IJ Psychiatry and Behavioral Sciences
Volume 15 · Issue 2 · e104490

OPEN PEER REVIEW

The Effect of Resilience Training on Stress, Anxiety, Depression, and Quality of Life of Hemodialysis Patients: A Randomized Controlled Clinical Trial

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SUBMITTED	REVISED	ACCEPTED	DOI
31 May 2020	5 Dec 2020	30 Jan 2021	10.5812/ijpbs.104490

About this report

This open peer review (OPR) report shows the public comments made on this article during peer review, by the reviewers, the associate editor and the editor-in-chief, for every revision round, together with the authors' replies. Comments appear only with the consent of the people who wrote them. Reviewers who chose to sign their report are named; the others are shown as "Referee". Comments are edited for language only, and confidential remarks to the editors are not included.

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1 Original submission

2 comments · 29 Aug 2020 – 8 Sep 2020

Mohammadreza Shalbafan Reviewer

MAJOR REVISION 29 Aug 2020

The study design, method, and sample size are acceptable, but there are some issues with the submitted manuscript, which are listed below:
1. "P <0.05 was statistically significant." should be removed from the abstract.
2. The comparison between the two arms should be reported in the abstract with a p-value.
3. "resilience" and "stress" should be replaced with keywords from MESH.
4. All abbreviations should be written out in full on first use.
5. Data about the numbers of people recruited and their follow-up should be transferred from the text to a diagram.
6. Method should be rewritten in a more organized style, and "Intervention design", "Inclusion/exclusion criteria", and "randomization" should be described separately in detail.
7. The figure is more helpful to readers for this type of study, and some data should be transferred from the text to the figure. Moreover, the comparison between the two arms (Intervention and control) over time should be emphasized by the authors in the results, as well as the before-after comparison.
8. The null result for depression scores should be discussed by the author(s) in the discussion as well.

Editor-in-Chief

MAJOR REVISION 8 Sep 2020

Your paper has been evaluated by external peer reviewers. Please make your revisions according to the reviewers' comments. I would appreciate your making the revisions as soon as possible using Track Changes mode in MS Word and colored text.

After revision, authors are obliged to upload a Word file containing the reviewers' comments and their replies to all comments, one by one.

Besides, please pay attention to the word count limitation:
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We look forward to receiving your revised manuscript. Thank you for sending your work to the Iranian Journal of Psychiatry and Behavioral Sciences.

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Revision 1

AUTHORS' RESPONSE TO REVIEWERS

Authors' reply to reviewers

The next pages contain the authors' point-by-point reply to the comments of this revision round, as submitted with the revised manuscript. It is published as the authors wrote it.

Dear nasrin shokrpour,

Thank you for submitting your valuable manuscript to our journal. We would like to inform you that the peer review process of your manuscript is complete and requires "**Major Revision**". Although it has several useful points, it needs **Major Revision** to be reviewed again. Below you can find the abstracts of the peer review decision made by our editorial board members.

Reviewers' Comments:

Reviewer 1:
Greetings. The noteworthy points in the article are as follows: it would be better to begin the Introduction with a definition of chronic kidney disease and the statistics of this disease in the country,

In the introduction, one paragraph was added
then the problems should be mentioned. In the Methods section, given that the questionnaires used are standard, the description in this part should be shortened.

The suggested parts are omitted now.

Reviewer 2:
The effect of resilience training on stress, anxiety, depression and quality of life of hemodialysis patients: A randomized controlled clinical trial
Abstract:
-DASS: For abbreviations, first mentioned it thoroughly, and bring it in parentheses.

It is done now.
-This phrase should be edited:
“but ir depression score did not...”

Ir was changed to “if”
Method:
- Description of trial design (such as parallel, factorial)

It is parallel and is added now.
-Explain details about the randomization.

We provided the explanation for the type of randimization.
Results:
-Draw a diagram for Participant flow and show the following:
for each group, the numbers of participants who were randomly assigned, losses and exclusions after randomization, received intended treatment, and were analysed for the outcome.

This is done now.
Discussion:
-The discussion is short and there is a need to compare and discuss the results of the study with other studies in more details.

Some studies are compared and contrasted with our results in the discussion section.
Conclusion:
-This phrase goes beyond the results of your study:
“Resilience intervention programs in the form of group training and peer training can be

used as a non-invasive, non-pharmacological, inexpensive and cost-effective method without complications”
For example did you compare your intervention in terms of cost with other interventions that stated this conclusion?

It is revised based the dear reviewer’s comment.

Registration:
-Mention the Clinical Trial Registration number and name of trial registry.

It is mentioned now.

Reviewer 3:
The study design, method and sample size are acceptable, whereas there are some issues about the sent manuscript which are listed below:
1. "P <0.05 was statistically significant." should be removed from the abstract.

It is omitted from the abstract.

2. Comparison between two arms should be reported in the abstract with p-value.

It is done now.
3. "resilience" and "stress" should be replaced with key words from MESH.

We replaced them based on MESH.
4. All abbreviations should be used in full form for first time.

We did so.
5. Data about numbers of recruited people and their follow up should transferred from the text to a diagram.

A diagram was added including the data about the participants.
6. Method should be rewritten in a more organized style and "Intervention design", "Inclusion/exclusion criteria" and "randomization" should be mentioned separately in details.

We did so based on the comment.
7. The figure is more helpful for readers for such a study and some data should be transferred from the text to figure. Moreover, comparison between two arms (Intervention and control) through the time should be emphasized by authors in the results as well as before-after comparison.

We did accordingly.
8. Null result about depression scores should be discussed by the author(s) in the discussion as well.

We added some discussions on it.

Associate Editor's Comments:

Associate Editor 1:
Dear Author,

Please revise your article according to reviewers` comments.

EIC Decision:

Your paper has been evaluated by external peer reviewers. Please do your revisions according to the reviewers' comments. I appreciate you to do the revisions as soon as possible by using the track changes mode in MS Word and using colored text.

After revision authors are obliged to upload reviewers' comments word file in which they have replied to all comments one by one.

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We look forward to receiving your revised manuscript. Thank you for sending your work to the Iranian Journal of Psychiatry and Behavioral Sciences.

Uploaded Files by Reviewers/Associate Editor/EIC:

Below you can find list of files attached by reviewers or associate editor or EIC during the review process (if any).

No file

How to Revise?

Please sign in to the journal with your account and follow the instruction to resubmit your revised paper. With respect to time limits, we are looking forward to hearing from you soon in the mentioned time frame.

Kind Regards,

On Behalf of,
Prof. Mehran Zarghami | **Editor-in-Chief** | Iranian Journal of Psychiatry and Behavioral Sciences

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**** How to Submit Revision:**
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[Translated from Persian by the Brieflands editorial office.]

2 Revision 1

1 comment · 30 Jan 2021

Editor-in-Chief

ACCEPT 30 Jan 2021

We have completed our review of your manuscript and are pleased to inform you that it is being considered for publication in the IJPBS. Note that the publication of your article will only be finalized with your cooperation in the editorial process.
Thank you for your fine contribution. On behalf of the Editors of IJPBS, we look forward to your continued contributions to the Journal.