Middle East Journal of Rehabilitation and Health Studies
Volume 8 · Issue 4 · e109561

OPEN PEER REVIEW

The Impacts of Excessive Use of Social Media on Iranian Adolescents' Health: A Qualitative Study

Tahereh Kamalikhah, Masoumeh Bajalan, Leila Sabzmakan, Ali Mehri

SUBMITTED	REVISED	ACCEPTED	DOI
19 Sep 2020	1 Jun 2021	12 Jun 2021	10.5812/mejrh.109561

About this report

This open peer review (OPR) report shows the public comments made on this article during peer review, by the reviewers, the associate editor and the editor-in-chief, for every revision round, together with the authors' replies. Comments appear only with the consent of the people who wrote them. Reviewers who chose to sign their report are named; the others are shown as "Referee". Comments are edited for language only, and confidential remarks to the editors are not included.

More about open peer review: brieflands.com/knowledgebase/opr

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1 Original submission

4 comments · 10 Oct 2020 – 9 Nov 2020

Referee 1 Reviewer

MAJOR REVISION 10 Oct 2020

Dear Author/s
I read the manuscript; the subject, type of research, and message were the strong points of your paper. However, I believe there is a lot of work for you to do to reach MEJRH's standards. Below are my comments to help you produce more sophisticated work.
Best of luck
1- Mismatch between title and content: Your subject makes readers think they will encounter different health problems that adolescents had when they were using social media networks. However, reading your manuscript conveys a different message.
2- Your introduction has been written in a rush. It does not explain persuasively enough why this study must be done. Please rewrite this section. Besides, in your manuscript, many sentences need further editing. A few examples of grammatical errors are provided below:
- Line 10: "This study is of a qualitative study"
- Lines 16 & 17: Split them into two sentences; "18 main classes and 38 sub-classes were created" needs further information.
- Line 32: What does "these networks" refer to? You did not introduce any networks before.
- Line 58: "it is very difficult especial for adolescents"
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3- The whole text lacks fluency. Your sentences and paragraphs do not follow and support each other. Make the text cohesive and coherent.
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field of Internet addiction": When you say "most psychological studies", you should have more than 3 references, not only one!
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11- Was there any specific reason to include only those students who used SM for more than 2 hours? Add your reason to line 75.
12- Line 96 "to make it easier for others to track": Did any third party have the right to access your data?
13- In the method section: Please provide further information about the research team: Who was the interviewer? What were his/her credentials, gender, occupation, and experience/training?
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- How many people refused to participate or dropped out? What were their reasons?
- Where were the data collected, e.g., home, clinic, or school?
- Was anyone else present besides the participants and researchers?
- What are the important characteristics of the sample, e.g., demographic data?

- Did you yourself provide questions, prompts, and guides? Were they pilot tested?
- Were repeat interviews carried out? If so, how many?
- Did you take any notes during and/or after the interview?
- Did you return transcripts to participants for comment and/or correction?
- Did you have any data coders?
- Did you have a coding tree?
- Did you identify themes in advance or derive them from the data?
- Why did you not use any software for analysis?
- Did participants provide feedback on your findings?

15- Your discussion needs to follow the most important findings, which in your paper are the themes. I strongly advise you to rewrite the discussion around the themes and provide a proper comparison with other studies. You need to explain such studies in your introduction and then return to them in your discussion.

16- Your conclusion should provide take-home messages derived from your findings, and yours does not. Please rewrite this part as well.

17- What were your limitations?

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Referee 2 Reviewer

MINOR REVISION 1 Nov 2020

The manuscript presents an interesting focus on an important topic. Below please find comments and recommendations.

Title,

I would suggest you modify the title to make it clear that it is based on PICO.

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-What is your reason for excluding the participants?

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-I suggest rewriting the Data analysis section, for example, our analysis was conducted in two phases: a descriptive phase and an interpretive phase...

-Describe new or substantially modified methods and give reasons for using them, if you used them.

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I suggest you put the demographic data results in a table so the audience can browse them more quickly and easily.

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Associate Editor

MAJOR REVISION 8 Nov 2020

Dear author
According to the reviewer's comments, the manuscript needs to be revised to address all comments clearly.

Editor-in-Chief

MAJOR REVISION 9 Nov 2020

Dear Authors
According to the reviewers' and associate editor's comments, your study should be fundamentally revised to become eligible for publication.

2

Revision 1

AUTHORS' RESPONSE TO REVIEWERS

Authors' reply to reviewers

The next pages contain the authors' point-by-point reply to the comments of this revision round, as submitted with the revised manuscript. It is published as the authors wrote it.

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It was done thanks

- Please make an English language check because it is sometimes hard to understand the text.

Reviewer 3:

What was the study question and the need for this study?

Thanks for your valuable comment I explained more in introduction.

The study method is content analysis that is not appropriate to the subject under study. Other studies also used this method~~(4-8)~~

I spent different workshop about qualitative research and I am not a specialist in this subject, as far as I knew because at the time of conducting research it wasn't a long time which students faced with these spaces so it was a new experience. (4-8)

Using social media (SM) is one of the methods used to learn, but unfortunately respected authors have been abusive about these networks from the beginning, or perhaps this is part of a study that only addresses negative views, Has highlighted.

Thanks for your valuable comment, lots of studies highlighted the use of SM in improve and promoting health esp sexual health. And on the other hand lots of studies shows excess in usage would have bad effect on mental health. Our question is whether the students who use SM in excess experienced some problems in health dimension or not? And in for example mental health our participants had experience dialectic experience that we mentioned both.

What is written in the findings is all the disadvantages of these systems, so what are the benefits of using a SM?

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E) Mental health: Some students mentioned that their memory would decline after the over-use of SM on their smartphone, while others said that it would make their mind open and increase inputs to their mind and analyze daily events better. One student said, "My reading has improved; I memorize something fast now" (int. 25, male 16 yrs.).

F) The process of using SM: Many students stated that at first they had gotten carried away and were really extremists. However, they were controlling how they were used, some expressed regret, some had the dual feeling of pleasure and regret of being in SM. Some believed that they were more successful in communicating with the family if they could leave SM, while others believed it has more disadvantages than advantages; in fact, it is a waste of time. One student

said, "Suicide is better than being in these pornographic spaces" (int. 1, female 16yrs.).

C) Social health: Some students also had problems with social health. Problems were related to family and relative relationships, and problems with society and also cultural changes. The overwhelming majority of the students had problems with the family. They noted that they had conflicts with the family, or even some distanced themselves from their families after using these SM. Whether it was a lack of conversation with family members or a lack of doing previous family responsibilities, the distance of parental beliefs even made the students run away from home. According to the students' reports, their families were deeply concerned about their children relationship with the opposite sex. However, a few also found it beneficial to include all family members in relative and family groups, and some of them noted that parents themselves were also dependent on these SM. SM lead to cool the atmosphere in the families; sometimes I turned off the Wi-Fi but my dad would go on the Internet by his smartphone data" (int. 19, male 16yrs.).

A) Reasons of using SM: Non-lesson usage includes entertainment and filling leisure time, such as 'friend holism', online gaming, membership in porn channels, searching for beautiful or sad texts, listening to people, chatting and flirting with the oppose sex, watching movies, pursuing fashion, subscribing to music channels, photos, news, novels, comedies, porn and psychology channels, etc. Chatting, interacting with people and friends and being in the center of attention in these spaces were mentioned as the reasons for the presence of SM.

It would be better for the author or authors of this study to study the existing studies before and even after this biased study with the aim of evaluating the results in this field, rather than an in-depth study that seeks to influence abstract findings.

The findings did not mention a positive item of the above SM, what did you remember in the discussion of improving memory!

The use of these systems now provides information as the dominant educational system in corona conditions, so do not go to war with this bias, many students of these systems and membership in groups to fix. They address educational challenges, and the teacher-student relationship is strengthened through these systems, helping to better understand educational concepts.

Yes, thanks for your valuable comment it is a good suggestion for our future research.

he findings from the current scoping review revealed that about 3/4 of the included studies focused on social media and some aspect of pathology. Focus on the potential association between social media use and positive outcomes seems to be rarer in the current literature. Amongst the included studies, few separated between different forms of (inter)actions on social media, which are likely to be differentially associated with mental health and well-being outcomes.

1. Tsitsika AK, Tzavela EC, Janikian M, Olafsson K, Iordache A, Schoenmakers TM, et al. Online social networking in adolescence: patterns of use in six European countries and links with psychosocial functioning. The Journal of adolescent health : official publication of the Society for Adolescent Medicine. 2014;55(1):141-7.
2. Mehdi A. Investigating the Relationship between Using Virtual Mobile Social Networks and Emotional Divorce of Couples (Case Study of Isfahan). Isfahan Police Science Quarterly. 2017;1396(12):40-63.
3. Hamidi F, Mahdiyeh Nejafabadi M, Namaziyan Nejafabadi S. The Relationship between Internet Addiction and Academic Procrastination among Secondary School Students. Technology of Instruction and Learning. 2015;1(3):89-106.
4. sharifi k, Anoosheh M, Forughan M, Kazemnejad A. WOMEN'S EXPERIENCES OF MENTAL HEALTH PROMOTING FACTORS DURING MIDDLE AGE: A QUALITATIVE CONTENT ANALYSIS. UNMF. 2015;12(11):1028-37.
5. Karim F, Oyewande AA, Abdalla LF, Chaudhry Ehsanullah R, Khan S. Social Media Use and Its Connection to Mental Health: A Systematic Review. Cureus. 2020;12(6):e8627-e.
6. Schønning V, Hjetland GJ, Aarø LE, Skogen JC. Social Media Use and Mental Health and Well-Being Among Adolescents - A Scoping Review. Front Psychol. 2020;11:1949-.
7. O'Reilly M, Dogra N, Whiteman N, Hughes J, Eruyar S, Reilly P. Is social media bad for mental health and wellbeing? Exploring the perspectives of adolescents. Clinical Child Psychology and Psychiatry. 2018;23(4):601-13.
8. O'Reilly M, Dogra N, Hughes J, Reilly P, George R, Whiteman N. Potential of social media in promoting mental health in adolescents. Health Promot Int. 2019;34(5):981-91.

2 Revision 1

1 comment · 5 Dec 2020

Editor-in-Chief

MAJOR REVISION 5 Dec 2020

Dear Authors
I cannot find any revised file from you. Please submit the "Revised manuscript" and "Response to the reviewers' comments" files for assessment.

3

Revision 2

AUTHORS' RESPONSE TO REVIEWERS

Authors' reply to reviewers

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What is written in the findings is all the disadvantages of these systems, so what are the benefits of using a SM?

Thanks for your valuable comment, lots of studies highlighted the use of SM in improve and promoting health esp sexual health. And on the other hand lots of studies shows excess in usage would have bad effect on mental health. Our question is whether the students who use SM in excess experienced some problems in health dimension or not? And in for example mental health our participants had experience dialectic experience that we mentioned both.

E) Mental health: Some students mentioned that their memory would decline after the over-use of SM on their smartphone, while others said that it would make their mind open and increase inputs to their mind and analyze daily events better. One student said, "My reading has improved; I memorize something fast now" (int. 25, male 16 yrs.).

F) The process of using SM: Many students stated that at first they had gotten carried away and were really extremists. However, they were controlling how they were used, some expressed regret, some had the dual feeling of pleasure and regret of being in SM. Some believed that they were more successful in communicating with the family if they could leave SM, while others believed it has more disadvantages than advantages; in fact, it is a waste of time. One student

said, "Suicide is better than being in these pornographic spaces" (int. 1, female 16yrs.).

C) Social health: Some students also had problems with social health. Problems were related to family and relative relationships, and problems with society and also cultural changes. The overwhelming majority of the students had problems with the family. They noted that they had conflicts with the family, or even some distanced themselves from their families after using these SM. Whether it was a lack of conversation with family members or a lack of doing previous family responsibilities, the distance of parental beliefs even made the students run away from home. According to the students' reports, their families were deeply concerned about their children relationship with the opposite sex. However, a few also found it beneficial to include all family members in relative and family groups, and some of them noted that parents themselves were also dependent on these SM. SM lead to cool the atmosphere in the families; sometimes I turned off the Wi-Fi but my dad would go on the Internet by his smartphone data" (int. 19, male 16yrs.).

A) Reasons of using SM: Non-lesson usage includes entertainment and filling leisure time, such as 'friend holism', online gaming, membership in porn channels, searching for beautiful or sad texts, listening to people, chatting and flirting with the oppose sex, watching movies, pursuing fashion, subscribing to music channels, photos, news, novels, comedies, porn and psychology channels, etc. Chatting, interacting with people and friends and being in the center of attention in these spaces were mentioned as the reasons for the presence of SM.

It would be better for the author or authors of this study to study the existing studies before and even after this biased study with the aim of evaluating the results in this field, rather than an in-depth study that seeks to influence abstract findings.

The findings did not mention a positive item of the above SM, what did you remember in the discussion of improving memory!

The use of these systems now provides information as the dominant educational system in corona conditions, so do not go to war with this bias, many students of these systems and membership in groups to fix. They address educational challenges, and the teacher-student relationship is strengthened through these systems, helping to better understand educational concepts.

Yes, thanks for your valuable comment it is a good suggestion for our future research.

he findings from the current scoping review revealed that about 3/4 of the included studies focused on social media and some aspect of pathology. Focus on the potential association between social media use and positive outcomes seems to be rarer in the current literature. Amongst the included studies, few separated between different forms of (inter)actions on social media, which are likely to be differentially associated with mental health and well-being outcomes.

1. Tsitsika AK, Tzavela EC, Janikian M, Olafsson K, Iordache A, Schoenmakers TM, et al. Online social networking in adolescence: patterns of use in six European countries and links with psychosocial functioning. The Journal of adolescent health : official publication of the Society for Adolescent Medicine. 2014;55(1):141-7.
2. Mehdi A. Investigating the Relationship between Using Virtual Mobile Social Networks and Emotional Divorce of Couples (Case Study of Isfahan). Isfahan Police Science Quarterly. 2017;1396(12):40-63.
3. Hamidi F, Mahdiyeh Nejafabadi M, Namaziyan Nejafabadi S. The Relationship between Internet Addiction and Academic Procrastination among Secondary School Students. Technology of Instruction and Learning. 2015;1(3):89-106.
4. sharifi k, Anoosheh M, Forughan M, Kazemnejad A. WOMEN'S EXPERIENCES OF MENTAL HEALTH PROMOTING FACTORS DURING MIDDLE AGE: A QUALITATIVE CONTENT ANALYSIS. UNMF. 2015;12(11):1028-37.
5. Karim F, Oyewande AA, Abdalla LF, Chaudhry Ehsanullah R, Khan S. Social Media Use and Its Connection to Mental Health: A Systematic Review. Cureus. 2020;12(6):e8627-e.
6. Schønning V, Hjetland GJ, Aarø LE, Skogen JC. Social Media Use and Mental Health and Well-Being Among Adolescents - A Scoping Review. Front Psychol. 2020;11:1949-.
7. O'Reilly M, Dogra N, Whiteman N, Hughes J, Eruyar S, Reilly P. Is social media bad for mental health and wellbeing? Exploring the perspectives of adolescents. Clinical Child Psychology and Psychiatry. 2018;23(4):601-13.
8. O'Reilly M, Dogra N, Hughes J, Reilly P, George R, Whiteman N. Potential of social media in promoting mental health in adolescents. Health Promot Int. 2019;34(5):981-91.

3 Revision 2

4 comments · 28 Dec 2020 – 6 Jan 2021

Referee 2 Reviewer

ACCEPT 28 Dec 2020

It seems that the necessary corrections and amendments have been approved.

Referee 1 Reviewer

MAJOR REVISION 1 Jan 2021

Dear Author/s
I read your revised manuscript, and I am afraid to say it is not yet in a shape and format that allow me to reach a concrete decision.
1- A professional academic writer MUST restructure the whole paper, since it has a lot of issues.
2- Then the manuscript MUST be checked for English language errors by a well-known institute. Some parts of your manuscript are quite difficult to follow.
3- The abstract should have “background, material and method, result, & conclusion”. Revise it, please.
4- Please go back to my previous comments and revise your manuscript accordingly.
5- In the introduction, provide some examples of Social Media.
6- Line 81: do not use “etc.” in academic writing. Provide the full words and phrases.
7- Provide your exact questions in the text or as an appendix.
8- Line 103 & 104: what are these figures/numbers?
Best of luck

Associate Editor

MAJOR REVISION 2 Jan 2021

Dear author
The manuscript needs MAJOR revision.

Editor-in-Chief

MAJOR REVISION 6 Jan 2021

Dear Authors
Please revise the manuscript accurately based on the comments of the reviewer and associate editor.

4

Revision 3

AUTHORS' RESPONSE TO REVIEWERS

Authors' reply to reviewers

The next pages contain the authors' point-by-point reply to the comments of this revision round, as submitted with the revised manuscript. It is published as the authors wrote it.

:Reviewer 1
Dear Author/s
I read your revised manuscript and I am afraid to say it is not still in a shape and format that I can reach a concrete decision.
A professional academic writer MUST restructure the whole paper, since it has a lot of issues -1

Thanks for your valuable comment it was done some part with green color has been shown her changes.
Then the manuscript MUST be checked in the matter of English writing by a well known institute. -2
Some parts of your manuscript are quite difficult to follow

Thanks for your valuable comment, we again paid and edited it.
The abstract should have "background, material and method, result, & conclusion". Revise it please -3

Thanks for your valuable comment, 5,9,15,26 lines show changes.
Please get back to my previous comments and revise your manuscript accordingly -4

Thanks for your valuable comment it was done I had revised them before I brought them below.
In introduction, bring some examples of Social Media -5

Thanks for your valuable comment it was done referee to line 36.
Line 81: do not use "etc." in academic writing. Bring full words and phrases -6

Thanks for your valuable comment it was done. 81 line.
Bring your exact questions in text or as an appendix -7

Thanks for your valuable comment it was done I sent it as an appendix

Line 103 & 104: what are these figures/numbers Thanks for your valuable comment -8

The mean duration of having a smartphone and the mean duration of using the smartphone during a day.

?
Best of luck
:Reviewer 2
It seems that the necessary corrections and amendments have been approved

Previous

Dear Author/s

I read the manuscript, the subject, type of research and the message were the strong points of your paper. However, I believe there are a lot of works for you to be done to reach MEJRH's standards. Below are my comments to help you in order to have more sophisticated work.

Best of luck

1- Mismatch between title and content: Your subject makes readers to think they will face different health problems that adolescences had when they were in social media networks. However, reading your manuscript provides different message.

thanks it was changed line 1

2- Your introduction has been written in rush. It is not persuasive enough why this study must be done. Please re-write this section. Besides, in your manuscript, many sentences need further editing. Few examples of grammatical errors have been provided:

Thanks introduction was corrected. I omit some part, I changed place of some paragraph. I add some part and etc.

Line 35,36,37,38,77,48,49,51, 56,57,58,59,60,61, 64,65

- Line 10: This study is of a qualitative study Thanks was done

- Lines 16 & 17: Split them into two sentences; "18 main classes and 38 sub-classes were created" needs further information. Thanks was done

- Line 32: what is the reference of "these networks"? you did not introduce any network before. Thanks was done

- Line 58: "it is very difficult especial for adolescents" Thanks was done

- Line 71: "The present study is of a qualitative study." Thanks was done

3- The whole text is non-fluent. Your sentences and paragraphs do not follow and support each other. Make the text cohesive and coherent. Thanks was done

4- Please write age in years and months like this: 16;06 ± 1;04. Thanks was done line 109,15

5- Please be constant about the phrases you are going to use, ie. in your paper many phrases have been used to refer to one concept "social media" while in reality they do refer to different concepts and they are not identical. . Thanks was done they all converted to SM6- Lines 39 & 40 need at least one reference.

It has refrence and I add another one too.

Mancinelli E, Bassi G, Salcuni S. Predisposing and Motivational Factors Related to Social Network Sites Use: Systematic Review. JMIR formative research. 2019;3(2):e12248.

7- Lines 42 & 43 need at least one reference.

It has refrence.

Parth Singh Meena PKM, and Ram Kumar Solanki. Problematic use of social networking sites among urban school going teenagers. Industrial psychiatry journal. 2012 Jul-Dec;21(2):94-7.

8- Lines 62 & 63: “most psychological studies have been in the field of Internet addiction”, when you say “most psychological studies”, you should have more than 3 references! Not only one.

Thanks was done.

9- Line 74: write the word “criteria” with lower case.

Thanks was done.10- Line 74: change the verb “was” to “were”.

Thanks was done.

11- Was there any specific reason to include only those students who used SM more than 2 hours? Add your reason to line 75.

It was added to line 74

Tsitsike's study, stated the presence of 2 hours or more in SM causes low activity and performance in university duties and internal problems in young people (1)It is said that student and people who spent more than 2 hours a day will face emotional problem in their family(2). YOUNG believed that everybody who spend more than 8,5 h in a weak will face some problem(3). And also time limit for using smartphone for teanager is about 1.5 hour a day https://www.itstimetologoff.com/2017/04/13/teens-internet-addiction/https://centerforparentingeducation.org/library-of-articles/kids-and-technology/how-much-time-internet-kids/

12- Line 96 “to make it easier for others to track”: Did any third party have rights to access your data?

We have all of voices and transcript. If third party wants, we can give them

13- In method: Please provide further information about the research team: who was the interviewer? his/her credential, gender, occupation, and experiences/training.

Thanks it was added. . 77.78line

14- I could not find any of these types of information in your manuscript:

- Was a relationship established prior to study commencement?

Thanks it was added. Line 78

- What did the participants know about the researcher? e.g. personal goals, reasons for doing the research

Thanks it was added. line 78

- How were participants approached? e.g. face-to-face, telephone, mail, email

Thanks it was added.line 79

- How many people refused to participate or dropped out? Reasons?

Thanks it was added. line 85

- Where was the data collected? e.g. home, clinic, school

Thanks it was added. line 73

- Was anyone else present besides the participants and researchers?

Thanks it was added. line 84

- What are the important characteristics of the sample? e.g. demographic data

They were high school student and number of boys and girls and inclusion criteria, age and .. were discussed in the manuscript table one.

- Did you yourself provide questions, prompts, and guides? Was it pilot tested?

Thanks it was added. 80-81 line

- Were repeat interviews carried out? If so, how many?

Thanks it was added. Line 89

- Did you take any note during and/or after the interview?

Thanks it was added.-line 80

Did you return transcripts to participants for comment and/or correction?

Thanks it was added. Line 90

- Did you have any data coder?

Thanks it was added. 93line

- Did you have any coding tree?

Thanks it was added. Line 92

- Did you identify themes in advance or derive from the data?

Thanks it was added.-line103

Why did you not use any software for analysis?

Because I didn’t know how it works and one of my friend said, it just categorizes for you and at the end you yourself must supervise.

- Did participants provide feedback on your findings?

Thanks it was added. Line 90

15- Your discussion needs to follow the most important findings, which in your paper they are the themes. I do strongly advice your re-write the discussion regarding the themes and have a proper comparison with other studies. You need to explain such studies in your introduction and then get back to them in your discussion.

Thanks it edited completely

16- Your conclusion should be home-take messages driven form your findings and yours is not. Please re-write this part as well.

Thanks it was added.line249

17- What were your limitation/s?

Thanks it was added.line256

18- What are your suggestions for the future studies?

Thanks it was added.253-255

19- In reference list:

- Have a constant style to report names of journals: some are full phrases while some are abbreviated.

- Remove the months from ref. num. 1, 9 thanks they were corrected

- ref. num. 2, 6 : pages

- ref. num. 4, 16 : needs further information thanks this 16 ref just had that information on the net.

- ref. num. 7, 12, 15, 17, : is disorganized

Thanks it was added.

.

4 Revision 3

3 comments · 1 May 2021 – 2 May 2021

Referee 1 Reviewer

ACCEPT 1 May 2021

Dear Author/s
Thank you very much for all your efforts. I believe your manuscript has all the features that an academic piece of writing needs to have. A few corrections remain, and these corrections are vital. Please be aware that the final decision rests with the Editors in Chief. I wish you all the best for your paper.
Kindest regards
A. The duration of cellphone usage has been reported with different figures in the abstract and the results section. Please be consistent.
B. Line 56: add "s" to the second "affect" in "but also it affect"
C. Read lines 91 to 96. I think you may find some repetitive content. Please remove it.
D. Line 100: "is" should be "are"
E. Consider your use of "porn": it is a word with a negative connotation; please replace this word with a word with less cultural impact.
F. Lines 143 & 144 are part of the next paragraph. Please remove the incorrect "enter" and make lines 143 to 148 into a concise paragraph. There is a similar problem with lines 180-181, which are part of the previous paragraph; combine lines 177-181 into one paragraph.
G. References:
1. Follow a consistent way of reporting journal names: some of them have been abbreviated and some have not. As far as I know, MEJRH follows Vancouver style, which requires abbreviations instead of full journal names.
2. Remove months from references no. 1, 9, & 15
3. Add pages to reference 2
4. Check reference number 7
5. Check journal names in reference no. 10
6. Check authors' names in reference no. 14
7. Check pages of reference number 16
H. In the funding section: add your grant number
I. Provide the link for your ethics code

Associate Editor

MINOR REVISION 1 May 2021

Dear authors
Thank you so much for your efforts to improve the quality of the manuscript.
According to the reviewer's comments, the manuscript requires minor revision.

Editor-in-Chief

MINOR REVISION 2 May 2021

Dear Authors
Thank you for improving the quality of the article. According to the reviewers' and associate editor's comments, your article needs minor revision. In addition, some grammatical problems are still observed in

the manuscript. It is suggested that the article be edited by a native English-speaking editor and that you send the confirmation letter to the journal.

5

Revision 4

AUTHORS' RESPONSE TO REVIEWERS

Authors' reply to reviewers

The next pages contain the authors' point-by-point reply to the comments of this revision round, as submitted with the revised manuscript. It is published as the authors wrote it.

A. *The time duration for cellphone usage has been reported with different figures in abstract vs. result section. Be consistent please.*

B. *Thanks it was corrected line16.*

B. Line 56: add "s" to the second "affect" in "but also it affect" Thanks it was corrected line56.

C. Read lines 91 to 96, I think you may find some repetitive content. Please remove them.

C. *' Thanks it was corrected line96*

D.

E.

D. Line 100: "is" should be "are" ' Thanks it was corrected line98

E. Consider using "porn", it is a word with a negative load; please replace this word with a word with less cultural effect. ' Thanks it was corrected line128

F. Line 143 & 144 are part of the next paragraph. Please remove the wrong "enter" and make lines 143 to 148 as a concise paragraph. Similar problem for lines 180-181 that are part of previous paragraph, attach lines 177-181 and make one paragraph.

F. *' Thanks it was corrected line142 ,* 178

G.

G. References:

1. Follow a consistent way to report journals' names: some of them have been abbreviated and some have not. As far as I know, MEJRH follows Vancouver style that demands abbreviations instead of journals' full names.

2. Remove months from the reference no. 1, 9, & 15

3. Add pages to reference 2

4. Check reference number 7

5. Check journal names in reference no. 10

6. Check authors' names in reference no. 14

7. Check pages of reference number 16

H. *Thanks all of them got corrected*

H. In funding: add your grant number Thanks it was corrected line

I. Provide your link for ethics code

Thanks for your valuable comment. Unfortunately it wasn't in the Ethics. Research.ac.ir site. Because recent projects are registered in this site.

5 Revision 4

3 comments · 10 Jun 2021 – 12 Jun 2021

Referee 1 Reviewer

ACCEPT 10 Jun 2021

Dear Authors,
Well done. All corrections have been made. Now we should wait for the decision of the Editors in Chief.
Just a quick note: in your last proof, replace "impacts" with "effects," please.
Best of luck

Associate Editor

ACCEPT 12 Jun 2021

According to the reviewer's report, the manuscript is ready for publishing.

Editor-in-Chief

ACCEPT 12 Jun 2021

Dear Authors
We are pleased to inform you that your article is accepted for publication in the MEJRHS. We hope to receive other suitable articles from your group.