



Comparison of Methods for Analyzing Radiological Response of Colorectal Cancer Liver Metastasis After Neoadjuvant Chemotherapeutic Treatment

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Abstract

Background: We analyzed different methods used to assess the radiological responses of patients undergoing neoadjuvant chemotherapy and metastasectomy treatment for liver metastases associated with colorectal cancer (CRC) by comparing the response evaluation criteria in solid tumors (RECIST) 1.1, the modified RECIST, and the criteria of the European Association for the Study of the Liver (EASL) methods and the histological response obtained after metastasectomy.

Objectives: We aimed to determine the optimal radiological method to assess the response of colorectal liver metastases to neoadjuvant chemotherapy.

Patients and Methods: We conducted a retrospective study of CRC patients treated for liver metastases who had received neoadjuvant chemotherapy in our hospital between January 2000 and December 2017. We analyzed the agreement between the methods for analyzing the radiological response using the quadratic weighted kappa coefficient (κ). We studied the overall survival and analyzed factors related to survival using the Kaplan-Meier method. We performed multivariate analysis to study the prognostic factors of survival. We analyzed the relationship between the radiological and histological responses using Goodman and Kruskal's gamma (γ).

Results: A significant agreement was observed between the modified RECIST and EASL methods ($\kappa = 0.841$, $P < 0.001$). Cox regression multivariate analysis indicated the RECIST 1.1 criteria as an independent prognostic factor ($P = 0.03$). The γ value showed a significant relationship between the three radiological response methods and histological response.

Conclusion: In our study, we showed that using RECIST 1.1 criteria is the ideal radiological analysis method for studying CRC liver metastases treated with neoadjuvant chemotherapy when compared to other methods that are based on functional imaging markers.

Keywords: Radiological Response, Liver Metastasis, Colorectal Cancer, Neoadjuvant Chemotherapy

1. Background

Resection of liver metastases originating from colorectal cancer (CRC) with tumor-free margins is considered the most relevant treatment to obtain a long-term survival estimated between 25 and 50% (1, 2). In patients for whom it is not feasible to perform surgery as a curative treatment, other strategies have been proposed, such as treatment with neoadjuvant chemotherapy and subsequent surgical rescue (3, 4), with 50% response rates in unresectable liver metastases and a curative surgery rate of 20%. Due

to new chemotherapeutic strategies, new therapeutic possibilities have been proposed because there are no significant differences in overall survival between patients undergoing complete resection with those undergoing resection with microscopic margin involvement plus adjuvant chemotherapeutic treatment (5).

To define which patients are candidates for surgical rescue, the response evaluation criteria in solid tumors (RECIST) are used, now in its 2009 revised form (RECIST 1.1) (6), which is based on the comparison of the size of

metastases before and after neoadjuvant treatment. However, the use of RECIST in neoadjuvant treatment with monoclonal antibodies has generated controversy when comparing the radiological and histological responses, given that these treatments act by increasing the period of metastatic stability but have a very limited effect on metastasis size (7, 8), and thus, patients with prolonged survival are sometimes classified as exhibiting an absence of response. Therefore, other radiological criteria, such as the modified RECIST criteria (mRECIST) and the criteria of the European Association for the Study of the Liver (EASL), have been proposed for the analysis of radiological response to treatment with tumor monoclonal antibodies, such as hepatocarcinoma treatment (9).

2. Objectives

The objective of the present study was to establish the best imaging method for the analysis of the response of CRC liver metastases to neoadjuvant treatment by analyzing the data resulting from the application of RECIST 1.1, mRECIST, and EASL criteria and comparing these data with the survival data and the histological response of patients who made up our sample.

3. Patients and Methods

3.1. Patients and Treatment

We performed a retrospective analysis of patients treated for liver metastases originating from CRC who had received neoadjuvant chemotherapy in our hospital between January 2000 and December 2017. Patients diagnosed with CRC liver metastasis during the period of analysis who received systemic neoadjuvant treatment were administered classic chemotherapeutic agents or were given a combination of these treatments and monoclonal antibody therapy. Patients were required to undergo imaging studies obtained via computerized tomography (CT) in the portal phase before and after neoadjuvant treatment. In addition, all patients had to have undergone surgical metastasectomy after neoadjuvant treatment. Patients were rejected if it was not possible to recover all the necessary information (20 patients), if they had completed loco-regional therapy (four patients), if they had not completed their follow-up in their autonomous communities of origin (two patients), or if they did not complete neoadjuvant chemotherapy treatment due to poor tolerance (one patient). We also had to exclude 20 patients for whom the CT images were acquired too late, impeding the

correct application of the mRECIST and EASL criteria. In total, the sample consisted of 77 patients.

3.2. Radiological Response

All patients underwent abdominal-pelvic CT scans in the portal phase with a 5-mm section thickness. The radiological response was assessed according to the RECIST 1.1, mRECIST, and EASL criteria (Table 1). In the RECIST 1.1 and mRECIST criteria, only two target lesions per organ were analyzed (in this case, two liver metastases). Those liver metastases whose size was at least twice the thickness between the cuts made during computed tomography were considered measurable; in our case, the sizes of the lesions were not less than 1 cm. The RECIST 1.1 criteria are based on the sum of the largest diameters of the lesions, while the mRECIST and EASL methods analyze functional radiological markers, measuring the greatest length of the enhanced area of metastasis in the case of mRECIST and the area in the case of the EASL method (10).

In this way, patients are classified into five categories depending on the results obtained. complete remission (CR) is considered when the target lesions have completely disappeared. If the metastasis has responded but not to the point of completely disappearing, it is considered a partial response (PR). Disease progression (DP) involves a lack of response to neoadjuvant treatment, and the disease is classified as stable (DS) when the criteria of progression and PR are not met.

Figure 1 shows a clinical case of one of the patients included in this study, where we can observe the radiological response after neoadjuvant chemotherapy. Figure 2 illustrates the differences among the three methods for analyzing the radiological response. The measurements taken are: A = 35 mm, B = 20 mm, A' = 20 mm, A'' = 18 mm, B'' = 7 mm. According to these, for the RECIST 1.1 method, the patient had a partial response (57,14%); for the mRECIST and EASL methods, there is a partial response, as well (51,43% and 18%, respectively).

3.3. Histological Response

The histological response was analyzed following the criteria proposed by Rubbia-Brandt (11), for which the association with the overall survival of patients has already been demonstrated (12). The metastasis samples were analyzed on crystals stained with hematoxylin and eosin (H-E), and different histological components, such as fibrosis, mucin, necrosis, and viable tumor cells, were observed. The results were classified into five groups according to the tumor regression grade (TRG), with grade 1 indicating

Table 1. Radiological Response Criteria

	RECIST 1.1	mRECIST	EASL
Complete response	Disappearance of lesions	Disappearance of lesions	Disappearance of lesions
Partial response	Decrease of $\geq 30\%$ in the sum of the largest diameter	Decrease of $\geq 30\%$ in the one-dimensional sum of the viable remnant	Decrease of $\geq 50\%$ in the two-dimensional sum of the viable remnant
Disease stable	Does not meet PR or DP criteria	Does not meet PR or DP criteria	Does not meet PR or DP criteria
Disease progression	Increase of $\geq 20\%$ in the sum of the largest diameter	Increase of $\geq 20\%$ in the one-dimensional sum of the viable remnant	Increase of $\geq 25\%$ in the sum of the two-dimensional product of the viable remnant

Abbreviations: RECIST 1.1, response evaluation criteria in solid tumours updated in its 1.1 version; mRECIST, modified RECIST; EASL, European association for the study of the liver.

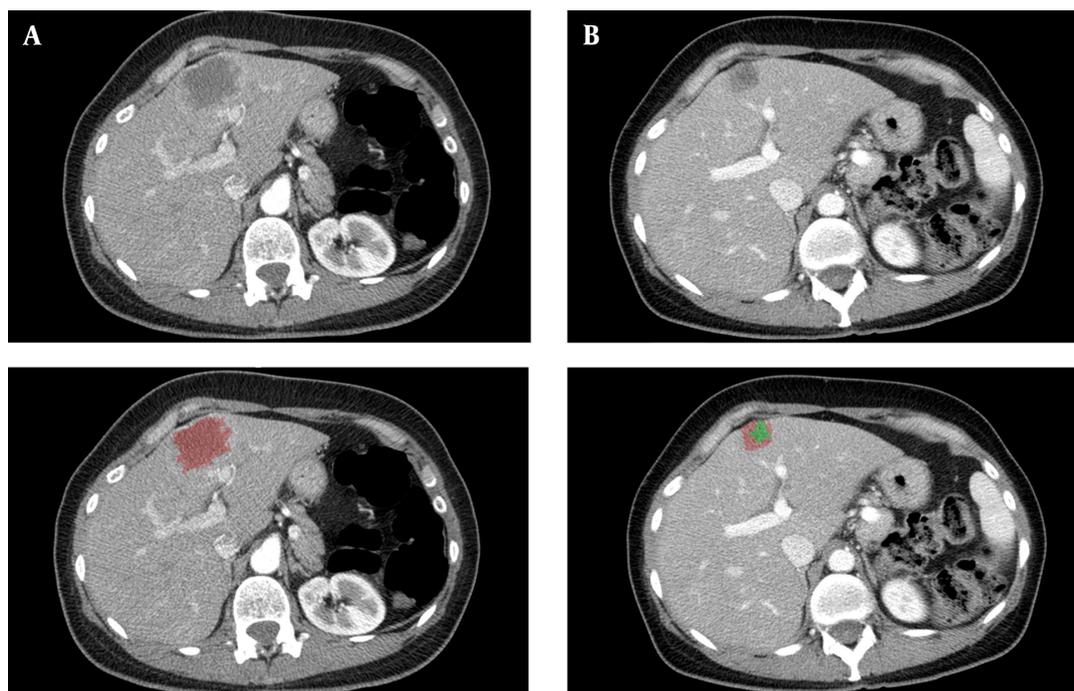


Figure 1. A, Patient with colorectal liver metastases before neoadjuvant chemotherapeutic treatment. B, The same patient after neoadjuvant chemotherapeutic treatment.

a complete response, in which tumor cells are absent and the metastasis has been replaced by fibrous tissue, and grade 5 indicating the absence of response, in which the presence of tumor cells and necrotic areas predominate. The samples were analyzed by a gastrointestinal pathologist and were subsequently evaluated again by another non-service specialist. Figure 3 shows two different cases of patients with different degrees of radiological response to treatment, pointing out its different characteristics.

3.4. Statistical Analysis

The data are presented as the frequency and percentage for categorical variables and the mean and standard

deviation (SD) or the median and interquartile range (IQR) for quantitative variables. The concordance between the radiological response analysis methods was assessed using the quadratic weighted kappa coefficient (κ). The following parameters were used as references: κ between 0.21 and 0.40 was weak, κ between 0.41 and 0.60 was moderate, κ between 0.61 and 0.80 was good, and a value of κ greater than 0.80 was considered excellent. The relationship between the radiological and histological response was calculated using Goodman-Kruskal's gamma (γ). Overall survival was calculated from the time of diagnosis until the date of death from any cause or until the last date of follow-up of the patient. The probability of survival as

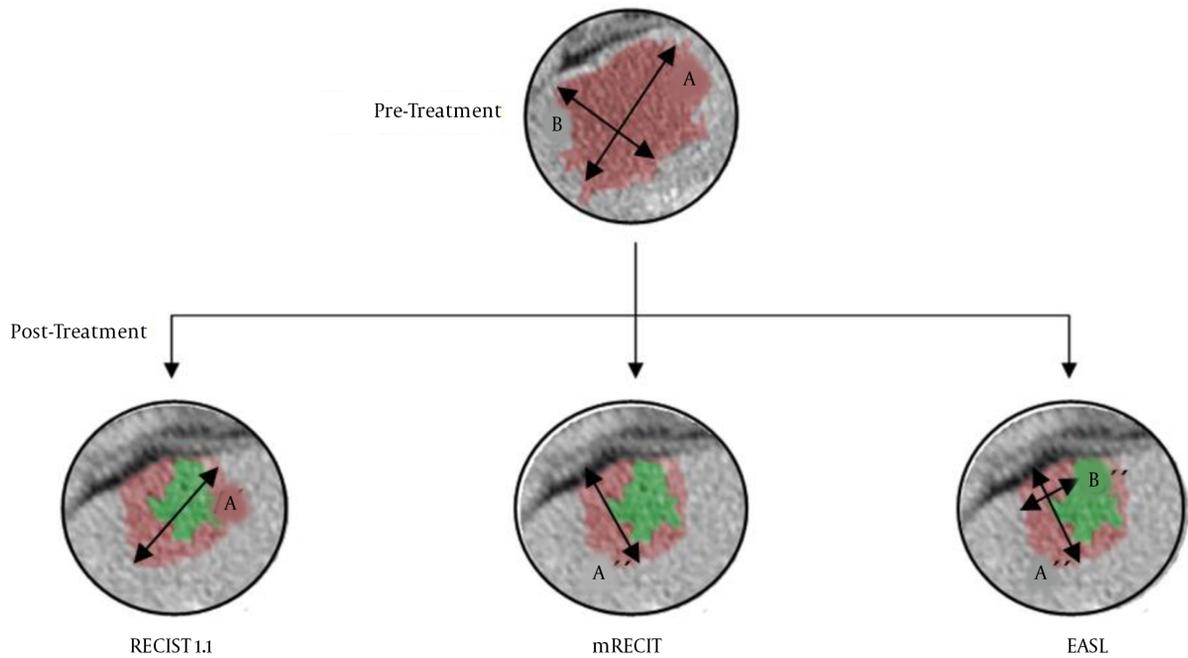


Figure 2. Calculation method for RECIST 1.1: $A/A \times 100$; Calculation method for mRECIT: $A^*/A \times 100$; Calculation method for EASL: $(A^* \times B^*)/(A \times B) \times 100$

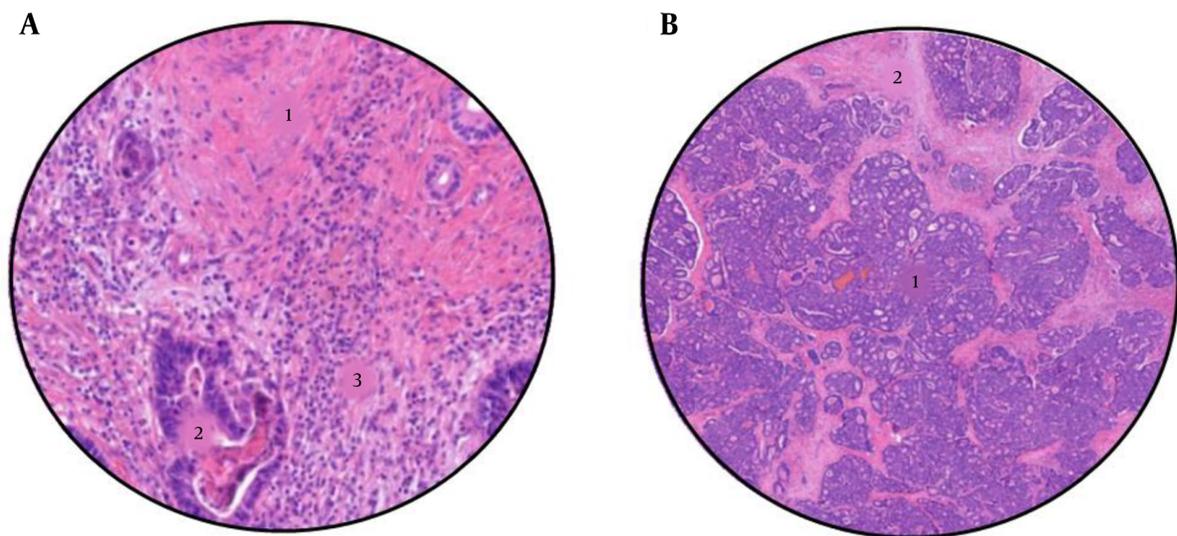


Figure 3. A, Sample from a colorectal liver metastases after neoadjuvant chemotherapy, with a tumour regression grade of 2 (TRG2). 1: Abundant fibrosis, 2: Few tumour cells, and 3: Lymphocytic infiltrate. B, Sample from a colorectal liver metastases after neoadjuvant chemotherapy, with a tumour regression grade of 5 (TRG5). 1: Abundant tumour cells, and 2: Areas of necrosis.

a function of time was calculated using the Kaplan-Meier (KM) method. A log-rank test was used to compare overall survival between the groups. A Cox regression model was

performed to evaluate the hazard ratio (HR) and 95% confidence interval (95% CI) in each category within the radiological response analysis method (CR vs. PR vs. DS vs. DP)

adjusted for sex, age, previous metastasectomy, metastases resectability, primary tumor origin, largest metastasis size, metastases number, Tumor Burden score (TBS) (13), type of chemotherapy used, and TRG. For the analysis, Stata 14/SE (Stata Co., College Station, Tx) was used.

4. Results

4.1. Patient Characteristics and Treatment

The sample included 77 patients, 47 (60.8%) men and 30 (39.2%) women, with a mean age of 60.9 years (SD = 10.1). All the patients had CRC with liver metastatic involvement and were exclusively treated with classic cytotoxic drugs (51.5%), mainly based on oxaliplatin (41.2%). A total of 41.2% of the patients received chemotherapy regimens that included classic cytotoxic drugs and monoclonal antibodies, and the majority of these patients were treated with bevacizumab (24.7%). The median time between the diagnosis of metastasis and surgery was seven months (IQR = 2 - 23). The majority of the patients had two liver metastases (IQR = 1 - 11), with a diameter of 20 mm (IQR = 2 - 160) (Table 2).

4.2. Response to Neoadjuvant Chemotherapy According to Radiological and Histological Criteria

An excellent agreement was found between the mRECIST and EASL methods ($\kappa = 0.841$, $P < 0.001$). However, the agreement between the RECIST 1.1 criteria and the criteria of the other two methods was weak ($\kappa = 0.218$, $P < 0.001$ compared to mRECIST; and $\kappa = 0.227$, $P < 0.001$ compared to EASL).

In Table 3, the results of the histological analysis of the samples and the values resulting from the application of the radiological criteria are compared. The results obtained using the mRECIST and EASL criteria are practically superimposable. However, discrepancies existed when comparing the results obtained using mRECIST and EASL with the results derived from the RECIST 1.1 criteria. The mRECIST and EASL criteria better estimated the radiological responses. The RECIST 1.1 results were more consistent with the histological results although they did not precisely identify patients with a complete response (only four cases, compared to nine cases based on microscopic analysis).

4.3. Relationship Between Radiological and Histological Responses

In this study, γ showed a very significant relationship between the three radiological response methods and the

Table 2. Demographic Data of Patients^a

Demographic data	Values
Total number	77
Sex	
Male	47 (60.8)
Female	30 (39.2)
Age at diagnosis, y (SD)	60.9 (10.008)
Origin of the primary tumor	
Rectum	32 (38.1)
Sigmoid	23 (28.9)
Left colon	5 (10.3)
Right colon	17 (22.7)
Previous metastasectomy	
Yes	3 (4.1)
No	74 (95.9)
Resectability	
Resectable	14 (18.6)
Unresectable	63 (81.4)
Metastasis	
Synchronous	63 (81.4)
Metachronous	14 (18.55)
Number of metastases	2 (2)
Largest diameter, mm	20 (23)
TBS, tumor burden score	3.16 (3.28)
Involvement of the margins	
Involved	27 (35.1)
Tumor-free	38 (49.5)
Without SI	12 (15.5)
Type of chemotherapy	
Cytotoxic	40 (51.5)
Capecitabine	1 (2.1)
Oxaliplatin	35 (41.2)
Irinotecan	4 (8.2)
Cytostatic	32 (41.2)
Cetuximab	4 (5.2)
Bevacizumab	19 (24.7)
Panitumumab	9 (11.3)
Unknown	5 (7.2)
Follow-up, mo	35 (35)
Time to SI, mo	7 (4)
Recurrence	
No	11 (14.4)
Yes	52 (68)
Unknown	14 (17.6)
Death	
Yes	52 (64.9)
No	24 (34)
Unknown	1 (1)
Death by tumor	
Yes	46 (59.8)
No	29 (37.1)
Unknown	2 (3.1)

Abbreviations: IQR, interquartile range; mo, months; SD, standard deviation; SI, surgical intervention; TBS, tumor burden score.

^aValues are expressed as No. (%) or median (IQR).

Table 3. Radiological Response and Degree of Tumor Regression^a

	RECIST 1.1	mRECIST	EASL	TRG
Complete response	4	12	12	9
Responses	38	56	55	34
No response	39	21	22	43
Total	77	77	77	77

Abbreviation: RECIST 1.1, response evaluation criteria in solid tumours updated in its 1.1 version; mRECIST, modified RECIST; EASL, European association for the study of the liver; TRG, tumor regression grade.

^aResponse: complete response + partial response, TRG1, TRG2 and TRG3; no response: disease stable + disease progressive, TRG4 and TRG5.

pathological response, with $\gamma = 0.4921$ and $P < 0.001$ between RECIST 1.1 and TRG, $\gamma = 0.3194$ and $P = 0.001$ between mRECIST and TRG, and finally, $\gamma = 0.3156$ and $P = 0.001$ between EASL and TRG.

The KM survival curves show significant differences in patient survival as a function of the type of radiological response (CR, PR, DS, and DP) (Table 4 and Figure 4) using any of the three types of criteria.

Table 4. Overall Survival According to Kaplan-Meier Analysis, Comparison of Probability With Log-Rank Test

Survival, mo	RECIST 1.1	mRECIST	EASL
CR	132.333	76.724	76.724
PR	76.962	52.277	55.207
DS	46.675	40.255	33.839
DP	36.320	23.333	19.689
P	0.004	0.010	< 0.001

Abbreviations: CR, complete response; DS, disease stable; DP, disease progression; PR, partial response; RECIST 1.1, response evaluation criteria in solid tumours updated in its 1.1 version; mRECIST, modified RECIST; EASL, European association for the study of the liver.

Survival was prolonged by up to 132.3 months in patients with a CR evaluated using the RECIST 1.1 criteria or by 76.7 months if they were classified as a CR by the mRECIST and EASL criteria. In contrast, in patients with DP, overall survival was reduced to 36.3, 23.3, and 19.7 months according to the RECIST 1.1, mRECIST, and EASL evaluations, respectively.

4.4. Prognostic Value of Radiological and Histological Responses

When performing the multivariate analysis, adjusting the survival according to the Cox regression, it must be considered that the variable EASL is collinear with mRECIST. In the complete response category, both variables coincide completely, which makes it impossible to analyze them within the same model, and thus, only the variable

RECIST 1.1 is compared with the variable mRECIST. Only RECIST 1.1 is statistically significant ($P = 0.03$). The HR for each category was also calculated, resulting in an increasing HR value as the radiological response worsened (CR \rightarrow PR \rightarrow DS \rightarrow DP). The values are listed in Table 5. Besides, RECIST 1.1 shows an HR of 0.034 (95% CI: 0.002 - 0.719) for CR and an HR up to 5.810 (95% CI: 0.522 - 11.121) for DP, and mRECIST shows the values of HR 0.716 (95% CI: 0.212 - 2.403) for CR and 0.704 (95% CI: 0.286 - 7.264) for DP.

In the multivariate analysis, in addition to the RECIST 1.1 criterion, age is also an independent prognostic factor ($P < 0.001$, HR = 1.128, 95% CI: 1.063 - 1.196), as is the location of the primary tumor ($P = 0.021$, HR = 0.303, 95% CI: 0.110 - 0.835). The rest of the values are listed in Table 6.

5. Discussion

Current treatment strategies for patients with borderline resectable metastasis include neoadjuvant chemotherapy (14, 15), in which classical cytotoxic drugs, such as oxaliplatin or irinotecan, are used. These cytotoxic drugs can enhance overall survival in patients with resectable metastases by up to 63.7 months (95% CI: 52.7 - 87.3) compared to 55 months with surgery alone (95% CI: 41.9 - 79.4) (16, 17). The new strategies also incorporate monoclonal antibodies, such as cetuximab or bevacizumab, which do not reduce the size of the metastases but have a stabilizing effect on them, leading to the question "which is the best method to establish the radiological response" (18, 19).

In our study, both mRECIST and EASL failed to identify patients in whom no histological response occurred (TRG 4 and TRG 5), overestimating the effect of neoadjuvant chemotherapy. In our analysis, the RECIST 1.1 criteria were an independent prognostic factor, and the HR values increased as the prognosis worsened. When analyzing the behavior of mRECIST and EASL, the HR value did not increase as the radiological response worsened, nor did these criteria reach statistical significance.

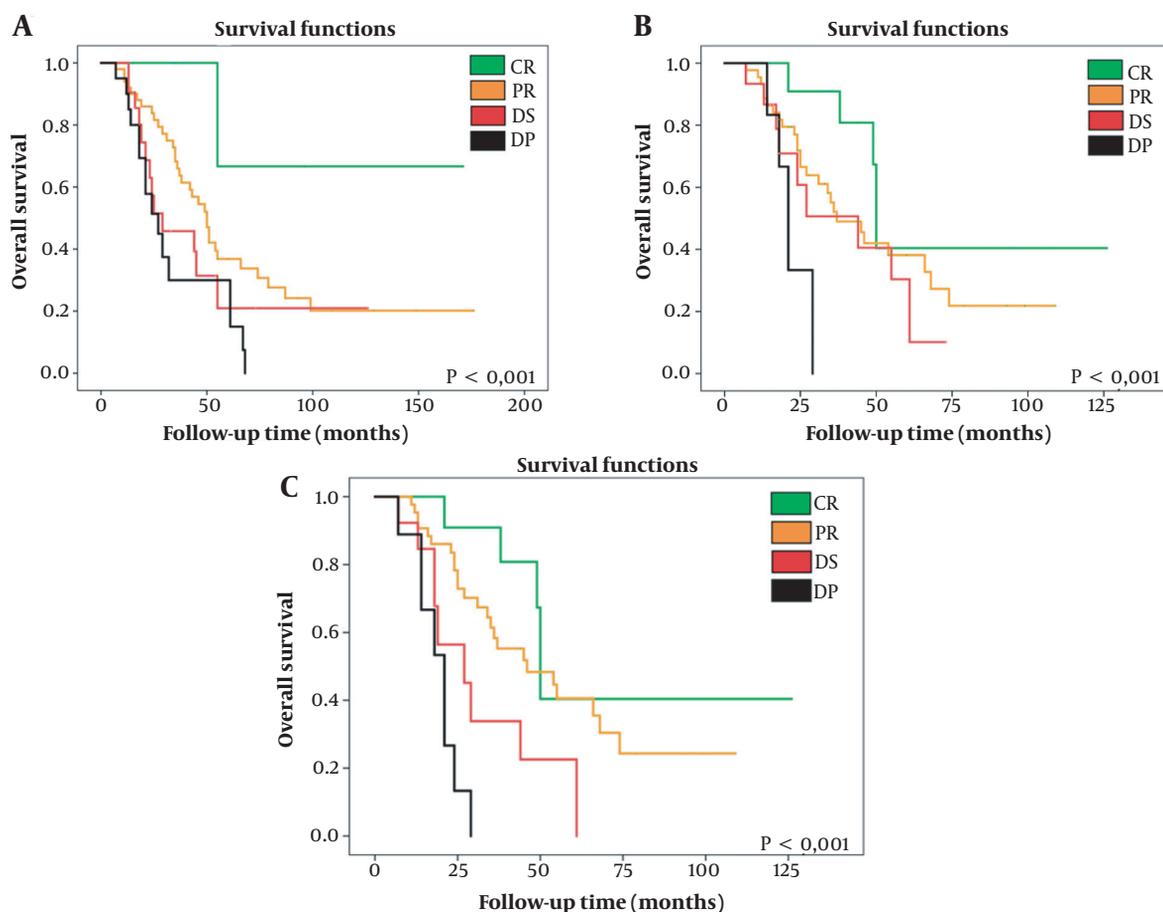


Figure 4. A, Kaplan-Meier survival curve according to the RECIST 1.1 method, comparing CR vs. PR vs. DS vs. DP. It shows a significant increase in survival as radiological response improves. B, Kaplan-Meier survival curve according to the mRECIST method, comparing CR vs. PR vs. DS vs. DP. It shows a significant increase in survival as radiological response improves. C, Kaplan-Meier survival curve according to the EASL method, comparing CR vs. PR vs. DS vs. DP. It shows a significant increase in survival as radiological response improves. RECIST 1.1, response evaluation criteria in solid tumours updated in its 1.1 version; mRECIST, modified RECIST; EASL, European association for the study of the liver; CR, complete response; PR, partial response; DS, disease stable; DP, disease progressive.

Table 5. Risk of Death as a Function of the Type of Radiological Response^a

Category	RECIST 1.1			mRECIST		
	Hazard ratio	95% CI	P-value	Hazard ratio	95% CI	P-value
CR	0.034	0.002 - 0.719	0.037	0.716	0.212 - 2.403	0.584
PR	1		-	1		-
DS	2.786	0.448 - 4.297	0.085	0.557	0.272 - 5.567	0.459
DP	5.810	0.522 - 11.121	0.019	0.704	0.286 - 7.264	0.676

Abbreviations: RECIST 1.1, response evaluation criteria in solid tumours updated in its 1.1 version; mRECIST, modified RECIST; CI, confidence interval; CR, complete response; DS, disease stable; DP, disease progression; PR, partial response.

^aAdjusted for sex, age, previous metastasectomy, metastases resectability, primary tumor origin, largest metastasis size, metastases number, tumor burden score, type of chemotherapy used, and TRG.

One explanation for the poor performance of the mRECIST and EASL criteria may lie in the very nature of the tumor itself. Unlike hepatocellular carcinoma, CRC

metastasis is hypodense respecting the rest of the hepatic parenchyma, while hepatocellular carcinoma is a hyper-vascular tumor (20). Thus, CRC metastases are visible, espe-

Table 6. Multivariable Cox Regression Analysis^a

Variable	Hazard ratio	P-value	95% CI
Sex	0.385	0.057	0.145 - 1.030
Age	1.128	0.000	1.063 - 1.196
Previous surgery	31.491	0.050	1.001 - 990.422
Resectability	0.361	0.081	0.115 - 1.135
Location of the main tumor			
Sigmoid	0.303	0.021	0.110 - 0.835
Right sided	0.416	0.141	0.130 - 1.336
Rectum	1	-	
Left sided	2.462	0.122	0.786 - 7.708
Greatest diameter	1.020	0.121	0.995 - 1.047
Involvement of margins	0.888	0.779	0.388 - 2.035
RECIST 1.1			
CR	0.034	0.037	0.002 - 0.719
PR	1	-	
DS	2.786	0.085	0.448 - 4.297
DP	5.810	0.019	0.522 - 11.121
mRECIST			
CR	0.716	0.584	0.212 - 2.403
PR	1	-	
DS	0.557	0.459	0.272 - 5.567
DP	0.704	0.676	0.286 - 7.264
Number of metastases	1.086	0.602	0.797 - 1.478
TBS			
p0.25	0.978	0.972	0.270 - 3.537
p0.50	0.660	0.580	0.152 - 2.871
p0.75	0.267	0.252	0.028 - 2.562
p1.00	1	-	
Type of chemotherapy	1.630	0.157	0.829 - 3.205
Tumor regression grade			
TRG1	1	-	
TRG2	1.617	0.602	2.67 - 9.713
TRG3	1.414	0.706	0.233 - 8.571
TRG4	2.829	0.225	0.528 - 15.149
TRG5	5.394	0.079	0.821 - 35.421

Abbreviations: CR, complete response; DP, disease progressive; DS, disease stable; mRECIST, modified RECIST criteria; RECIST 1.1, response evaluation criteria in solid tumors updated in version 1.1; PR, partial response; TBS, tumor burden score; TRG, tumor regression grade.

^aPrevious surgery refers to hepatic metastasectomy previously. Greater diameter refers to the greater diameter of the greatest metastases.

cially in the portal phase, thus remaining less contrasted in CT images of the viable tumor portion, which makes analysis difficult (21).

In our study, patients who received monoclonal antibodies were also treated with classical cytotoxic drugs, whose effect on metastasis is homogeneous and induces size reductions (22). These factors favor the RECIST 1.1 analysis method over the mRECIST and EASL methods (19). When comparing the γ values, again, the RECIST 1.1 criteria indicated a greater association with the histological response than the mRECIST and EASL criteria. The mRECIST and EASL approaches overestimated the histological response, lead-

ing to poorer survival.

Regarding the histological response, the criteria proposed by Rubbia-Brandt did not reach statistical significance in our analysis ($P = 0.051$). When analyzing survival, the risk increased as the pathological response of the patients worsened; there is indeed an inversion between TRG 2 and 3, which is due to the laxity of the criteria in both categories proposed in the work of Rubbia-Brandt himself (11), since categories TRG 1, 4, and 5 have clear differentiating elements, such as the absence of tumor cells or the presence of necrosis. In contrast, TRGs 2 and 3 share the same characteristics, namely, fibrosis and few tumor cells, and are only differentiated by the proportion between the two characteristics, without determining the specific values.

Age, unlike other demographic prognostic factors, such as sex, can influence the survival of patients with CRC liver metastasis, and this was reflected in our analysis, which considered age to be an independent prognostic factor. Advanced age can be associated with a high operative risk and the presence of a greater number of postoperative complications (23). Additionally, the origin of the primary tumor was also an independent prognostic factor. As known, CRC does not constitute a single tumor type, and the disease evolution differs between tumors originating in the proximal (right) and the distal (left, rectum) portions of the colon. Depending on the location, different molecular and histological characteristics are identified (24), which should also be taken into account when developing chemotherapy treatment regimens.

If a correlation was demonstrated between the response to neoadjuvant treatment and overall survival, it would be possible to establish more efficient clinical trials to evaluate the action of new neoadjuvant therapies. A clear correlation would also allow the completion of adjuvant treatment in those cases with a poor histological response, to prolong the survival of patients. The demonstration of an association between the radiological and histological responses would allow unnecessary surgeries to be avoided in patients with a poor response.

Some oncological treatments, such as monoclonal antibodies, immunotherapy, or loco-regional treatment, are effective despite producing an atypical response. In patients with this type of treatment, the methods used to evaluate the radiological response based on size, such as the RECIST 1.1 criteria, show limitations because they underestimate the real response of the metastases (18). Ak-inwande et al. (21) compared the results offered by RECIST 1.1, mRECIST, and EASL in CRLiver metastases that had been treated with loco-regional therapy. These au-

thors concluded that the determination of the mRECIST and EASL criteria presented a challenge in the case of CRC liver metastases because they are hypovascular lesions, unlike those in hepatocellular carcinoma, where both methods have demonstrated their superiority compared to the RECIST 1.1 criteria. This characteristic makes it difficult to visualize the viable tumor area. Moreover, these factors demonstrate that the RECIST 1.1 criteria rank better survival as a function of the type of radiological response and are an independent prognostic factor.

In 1996, Bismuth et al. (25) reported for the first time that neoadjuvant chemotherapy with oxaliplatin plus 5-fluorouracil and leucovorin allowed for the conversion of the initial unresectable liver metastases into resectable metastases, leading to a 40% increase in five-year survival. The addition of cetuximab to chemotherapy regimens such as FOLFIRI or FOLFOX has been shown to increase the response rate and prolong disease-free survival and overall survival as long as the metastases have the wild-type phenotype of the KRAS oncogene (26-28). In our study, we did not observe differences in the overall survival between patients undergoing neoadjuvant treatment using only classic cytotoxic drugs and patients undergoing treatment with those drugs combined with monoclonal antibodies. This result may occur due to the lack of information on whether patients have the wild-type KRAS oncogene given that mutations in this gene are associated with a poor response to cetuximab (29).

Concerning the limitations of our study, in addition to being a retrospective study, there was no homogeneity in the type of neoadjuvant therapy administered, the sample was small, and the study produced only 66 effects (66 deaths), which could lead to instability in the Cox regression analysis results. A decrease in the number of variables to be analyzed would offer, among other things, significant results about the degree of tumor regression.

In conclusion, as new chemotherapeutic regimens are developing, radiological changes differ from those seen when using classic cytotoxic drugs. Radiological biomarkers have proven to be useful to assess other tumors like hepatocarcinoma; however, they have not been tested before in CRC liver metastases treated with systemic chemotherapy.

The use of the RECIST 1.1 criteria is proposed as the ideal radiological analysis method for studying CRC liver metastases treated with neoadjuvant chemotherapy compared with the other methods that are based on functional imaging markers.

Footnotes

Authors' Contributions: Study concept and design: Juan Carlos Rodriguez-Sanjuan. Acquisition of data: Eloy Cantero and M. Luisa Cagigal-Cobo. Analysis and interpretation of data: Eloy Cantero and Javier Llorca. Drafting of the manuscript: Luis Eloy Gutierrez Cantero and José Antonio Campos-Sanudo. Critical revision of the manuscript for important intellectual concept: Jose Antonio Campos-Sanudo and Juan Carlos Rodriguez-Sanjuan. Statistical analysis: Javier Llorca. Administrative, technical, and material support: Juan Carlos Rodriguez-Sanjuan and M. Luisa Cagigal-Cobo. Study supervision: Juan Carlos Rodriguez-Sanjuan and Jose Antonio Campos-Sanudo.

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