Appendix 1

Interview Guide:

Sample questions for family caregivers included:

- How long have you been caring for your patient?
- What challenges has caring for your patient created for you?
- How were you able to sustain caregiving?
- How were you able to sustain caregiving?
- What factors helped you endure these challenges?
- What factors made it difficult for you to endure these challenges?

Elderly participants were asked:

- What problems has caring for you caused for your caregiver?
- What factors helped your caregiver to endure these problems?

Formal caregivers were asked:

- What challenges does family caregivers' involvement in caring for elderly cancer patients create for them?
- What factors help family caregivers to endure these challenges?
- What factors hinder their ability to manage these challenges?
- What factors prevent them from enduring their challenges?

During the interview, Follow-up and exploratory questions such as "What do you mean by…?" or "Can you explain this more precisely?" were also used to enrich responses.