Thrita Journal of Neuron
Volume 10 · Issue 2 · e122183

OPEN PEER REVIEW

# Comparison of the Effects of 6 Weeks of Traditional and Wrestling-Technique-Based Circuit Training on the Blood Levels of Lactate, Lactate Dehydrogenase, Glucose, and Insulin in Young Male Wrestlers

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| SUBMITTED | REVISED | ACCEPTED | DOI |
| --- | --- | --- | --- |
| 26 Dec 2021 | 22 Jan 2022 | 22 Jan 2022 | 10.5812/thrita.122183 |

## About this report

This open peer review (OPR) report shows the public comments made on this article during peer review, by the reviewers, the associate editor and the editor-in-chief, for every revision round, together with the authors' replies. Comments appear only with the consent of the people who wrote them. Reviewers who chose to sign their report are named; the others are shown as "Referee". Comments are edited for language only, and confidential remarks to the editors are not included.

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## 1 Original submission

1 comment · 17 Jan 2022

### Editor-in-Chief

MINOR REVISION 17 Jan 2022

Dear Author:
Thank you very much for submitting your manuscript to the Thrita journal. Please revise your final manuscript based on reviewers' comments and resubmit the revised draft through our website.
Regards

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# Revision 1

AUTHORS' RESPONSE TO REVIEWERS

Authors' reply to reviewers

The next pages contain the authors' point-by-point reply to the comments of this revision round, as submitted with the revised manuscript. It is published as the authors wrote it.

*Reviewer 1:*
*Dear author and editor*
*The manuscript is well written and needs minor revision.*

*It was revised.*

*Regards*
*Reviewer 2:*
*1. Add more (about three) related research done in your paper.*
*2. Use them in your conclusion.*

*It was revised*

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**Associate Editor's Comments:**

*Associate Editor 1:*
*nothing*
*Associate Editor 2:*
*Dear author*
*please edit your manuscript with the motions comments*

*1- Please check the whole text grammatically*

*It was checked.*

*2- Assessment method should be mentioned in the abstract and materials and methods*

*It was added.*

*3-The significance of the results should be mentioned*

*It was added.*

*4- The unit of measurement should be mentioned in the vertical column of the charts*

*It was added.*

## 2 Revision 1

1 comment · 22 Jan 2022

### Editor-in-Chief

ACCEPT 22 Jan 2022

Dear Author:
Thank you very much for considering the Thrita journal for the publication of your paper. I'm pleased to confirm that your manuscript has been accepted for publication in the Thrita journal.
Regards