Studies from different parts of Iran showed that IDUs had the highest prevalence among HBV/HIV co-infected individuals similar to the current study (16-18). The main route of blood born viral infection transmission in Iran is IDUs; therefore, screening for HCV, HBV and HIV in high risk populations and development of VCT centers and STD clinic for the high risk groups are suggested (18, 19). The current study showed a lower prevalence of HBsAg in Shiraz than the other parts of Iran (9, 16). The prevalence of HBsAg was higher than those of different regions of the world and also Iran (4, 6, 10, 14, 20-22). In sub-Saharan Africa where both HIV and HBV are endemic, the HBsAg prevalence among individuals with HIV was less than our study (23). A study from Taiwan showed opposite observations in HBsAg and anti-HBc frequency than those of the current study (24). A study on the prevalence and correlated factors of chronic Hepatitis B infection among the Brazilian patients with HIV showed that chronic HBV was associated with intravenous drug use, male gender, STI associated with HIV diagnosis, and death. Illicit drug use in the current study was higher than the Brazilian patients, but the other risk factors such as having sex with male,

and the history of STI was higher than those of the current study (25). In the United States, MSMs and IDUs have the highest prevalence in HIV/HBV co-infection. In contrast, in Asia and Sub-Saharan Africa overall prevalence of HBV is higher than other parts of the world where vertical transmission and early childhood exposure are the most common transmission modes, respectively; HBV prevalence among patients with HIV is even higher about 20% - 30% (3). Interestingly, a study from China concluded that sociodemographic characteristics and mode of HIV transmission were not significantly correlated with co-infections of HBV/HIV, and the route of HIV transmission varied widely in the four provinces under the study (20). In Afghanistan, no sociodemographic variables were significantly associated with HIV or HBsAg positivity, but sharing needles and injecting drugs in prison were the main causes (21). Another serologic marker that becomes positive in HBV infection and persists for a long time is HBc antibody. A study conducted in Iran showed that the prevalence of HBc antibody alone and HBV-DNA were higher than those of the current study (13). The current study did not detect isolated HBcAb in any of the subjects. All 39 subjects with positive HBcAb showed HBsAg (Table 2). Subjects with immune deficiency induced by HIV may present atypical results in serological tests for Hepatitis B Virus (1). Patients with HBV who were immune deficient often showed mild acute liver injury but were major chronic carriers (26). Concurrently positive HBsAg and HBsAb were found among 19 (11%) individuals that may be due to dual infection with different HBV serotypes. Finally, using PCR method HBV-DNA was detected in 39 (59.1%) HBsAg and 13 (21%) HBsAb positive subjects. Results of the current study showed higher concurrent HBsAg and anti-HBs than other studies. The mechanism underlying the presence of both HBsAg and anti-HBs antibodies remains unknown, but immune-escape HBV

**Table 2.** Status of Individuals With HIV Based on Laboratory Data

Tests Results	No. (%)	Interpretation
HBsAg (+) and PCR (+)	39 (21)	Viremic patients
HBsAg (+) and PCR (-)	27 (14.5)	Non-viremic patients
HBsAg (-) and HBsAb (-) and HBcAb (+)	0 (0)	Anti-HBc alone patient
HBsAg (-) and HBsAb (+) and HBcAb (-)	39 (23.6)	Immune, might be due to vaccination
HBsAg (+) and HBsAb (+)	19 (36.5)	might be immune-escape Hepatitis B virus mutants

mutants might be an explanation (27, 28). Another serologic marker that becomes positive in HBV infection and persists for long time is HBc antibody. A major challenge in management of hepatitis B is the Occult HBV Infection (OBI), which is simply defined as serologically undetectable Hepatitis B surface antigen (HBsAg-ve) despite the presence of circulating HBV DNA. Most of the OBI carriers have very low level of viremia. Therefore, detection of this infection needs sensitive HBV-DNA PCR assay. OBI is common among patients with HIV. Therefore it is very important to screen these individuals for resolved or active HBV infection, diagnosis, and treatment of OBI (29). According to this definition, the current study did not find OBI in the participants of the study. No HBcAb was detected in any of the subjects. All 39 subjects with positive HBcAb showed HBsAg. In Sub-Saharan Africa, HBV DNA detection was higher than the current study (23). A study in Iran showed higher prevalence of HBc antibody alone and HBV-DNA, compared to the current study (13). The Swiss cohort study showed anti-HBcAg persisted as single marker of HBV infection in majority of the patients during three years of follow up (30). The current study showed that 43 (26.2%) of the participants with HIV had evidence of previous exposure to HBV (HBsAg negative and HBsAb positive). Risk of chronic HBV in the current survey was higher than that of the normal population (31). HIV/HBV co-infection is a major health problem. Patients with HIV/HBV co-infection experience rapid disease progression and higher frequency of liver complications such as cirrhosis and hepatocellular carcinoma (32). Laboratory and clinical management of HBV/HIV co-infection should contain HBeAg, anti-HBe and HBVDNA, HBV vaccination, blood pictures, clotting profiles including prothrombin time, international normalized ratio (INR), alpha-feto-protein (AFP), liver and renal functions test, and a baseline liver ultrasonography (26). In conclusion, HIV and HBV co-infection is frequently observed due to common route of transmission; new cases of acute HBV infection in known HIV positive patients highlight the importance of educating HIV positive individuals regarding the prevention of transmission. Proper attention to vaccination against HBV in high risk individuals and attempts to treat HBV infection in the setting of HIV infection should be considered. It is recommended to prepare a clinical guideline focusing on HIV/HBV co-infection including screening and management of co-infection. Chronic HBV in HBcAb positive people with HIV should

be considered; and more diagnostic evaluations such as HBV PCR and liver ultrasonography should be performed during their clinical management. The individuals with HIV/HBV co-infection must receive antiretroviral regimen, which includes drugs such as tenofovir that affect HBV replication. In the current cross-sectional study, it was difficult to find temporal relationship between HIV infection and HBV. A cohort study should be conducted to determine the reliability and validity of the patterns observed in the current study.

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## Authors' Contributions

Mohammad Ali Davarpanah: study design; Nasrin Moztaedian: data analysis, manuscript writing and revising; Ebrahim Fallahzadeh: data collection; Maryam Rasti: data collection; Hashem Rahmati: data collection; Nadia Moztaedian: manuscript writing and revising. All authors read and approved the final copy of the manuscript.

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